

GetGoing

Winter 2010-2011 **GUIDE**

parks
programs
greenways
recreation



Mecklenburg County
Park and Recreation

*The Natural Place
To Be...*

www.parkandrec.com

GetGoing Contents



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About the cover photo:

The Mecklenburg County Park and Recreation Department wants you to know that fall is a great time to get outside and get going -- the weather's cooler and the leaves are falling! We have plenty of indoor activities planned for you, too.
Photo by Charlie Covins, Mecklenburg County Public Service and Information

Mecklenburg Board of County Commissioners:

Karen Bentley, Dumont Clarke, Harold Cogdell, Neil Cooksey, George Dunlap, Bill James, Vilma Leake, Dan Murrey, Jennifer Roberts (Chairman).

Mecklenburg County Park and Recreation Commissioners:

Rob Brisley (Chairman), Paul Bailey, Kendel Bryant, Doug Burnett, Ed Burnhart, Phillip Carey, Beverly Cotton Lawston, Norman Mitchell, Scott McClure, Brenda McMoore, Charlie McRee, Joe Pata, Elaine Powell, Jeff Tarte

Members are appointed by the Mecklenburg Board of County Commissioners. They promote parks and recreation for Mecklenburg County residents and advise County Commissioners on facilities, programs and activities.

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Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

- CLICK** on E Parks at www.parkandrec.com and use the course code number
- CALL** 311 (704.336.7600) or the number listed.
- COME** to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on p. 4 & 5.

Phone and web registration requires payment with Visa or MasterCard only.

Ray's Rip It & Stick It!

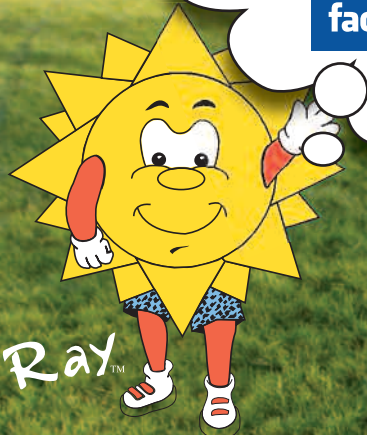
Cut out this section to put on your fridge as a reminder of key dates.



Want to VOLUNTEER any time of year?
704.336.5478 For registration information
or details on any of these dates go to
parkandrec.com

Sign up for our
monthly e-newsletter.
Go to parkandrec.com

facebook



Ray™

Frequently Called Numbers

City/County Information Line	311
Administration	704.336.3854
Aquatic Center	704.336.3483
Athletics.....	704.336.3854
Ballfield Rainout Line	704.336.5800
Dog Parks	704.336.8840
Facility Reservations/Rentals	311
Grady Cole Center/Memorial Stadium	704.336.2884
Greenways & Trails	704.336.3854
Natural Resources	704.598.8857
Ray's Splash Planet	704.432.4729
Therapeutic Recreation	704.432.0237

For more information on anything in this publication,
call **704.336.3854**, visit **www.parkandrec.com** or call **311**.



Dear Mecklenburg County Residents,

The Park and Recreation Department hopes that everyone had a great summer and had a chance to get out and enjoy our beautiful parks, participate in our outstanding programs or attend one of our spectacular summer camps.

We welcome you once again to the *Get Going Guide* – and this time, it has a brand-new look! Our program guide has transformed from a biannual printed publication to a quarterly online document viewable on www.parkandrec.com and www.mecklenburgcountync.gov. By switching to an online-only publication, we are taking a more environmentally friendly approach to providing information to residents about all the wonderful things Park and Recreation offers.

We understand that this will be a major adjustment for everyone, but there are several advantages to having this new format.

For starters, it will allow for each issue to contain fresher content – spanning only three months instead of six. Secondly, it will make it easier to register for programs since it contains links to E-Parks and other Park and Recreation web pages. Finally, it will allow for greater accessibility whether you are reading it at home, or on the go.

So whether you enjoy jogging on the greenway, playing basketball at a recreation center, participating in a nature program or just spending time outside, we hope that you will make this your official guide for all your recreation needs.

Sincerely,

James "Jim" R. Garges
Mecklenburg County Park and Recreation Director

People • Pride Progress Partnerships

5841 Brookshire Blvd.
Charlotte, NC 28216
704.336.3854
Fax: 704.336.5472



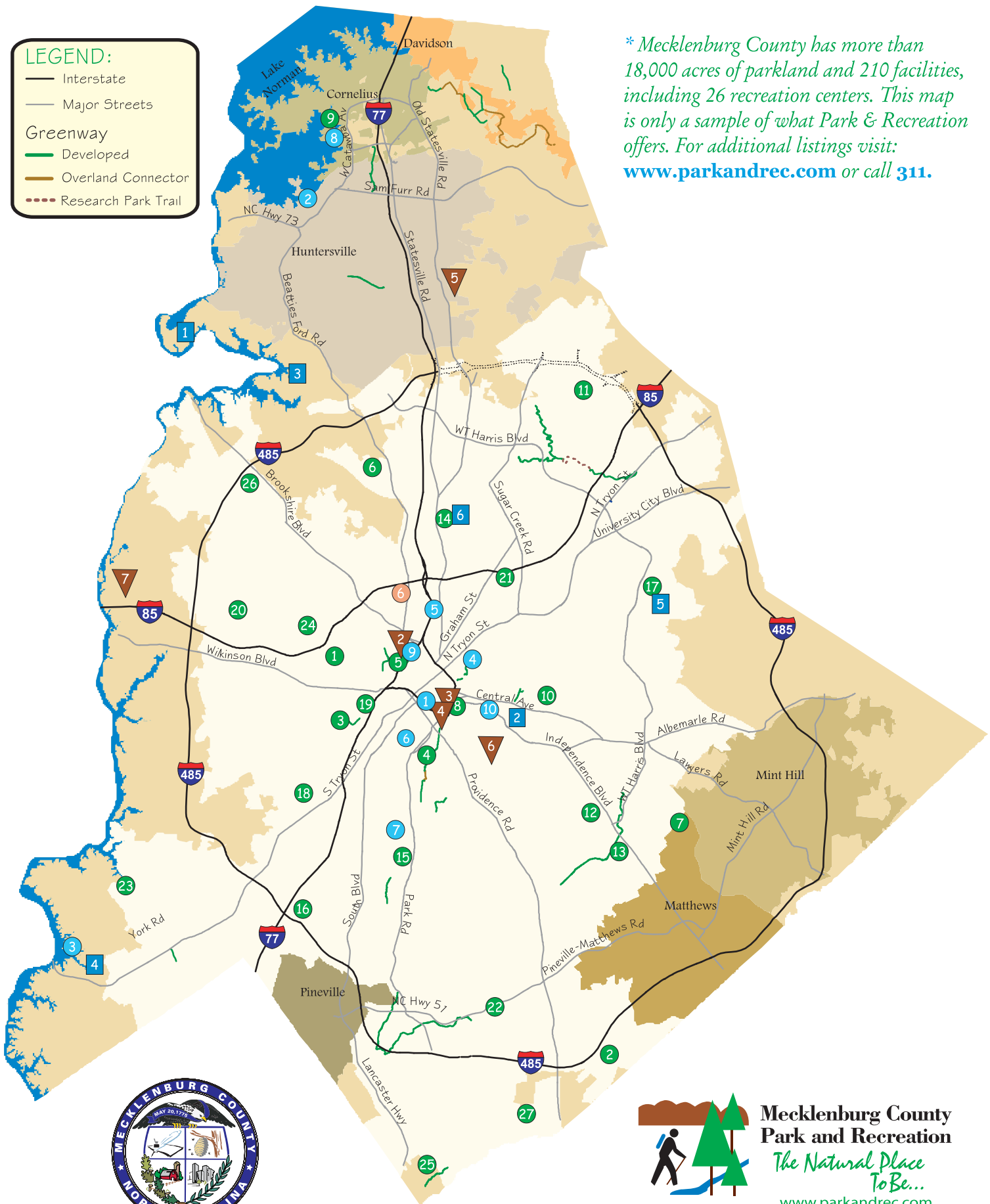
All services are available without regard to origin, sex or disability.

Mecklenburg County Parks, Preserves and Facilities

** Mecklenburg County has more than 18,000 acres of parkland and 210 facilities, including 26 recreation centers. This map is only a sample of what Park & Recreation offers. For additional listings visit: www.parkandrec.com or call 311.*

LEGEND:

- Interstate
- Major Streets
- Greenway
 - Developed
 - Overland Connector
 - Research Park Trail



**Mecklenburg County
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Parks & Athletic Complexes

- 1 **Camp Greene Park** • 1221 Allegheny St. • 704-432-4280
Basketball Courts (12 lighted, outdoor courts with 1 court covered), Walking Trails
- 2 **Colonel Francis Beatty Park** • 4330 Weddington Rd., Matthews • 704-432-4280
Canoe/Kayak Launch, Basketball, Fishing, Mountain Biking, Multi-purpose Fields, Playground, Picnic Shelters, Softball, Tennis, Reception Hall/Wedding Pagoda Rentals
- 3 **Clanton Park** • 1520 Clanton Rd. • 704-432-4280
Basketball Complex (outdoor), Greenway, Softball, Indoor Shelter, Multi-purpose Fields
- 4 **Freedom Park** • 2435 Cumberland Ave. • 704-432-4280
Amphitheater, Baseball, Basketball, Greenway, Multi-purpose Fields, Picnic Shelters, Playgrounds, Tennis, Sand Volleyball, Fishing, Nature Museum, Indoor Pavilion
- 5 **Frazier Park** • 1201 W. Fourth St. • 704-432-4280
Basketball, Dog Park, Greenway, Multi-purpose Field, Tennis and Our Children's Memorial Walkway
- 6 **Hornets Nest Park** • 6401 Beatties Ford Rd. • 704-432-1369
Basketball, BMX Track, Disc Golf, Fishing, Picnic Shelters, Playground, Softball Complex, Tennis
- 7 **Idlewild Road Park** • 10512 Idlewild Rd. • 704-643-5725
Fishing, Horseshoes, Picnic Shelters, Playground, Softball, Walking Trails
- 8 **Independence Park** • 300 Hawthorne Ln. • 704-432-4280
Baseball, Basketball, Formal Rose Garden, Multi-purpose Field, Picnic Shelters, Tennis, Volleyball, Walking Trails
- 9 **Jetton Park on Lake Norman** • 19000 Jetton Rd. • 704-432-1369
Fishing, Indoor Shelter, Playground, Picnic Decks, Tennis, Walking Trail, Wedding/Reception Rentals, Mountain Bike Trails
- 10 **Kilborne Park** • 2600 Kilborne Dr. • 704-643-5725
Disc Golf, Playground, Multi-purpose Field, Picnic Shelter, Softball, Tennis, Walking Trail
- 11 **Mallard Creek Park** • 3001 Johnston-Oehler Rd. • 704-432-1369
Multi-purpose Fields, Picnic Shelter, Playground, Recreation Center, Softball Complex
- 12 **Mason Wallace Park** • 7301 Monroe Rd. • 704-643-5725
Basketball, Playground, Softball, Tennis, Picnic Area, Multi-purpose Field,
- 13 **McAlpine Creek Park** • 8711 Monroe Rd. • 704-643-5725
Cross Country Course, Dog Park, Fishing, Greenway, Horseshoes, Soccer, Walking Trails, Picnic Area
- 14 **Nevin Park** • 6000 Statesville Rd. • 704-432-1369
Bocce, Horseshoes, Multi-purpose Fields, Picnic Shelters, Accessible Playground, Softball Complex, Walking Trails, Sprayground, Disc Golf

Nature Centers & Preserves

Nature Centers are open 7 days a week and FREE! Nature Preserves are open 7:00am to Sunset, daily.

- 1 **Cowans Ford Wildlife Refuge** • 5335 Neck Rd. • 704-875-1391
Picnic Tables, Wildlife Observation Deck
- 2 **Evergreen Nature Preserve** • 1300 Tarrington Ave. • 704-598-8857
2 Miles of Hiking Trails
- 3 **Latta Plantation Nature Preserve** • 5226 Sample Rd. • 704-875-1391
Nature Center, Horseback Riding, Fishing, 16 Miles of Hiking/Equestrian Trails, Historic Latta Plantation, Carolina Raptor Center, Picnic Shelters, Canoe Launch Areas
- 4 **McDowell Nature Preserve** • 15222 York Rd. • 704-588-5224
Nature Center, Group Camping, RV Campground, Playground, 7 Miles of Hiking Trails, Picnic Shelters, Canoe Launch Areas
- 5 **Reedy Creek Nature Preserve** • 2900 Rocky River Rd. • 704-598-8857
Nature Center, Fishing, 10 Miles of Hiking Trails, Historic Robinson Rock House
- 6 **RibbonWalk Nature Preserve** • 4601 Nevin Rd. • 704-598-8857
2.7 Miles of Hiking Trails, Picnic Tables

Water Fun

- 1 **Aquatic Center** • 800 ML King Jr. Blvd. (formerly 2nd St.) • 704-336-3483
Indoor Natatorium with Diving Well and Fitness Center
- 2 **Blythe Landing** • 15901 NC Hwy 73 • 704-336-3586
Boat Launch Facility, Playground, Seasonal Cafe, Sailing Center, Sand Volleyball
www.nccsailrow.org
- 3 **Copperhead Island** • 15200 Soldier Rd. • 704-583-1284
Boat Launch, Fishing, Picnic Shelter, Island Rental, Walking Trails, Camping
- 4 **Cordelia Park** • 2100 N. Davidson St. • 704-336-2096
Outdoor Pool with Sprayground, Basketball, Playground, Shelter, Greenway Access
- 5 **Double Oaks Pool** • 1200 Newland Rd. • 704-336-2653
Outdoor Pool
- 6 **Latta Park** • 601 East Park Ave. • 704-336-3375
Sprayground, Basketball, Soccer, Softball, Tennis, Sand Volleyball, Picnic Shelter, Playground, Trails, Recreation Center
- 7 **Marion Diehl Pool** • 2219 Tyvola Rd. • 704-432-4334
Indoor Therapeutic Swimming Pool, Multi-purpose Rooms and Gym

Please note, with 200 parks and recreation complexes, this map is ONLY a sample of what Park & Recreation offers. For additional listings visit www.parkandrec.com Most softball fields can be converted for baseball competition.

- 15 **Park Road Park** • 6220 Park Rd. • 704-643-5725
Basketball, Picnic Shelters, Playground, Softball Complex, Tennis
- 16 **Ramblewood Park and Soccer Complex** • 10200 Nations Ford Rd. • 704-643-5725
Basketball, Picnic Shelters, Playground, Soccer, Softball
- 17 **Reedy Creek Park** • 2900 Rocky River Rd. • 704-432-1369
Basketball, Disc Golf, Dog Park, Fishing, Picnic Shelters, Playgrounds, Soccer, Softball, Volleyball, Hiking/Walking Trails, Indoor Shelter
- 18 **Renaissance Park** • 1536 W. Tyvola Rd. • 704-643-5725
Mountain Biking, Multi-purpose Fields, Picnic Shelter, Softball Complex, Tennis, Sand Volleyball, Disc Golf
- 19 **Revolution Park** • 2425 Barringer Dr. • 704-432-4280
Baseball, Basketball, Football (Syn. Turf), Picnic Shelter, Playground, Recreation Center
- 20 **Robert L. Smith Park** • 1604 Little Rock Rd. • 704-432-1369
Multi-purpose Fields, Playground, Picnic Shelter, Walking Trail
- 21 **Sugaw Creek Park** • 943 W. Sugar Creek Rd. • 704-432-1369
Basketball, Disc Golf, Multi-purpose Fields, Picnic Shelters, Playground, Recreation Center, Softball, Tennis
- 22 **William R. Davie Park** • 4635 Pineville-Matthews Rd. • 704-643-5725
Basketball, Dog Park, Playgrounds, Multi-purpose Fields (Syn. Turf & Grass), Softball, Conference Center Rental
- 23 **Thomas M. Winget Park** • 12025 Winget Rd. • 704-643-5725
Basketball, Multi-purpose Fields, Picnic Shelters, Playground, Recreation Center, Walking Trails
- 24 **Tuckaseegee Park** • 4820 Tuckaseegee Rd. • 704-432-1369
Baseball, Basketball, Picnic Shelter, Playground, Recreation Center, Softball, Tennis
- 25 **Elon Park** • 11435 Ardrey Kell Rd. • 704-643-5725
Disc Golf, Fishing, Recreation Center, Multi-purpose Fields (Syn. Turf), Walking Trail
- 26 **Shuffletown Park** • 9500 Bellhaven Blvd. • 704-432-1369
Dog Park, Multi-purpose Fields, Picnic Shelter, Softball, Volleyball
- 27 **Flat Branch Park** • 11830 Tom Short Rd. • 704-552-8213
Soccer Fields

Special Facilities

- 3 **Equestrian Center @ Latta Plantation** • 6201 Sample Rd. • 704-992-1550
Horseback Riding, Pony Rides, General Store & Stable Center, Show Facility, Reservations Required.
- 2 **Johnson C. Smith University Track** • 100 Beatties Ford Rd. • 704-336-8096
Track & Field Facilities, Lanes 7&8 open to the public most days
- 3 **Grady Cole Center/Memorial Stadium** • 310 N. Kings Dr. • 704-336-2884
Special Use Arena/Concert Venue & Football Stadium
- 4 **Saint Mary's Chapel & Vietnam Memorial** • 1129 E. 3rd St. • 704-333-1235
Chapel & Dedication Memorial to Vietnam Veterans Available for Ceremony Rentals
- 5 **David B. Waymer Aeromodeler Field** • 15401 Holbrooks Rd. • 704-336-3586
Flying field for model airplanes, with separate areas for Radio and Wire controlled airplanes
- 6 **Grayson SkatePark** • 750 Beal St. • 704-365-1265
In-Line & Skateboard Park, Signed Waiver & Helmet Required
- 7 **U.S. National Whitewater Center** • 5000 Whitewater Center Pkwy. • 704-391-3900
Home of USA Canoe and Kayak, Mountain Bike Trails, Climbing Center, Ropes Course, Zip Line and Rafting/Kayaking www.usnwc.org
- 4 **Nature Museum @ Freedom Park** • 1658 Sterling Dr. • 704-372-6261 ext. 605
- 18 **Jeff Adams Tennis Center @ Renaissance Park** • 1200 Tyvola Rd. • 704-529-3237
- 4 **McDowell Campground** • 15222 York Rd. • 704-583-1284
Year-around Tent, RV and Group Camping <http://camping.charmeck.org>
- 19 **The First Tee of Charlotte @ Revolution Park** • 2661 Barringer Dr. • 704-348-2515
Golf Practice Areas, Computer Lab, Multi-purpose Room, Administrative Offices

Water Fun Con't

- 8 **Ramsey Creek Park** • 18333 Nantz Rd. • 704-336-3586
Boat Launch Facility, Dog Park, Picnic Shelters, Sand Volleyball
- 9 **Ray's Splash Planet** • 215 N. Sycamore St. • 704-432-4729
Indoor Water Park (Open Year Round), Fitness Center and Gym, Greenway Access
- 10 **Veterans Park** • 2136 Central Ave. • 704-336-2884
Sprayground, Basketball, Baseball, Softball, Disc Golf, Outdoor Shelters, Indoor Shelter, Sand Volleyball, Tennis, Playground
- 6 **West Charlotte** • 2400 Kendall Dr. • 704-393-1560
Sprayground
- 14 **Nevin Park** • 6000 Statesville Rd. • 704-336-8866
Sprayground

Parks, Preserves and Greenways



Discover Our Good Nature!



Discover a park near you

Many miles of trails exist and are waiting for you to discover. We have trails for wandering, running, strolling, walking, and hiking. Sign up for one of our many nature programs on **pages 12-17**.

Dog Parks

Mecklenburg County has six dog parks. They offer a place for dogs to run off-leash in a fenced area and frolic with other canines. Admission is free and open to all dogs of suitable disposition. Dogs must have rabies vaccinations and licenses as required by law. Owners are responsible for their pets. Dog parks are open every day, 7:30am–sunset (for more information call 311):

Swaney Point K-9 Park in Ramsey Creek Park, 18441 Nantz Road Cornelius, four acres fenced-in. Separate sections for large dogs (more than 20lbs) and small dogs (less than 20lbs).

Barkingham Park at Reedy Creek Park, 2900 Rocky River Road, four acres inside fence.

Ray's Fetching Meadow at McAlpine Creek Park, 8711 Monroe Road, one acre, fenced-in.

Davie Dog Park in William R. Davie Park, 4635 Pineville-Matthews Road, more than five acres with separate sections for large dogs and small dogs.

Frazier Dog Park in Frazier Park, 1201 West 4th Street in uptown Charlotte, 1.3 acres inside fence. Sections for large and small dogs. Fenced enclosure is along I-77 near West Trade and Sycamore streets.

Shuffletown Dog Park in Shuffletown Park, 9500 Belhaven Blvd. This new dog park is 4.6 acres with sections for large and small dogs.



Parks, Preserves and Greenways

DISC GOLF - no cart or green fees!

Discover the playing power of disc golf! It's an inexpensive game and courses are located throughout the County. There is no charge to play these courses. Try each course and see which one is your favorite. Two new courses opened in early 2010. Elon Park has a second, longer course for the more serious player and Nevin Park added a disc golf course.

The courses listed offer 18 holes except for Squirrel Lake Park in Matthews and Mint Hill Park which has nine. For more information check www.parkandrec.com. Visit the Charlotte Disc Golf Club at www.charlottedgc.com for information about local events.



Course	Location:	Skill Level:
Elon Park (2)	11401 Ardrey Kell Rd.	beginner/intermediate/advanced
Hornets Nest	Park 6301 Beatties Ford Rd.	advanced/professional
Kilborne Park	2600 Kilborne Dr.	beginner/intermediate
Mint Hill Park	8850 Fairview Rd./Mint Hill	beginner/intermediate
Nevin Park	6000 Statesville Rd.	intermediate/advanced
Reedy Creek Park	2900 Rocky River Rd.	beginner/intermediate
Renaissance Park	1525 Tyvola Rd.	advanced/professional
Sugaw Creek Park	939 W. Sugar Creek Rd.	intermediate/advanced
Squirrel Lake Park	1631 Pleasant Plains Rd.	intermediate/advanced

Volunteer Opportunities MISSION POSSIBLE!

Mecklenburg County Park and Recreation's mission is to enrich residents' lives through quality leisure time and stewardship of natural resources.

You can help us make it happen! Park and Recreation has volunteer opportunities for individuals, groups and families who want to make a difference in our parks and recreation centers and on greenways. From clerical work to cleanups to park patrols, we have a mission for you! Contact Lori Saylor at 704.353.0504 or Lori.Saylor@MecklenburgCountyNC.gov for more information.



VOLUNTEER!

SKATE PARKS

Mecklenburg County Park and Recreation offers a skate park for in-line skaters and skateboarders, plus BMX bikers at specified times. Admission charge, helmets and pads required. Skate parks require signed waiver of liability, with waiver signed by parents and notarized for ages 17 or younger. For waiver forms, hours, and more info, check www.parkandrec.com, click on Facilities, then Skate Parks, or call 311 or 704.432.5231. Come visit:

Grayson SkatePark: 750 Beal Street at Naomi Drenan Recreation Center. 13,000 square feet of concrete skating surface. Suitable for novices to professionals. Features a street course with banks, transitions, corners, rails, ledges and two bowls with depths of 5 feet and 10 feet.



Thrills on Wheels

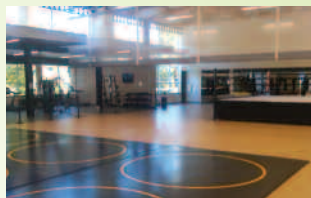
Discover **mountain biking** trails at Jetton, Col. Francis Beatty, Renaissance, Ramsey Creek, and Southwest Parks. Also bike at North Meck Park (operated by Huntersville), at US National Whitewater Center, and on 32 miles of greenways all over the county. Check www.parkandrec.com for details and locations: Click on Activities and Biking, or call 311. Jetton and Southwest Parks have special trails for riders with disabilities who can borrow special "hand-cycle trikes."



Special Feature:

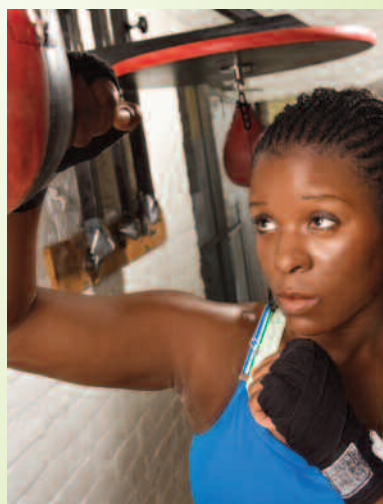
Revolution Park Sports Academy

Revolution Park Sports Academy is Mecklenburg County Park and Recreation's first L.E.E.D. certified (Leadership in Energy and Environmental Design) facility. This 30,000 square foot "green" facility offers life skill development for youth and teens through non-traditional sports, fitness programs and after school enrichment activities as well as recreation programming for all ages.



Upcoming programs:

- **Train Like a Boxer:** A youth fitness boxing program for children ages 8-16, that will take part in strength exercises to increase their cardiovascular capacity and overall strength. The cost is FREE! Course #19431
- **Girl's Spirit:** A mind, body and spirit enriching program aimed at helping young girls from the ages of 9-17. The cost is FREE! Course #19237
- **Senior Wellness Club Program:** Helping seniors gain knowledge for a better way of life. It includes Health events, Health Education and a social outlet. It is held the 1st and 3rd Tuesday of the month. Course #1933



Fishing Tackle

Mecklenburg County Park and Recreation can lend you a fishing rod and tackle for a day, so you can try angling in any of our ponds and lakes. This program is a partnership with the NC Wildlife Resources Commission. It is free, to increase fishing opportunities. Just bring a valid ID and fill out a form. NC Fishing License is required for age 16 and older. For license information check www.ncwildlife.org or call toll free: 888-248-6834. For more information call 311 or the check the nature centers at:



- **Latta Plantation Nature Preserve,**
5226 Sample Road, Huntersville, 704-875-1391
- **McDowell Nature Preserve,**
15222 York Road, 704-588-5224
- **Reedy Creek Nature Preserve and Park,**
2900 Rocky River Rd., 704-598-8857

Go Fish!

- Which will become your favorite fishing hole? We've got small ponds and big lakes! Fishing is free at:
- Blythe Landing,**
15901 NC Highway 73, Huntersville (Lake Norman)
 - Colonel Francis Beatty Park,**
4330 Weddington Rd., Matthews
 - Freedom Park,**
1900 East Blvd.
 - Hornets Nest Park,**
6310 Beatties Ford Rd.
 - Jetton Park,**
1900 Jetton Rd., Cornelius (Lake Norman)
 - Latta Plantation Nature Preserve,**
5226 Sample Rd., Huntersville (Mountain Island Lake)
 - McAlpine Creek Park,**
8711 Monroe Rd.
 - McDowell Nature Preserve,**
15222 York Rd. (Lake Wylie)
 - Park Road Park,**
6220 Park Rd.
 - Ramsey Creek Park,**
18441 Nantz Rd., Cornelius (Lake Norman)
 - Reedy Creek Park and Nature Preserve,**
2900 Rocky River Rd.

A North Carolina Fishing License is required for ages 16 and older. For license information, check www.ncwildlife.org or call toll free: 888.248.6834. NC Wildlife Resources Officers enforce license regulations. For information on types of fish, depth of ponds and lakes, etc. check www.parkandrec.com, then click on Activities and Fishing, or call 311.

Aeromodeler Field

Mecklenburg Park and Recreation has a special facility for flying model airplanes. The David B. Waymer Aeromodelers Flying Field, 15401 Holbrooks Road, in Huntersville has areas for both wire controlled and radio-controlled models. To fly here you need an AMA membership and an annual pass. Visitors may fly up to three visits before applying for the annual pass. Contact Waymer Aeromodeler Chapter of AMA (WACAMA) for more information.

www.flyingacesrc.com/wacama.htm



BMX Bike Track at Hornets Nest Park

Bike racing for youngsters and adults over a serpentine dirt track with rolling humps and dips, takes place Saturdays. "It's great physical conditioning and family fun," says Mark Coates, who operates the track under contract with the County. Free admission and bleachers for spectators. Riders' fee required. For schedules and information, check www.ncbmx.com or parkandrec.com, click on Parks, then Hornets Nest Park. First-time BMXers can try racing for \$10 or practice for \$3. Hornets Nest Park, 6301 Beatties Ford Road. For more information, call the BMX hot-line at 704.398.2711.



Great day away

Latta Plantation Nature Preserve offers 1,330 acres to explore. Kids can go on an arena ride at Latta Equestrian Center (704.992.1550). Be sure to visit the Nature Center (704.875.1391), Carolina Raptor Center and Historic Latta Plantation. Don't forget the fishing pole and picnic! It's a great place to visit with out-of-town company.



Historic Sites

Mecklenburg County has rich history, and Mecklenburg County Park and Recreation is the steward of several historic sites that host visitors. Many sites offer a hands-on opportunity to learn about life in another time.

Alexandria: Site has a monument which commemorates the signing of Mecklenburg Declaration of Independence, 9921 Old Statesville Rd., Huntersville

Dowd House: World War I training camp, 2216 Monument Ave., Charlotte

Historic Latta Plantation: Plantation of James Latta, circa 1800, 5225 Sample Rd., Huntersville. See www.lattaplantation.org

Independence Park: Oldest park in Mecklenburg County, 300 Hawthorne Lane, Charlotte

McIntyre Historic Site: Revolutionary War skirmish and gold mining site, 4125 McIntyre Ave., Charlotte

Rural Hill: 265 acre plantation of Revolutionary War Maj. John Davidson and six generations of his family, 4431 Neck Rd., Huntersville. See: www.ruralhill.net

St. Mary's Chapel: Victorian chapel of Thompson Orphanage, now a popular wedding venue, 1129 East 3rd St., Charlotte.

Holly Bend House: Circa 1795-1800 plantation home of Robert and Margaret Davidson at 3710 Neck Rd. near Mountain Island Lake.

Robinson Rockhouse Trail: at Reedy Creek Park and Nature Preserve, 2900 Rocky River Road.

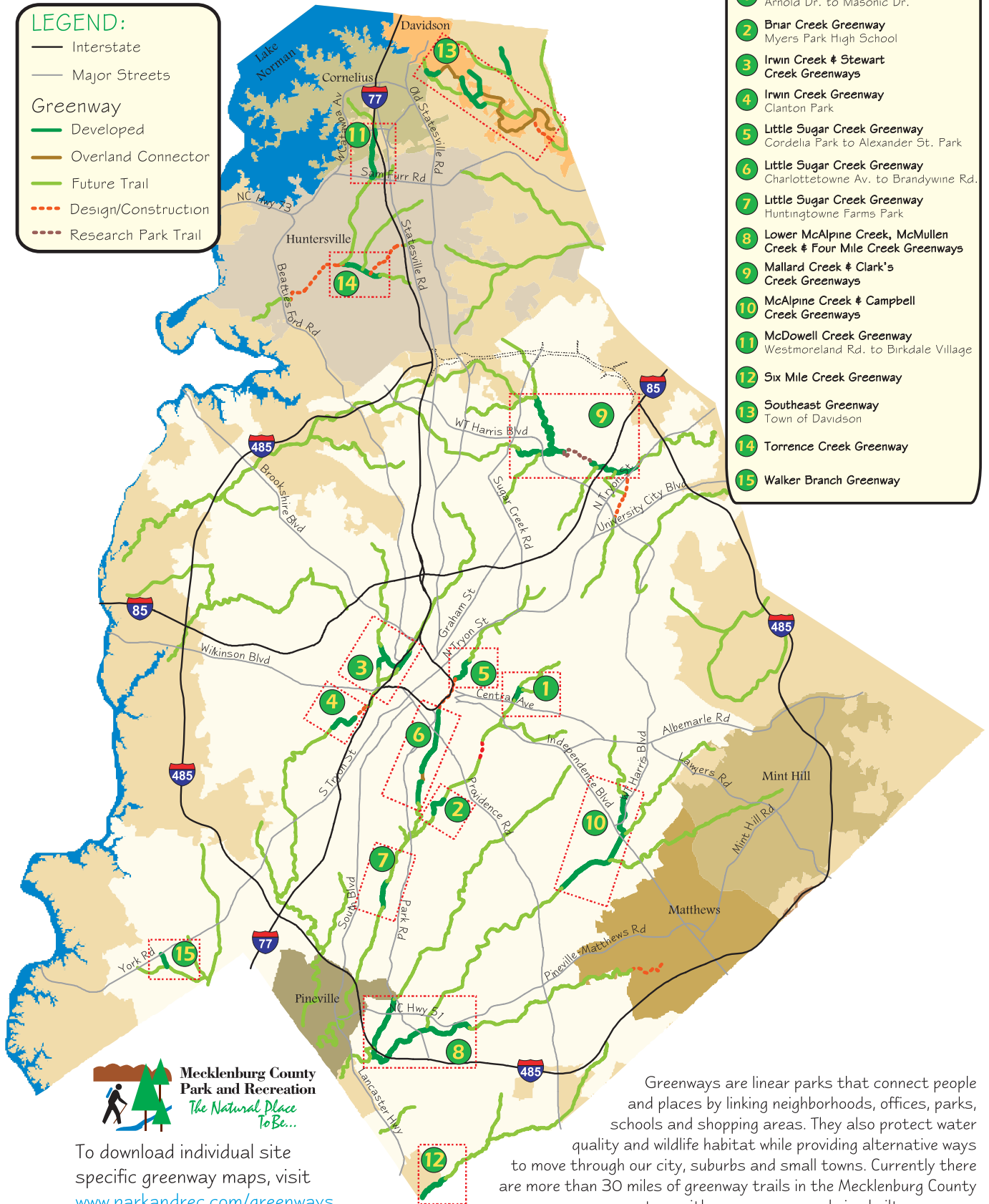
Mecklenburg County Greenways

LEGEND:

- Interstate
- Major Streets
- Greenway**
- Developed
- Overland Connector
- Future Trail
- - - Design/Construction
- - - Research Park Trail

GREENWAYS:

- 1** Briar Creek Greenway
Arnold Dr. to Masonic Dr.
- 2** Briar Creek Greenway
Myers Park High School
- 3** Irwin Creek & Stewart
Creek Greenways
- 4** Irwin Creek Greenway
Clanton Park
- 5** Little Sugar Creek Greenway
Cordelia Park to Alexander St. Park
- 6** Little Sugar Creek Greenway
Charlottetowne Av. to Brandywine Rd.
- 7** Little Sugar Creek Greenway
Huntingtowne Farms Park
- 8** Lower McAlpine Creek, McMullen
Creek & Four Mile Creek Greenways
- 9** Mallard Creek & Clark's
Creek Greenways
- 10** McAlpine Creek & Campbell
Creek Greenways
- 11** McDowell Creek Greenway
Westmoreland Rd. to Birkdale Village
- 12** Six Mile Creek Greenway
- 13** Southeast Greenway
Town of Davidson
- 14** Torrence Creek Greenway
- 15** Walker Branch Greenway



To download individual site specific greenway maps, visit www.parkandrec.com/greenways

Greenways are linear parks that connect people and places by linking neighborhoods, offices, parks, schools and shopping areas. They also protect water quality and wildlife habitat while providing alternative ways to move through our city, suburbs and small towns. Currently there are more than 30 miles of greenway trails in the Mecklenburg County system, with more greenways being built every year.

Mecklenburg County Greenways

Whether you are biking, running, strolling or walking, discover the miles of greenways throughout Mecklenburg County. For downloads of specific greenways, visit parkandrec.com/greenways. Fascinating views of birds, flora and fauna abound.

Greenways are linear parks that connect people and places. They act as buffers that filter out pollutants from storm water before it enters our creeks. They also preserve natural areas for wildlife and native plant communities. In Mecklenburg County, greenways offer visitors opportunities to enjoy nature and provide alternate ways to move through our city, suburbs and towns. Mecklenburg County operates 30 miles of trails. The greenway master plan envisions a system that will eventually stretch throughout the county and connect neighborhoods within Charlotte, the six surrounding towns and surrounding counties.

To learn more about greenways and to download trail maps, please visit www.parkandrec.com/greenways

1 2 Briar Creek Greenway

There are two developed sections of this greenway. One 0.4 mile paved section includes a bridge over Briar Creek and provides an important connection between the Merry Oaks and Plaza-Midwood neighborhoods. On street parking is available along Masonic Drive. Another 0.9 mile gravel trail follows Briar Creek behind Myers Park High School between Colony Road and Runnymede Lane.

3 Irwin Creek & Stewart Creek Greenway

These trails comprise a 2.1 mile creekside walk in the center city area of Charlotte. The trail takes visitors through the historic Wesley Heights neighborhood and connects Ray's Splash Planet, Frazier Park and Phillip O. Berry Center. The trail is only a few minutes walk from Johnson & Wales University, Gateway Center and uptown condos and offers a quiet place to relax during a busy day. Parking is available at Ray's Splash Planet, Frazier Park and Bruns Avenue.

4 Irwin Creek Greenway - Clanton Park

This 0.8 mile paved greenway crosses Clanton Park in the Revolution Park neighborhood and connects the new Clanton Indoor Pavilion and soccer fields with Arbor Glen Outreach Center. Parking is available at either end of this greenway.

5 6 7 Little Sugar Creek Greenway

Located in the University area, the trail is 7.1 miles long and is currently the longest trail in the county. While much of the greenway is paved, a 1.2 mile gravel trail through University Research Park connects to the newly constructed section from David Taylor Drive to Kirk Farm Fields off of Mallard Creek Church Road. Parking is available at Mallard Creek Elementary School and Kirk Farm Fields. There are three developed sections totaling 4.0 miles of trail. Almost a mile of trail is located in the Belmont neighborhood northeast of uptown Charlotte, including a railroad underpass connecting to Alexander St. Park. The longest developed stretch of trail is 2.8 miles beginning at Charlottetowne Avenue through Freedom Park and ending at Brandywine Road. Liz Hair Nature Walk runs from Morehead Street to East Boulevard and is dedicated to the first woman to chair the Mecklenburg Board of County Commissioners. Almost a mile of paved trail is developed through Huntingtowne Farms Park in south Charlotte. Parking is available at the YWCA on Parkwood Av., Freedom Park, Park Road Shopping Center and Huntingtowne Farms Park.

8 Lower McAlpine, McMullen & Four Mile Creek Greenways

This horseshoe shaped greenway runs 5.8 miles through south Charlotte and passes under Interstate 485. The trail is composed of a variety of surfaces, including asphalt, gravel and boardwalk. Parking is available off of Hwy 51 across from McMullen Creek Market. The newly developed Four Mile Creek Greenway section features significant boardwalk through scenic wetlands with abundant wildlife. A parking lot and restrooms are available off Johnston Road.

9 Mallard Creek & Clark's Creek Greenways

Located in the University area, the trail is 7.1 miles long and is currently the longest trail in the county. While much of the greenway is paved, a 1.2 mile gravel trail through University Research Park connects to the newly constructed section from David Taylor Drive to Kirk Farm Fields off of Mallard Creek Church Road. Parking is available at Mallard Creek Elementary School and Kirk Farm Fields.

10 McAlpine Creek & Campbell Creek Greenways

This greenway stretches for 4.1 miles in east Charlotte and is a favorite of runners. McAlpine Creek Greenway is composed primarily of gravel trail and boardwalk. It connects with Cottonwood Nature Trail and the 3.1 mile McAlpine Creek Cross Country course. Surrounded by urban development, the greenway is home to 188 different documented species of birds, as well as beavers and river otters. Parking is available at Margaret Wallace Road, McAlpine Creek Park and Old Bell Road.

11 McDowell Creek Greenway

Linking the Towns of Cornelius and Huntersville, this 1.5 mile paved greenway is the first developed section of McDowell Creek. The greenway links several new and existing neighborhoods to great destinations like Birkdale Village and the future Robbins Park location in Cornelius.

12 Six Mile Creek Greenway

This 0.9 mile paved greenway runs along the County's southern border. It will eventually link neighborhoods within Mecklenburg and Union counties. The trail was developed through a partnership with LUESA (Land Use & Environmental Services Agency). Parking is available off of Marvin Road.

13 Southeast Greenway - Town of Davidson

This 2.9 mile greenway connects downtown Davidson with neighborhoods to the southeast along the South Prong of the Rocky River. Parking is available at South Street near Davidson Elementary School, on-street at the Hudson Place trailhead and at River Run Athletic Field. Although part of the Mecklenburg County Greenway system, this greenway is operated by the Town of Davidson. Please visit <http://www.ci.davidson.nc.us/> for more information.

14 Torrence Creek Greenway

Located in Huntersville, the 1.4 mile trail is composed of asphalt and boardwalk, meandering through woods and wetlands. This greenway features large rock formations along the eastern end and meadows of wildflowers along the western end. On-street parking is available on Bradford Hill Lane.

15 Walker Branch Greenway

The first greenway in the Southwest Park District, this half mile paved trail runs southeast from South Tryon Street along Rivergate Parkway. Parking is located adjacent to the Home Depot on Rivergate Parkway.

Growing Greenways: Over the next year, Mecklenburg County Park and Recreation will add additional mileage to the greenway system. Look for greenway trail construction along the following creeks: Four Mile Creek, Irwin Creek, Little Sugar Creek, McDowell Creek, Toby Creek and Torrence Creek.

McDowell Nature Center



15222 York Road
Charlotte
704.588.5224

Winter Hours: Dec-Feb:
Open Wed-Sat 9:00 am to 5:00pm,
Sun 1:00pm to 5:00pm
Also Closed on 12/24/10 & 12/25/10

All programs meet at McDowell
Nature Center unless otherwise
noted.

Preschool Nature Play

Bring the kids to play the natural way! While the kids play, meet others and discuss ways to encourage natural play in the New Year. Dress for weather. Adults must remain with children at all times.

Ages 3 to 5 • **FREE** •
#18335 Dec 31 F 10:30am to 11:15am

Nature at Night Open House:

Astronomy

Stays open late under the cool glow of moonlight (black light). Listen to legends of the night sky around our indoor campfire, discover the constellations (or create your own), and take a short hike and peer through our telescope at the heavens. Enjoy complimentary hot chocolate during your visit.

All Ages • **FREE** •
No Registration Required
Jan 7, 21, 28 F 6:00pm to 8:00pm

Terrific Twos: Winter Friends

Discover winter wildlife with your little one through story, crafts and activities.

Age 2 - \$3
#18339 Jan 7 F 10:30am to 11:15am

Homeschool Special: Water, the Incredible Journey

Where in the world has the water went? Travel as a water droplet and travel to all the places the water has been.

Ages 7 to 12 - \$3
#18346 Jan 7 F 2:00pm to 3:30pm

Homeschool Special: Geocaching

Discover geocaching, a technological treasure hunt where participants log in coordinates into a GPS (global positioning system) and track down hidden caches throughout the nature preserve.

Ages 12 to 15 - \$3
#18344 Jan 7 F 2:00pm to 3:30pm
#18345 Jan 21 F 2:00pm to 3:30pm

Forts and Hideouts

Building a fort in the woods fosters a sense of adventure and promotes the development of analytical skills. Give your child the opportunity to practice the art and science of fort building in a safe and supervised manner.

#18343 Jan 8 Sa 2:00pm to 3:30pm

Oh Deer!

Discover how for deer, McDowell is an excellent place to live!

Ages 3 to 5 - \$3
#18309 Dec 3 F 10:30am to 11:15am

Homeschool Special: Team Building

Working alone is not always an option. Improve your ability to communicate effectively and work together as a team through a series of fun games and challenges.

Ages 7 to 12 - \$3
#18310 Dec 3 F 2:00pm to 3:30pm
#18311 Dec 17 F 2:00pm to 3:30pm

Homeschool Special: Reptilian Life

Scaly Skin and Cold Blood, but what else makes them special? Discover some of the many Reptile Critters that inhabit the McDowell Nature Preserve and where you can find them.

Ages 7 to 12 - \$3
#18312 Dec 3 F 2:00pm to 3:30pm

Nature at Night Open House:

Nocturnal Animals

Stays open late under the cool glow of moonlight (black light).

Listen to stories around our indoor campfire, prowl for owls on a short 1/4 mile night hike and learn how wildlife hear, see, and feel to get around in the dark. Enjoy complimentary hot chocolate during your visit.

No Registration Required • **FREE** •
Dec 3, 17 and 31 F 6:00pm to 8:00pm
Feb 4, 11, 25 F 6:00pm to 8:00pm

Breakfast in the Preserve: Bird Hike

Winter offers great views of the birds that spend their time here year round and is a great opportunity for beginners to gain the base knowledge and know how to identify them. Enjoy a hot breakfast of eggs, pancakes and sausage before we start our hike.

All Ages - \$5, 3 and under • **FREE** •
#18319 Dec 4 Sa 8:30am to 10:00am

Families Decorating Trees for Wildlife

Help the birds and wildlife by preparing a winter feast. Families can work together to build tasty treats for their backyard visitors.

All Ages - \$3/child, adults • **FREE** •
#18320 Dec 4 Sa 1:00pm to 2:30pm

Terrific Twos: Backyard Birds

Listen to a story and then participate in crafts and activities related to backyard birds.

Age 2 - \$3
#18321 Dec 10 F 10:30am to 11:15am

Kids Night in Nature:

Nocturnal Critters

Have a night to yourself and leave the kids with us. With winter upon us we will enjoy an indoor campfire, learn how wildlife hear, see, and feel to get around in the dark, and take a short night hike along the Sierra trail. Dinner will be provided.

Ages 7 to 13 - \$15
#18322 Dec 10 F 6:00 pm to 9:00pm

Saturday with Santa: Santa's Friends

Santa meets many animals in his travels around the world but his favorite live in your backyard. Come hear Santa talk about his many encounters with local wildlife. Free hot chocolate and photo opportunities with Santa and friends included, donations are encouraged and go to a local charity.

All Ages Donations encouraged
#18324 Dec 11 Su 12:45pm to 1:45pm
#18325 Dec 18 Sa 12:45pm to 1:45pm

Saturday with Santa:

Hayride with Santa

Piedmont prairies provide a great place for Santa to land his sleigh and let Rudolph and the other reindeer unwind to discover this special place with Santa as your guide. Free hot chocolate included to help you keep warm; toy donations go to a local charity.

All Ages New, Unwrapped Toy (Minimum Value \$5) per child over 3
#18326 Dec 11 Sa 11:00am to 12:30pm
#18328 Dec 11 Sa 2:00pm to 3:30pm
#18327 Dec 18 Sa 11:00am to 12:30pm
#18329 Dec 18 Sa 2:00 pm to 3:30pm

Babes in the Woods

Take your baby on a journey to discover all the good things about nature! Learn how to spark the sense of wonder in your little one. Dress your young ones appropriately, we will provide warm refreshments to help.

18 months to 3 years • **FREE** •
4 Seasons trail entrance
#18330 Dec 17 F 10:30am to 11:15am
#18331 Jan 21 F 10:30am to 11:15am

Nature Center Camp-in:

Total Lunar Eclipse

Sample several desserts cooked over a campfire while learning more about our nearest neighbor, the Moon. Stay up and explore the heavens through our telescope, watch a movie, or have staff wake you up to view the eclipse at its maximum. Morning refreshments provided.

All Ages - \$15/ family
#18322 Dec 20 Dec 21 M 7:30pm to Tu 8:30am

Winter Tree ID

A science and an art: Learn how to identify trees of the piedmont forest using only bark and twigs. It's like a good puzzle, and fun for the whole family!

All Ages • **FREE** •
#18333 Dec 29 W 2:00pm to 3:30pm

Family Geocaching

We will be searching the preserve in pursuit of the publicly listed caches named after some amazing spiders. We will also create and name a cache of our own for public cachers to enjoy while visiting the park.

All Ages - \$3
#18334 Dec 30 Th 1:00pm to 3:00pm



McDowell Nature Center

Critters in Winter

Join us with your preschooler as we read a fabulous animal tale and then enjoy crafts and activities related to winter critters. Call 704.588.5224, for more information.

Ages 3 to 5 - \$3
#18342 Jan 14 F 10:30am to 11:15am

Kids Night in Nature: Astronomy

Have a night to yourself and leave the kids with us. With winter upon us we will enjoy an indoor campfire with stories about the sky above followed by some stargazing and an astronomy craft. Dinner will be provided.

Ages 7 to 13 - \$15
#18341 Jan 14 F 6:00pm to 9:00pm

Letterboxing

Join us for a letterboxing hike and discover how your family can participate in this modern day treasure hunt at parks throughout the Charlotte region. Letterboxing journal and stamp included in price.

All Ages - \$3
#18340 Jan 15 Sa 1:00pm to 2:30pm

Nature's Noises

Discover the orchestra that is the outdoors with your little one through crafts, stories, and hands-on activities.

Ages 3 to 5 - \$3
#18357 Jan 28 F 10:30am to 11:15am

Hike for Habitats

Join us for the 4th annual Hike for Habitats! Donate and/or raise money to help protect wildlife and wild places in the Charlotte area! This will be a guided 2 to 3 mile hike on uneven terrain.

All Ages Donation
#18358 Jan 22 Sa 1:00pm to 2:30pm

Breakfast in the Preserve: Owl Prowl

Wake up early, enjoy a hot breakfast of eggs, pancakes and sausage, and hit the trails early to catch the sights and sounds of our local owls before they settle down for the day.

All Ages - \$5, 3 and under • FREE •
#18360 Feb 5 Sa 8:00am to 9:30am

Great Groundhogs

Join us with your preschooler as we read a fabulous animal tale and then enjoy crafts and activities related to groundhogs.

Ages 3 to 5 - \$3
#18359 Feb 4 F 10:30am to 11:15am

Terrific Twos: What a Hoot!

Whooo's in the nature preserve? Now is your chance to discover the owls with your little one through hands on activities and crafts.

Age 2 - \$3
#18356 Feb 18 F 10:30am to 11:15am

Whooo's There?

Whooo's in the nature preserve? Now is your chance to discover the owls with your little one through hands on activities and crafts.

Ages 3 to 5 - \$3
#18355 Feb 25 F 10:30am to 11:15am



Fairy Houses

Fairy Houses are whimsical habitats built by children, families, gardeners and nature lovers! This is a fun activity that everyone can enjoy and building fairy houses reconnects people with nature.

Ages 3 to 6 • FREE •
#18354 Feb 11 F 10:30am to 11:15am

Great Backyard Bird Count

Stop by for the opportunity to participate in an annual fourday event that engages bird watchers of all ages in counting birds to create a realtotime snapshot of where the birds are across the continent. We will work together to count the birds and then those observations will be submitted into the national data base.

All Ages • FREE •
#18350 Feb 18 F 10:00am to 10:30am
#18353 Feb 18 F 2:00pm to 2:30pm
#18351 Feb 19 Sa 10:00am to 10:30am
#18352 Feb 19 Sa 2:00pm to 2:30pm

Kid's Night in Nature: Nocturnal Critters

Have a night to yourself and leave the kids with us. With winter upon us we will enjoy an indoor campfire, learn how wildlife hear, see, and feel to get around in the dark, and take a short night hike along the Sierra trail. Dinner will be provided.

Ages 7 to 13 - \$15
#18323 Feb 18 F 6:00pm to 9:00pm

Camping Essentials: Camp Cooking

Going camping but never know how or what to cook? Learn how to build a proper camp kitchen, including designing a menu and preparing easy, nutritious and tasty meals. You'll also learn all about what stove and fuel types are best for your needs. All stoves and kitchen materials, along with all food ingredients provided (options for both vegetarians and meat eaters).

Ages 8 and older - \$3
#18349 Feb 19 Sa 11:00am to 12:30pm

Crowder's Mountain State Park

Shake off those winter blues with a brisk hike through one of the oldest mountain ranges in North America and discover amazing views and trails. Participants must be able to hike 5 to 6 miles on uneven terrain.

Ages 10+ - \$10
#18348 Feb 26 Sa 10:00am to 5:00pm

Build a Better Birdhouse

Building a birdhouse with your child is a great way to develop their handtoeye coordination and encourage creativity while fostering a better understanding of nature. All tools and materials will be supplied.

All Ages - \$10/birdhouse
#18347 Feb 26 Sa 1:00pm to 2:30pm

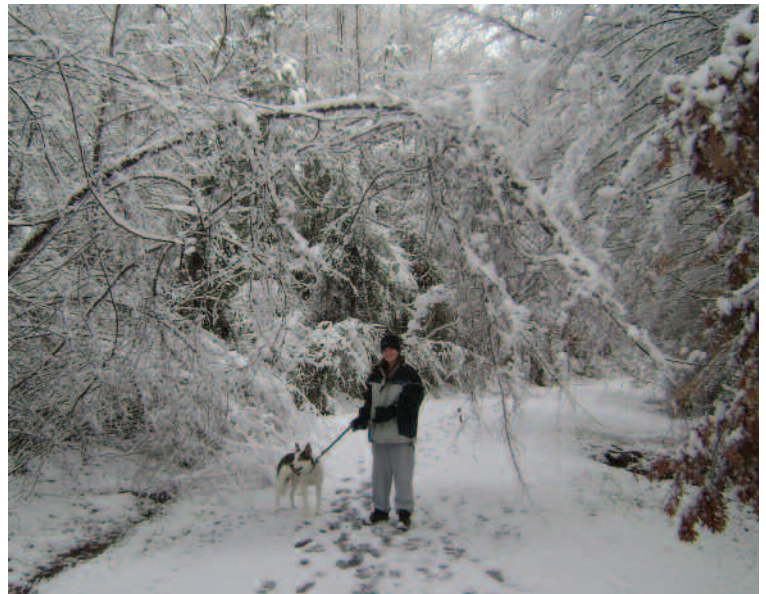


NOTE

Many programs require registration and have limited space available. To ensure that you can participate, please register by calling 311 or 704.336.7600. All programs require pre-registration unless otherwise noted. For more information, call McDowell Nature Center at 704.588.5224. You can also register online at www.parkandrec.com.



Photo by Sharon Foote.



Latta Plantation Nature Center



6211 Sample Road,
Huntersville
704.875.1391

Winter Hours: Dec-Feb:
Open Wed-Sat 9:00 am to 5:00pm,
Sun 1:00pm to 5:00pm
Also Closed on 12/24/10 & 12/25/10

All programs meet at Latta
Plantation Nature Center unless
otherwise noted.

Home school Adventures Club: Outdoor Cooking

Come and learn three different methods of outdoor cooking: campfire, Dutch oven, and a box oven. Participants will learn to safely cook in the outdoors and then eat all the outdoor delicacies.

Ages 7 to 12 - \$6
#18833 Dec 17 F 11:00am-12:30pm
#18896 Jan 26 Th 11:00am-12:30pm
#18939 Feb 23 W 11:00am-12:30pm

Nature Nook: "When Winter Comes"

Listen to the story, make a craft, and learn what animals do in the winter in this monthly series.

Ages 3 to 6 - \$2
#18836 Dec 18 S 1:00pm to 2:00pm

On A Winter's Solstice

Celebrate the shortest day of the year with a sunset hike at Latta. Bundle up for hot cocoa, a little bit of solstice folklore and history, and a spectacular view of Mountain Island Lake at sunset!

All Ages - \$3
Terrain: Easy, 1.0 mile
#18839 Dec 21 Tu 4:30 to 6:00pm

Walk with a Naturalist: First Day Hike

Are you interested in the natural world around you? Would you like to notice more when you are outside? Join us on these Sat excursions that will focus on observing, exploring and appreciating the world around us. Terrain & Distance: Moderate, approximately 1.5 - 3 miles.

All ages • **FREE** •
#18855 Jan 1 Sa 10:00 to 11:30am

Pre-K Eco-Crew: Energy Explorium

How does a light bulb work? Meet us at Duke's Energy Explorium for a unique experience and learn all about how electricity works. Discover how you can conserve or save energy even at a young age.

Ages 3 to 6 - \$3
#18862 Jan 5 W 1:00pm to 2:30pm

Homeschool Eco-Crew: Energy Conservation

EnergyExplorium
Meet us at Duke Energy's Energy Explorium for a unique and exciting lesson about energy. We will learn how electricity works, how it is made, and what we can do to conserve energy.

Ages 7 to 12 - \$3
#18863 Jan 5 W 1:00pm to 2:30pm

Homeschool Gardeners: Calling All Birds

Birds have individual songs they use to communicate with one another. By learning these different songs and calls, you can identify a bird without ever seeing it!

Ages 7 to 12 - \$3
#18866 Jan 6 Th 1:00pm to 2:30pm

BSA: Nature Merit Badge

Boy Scouts in the Mecklenburg Council will achieve their Nature Merit Badge upon completion of this course. All Scouts must bring their merit badge books; lunch will be provided.

Ages 12 to 18 - \$15
#17053 Jan 8 Sa 9:00am to 4:30pm

Tails on the Trail: Shady Trail

Get Fido out of the house! Your canine companion will discover interesting scents and fascinating creatures on these monthly hikes that are designed to be fun and provide your dog with crucial socialization. Current rabies vaccination required. No aggressive dogs, please.

Adult • **FREE** •
Terrain: Easy, 1.6 miles
#18871 Jan 9 Su 2:00pm to 3:30pm

Pre-K Eco-Crew: Recycling Superhero!

Plastic bottles can be recycled and be turned into a chair or even a fleece jacket. Come learn how to be a recycling superhero and discover what you can do to reduce what goes into the trash.

Ages 3 to 6 - \$3
#18798 Dec 1 W 1:00pm to 2:30pm

Homeschool Eco-Crew: Reduce, Reuse, Recycle!

What can you do with a used yogurt cup or last week's newspaper? To find out, join us for a hands-on class about recycling. We will learn about landfills and ways to keep "trash" out of them. Come prepared to get messy!

Ages 7 to 12 - \$3
#18800 Dec 1 W 1:00pm to 2:30pm

Homeschool Gardeners: Soil Basics

Soil is the lifeline for all living life. It provides nutrients and minerals for plants and food and shelter for animals. You will get down and dirty and as we learn about the factors and organisms that influence soil formation.

Ages 7 to 12 - \$3
#18801 Dec 2 Th 1:00pm to 2:30pm

Walk with a Naturalist: Basic Birding

Are you interested in the natural world around you? Would you like to notice more when you are outside? Join us on these Sat excursions that will focus on observing, exploring and appreciating the world around us. Terrain & Distance: Moderate, approximately 1.5 - 3 miles.

All ages • **FREE** •
#19305 Dec 4 Sa 10:00 to 11:30am

Wonders of Winter

How do birds know when to fly south? Who wakes up the hibernating bears? How cold does it have to be to snow? Join us as we explore the wonderful world of winter.

Ages 5 and older - \$3
#18802 Dec 5 Su 2:00pm to 3:30pm

Senior Fun Walk

Seniors, looking for a great place for a morning walk? Join others at Latta Plantation Nature Preserve as you explore a different trail on each walk as a staff member guides you.

Ages 50 and up • **FREE** •
#19400 Dec 7 Tu 9:00am to 10:30am
#19401 Dec 21 Tu 9:00am to 10:30am
#19402 Jan 4 Tu 9:00am to 10:30am
#19403 Jan 18 Tu 9:00am to 10:30am
#19405 Feb 8 Tu 9:00am to 10:30am
#19406 Feb 22 Tu 9:00am to 10:30am

Home school Adventures Club: Map and Compass

Hey kids, come to Latta Plantation Nature Center and learn the basics of working with a map and compass. You will learn the parts of each and navigate a basic orienteering course.

Ages 8 to 12 - \$6
#18825 Dec 9 Th 10:00am to 11:30pm
#18856 Jan 13 Th 10:00am to 11:30pm
#18927 Feb 11 F 10:00am to 11:30pm

BSA: Environmental Science Merit Badge

Upon completion of this course, all registered Boy Scouts in the Mecklenburg Council will earn the merit badge. Lunch provided.

Ages 12 to 18 - \$15
#17052 Dec 11 Sa 8:30am to 4:30pm

Family GPS Treasure Hunt

Ever heard of the high tech treasure hunt known as Geocaching? Bring the family and come learn what this exciting outdoor hobby is all about. Then, use a handheld GPS unit to navigate a course and find a real cache.

Ages 8 to 11 - \$6 / Ages 12 and older - \$8
#18826 Dec 11 Sa 10:30am to 12 noon
#18868 Jan 8 Sa 10:30am to 12 noon
#18938 Feb 19 Sa 10:30am to 12 noon



Natural Decorations

Discover fun ways to make winter decorations using the bounty of nature. No plastic, Styrofoam, or batteries in sight! We will go on a short hike to gather materials before we settle down to cup of hot cocoa and homemade crafts.

Children under the age of 12 must be accompanied by an adult.

Ages 6 and older - \$5
#18838 Dec 11 Sa 2:00pm to 3:30pm

Trees for Wildlife

Help the birds and wildlife by preparing a winter feast. First, we will learn about the wildlife that are around in the winter and then we will make a treat for them.

Ages 3 and older - \$3
#18827 Dec 12 Su 1:00pm to 2:30pm

Tails on the Trail: Beechwood Trail

Get Fido out of the house! Your canine companion will discover interesting scents and fascinating creatures on these monthly hikes that are designed to be fun and provide your dog with crucial socialization. Current rabies vaccination required. No aggressive dogs, please.

Terrain: Moderate, 1.0 mile
Adult • **FREE** •
#18828 Dec 12 Su 2:00pm to 3:30pm

Latta Homeschoolers: Green Gift Making

'Tis the season to reduce, reuse, and recycle! Learn how to make old things look like new for the holidays. We will make paper, gift boxes, and more.

Ages 3 to 6 - \$3
#18829 Dec 15 W 9:30am to 11:00am
Ages 7 to 12 - \$3
#18830 Dec 15 W 9:30am to 11:00am

Pre-K Gardeners: Mud Pies

Yummy! Mud pie sounds good. Make a mud pie and learn about soil, how it feels, and why it is important to plants, especially in our garden.

Ages 3 to 6 - \$2
#18832 Dec 16 Th 10:00am to 11:00am

Latta Plantation Nature Center

O.A.T.S: Crowders Mountain State Park Hike

We are off to Crowders Mountain State Park, only 35 miles southwest of Charlotte to hike the Ridgeline Trail. This 8-mile hike will begin at the Boulders Access and follow the ridgeline to the summit of Kings Pinnacle, and then descend to the Nature Center. Transportation provided.
Adult - \$10
#18873 Jan 15 Sa 8:00am to 5:00pm

Nature Nook: "Owl Moon"

Listen to the story, make a craft, and learn all about owls in this monthly series.
Ages 3 to 6 - \$2
#18876 Jan 15 Sa 1:00pm to 2:00pm

Haikus and Hickories

Let the forest inspire you this New Year. Join us for an afternoon hike to learn about the trees, wildlife, and ways of expressing the joy of nature.
Terrain: Easy to moderate, 1.5 to 2 miles
Ages 12 and older - \$4
#18870 Jan 16 Su 2:00pm to 4:00pm

Latta Homeschoolers: What's The Reason They Are Not Freezin'?

We will learn the different ways that wildlife survives in the winter and we will explore the trials that these animals face during the cold winter months.
Ages 3 to 6 - \$3
#18879 Jan 19 W 9:30pm to 11:00pm
Ages 7 to 12 - \$3
#18878 Jan 19 W 9:30pm to 11:00pm

Fairy House Festival

Fairy Houses are whimsical habitats built by children, families, gardeners and nature lovers! This is a fun activity that everyone can enjoy and building fairy houses reconnects people with nature. Join us for this second annual festival—in your best fairy or gnome costume—that will inspire appreciation of the environment with storytelling, activities and games, all focused on fairies and nature!

All ages • **FREE** •

Latta Plantation Nature Preserve

#18941 Feb 12 Sa 10:00am to 4:00pm



Pre-K Gardeners: Our Feathered Friends

Ever wonder what you see when you look up at the sky? Children will gain an appreciation for our fantastic, feathery friends as they check out cool bird shapes, colors, sizes, and more.
Ages 3 to 6 - \$3
#18889 Jan 20 Th 10:00am to 11:00am

Brownie Girl Scout Camp-In

Explore the nature preserve, its nocturnal animals, and the night sky then camp-in at the nature center! Activities include earning your Space Explorer and Animals badges, and much more! A snack before bed and breakfast in the morning is included.
Ages 7 to 9 - \$30
#18890 Jan 21 - 22 F, S 6:00pm to 9:00am

Early Morning Owl Walk

Wake up early Sat morning to catch the sights and sounds of our local owls before they settle down for the day. Join our nature center staff as we go out in search of great horned, barred and screech owls.
Adults - \$4
#18891 Jan 22 Sa 5:00am to 7:30am

Winter Tree ID

Want to know how to ID trees in the winter? Come join our naturalist on a hike and learn techniques to ID trees where there are no leaves on them.
Terrain: Easy to moderate, 1.5 - 2 miles
Ages 18 and older - \$4
#18894 Jan 23 Su 2:00pm to 4:00pm

Nature's Folklore: Animal Weather Predictions

Can groundhogs predict how long winter will last? Can crickets tell you the temperature? Find out the answers to these questions and more as we explore how people use animals to help predict the weather.
Ages 5 and older - \$4/adult, - \$3/child
#18898 Jan 30 Su 2:00pm to 3:30pm

Pre-K Eco-Crew: Hamburger Plant

Is there such a thing as a hamburger plant? Come discover where our food comes from and learn how we depend on plants as our source of food.
Ages 3 to 6 - \$3
#18900 Feb 2 W 1:00pm to 2:30pm

Homeschool Eco-Crew: You Are What You Eat

Ever wondered what all those big words on the back of your cereal box mean? What exactly is a Twinkie? We will investigate some common grocery items, learn about seasonal and local foods, and plant some seeds for spring!
Ages 7 to 12 - \$3
#18899 Feb 2 W 1:00pm to 2:30pm

Homeschool Gardeners: The Art Garden

Plants have been inspiring people throughout time. We will get creative by using plants from the garden to make different types of crafts.
Ages 7 to 12 - \$3
#18901 Feb 3 Th 1:00pm to 2:30pm

O.A.T.S: Stone Mountain Hike

We are off to Roaring Gap, North Carolina, two hours northeast of Charlotte to Stone Mountain State Park. Then, we will hike the 4.5 mile Stone Mountain Loop Trail, highlighted by the Hutchinson Homestead and a 200 foot waterfall. Transportation provided.
Ages 12 and older - \$10
#18875 Feb 5 Sa 7:00am to 6:00pm

NOTE

All programs require pre-registration unless otherwise noted. For more information or to register call Latta Plantation Nature Center.

Check out Latta Plantation Nature Center on Facebook for upcoming events and pictures of events and wildlife.

facebook

Walk with a Naturalist: Exploring Cowan's Ford

Are you interested in the natural world around you? Would you like to notice more when you are outside? Join us on these Sat excursions that will focus on observing, exploring and appreciating the world around us. Terrain & Distance: Moderate, approximately 1.5 - 3 miles.
All ages • **FREE** •
#19306 Feb 5 Sa 10:00am to 11:30am

Feed the Birds!

Feb is National Bird-Feeding Month so join us at the nature center as we explore different types of homemade bird feeders and make some to take home. Also, get tips and tricks on how to successfully feed and watch birds.
All Ages - \$2
#18923 Feb 5 Sa 1:00pm to 2:00pm

Warm and Fuzzies

It is winter and our wild mammals have thick, fuzzy fur this time of the year. Come learn about some of these mammals and get a chance to touch furs in the nature center.
Ages 3 to 6 - \$3
#18926 Feb 6 Su 1:00pm to 2:00pm

Tails on the Trail: Hill Trail

Get Fido out of the house! Your canine companion will discover interesting scents and fascinating creatures on these monthly hikes that are designed to be fun and provide your dog with crucial socialization. Current rabies vaccination required. No aggressive dogs, please.
Terrain: Easy to moderate, 1.5 to 2.0 miles
Adult • **FREE** •
#18927 Feb 13 Su 2:00pm to 3:30pm

Latta Homeschoolers: Rockin' Rocks

The earth is covered with rocks and minerals, but how can we tell one from another? Become a geologist and discover how rocks were formed, and what types can be found.
Ages 3 to 6 - \$3
#18935 Feb 16 W 9:30 to 11:00pm
Ages 7 to 12 - \$3
#18936 Feb 16 W 9:30 to 11:00pm

Pre-K Gardeners: Garden Fun

Being in a garden can be fun. We will make crafts from plants in the garden, discover what we might find in a winter garden, and play a game or two.
Ages 3 to 6 - \$3
#18937 Feb 17 Th 10:00am to 11:00am

Girl Scouts: All About Birds Patch

Earn your "All About Birds" Interest Patch at Latta Plantation Nature Center! Scouts will learn everything they need to know to be a successful bird-watcher, culminating in a trip to Cowan's Ford Wildlife Refuge to conduct a bird count! Lunch will be provided.
Ages 12 to 18 - \$12
#18940 Feb 26 Sa 10:00am to 3:00pm

Nature Nook: Box Turtle At Long Pond"

Listen to the story, make a craft, and learn all about turtles in this monthly series.
Ages 3 to 6 - \$2
#18966 Feb 19 Sa 1:00pm to 2:00pm

Sensory Explorers

Let your little ones explore nature with their senses through a variety of sensory games, activities, and crafts.
Ages 4 to 10 - \$3
#18967 Feb 20 Su 2:00pm to 3:00pm

Woodcock Walk

One of the earliest indicators of spring is the nightly "sky dance" of the American Woodcock. Join us as we watch this aerial acrobat spiral 300 feet into the air then perform zigzags and loop-the-loops as he comes back down to earth.
Terrain: Easy, 1.0 mile
Ages 8 and older - \$3/child, - \$4/adult
#18968 Feb 24 Th 6:00pm to 7:30pm

Girl Scouts Interest Patch: All About Birds

Earn your "All About Birds" Interest Patch at Latta Plantation Nature Center! Scouts will learn everything they need to know to be a successful bird-watcher, culminating in a trip to Cowan's Ford Wildlife Refuge to conduct a bird count! Lunch will be provided.
Ages 12 to 18 - \$12
#18940 Feb 26 Sa 10:00am to 3:00pm

Totally Turtles

Discover some of the hard-shelled critters of Mecklenburg County and meet some close up.
Ages 4 and older • **FREE** •
#18969 Feb 27 Su 2:00pm to 3:00pm



Reedy Creek Nature Center



2900 Rocky River Road,
Charlotte, NC 28215
704.598.8857

Winter Hours: Dec-Feb:
Open Tues-Sat 9:00 am to 5:00pm,
Sun 1:00pm to 5:00pm
Also Closed on 12/24/10 & 12/25/10

All programs meet at Reedy
Creek Nature Center unless
otherwise noted.

Family Nature Club: Your Very Own Story

Nature provides a free fun family entertainment. Not to mention a stress relieving, calorie burning outlet. Come experience all the benefits of nature together as a family in the family nature club.

All ages • **FREE** •
#19136 Dec 15 W 1:00pm to 2:00pm

Reedy Creek Garden Club

Come out and help our naturalist make the garden look beautiful. Activities may include watering and transplanting, weeding, or deadheading. Long pants and closed toed shoes are recommended. Dress for the weather

All ages • **FREE** •
#19139 Dec 15 W 2:30pm to 3:30pm
#19140 Jan 5 W 2:30pm to 3:30pm
#19141 Feb 9 W 2:30pm to 3:30pm

Project Wild

This K-12 interdisciplinary program emphasizes wildlife. The goal of Project WILD is to assist students of any age in developing awareness, knowledge, skills, and commitment to result in informed decisions, responsible behavior, and constructive actions concerning wildlife and the environment. Home School Leaders, Day Care providers, moms, dads, teachers and environmental educators, this program is for you! You will receive the curriculum and activity guide upon completion of this course.

Ages 18 and up • **FREE** •
#19142 Dec 18 Sa 9:00am to 3:00pm

Winter Reedy Hike

Hike your holiday stress out with this brisk hike through Reedy Creek Nature Preserve. Participants must be able to hike 4 - 5 miles on uneven terrain.

Ages 12 and older • **FREE** •
#19144 Dec 18 Sa 10:00am to Noon

Winter Wildlife Hike for Families

Join a naturalist on a fun filled hike exploring the trails of Reedy Creek. We will focus on the wildlife that inhabit the preserve. Participants must be able to hike 2 miles on uneven terrain.

All Ages • **FREE** •
#19143 Dec 18 Sa 2:00pm to 3:30pm

Hike for Your Health

Get outside, get moving, get healthy! Fresh air, sunshine, beautiful surroundings and wonderful people are included! This is a medium to fast pace walk.

Ages 12 and older • **FREE** •
#19090 Dec 7 Tu 5:00pm to 6:00pm
#19091 Dec 14 Tu 5:00pm to 6:00pm
#19092 Dec 21 Tu 5:00pm to 6:00pm
#19093 Dec 28 Tu 5:00pm to 6:00pm
#19097 Jan 4 Tu 5:00pm to 6:00pm
#19098 Jan 11 Tu 5:00pm to 6:00pm
#19099 Jan 18 Tu 5:00pm to 6:00pm
#19100 Jan 25 Tu 5:00pm to 6:00pm

Yoga in the Preserve

Enjoy gentle flow style yoga surrounded by nature. The sights and sounds will set the mood for you to unwind and breathe. Classes will be inside during winter and/or inclement weather.

Ages 16 and older \$8/drop-in or \$25 month
#19111 Ongoing Tu 6:15pm to 7:15pm
#19112 Ongoing Tu 6:15pm to 7:15pm
#19147 Jan 8 Sa 10:00am to 11:00am
#19148 Feb 20 Su 2:00pm to 3:00pm



Holiday Open House

Our annual Holiday Open House will feature green gift ideas, crafts, fireside stories, a special visit from Santa, trail hikes and more! Come out and celebrate this time of year with your Reedy Creek Family!

All Ages • **FREE** •
#19109 Dec 4 Sa 11:00am to 2:00pm

Mother's Morning Out

Children will play games, make natural crafts, have a snack and play in the Nature Center and Preserve while Mom gets some quality time for herself. Christmas is just around the corner! Children must be potty-trained.

Ages 4 and over - \$5
#19110 Dec 7 Tu 9:00am to 11:30am

Creature Feature: Animal Tales

Learn about how our animal friends survive through the winter. Class includes story time, short hike and a craft.

Ages 5 to 7 - \$2
#19116 Dec 8 W 10:00am to 11:00am

Biodiversity Hike:

Lake Norman State Park

Join us for an adventure to the state's largest man-made lake. We will hike 6.7 miles in search for some of the 800+ species of plants and animals found within the park.

Ages 16 and older - \$5
#19119 Dec 11 Sa 8:00am to 5:00pm

"Reedy Creek Is a Special Place"

Photo Display

Find out why Reedy Creek Nature Preserve is a special place. A local photographer will have his collection of digital photos on display. See what you have been missing at Reedy Creek!

All Ages • **FREE** •
#19122 Dec 12 Su 1:30pm to 4:30pm.

Home School Special: Beetle Mania!

When is a worm not a worm? When it's really a beetle! Observe the growth of these amazing insects. Fee includes art project and materials.

Ages 5 to 7 - \$5 per student
#19123 Dec 14 Tu 1:30pm to 3:30pm

Home School Special: Geocaching

Discover the exciting past time of geocaching. Join us as we search for the caches in Reedy Creek Nature Preserve.

Ages 8 to 12 - \$5
#19125 Dec 14 Tu 1:30pm to 3:30pm

Back Packin' Babes

Moms, Dads, this means you... and your baby too! Bring your baby carrier and come hike the trails with a naturalist. Trails are not stroller accessible. Must be able to hike (with baby) 1-3 miles on uneven terrain. Dress you and your baby for the weather.

Ages 3 and under • **FREE** •
#19127 Dec 15 W 9:00am to 10:00am
#19128 Dec 21 Tu 9:00am to 10:00am
#19129 Jan 11 Tu 9:30am to 10:30am
#19130 Jan 20 Th 9:30am to 10:30am
#19164 Feb 10 Th 9:30am to 10:30am
#19165 Feb 16 W 9:30am to 10:30am

Nature's Play

Bring the kids to play the natural way! While the kids play, meet others and find out the latest news on organic and natural parenting. Dress for weather. Adults must remain with children at all times.

Ages 5 and under • **FREE** •
#19133 Dec 15 W 10:00am to 11:30am
#19134 Jan 5 W 10:00am to 11:30am
#19135 Feb 9 W 10:00am to 11:30am



Reedy Creek Nature Center

Out of School Special Green Gifts

Sometimes a gift that is hand made is the most appreciated. Participants in this session will create hand made gifts for their loved ones using biodegradable and organic materials. For more information, contact Nicole_Sanders@ncsu.edu or 704.336.2082 at Armory Training Facility
Ages 6 to 13 - \$3 per student
#16442 Dec 22 W 9:00am to 11:00am
#16445 Dec 22 W 1:00pm to 3:00pm

Hikin' in the New Year

Kick-off your New Year with a brisk hike through your neighborhood nature preserve.

• **FREE** •
#19146 Jan 1 Sa 10:00am to Noon
Family friendly 1 - 2 mile hike. All ages
#19145 Jan 1 Sa 2:00pm to 3:30pm
Medium to fast pace hike of 4 - 5 miles
ages 12 - older

Field Studies Series: Christmas Bird Count

We will join Audubon on their longest birding adventure in history, the Christmas Bird Count. We will teach you the basics of bird watching and binocular use. Binoculars, field guides, & transportation to the site will be provided. Please wear comfortable shoes and warm clothing. Bring a snack and a water bottle (This activity fulfills the field studies requirement for Environmental Education Certification.)
Ages 18 and up • **FREE** •
#19149 Jan 2 Su 1:00pm to 4:00pm

Family Nature Club: Texture Adventure

Nature provides a free fun family entertainment. Not to mention a stress relieving, calorie burning outlet. Come experience all the benefits of nature together as a family in the family nature club.
All Ages • **FREE** •
#19137 Jan 5 W 11:30am to 1:00pm

Open Classroom: Winter Survival

Learn about how animals survive through the winter. The classroom will be open and set-up with displays, activities and crafts to help you understand how our friends survive the harsh conditions.
All ages • **FREE** •
#19150 Jan 8 Sa 2:00pm to 4:00pm

Home School Special: Look at that Beak!

And those feet too! Learn how birds use their beak and feet to help them survive in the wild. Fee includes art project and materials.
Ages 5 to 7 - \$5 per student
#19155 Jan 11 Tu 1:30pm to 3:30pm

Home School: Frog Watch

Discover another exciting citizen science project! Frogs and toads not only fascinate us but they also tell us a lot about our environment. Find out how you can help scientist to learn more about them!
Ages 8 to 12 - \$5
#19156 Jan 11 Tu 1:30pm to 3:30pm



Creature Feature: Feelin' Froggy

Come out and learn about your frog and toad friends and why they are so important! Class includes a craft.
Ages 5 to 7 - \$2
#19117 Jan 5 W 10:00am to 11:00am

Owl Moon Who-who-who-who?

Will someone answer?

Join us at Reedy Creek Nature Preserve to read the story Owl Moon and go owling too.
Ages 5 to 7 • **FREE** •
#19151 Jan 12 W 3:30pm to 4:30pm

Field Studies Series:

Pee Dee Winter Water Fowl Watch

Join us as we watch wintering waterfowl (birds that is) at Pee Dee National Wildlife Refuge. Participants will be provided binoculars and field guides as well as transportation to the site. Please wear comfortable shoes and warm clothing. Bring a bag lunch, snacks, and a water bottle. (This activity fulfills the field studies requirement for Environmental Education Certification.)
Ages 18 and older - \$10 per participant
#19152 Jan 15 Sa 9:30am to 4:30pm

Environmental Educator Series: Project Food, Land & People (FLP)

Project Food, Land & People promotes approaches to learning to help people better understand the interrelationships among agriculture, the environment and people of the world. Call 704.687.8818 with questions. Bring a bag lunch Saturday.
Ages 18 and up Register online at <http://education.uncc.edu/cmste/ee>
\$30 includes materials and dinner on Thursday.
Jan 20 Th 4:30pm to 8:00pm
Jan 22 Sa 8:30am to 3:30pm

Home School Special: Cloud Watching

All clouds are made up of tiny droplets of water. Yet clouds come in all shapes and sizes and bring different kinds of weather. Join us to kick back and cloud watch. Fee includes art project and materials. Dress for the weather.
Ages 5 to 7 - \$5 per student
#19158 Jan 25 Tu 1:30pm to 3:30pm

Biodiversity Hike: Broad River Greenway

This month's adventure brings us to the 1,500-acre greenway along the Broad River in Cleveland County. We will hike along an excellent scenic river nature trail. Participants must be able to hike 6 - 7 miles on uneven terrain. Hike is easy to moderate.
Ages 16 and older - \$10
#19120 Jan 22 Sa 8:00am to 6:00pm

Home School: Salamanders

Enter the exciting world of the salamander! Discover what makes this amazing critter unique and what you can do to help protect its habitat.
Ages 8 and older - \$5
#19157 Jan 25 Tu 1:30pm to 3:30pm

Groundhog Day!

Will he see his shadow? Come celebrate Groundhog Day with us and find out! We will make a craft, play games, read stories, and have a snack.
All Ages, • **FREE** •
#19153 Feb 2 W 10:00am to 11:00am
#19154 Feb 2 W 11:30am to 12:30pm

Biodiversity Hike: Sumter National Forest

Join us as we explore this beautiful treasure in South Carolina! Participants must be able to hike 6 - 7 miles on uneven terrain. Hike is easy to moderate.
Ages 16 and older - \$10
#19121 Feb 5 Sa 8:00am to 6:00pm

NOTE

Many programs require registration and have limited space available. To ensure that you can participate, please register by calling 311 or 704.336.7600. All programs require pre-registration unless otherwise noted. For more information, call Reedy Creek Nature Center at 704.598.8857. You can also register online at www.parkandrec.com.

For the Love of Birds!

Get ready for the big count! Learn how to use binoculars and identify the birds at your feeders. The Great Backyard Bird Count runs Feb 10-14. Help scientists learn about the health of bird populations and our overall environment. Come find out how!
All Ages • **FREE** •
#19160 Feb 5 Sa 9:00am to 10:30am

Winter Rock House Hike

Take a winter break! Explore the beauty of winter on a three-mile hike to the ruins of the Robinson Rock house. Bring a lunch to enjoy while imagining life in the time of King George.
All Ages • **FREE** •
#19159 Feb 5 Sa 11:00am to 12:30pm

The Winter Blues

Many bluebirds can be seen in North Carolina in winter. Join us as we create winter pudding for the birds. Their nesting season starts soon! Help them get a good start.
All Ages • **FREE** •
#19161 Feb 6 Su 1:30pm to 4:30pm

Home School Special: Great Backyard Birds!

Find out how easy to become an ornithologist...a bird scientist, that is. Learn to use binoculars and to identify common backyard birds that you can count from home. This will help scientists during the Great Backyard Bird Count Feb 18-21st. Fee includes art project and materials.
Ages 5 to 7 - \$5 per student
#19162 Feb 8 Tu 1:30pm to 3:30pm

Home School: Great Backyard Bird Count

This class will prepare the students to participate in the upcoming Great Backyard Bird Count. Students will learn birding techniques, identification and citizen science opportunities.
Ages 8 to 12 - \$5
#19163 Feb 8 Tu 1:30pm to 3:30pm

Family Nature Club: Birding Bonanza

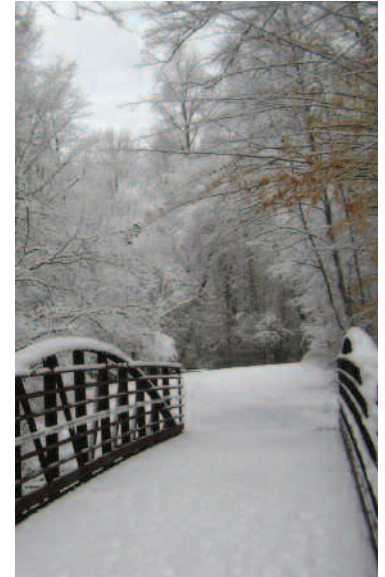
Nature provides a free fun family entertainment. Not to mention a stress relieving, calorie burning outlet. Come experience all the benefits of nature together as a family in the family nature club.
All Ages • **FREE** •
#19138 Feb 9 W 11:30am to 1:00pm

Creature Feature: Salamanders

Salamanders are fascinating creatures that are seldom seen. Join us for a story and craft to learn more about these exciting animals.
Ages 5 to 7 - \$2
#19118 Feb 16 10:00am to 11:00am

Great Backyard Bird Count for Seniors

This class will prepare you to participate in the upcoming Great Backyard Bird Count. Instruction will be on birding techniques, identification and citizen science.
Ages 55 and older • **FREE** •
#19166 Feb 18 F 9:00am to 10:30am



Great Backyard Bird Count for Adults

This class will prepare you to participate in the upcoming Great Backyard Bird Count. Instruction will be on birding techniques, identification and citizen science.
Ages 16 and older • **FREE** •
#19167 Feb 19 Sa 9:00am to 10:30am

Great Backyard Bird Count for Families

This class will prepare you to participate in the upcoming Great Backyard Bird Count. Instruction will be on birding techniques, identification and citizen science.
All ages • **FREE** •
#19168 Feb 19 Sa 1:00pm to 2:30pm

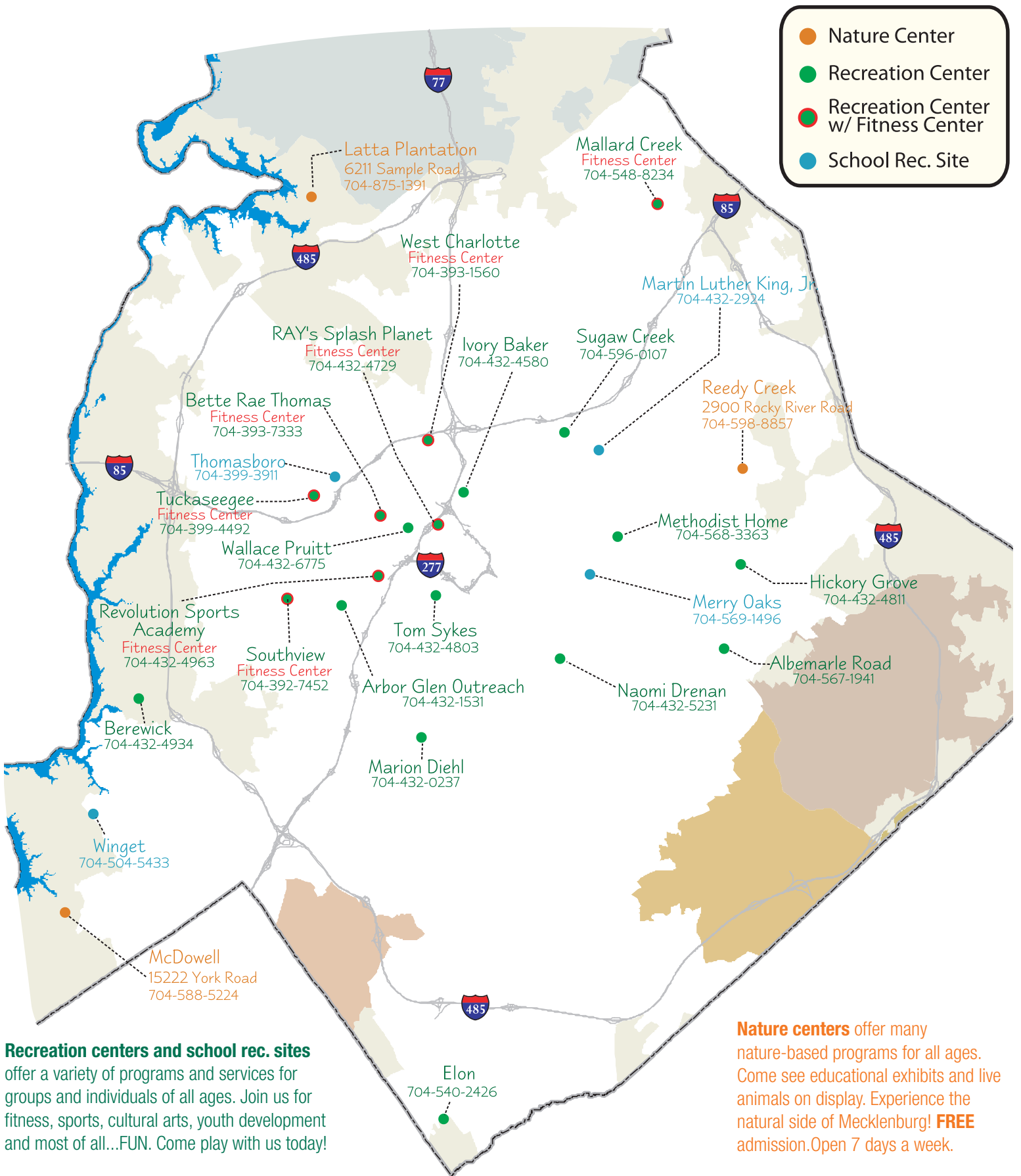
Home School Special: Nature's Recycler

Mother Nature recycles everything! Come see for your self how Mother Nature will help you recycle your garbage and turn it into fertilizer called "compost." We will investigate the nature center's pile and learn how to make one at home. Fee includes art project and materials.
Ages 5 to 7 - \$5 per student
#19169 Feb 22 Tu 1:30pm to 3:30pm

Home School: Owls

Learn about the variety of owls that inhabit Mecklenburg County. We will learn about their natural history, current research and even sort through some owl pellets!
Ages 8 to 12 and older - \$5
#19170 Feb 22 Tu 1:30pm to 3:30pm

Mecklenburg County Recreation Centers & School Recreation Sites



Recreation centers and school rec. sites offer a variety of programs and services for groups and individuals of all ages. Join us for fitness, sports, cultural arts, youth development and most of all...FUN. Come play with us today!

Nature centers offer many nature-based programs for all ages. Come see educational exhibits and live animals on display. Experience the natural side of Mecklenburg! **FREE** admission. Open 7 days a week.

RECREATION CENTERS AND SCHOOL RECREATION SITES

Hours vary at each recreation center.
Some offer room rentals for birthday parties
and events. Call the recreation center for
rates, or visit www.parkandrec.com

	Gymnasium	Multi-purpose Room	Kitchen	Fitness Center	Pool/ Water park	Computer Lab	Youth Activity Room	Ray's Playhouse	Lockers/Showers	Performing Arts Room	Stage	Dance Studio
Albemarle Road Recreation Center 5027 Idlewild Road North	●	●	●				●					
Arbor Glen Outreach Center 1520 Clanton Road	●	●										
Berewick Recreation Center 5910 Dixie River Road	●	●						●			●	
Bette Rae Thomas Recreation Center 2921 Tuckaseegee Road	●	●	●	●		●	●					
Elon Recreation Center 11401 Ardrey Kell Road	●	●	●				●					
Hickory Grove Recreation Center 6709 Pence Road	●	●				●		●			●	
Ivory Baker Recreation Center 1920 Stroud Park Court	●	●				●						
Mallard Creek Recreation Center 2530 Johnston-Oehler Road	●	●	●	●		●		●				
Marion Diehl Recreation Center 2219 Tyvola Road	●	●	●		●				●			
Martin Luther King Jr. School Recreation Site 500 Bilmark Avenue	●	●										●
Merry Oaks School Recreation Site 508 Draper Avenue	●	●				●						
Methodist Home Recreation Center 3200 Shamrock Drive	●	●	●									
Naomi Drenan Recreation Center/ Grayson SkatePark 750 Beal Street	●	●	●				●					
Ray's Splash Planet 215 N Sycamore Street	●	●		●	●							●
Revolution Park Sports Academy 1225 Remount Road												
Southview Recreation Center 1720 Vilma Street	●	●	●	●		●		●				
Sugaw Creek Recreation Center 943 W. Sugar Creek Road	●	●	●									
Thomasboro School Recreation Site 538 Bradford Drive	●	●										
Tom Sykes Recreation Center 1501 Euvlid Avenue	●	●								●	●	●
Tuckaseegee Recreation Center 4820 Tuckaseegee Road	●	●		●			●		●			
Wallace Pruitt Recreation Center 440 Tuckaseegee Road	●	●	●				●	●				
West Charlotte Recreation Center 2400 Kendall Drive	●	●	●	●			●					
Winget School Recreation Site 12235 Winget Road	●											

Therapeutic Recreation



Young Athletes Program

Young Athletes is a unique inclusion program offered to Charlotte preschoolers through a partnership with Special Olympics North Carolina. Throughout the 2010-2011 school year we're providing skill development programs that focus on running, jumping, balancing, catching, throwing, kicking, and striking. Young Athletes also works toward increasing disability awareness and preparing young children to participate in team sports. We will celebrate the end of the school year and the children's accomplishments with a Young Athletes Field Day in the spring...a free special event focusing on family fun and community awareness. For more information, please contact Angela.Conti@MecklenburgCountyNC.gov or 704.432.4329.



Therapeutic Recreation Programs and Activities

All about the Arts

Are you interested in theater? What about singing or set design? Ever thought that photography was something you wanted to learn more about? All About the Arts is all about creative expression and fun! For more information on getting in touch with your creative side, contact Peggy.Walker@MecklenburgCountyNC.gov or 704.432.4331



Adaptive Sports

Come out and join us for year-round adapted sports for youth (6-12 years old), teens (13-21 years old), Young Adults (22-35 years old) and Adults with disabilities. We offer: Challenger Flag Football, Tennis, Soccer, adult Softball, Basketball and Baseball. And we are always looking to offer more sports just to get you involved! To learn more about the Adaptive Sports program, please contact Margot.Howell@MecklenburgCountyNC.gov or 704.432.4328.

Pool Pals

Make a splash! The Therapeutic Recreation Section is offering a new and exciting pool-based program for preschool (2-5 years old) and youth (6-12 years old) with disabilities. Pool Pals is a unique pool-based program that provides a positive water experience where youth can socialize, acclimate to the water, play games and have fun. The program focuses on peer interaction and promotes basic water skills in a fun environment. For more information on Pool Pals, please contact Jana.McMullen@MecklenburgCountyNC.gov or 704.432.4330.



Don't forget to get on the mailing list so you can stay up to date!
Visit: <http://TR.Charmeck.org> to find out more about all the programs offered by Therapeutic Recreation. No matter what your age or what kind of disability you may have, we have programs that are sure to keep you involved in the community and having fun.

Pre-School



CULTURAL ARTS

Art Adventures

Build the fundamentals of art awareness and learn the "language" of art. Explore drawing, painting, collage, and construction. This course is designed around themes to develop imagination and observation skills. Parental participation required. For more information, contact Joel.Kent@MecklenburgCountyNC.gov or 704.432.4806. Ages 2 to 5 - \$2

Tom Sykes Recreation Center

#17348	Dec 7	Tu	1:00pm to 2:00pm
#18196	Dec 21	Tu	1:00pm to 2:00pm
#18197	Jan 4	Tu	1:00pm to 2:00pm
#18198	Jan 18	Tu	1:00pm to 2:00pm
#18199	Feb 1	Tu	1:00pm to 2:00pm
#18200	Feb 15	Tu	1:00pm to 2:00pm

Art: Paint Without Brushes

Kids will enjoy getting creative with paint. Paint your very own masterpiece. Must pre-register! Parent guided class. For information, contact Caroline.Carver@MecklenburgCountyNC.gov or 704.548.8234. Ages 2 to 6 - \$2

Mallard Creek Recreation Center

#17852	Dec 1	W	10:00am to 11:00am
#17853	Jan 5	W	10:00am to 11:00am
#17854	Feb 2	W	10:00am to 11:00am

Art: Sponge Painting

Get messy and creative with paint. This is a parent guided class. Clothing may get stained - dress appropriately. For information, contact Caroline.Carver@MecklenburgCountyNC.gov or 704.548.8234. Ages 2 to 6 - \$2

Mallard Creek Recreation Center

#17855	Ongoing	M	10:00am to 11:00am
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Dance: Ballet

You remember their first steps, she'll remember her first plie; your child will enjoy learning ballet. The Royal Academy of Dance syllabus is taught by a trained professional dancer. For more information or to register contact Amanda Sheppard at ukmiz@aol.com or call 704.542.5777. Ages 3 to 5 - \$40

Elon Recreation Center

#17808	Ongoing	Th	3:00pm to 3:45pm
#17812	Ongoing	Th	4:15pm to 5:00pm
#17805	Ongoing	Tu	10:00am to 10:30am

Krafty Kids

Have fun learning and painting while making theme related crafts. Parent participation required. Pre-registration required. Ages 3 to 5 - \$3

Ivory Baker Recreation Center

#17480	Ongoing	M	5:00pm to 6:00pm
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Hickory Grove Recreation Center

#17463	Dec 7	Tu	10:30am to 11:30am
#18630	Jan 11	Tu	10:30am to 11:30am
#18631	Feb 22	Tu	10:30am to 11:30am

Mallard Creek Recreation Center

#17949	Ongoing	Tu	10:00am to 11:00am
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Music Together of Charlotte

Experience the joy of sharing music with your child as you both learn to sing, dance and play instruments together. For more information, contact musictogetherofcharlotte@gmail.com or 704.449.6761. Ages 18 months to 5 - \$185 per season

Tom Sykes Recreation Center

#16960	Call for schedule
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Parent and Tot Splash Time

Enjoy social time with parents and toddlers on various Mondays in the splash park. Sign in by 1pm to receive discounted admission. Visit RaysSplashPlanet.com for schedule. No registration

required. For more information, call 704.432.1138. Ages 1 to 5 - \$3

Ray's Splash Planet

#18673	Ongoing	M	10:00am to 3:00pm
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Tiny Tots Story Time

Enjoy an hour of interactive story time followed by an art or craft activity. Creativity will come alive, as social skills are developed. Ages 2 to 4 - \$2

Hickory Grove Recreation Center

#17544	Dec 1	W	10:00am to 11:00am
#17545	Dec 15	W	10:00am to 11:00am
#17546	Jan 5	W	10:00am to 11:00am
#17547	Jan 19	W	10:00am to 11:00am
#17548	Feb 2	W	10:00am to 11:00am
#17549	Feb 16	W	10:00am to 11:00am

EDUCATIONAL PROGRAMS

Spanish: For Preschoolers

Participants will be introduced to the Spanish words of colors, shapes, and body parts through interactive, creative and physical activities. For more information, contact Erica.Espinoza@MecklenburgCountyNC.gov or 704.548.8234. Ages 3 to 5 - \$18

Mallard Creek Recreation Center

#18251	Feb 7-Mar 7	M	11:00am to 11:45am
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FITNESS AND WELLNESS

Ray Fit Play

Tots will use their endless energy to engage in structured activities designed to enhance motor skills, balance, hand-eye coordination and overall fitness. Parental participation is required. For information, contact Erica.Espinoza@MecklenburgCountyNC.gov or 704.548.8234. Ages 2 to 5 - \$2

Mallard Creek Recreation Center

#18244	Ongoing	W	11:30am to 12:00pm
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Zumba for Preschoolers

Get your tot moving in this Latin inspired class. Zumba is a party! This course is based on two principles fun and moving. For more information, contact Erica.Espinoza@MecklenburgCountyNC.gov or 704.548.8234. Ages 4 to 6 - \$10

Mallard Creek Recreation Center

#18264	Ongoing	Th	10:30am to 11:15am
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Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Epark at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed. **COME** to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

Pre-School Programs and Activities

HOLIDAY ACTIVITIES

Santa is Coming to Town

The jolly one is making a stop at Ray's Playhouse. Join us for crafts, pictures and fun. For more information, contact

W.Penn@MecklenburgCountyNC.gov or 704.432.6775.

Ages 2 to 6 - \$2

Wallace Pruitt Recreation Center

#18105 Dec 17 F 10:00am to 12:00pm

SOCIAL ACTIVITIES

Mother's Morning Out

Children will play games, have a snack and enjoy the indoor playroom while mom has time to herself. Wear socks! Children must be potty trained. For information, contact

Caroline.Carver@MecklenburgCountyNC.gov or 704.548.8234

Ages 2 to 6 - \$8

Mallard Creek Recreation Center

#17979 Ongoing F 9:00am to 11:30am

Playdates at Ray's Playhouse

Themed parties include music and activities. Parent participation and pre-registration required. Includes daily pass for Ray's Playhouse.

Ages 3 to 5 - \$4

Hickory Grove Recreation Center

#17455 Dec 21 Tu 10:00am to 11:00am

#17456 Feb 11 F 10:00am to 11:00am

Ray Play

A great way for your tot to make new friends while playing with a variety of interactive, age-appropriate toys and games. Parental participation required.

Ages 2 to 6 - \$2

Methodist Home Recreation Center

#18148 Ongoing Tu 10:00am to 12:00pm

Wallace Pruitt Recreation Center

#18226 Ongoing Tu 10:00am to 12:00pm

Sugaw Creek Recreation Center

#19043 Ongoing Tu 10:00am to 12:00pm

Ray's Playhouse

Families are encouraged to interact and have fun in our Youth Activity Room. Enjoy age appropriate toys and get your child ready for school through play. Parent involvement required.

Ages up to 7 - \$1

Hickory Grove Recreation Center

#14559 Ongoing M 12:00pm to 5:30pm

Tuck's Tots

Join other preschoolers as we explore games, fun, and arts and crafts together. For more information, contact Sonia.Lemon@MecklenburgCountyNC.gov or 704.399.4492.

Ages 2 to 5 - \$2

Tuckaseegee Recreation Center

#17522 Ongoing Tu 10:00am to 11:00am



Photo by Chad Askew

RAY'S PLAYHOUSE

What a cool place for pre-schoolers to visit or have a birthday party....

**5 great sites...
different
amenities...**

Visit and play, \$2.00 or less per visit, or rent the playroom for a party for \$41.00 per hour!!!



Mallard Creek Recreation Center

2530 Johnston-Oehler Road
Charlotte, NC 28269
704-548-8234

Southview Recreation Center

1720 Vilma Street
Charlotte, NC 28208
704-392-7452

Wallace Pruitt Recreation Center

440 Tuckaseegee Road
Charlotte, NC 28208
Phone: 704-432-6775

Berewick Recreation Center

5910 Dixie River Road
Charlotte, NC 28278
Phone: 704-432-4934

Hickory Grove Recreation Center

6709 Pence Road
Charlotte, NC 28215
704-432-4811

VISIT OR CALL TODAY
SOME TIME RESTRICTIONS APPLY!!!

Elementary



4-H

4H Health & Fitness

Join the 4H group in learning about staying healthy and leading healthy lifestyles using health projects and activities (curriculum by the National 4H Cooperative). For more information, contact Sonya.Smith@MecklenburgCountyNC.gov or 704.393.7333.

Ages 5 to 14 • **FREE** •

Bette Rae Thomas Recreation Center

#18618 Ongoing Tu 4:00pm to 5:00pm

4-H Recreation Center Clubs

4-H program that exposes youth to science, social activities, civic and community service.

Ages 7 to 12 • **FREE** •

Wallace Pruitt Recreation Center

#17477 Ongoing W 4:00pm to 5:00pm

Hickory Grove Recreation Center

#17451 Dec 9 Th 4:30pm to 5:30pm

#17452 Jan 13 Th 4:30pm to 5:30pm

#17454 Feb 10 Th 4:30pm to 5:30pm

Club: 4-H Homeschool

Home-schooled students will use the "Treasures of 4-H" curriculum and complete a variety of activities in areas of plants, animals, foods, citizenship, communications, leadership and more. For more information, contact Malcolm.Sanders@MecklenburgCountyNC.gov or 704.432.4332.

Ages 6 to 16 - \$2

Marion Diehl Recreation Center

#17701 Ongoing F 11:00am to 1:00pm

AFTER SCHOOL PROGRAMS

YWCA Afterschool

The YWCA provides activities that are designed to educate, build confidence and character, and encourage healthy choices. Contact Ayesha Wilson for more information 704.494.7040

Sugaw Creek Recreation Center

Ages 5 to 12 • **FREE** •

#19007 Ongoing M-F 1:00pm to 6:00pm

YWCA Afterschool Program

The YWCA provides activities that are designed to educate, build confidence & character, and encourage healthy choices. For more information, contact Travis.Landrum@MecklenburgCountyNC.gov or 704.432.5231.

Ages 5 to 12 • **FREE** •

Naomi Drenan Recreation Center

#17737 Ongoing M-F 1:00pm to 6:00pm

ATHLETICS

Basketball & Beyond Clinics

Boys and girls will participate in basic fundamentals and individual basketball drills as they look to improve their overall skills.

Ages 8 to 10 - \$3

Hickory Grove Recreation Center

#17675 Dec 28 Tu 10:00am to 11:30am

Basketball Skills Challenge

Boys and girls will have the opportunity to showcase their dribbling, passing and shooting skills. Winners will receive trophies and awards. For more information, contact

Terence.McMurray@MecklenburgCountyNC.gov or 704.432.4580.

Ages 7 to 12 - \$2

Ivory Baker Recreation Center

#17155 Dec 4 Sa 10:30am to 1:30pm

Bette Rae Thomas Recreation Center

#18666 Dec 10 Sa 10:00am to 1:00pm

Basketball: MLK Youth Basketball Tournament

Annual MLK Weekend Youth Basketball Tournament. For more information contact

Ken Koonce at 704.432.4968 or

Ken.Koonce@MecklenburgCountyNC.gov

Ages 9 to 16 - \$85 per Team

#19201 Jan 14-17 F/Sa/Su Times Vary

Cheerleading: Cheerleading Clinic

Learn the fundamentals of cheerleading. For more information, contact Ariel

Henderson@MecklenburgCountyNC.gov or 704.432.4580.

Ages 6 to 12 - \$15

Ivory Baker Recreation Center

#17358 Jan 21 F 10:00am to 6:00pm

CIAA Women's Basketball

This activity is designed to encourage young women to excel in basketball on the center level in order to progress to the college level. Girls will get an opportunity to attend a women's college basketball game.

Ages 13 to 17 FREE

Winget School Recreation Site

#17383 Feb 22 Tu 4:00pm to 8:00pm

Fencing: Instructional lessons

Join the School of Fencing Group; learn the ins and outs of one of the world's oldest sports. Fencing is fast paced, exciting and challenging, but a safe and fun activity. For more information, call Adam Kuchavik at 704.654.6739 or www.schooloffencing.com.

Ages 7 to 8 - \$65

Elon Recreation Center

#17565 Ongoing M 5:30pm to 6:30pm

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Eparks at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed. **COME** to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.



Elementary Programs and Activities



Lacrosse Clinic

Learn the basic fundamentals of Lacrosse through hands on practice and video. For information, contact Cynthia.Smith-Perkins@MecklenburgCountyNC.gov or 704.596.0107.

Ages 8 to 18 • **FREE** •

Sugaw Creek Recreation Center

#18973 Dec 22 W 10:00am to 3:00pm

Martial Arts: Karate and Self Defense

Learn the basics of self-defense, gain self confidence through concentration and listening skills and improve your physical fitness through martial arts. For more information contact

Terence.McMurray@MecklenburgCountyNC.gov or 704.432.4580.

Ages 5 to 14 - \$46

Ivory Baker Recreation Center

#17678 Ongoing Tu 6:00pm to 7:30pm

CULTURAL ARTS

Art Adventures

Build the fundamentals of art awareness and learn the "language" of art. Explore drawing, painting, collage, and construction, designed around themes to develop your imagination and observation skills. For more information, contact

Joel.Kent@MecklenburgCountyNC.gov or 704.432.4806.

Ages 5 to 12 - \$2

Tom Sykes Recreation Center

#17344 Ongoing Tu 2:00pm to 3:00pm

Arts & Crafts 101

Make a variety of fun, creative and original artwork to be displayed.

Ages 7 to 12 - \$3

Berewick Recreation Center

#17441 Dec 1 W 6:00pm to 7:30pm

#17440 Dec 15 W 6:00pm to 7:30pm

#17442 Jan 12 W 6:00pm to 7:30pm

#17443 Jan 26 W 6:00pm to 7:30pm

#17444 Feb 9 W 6:00pm to 7:30pm

#17445 Feb 23 W 6:00pm to 7:30pm

#17445 Feb 23 W 6:00pm to 7:30pm

Hickory Grove Recreation Center

#17478 Dec 14 Tu 6:00pm to 7:30pm

#17481 Jan 14 F 4:30pm to 5:30pm

#18629 Feb 15 Tu 6:00pm to 7:30pm

African Dance

Participants will learn African dance and drumming while getting fit. For more information contact Oneak Mack at 704.299.7432.

Ages 6 to 12 • **FREE** •

West Charlotte Recreation Center

#18764 Ongoing Tu 6:30pm to 8:00pm



Dance School: KDK On The Road -

Offering a variety of dance classes consisting of jazz, ballet, lyrical, hip hop and tap for all ages and genders. For more information/registration, contact Patricia Brinson at 704.222.3872.

Ages 3 to 14 - \$25

Hickory Grove Recreation Center

#14471 Ongoing M 6:00pm to 7:00pm

Dance: Hip Hop Dance

ONGOING CLASS. This class is designed to promote coordination, confidence, artistic expression and physical fitness through the development of rhythmical awareness and dance education. For information contact Young Champions of America at 1.888.655.9404 or 919.535.8304

Hickory Grove Recreation Center

#17464 Ongoing W 5:30pm to 8:00pm

Mallard Creek Recreation Center

#17934 Ongoing W 6:00pm to 9:00pm

Dance: Making A Difference Everywhere (M.A.D.E.)

M.A.D.E. Making A Difference Everywhere, cheer and dance provides fun, structured classes that will help your child learn the basics of ballet, tap, hip-hop, jazz and cheer. Financial aid available. For more information, contact Eisha Williamson at madecheerdance@hotmail.com or 704.333.4062.

Ages 5 to 12 - \$5

Tom Sykes Recreation Center

#16972 Ongoing W 5:30pm to 8:30pm

Elon Recreation Center

#17814 Ongoing Th 6:00pm to 7:30pm

NC Dance Theatre REACH Program

North Carolina Dance Theater is providing dance instruction and performing opportunities. For more information, contact April Berry at 704.372.0101 x 109.

Ages 8 to 10 • **FREE** •

Albemarle Road Recreation Center

#18602 Ongoing W 4:00pm to 6:00pm

Ivory Baker Recreation Center

#17664 Ongoing M 4:00pm to 6:00pm

Naomi Drenan Recreation Center

#19376 Ongoing Tu 4:00pm to 6:00pm

Bette Rae Thomas Recreation Center

#19468 Ongoing Th 4:00pm to 6:00pm

EDUCATIONAL PROGRAMS

Academic Achievers

Designed for students who would like structured academic support in order to achieve their very best. For more information, contact Sonya Smith at 704.393.7333

Ages 7 to 18 • **FREE** •

Bette Rae Thomas Recreation Center

#18620 Ongoing M,W 3:00pm to 4:00pm

Dove Real Beauty Workshop for Girls

This program consists of mini workshops on self-esteem, peer pressure and real beauty. The goal is to assist them with developing a high level of self-esteem and confidence needed to be successful.

Ages 4 to 15 • **FREE** •

Bette Rae Thomas Recreation Center

#18663 Dec 18 Sa 12:00pm to 2:00pm

Homeschool: The Scoop

Homeschool group that meets on Mondays. For more information please contact Stacey Elliott at srselliott@me.com

Ages 6 to 13 - \$35

Elon Recreation Center

#17556 Ongoing M 12:00pm to 4:00pm

Rising Above

Young men learn leadership, life skills and goal setting with guest speakers, field trips and more! For more information contact, Keisha.Coxe@MecklenburgCountyNC.gov or 704.567.1941.

Ages 12 to 14 • **FREE** •

Albemarle Road Recreation Center

#17669 Ongoing W 6:00pm to 7:30pm

Science Made Fun

Participants will be able to explore various realms in the science field. For more information, contact Shawn.McCants@MecklenburgCountyNC.gov or 704.432.4811 \$3

Hickory Grove Recreation Center

#17448 Dec 2 Th 4:30pm to 5:30pm

#17449 Jan 6 Th 4:30pm to 5:30pm

#17450 Feb 3 Th 4:30pm to 5:30pm

FITNESS AND WELLNESS

Girls On The Run

Girls On The Run combines training for a 5K (3.1 miles) running race with healthy living education. The program instills self-esteem and strong values through health education, life skills development, mentoring relationships, and physical training. For more information, contact info@gotrcharlotte.org or 704.333.2566 or go to www.gotrcharlotte.org.

Ages 8 to 13 • **FREE** •

Hickory Grove Recreation Center

#14512 Ongoing Th 3:45pm to 5:00pm

Homeschool: Physical Education

Students will be exposed to a variety of physical fitness activities as they develop motor skills and learn the basic lead up skills to different sports such as baseball, tennis, basketball.

Ages 5 to 14 - \$10

Ivory Baker Recreation Center

#17486 Dec 7-Jan 26 Tu 12:30pm to 11:00am

Jump Rope Extravaganza

Participants will learn various techniques, choreographed and freestyle, while jump roping to the beat of the music.

Ages 6 to 12 • **FREE** •

Hickory Grove Recreation Center

#18633 Dec 4 Sa 1:00pm to 2:00pm

Mallard Creek Home School PE

This program gives the participant the opportunity to participate in a traditional P.E. class while meeting new friends. For more information, contact Antonio.Murphy@MecklenburgCountyNC.gov or 704.548.8234.

Mallard Creek Recreation Center

Grades PreK to 2nd - \$50

#17967 Ongoing Tu 11:00am to 11:45am

Grades 3rd to 5th - \$50

#17968 Ongoing Tu 1:00pm to 1:45pm

Martial Arts

Students are invited to learn martial arts and self-defense through this weekly session with Young Champions. For more information, contact Young Champions at 1.888.655.9404.

Ages 5 to 12 - \$5

Winget School Recreation Site

#17382 Ongoing Th 6:00pm to 7:00pm

Martial Arts: Little Ninjas Karate

Ongoing program After School Program where kids will have fun learning the basic skills, techniques and discipline of karate. Classes are conducted by trained instructors. For more information, contact Ernest Dukes at masterdukes@ctc.net or 704.796.8902.

Ages 5 to 12 - \$30

Tom Sykes Recreation Center

#16963 Ongoing M,W 3:00pm to 4:00pm

Martial Arts: Power Katz Self-Defense

Designed for students to learn self-defense skills and building self-confidence. For information, contact Jason West at 252.213.1717 or www.powerkatz.com

Ages 5 to 15 - \$7

Hickory Grove Recreation Center

#14449 Ongoing M 5:00pm to 8:00pm



Elementary Programs and Activities



Martial Arts: Young Champions

Students are invited to learn martial arts and self-defense. For information contact Young Champions at 1.888.655.9404.

Ages 4 to 14 - \$7

Mallard Creek Recreation Center

#17976 Ongoing Th 6:00pm to 8:30pm

Colonel Francis Beatty Park

#16898 Ongoing Tu 5:15pm to 8:30pm

Berwick Recreation Center

#16917 Ongoing Sa 12:00pm to 1:30pm

HOLIDAY ACTIVITIES

Gift Making Delights

Show your love by making a gift for someone special. Olema.Edwards@mecklenburgCountyNC.gov

Ages 7 to 12 - \$2

Arbor Glen Outreach Center

#17970 Dec 20 M 4:00pm to 5:30pm

Trip: First Night Charlotte

Trip to First Night Charlotte. Games, activities, and prizes for all participants. A parade opens the night events in uptown Charlotte. These events will take place at ImaginOn: The Joe & Joan Martin Center, Discovery Place, Spirit Square and other uptown Charlotte venues.

Ages 5 to 12 - \$2

Winget School Recreation Site

#17360 Dec 31 F 6:00pm to 8:00pm

Black History Jeopardy

Test your Black History knowledge in a Jeopardy-style setting. For more information, contact Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1533.

Ages 6 to 12 • **FREE** •

Arbor Glen Outreach Center

#18019 Feb 7,9 M,W 3:30pm to 4:30pm

SCHOOL DAY OUT (CMS)

Non-Movie Matinee

Students, come hang out with your friends, play games and have fun. Enjoy healthy snacks. For more information, contact Derrick.Montgomery@MecklenburgCountyNC.gov at 704.432.5231.

Ages 6 to 12 - \$5

Naomi Drenan Recreation Center

#17838 Jan 21 F 11:00am to 3:00pm

#17840 Feb 18 F 11:00am to 3:00pm

Play the Day Away

School's out, and all we want to do is play. We will enjoy arts and crafts, games, adventures and more. For more information contact,

Joel.Kent@MecklenburgCountyNC.gov or 704.432.4803.

Ages 5 to 12 - \$20

Tom Sykes Recreation Center

#17529 Dec 22 W 9:00am to 5:00pm

#17531 Dec 28 Tu 9:00am to 5:00pm

#17532 Dec 29 W 9:00am to 5:00pm

#17533 Dec 30 Th 9:00am to 5:00pm

#17534 Jan 17 M 9:00am to 5:00pm

#17535 Jan 21 F 9:00am to 5:00pm

#17536 Feb 18 F 9:00am to 5:00pm

#17537 Feb 21 M 9:00am to 5:00pm

Schiele Museum Trip

Youth will explore the many eras of history by looking at exhibits and more.

Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1531.

Ages 7 to 12 - \$12

Arbor Glen Outreach Center

#18708 Feb 18 F 11:00am to 3:00pm

Skate Trip

Come experience other area skate parks. For more information, contact

Derrick.Montgomery@MecklenburgCountyNC.gov or 704.432.5231.

Ages 6 to 12 - \$5

Naomi Drenan Recreation Center

#17841 Jan 21 F 12:00pm to 5:00pm



SOCIAL ACTIVITIES

Games Galore

An opportunity to play cards or board games and make new friends. For more information, contact Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1533

Ages 6 to 16 • **FREE** •

Arbor Glen Outreach Center

#18711 Ongoing W 3:00pm to 5:30pm

Gaming: Interactive Gaming

Sharpen your skills through interactive video games including the latest games. For more information, contact Joel.Kent@MecklenburgCountyNC.gov or 704.432.4806.

Ages 5 to 12 • **FREE** •

Tom Sykes Recreation Center

#17525 Ongoing Th 2:00pm to 4:00pm

Girl Scouts

The Girl Scout Leadership Experience engages girls in discovering self, connecting with others and taking action to make the world a better place. Build strong relationships with other girl scouts through service projects, fundraising, community activities, and field trips. For more information, contact

Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1533.

Ages 4 to 12 • **FREE** •

Arbor Glen Outreach Center

#18859 Ongoing W 4:00pm to 6:00pm

Spotlight Youth Team Sports

YOUTH BASEBALL & TEE BALL

REGISTRATION PERIOD:

Jan 31 – Feb 25 (Limited Spots Available)

FEES: \$65

AGE DIVISIONS:

4-6, 7-8, 9-10, 11-12

(Age as of August 1, 2011)

REGISTRATION:

Visit any recreation center and register on site, call 311 (outside Mecklenburg County dial 704.336.7600) or visit us online at www.parkandrec.com/activities/athletics/baseball.



All leagues are recreational and players compete in 2-year age groups. \$65 fee includes playing time, uniform and trophy. Call 311 for team and registration information.

Girl Scouts

Girls participate in fun scouting activities in a supervised and safe environment. For more information, contact

Derrick.Brown@MecklenburgCountyNC.Gov or at 704.568.3363.

Ages 5 to 12 • **FREE** •

Methodist Home Recreation Center

#18167 Ongoing Th 6:00pm to 7:00pm

Winget School Recreation Site

#19227 Ongoing Th 6:00pm to 7:15pm

Girl Scouts Daisies

In Girl Scouts, girls discover the fun, friendship, and power of girls together. Girl Scouting helps girls develop their full individual potential; relate to others with increasing understanding, skill, and respect; develop values to guide their actions and provide the foundation for sound decision-making; and contribute to the improvement of society through their abilities, leadership skills, and cooperation with others. For more information, contact Heather at hrowise@bellsouth.net.

Ages 5 to 6 - \$2 weekly \$12 registration

Tom Sykes Recreation Center

#18488 Ongoing 6:00pm to 7:30pm

Homeschool: Explore and Discover

Join other home schoolers and their parents for socials, club meeting and more. For more information contact Pat Robinson at scubamama@earthlink.net

Ages 5 to 18 • **FREE** •

Elon Recreation Center

#17559 Ongoing F 11:00am to 2:00pm

Lego Engineering

Learn by making and developing creative, social and expressive skills. We will work together to build cool projects. For more information, contact Joel.Kent@MecklenburgCountyNC.gov or 704.432.4806.

Ages 5 to 12 - \$2

Tom Sykes Recreation Center

#17340 Dec 14 Tu 2:00pm to 3:00pm

#17342 Jan 11 Tu 2:00pm to 3:00pm

#18793 Jan 25 Tu 2:00pm to 3:00pm

#17343 Feb 8 Tu 2:00pm to 3:00pm

#18797 Feb 22 Tu 2:00pm to 3:00pm

Ray's Wonderful Magic Discovery

Children can learn card tricks, magic, and more to impress and mystify their family and friends.

Ages 6 to 10 - \$2

Hickory Grove Recreation Center

#18634 Feb 26 Sa 11:00am to 12:00pm

Middle School



AFTER SCHOOL PROGRAMS

Greater Enrichment After School Program

Designed to provide participants with an atmosphere where they can focus on their school work and get academic support from tutors through the Greater Enrichment Program. For more information contact, Bronica Glover 704.334.8518

Ages 11 to 13 • **FREE** •

Wallace Pruitt Recreation Center

#17574 Ongoing W 3:00pm to 5:00pm

ATHLETICS

Fencing

Join the School of Fencing group and learn the ins and outs of one of the world's oldest sports. Fencing is fast paced, exciting and challenging, but a safe and fun activity. For more information, call Adam Kuchavik at 704.654.6739 or www.schooloffencing.com.

Ages 9 to 50 - \$65

Elon Recreation Center

#17562 Ongoing M 6:00pm to 7:00pm

Out of School Holiday Tournament

The 5th annual winter holiday basketball tournament, will be held during the schools' holiday break. For more information, contact Kenneth.Koonce@MecklenburgCountyNC.gov or 704.432.4968.

Ages 9 to 18 - \$85 per team

Multi-Complex

#19224 Dec 13-19 M-Su 9:30am to 4:30pm

CULTURAL ARTS

Cheer & Dance: Young Champions

Children will learn the basics and improve their current skills of cheer, dance, and stunts during this 17 week session with Young Champions. For more information contact Young Champions at 1.888.655.9404.

Ages 11 to 17 - \$5

Albemarle Road Recreation Center

#17633 Ongoing Th 6:00pm to 8:00pm

Berewick Recreation Center

#16291 Ongoing Th 5:30pm to 8:00pm

Mallard Creek Recreation Center

#17861 Ongoing Tu 6:00pm to 8:30pm

Cooking Connection

Participants will learn healthy cooking with a pinch of literacy and a dash of math. For more information, contact Biannca.Harrison-

Walker@MecklenburgCountyNC.gov or 704.393.1560.

Ages 13 to 17 - \$3

West Charlotte Recreation Center

#18769 Dec 16 Th 6:00pm to 7:00pm

#18770 Jan 20 Th 6:00pm to 7:00pm

#18771 Feb 17 Th 6:00pm to 7:00pm

Dance: Sky Hy Step and Drill Team

March, dance and drum with the beat of learning discipline, self esteem and competitive fun. For more information, contact 704.567.1941.

Ages 5 to 17 • **FREE** •

Albemarle Road Recreation Center

#17646 Ongoing Tu 4:00pm to 5:45pm

Modeling Classes

The modeling program will help to promote self expression, self awareness and self esteem for males and females. The program will allow participants to showcase their modeling skills. For more information call Azizah Hawkins at 704.605.5515.

Ages 12 to 18 - \$60

Tom Sykes Recreation Center

#17002 Ongoing Sa 11:00am to 1:00pm

EDUCATIONAL PROGRAMS

Give It To Me Str8 Teen Club

Talk about important issues, ask questions, and find solutions to everyday life experiences. For more information, contact

Olema.Edwards@MecklenburgCountyNC.gov or 704.336.3367.

Ages 13 to 18 • **FREE** •

Wallace Pruitt Recreation Center

#18283 Ongoing Sa 11:00am to 1:00pm

FITNESS AND WELLNESS

Martial Arts: Young Champions

Students are invited to learn martial arts and self-defense through this 16 week session with Young Champions. For more information contact Young Champions at 1.888.655.9404. \$7 registration

Ages 12 to 14 - \$5

Albemarle Road Recreation Center

#17652 Ongoing Tu 6:00pm to 8:00pm

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Eparks at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed.

COME to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

Middle School Programs and Activities



SCHOOL DAY OUT (CMS)

Basketball & Beyond Camp

Campers will participate in basic fundamental and individual skills.

Ages 11 to 12 - \$3

Hickory Grove Recreation Center

#17618 Dec 28 Tu 12:00pm to 1:30pm

Winter Basketball Clinic

Stay in shape on your winter break. Come out and have fun with your peers. For more information contact Kobeyeh.Riley@MecklenburgCountyNC.gov or call 704.567.1941.

Ages 6 to 18 - \$40

Albemarle Road Recreation Center

#19428 Dec 22 W 9:00am to 3:00pm

Hot Shot Basketball

Test your skills on the court. For more information, contact Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1533.

Ages 7 to 15 • **FREE** •

Arbor Glen Outreach Center

#18721 Dec 23 Th 1:00pm to 2:00pm

College Sports Live

Sport fanatics enjoy College Basketball Tours throughout Mecklenburg and surrounding counties, such as UNCC and Davidson, during winter holiday break. For more information, contact Kobeyeh.Riley@MecklenburgCountyNC.gov or 704.567.1941.

Ages 10 to 17

Price-\$48 for 2 games; \$60 for 4 games

Albemarle Road Recreation Center

UNCC vs. Maryland Eastern Shores

#19408 Dec 22 W 12:00pm to 2:30pm

UNCC vs. Wright State

#19439 Dec 22 W 7:30pm to 9:30pm

Davidson vs. St. Josephs

#19439 Dec 30 Th 7:00pm to 9:00pm

Davidson vs. UNCG

#19408 Dec 31 F 2:00pm to 4:00pm

Ski/Snowboard Trip

ROAD TRIP! We're headed to the mountains. Enjoy your day out of school in the fresh air, skiing and snowboarding with food and more. For more information, contact

Tari.Grinnell@MecklenburgCountyNC.gov at 704.432.0061.

Ages 12 to 17 - \$62/\$69

Methodist Home Recreation Center

#18088 Jan 21 F 6:00am to 9:00pm

Spa Day

Encourage adolescent girls to take initiative to have good hygiene. Provide a fun activity for adolescent girls to bond and encourage positive socialization skills. For more information, contact

Ariel.Henderson@MecklenburgCountyNC.gov or 704.432.4580

Ages 11 to 15 - \$2

Ivory Baker Recreation Center

#18672 Feb 18 F 12:00pm to 3:00pm

Mallard Creek Home School PE

This program gives the participant the opportunity to participate in a traditional P.E. class while meeting new friends. For more information, contact Antonio.Murphy@MecklenburgCountyNC.gov or 704.548.8234.

Grades 6th to 8th - \$50

Mallard Creek Recreation Center

#19470 Ongoing Tu 2:00pm to 2:45pm



SOCIAL ACTIVITIES

Girl Spirit Foundation

This program is for girls and is designed to build character and develop leadership skills. Join the fun with our girl talk session, field trips, special events and more. For more information, contact 704.567.1941

Ages 12 to 18 • **FREE** •

Albemarle Road Recreation Center

#19341 Ongoing W 6:00pm to 8:00pm

Rising Above Male's Mentoring

Young men learn leadership, life skills and goal setting with guest speakers, field trips and more! For more information contact, Keisha.Coxe@MecklenburgCountyNC.Gov 704.567.1941

Ages 12 to 18 • **FREE** •

Albemarle Road Recreation Center

#19372 Ongoing W 6:00pm to 8:00pm

Boy Scouts

The mission of the Boy Scouts of America and the Mecklenburg County Council is to prepare young people to make ethical choices over their lifetimes by instilling in them the values of the Scout Oath and Law. For more information, contact Craig.Louallen@MecklenburgCountyNC.gov or 704.432.6775.

Ages 10 to 18 • **FREE** •

Wallace Pruitt Recreation Center

#17366 Ongoing Tu 6:00pm to 7:00pm

Club: Divas

This female mentoring and social club includes a step team, fun trips, and educational activities. For more information, contact Kisha.Grier 704.953.1783 or Derichard.McCoy@MecklenburgCountyNC.gov or 704.399.4492

Ages 11 to 15 • **FREE** •

Tuckasegee Recreation Center

#17453 Ongoing M 6:00pm to 8:00pm

Club: Sista's Gonna Work It Out

Ongoing program. A female mentoring club meeting the 2nd and 4th Tuesday of each month. Develop life skills as well as relationships. For more information, contact Teresa.Farmer@MecklenburgCountyNC.gov or 704.432.1531

Ages 8 to 18 • **FREE** •

Arbor Glen Outreach Center

#18848 Ongoing Tu 6:30pm to 7:30pm

For Ladies Only

Come show us how good you are at different games, & teach life skills. Contact Kiana.Brooks@mecklenburgcountync.gov or 704.392.7452

Ages 12 to 14 • **FREE** •

Southview Recreation Center

#17412 Ongoing Tu 6:30pm to 7:30pm

Game Night

Come show us how good you are at different games, we will have board games, gaming systems and ping pong for you to play.

Ages 12 to 16 • **FREE** •

Ivory Baker Recreation Center

#17591 Ongoing Th 5:30pm to 8:00pm

Men Stepping Up

This mentoring program was formed to help male teens beat the struggles of everyday life. For more information, contact Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 14 to 18 • **FREE** •

Martin Luther King School Recreation Site

#17729 Feb 22 Tu 6:00pm to 7:45pm

Putting Your Right Foot Forward

Character building program designed to develop social values and life skills through the art of Stepping and/or Marching.

Ages 7 to 12 • **FREE** •

Hickory Grove Recreation Center

#17461 Ongoing Th 5:00pm to 6:00pm

Sugaw Creek Recreation Center

#18902 Ongoing W 6:00pm to 7:00pm

SV Teen Night (Middle School)

Come out for a night of games, competitions, snacks, arts & crafts, guest speakers and more. For more information, contact Kiana Brooks@MecklenburgCountyNC.Gov or 704.392.7452

Ages 12 to 14 • **FREE** •

Southview Recreation Center

#17425 Ongoing Tu 4:00pm to 5:30pm



High School



CULTURAL ARTS

Dance Academy

Participants will learn various dance techniques. For more information, contact Kiana.Brooks@MecklenburgCountyNC.gov or 704.392.7452.

Ages 15 to 17 • **FREE** •

Southview Recreation Center

#17418 Ongoing M 5:30pm to 7:30pm

Spoken Word of Truth

Do you rap, write poetry, freestyle, sing, write songs? Then this group is for you! SWOT is not your average teen group. Join us and show our community just how talented our generation can be! For more information, call 704.965.2124 or visit <http://spokenwordoftruth.webs.com>.

Ages 13 to 17 • **FREE** •

Tuckaseegee Recreation Center

#18086 Dec 17 F 3:00pm to 5:00pm
#18087 Jan 21 F 3:00pm to 5:00pm
#19440 Feb 18 F 3:00pm to 5:00pm

Spoken Word Cafe

Express yourself through spoken word. Poems, freestyles and theatrical skits are encouraged.

Ages 11 to 17 - \$2

Sugaw Creek Recreation Center

#18979 Dec 6,13 F 6:30pm to 7:30pm
#18980 Jan 3,10 F 6:30pm to 7:30pm

FITNESS AND WELLNESS

Teen Fitness Class

Challenging all teens to get fit and boost a healthy lifestyle with weight training and cardio equipment. For more information contact

Isaac.Moore@MecklenburgCountyNC.gov or 704.393.1560

Ages 13 to 17 • **FREE** •

West Charlotte Recreation Center

#18748 Ongoing W 4:00pm to 5:00pm

iFit: Foundation

Teens will challenge themselves to build a solid fitness foundation by performing exercises to improve strength, endurance, balance, flexibility and overall fitness. For more information, contact John.Kelly@MecklenburgCountyNC.gov or 704.399.4492.

Ages 12 to 17 - \$2

Tuckaseegee Recreation Center

#17519 Ongoing W 3:00pm to 4:00pm

Karate with Master Dukes

Have fun learning the basic skills, techniques and discipline of karate. Classes are conducted by trained instructors. For more information, contact Ernest Dukes at materdukes@ctc.net or 704.796.8902.

Ages 13+ - \$50

Tom Sykes Recreation Center

#16966 Ongoing T/Th 6:00pm to 8:00pm

Teen Fitness

This program is designed to educate teens about healthy habits and promote fitness through exercise and weight training. For more information, contact Justin.Jackson@MecklenburgCountyNC.gov or 704.393.7333.

Ages 13 to 17 - \$2

Bette Rae Thomas Recreation Center

#18603 Ongoing W 3:00pm to 5:00pm

We Rock Wednesdays!

Bring your teens out for a night of fun! We have a pool table, air hockey, foosball, board games, cards, movies, music and more.

Ages 9 to 18 • **FREE** •

Bette Rae Thomas Recreation Center

#18298 Ongoing W 7:00pm to 8:00pm

HOLIDAY ACTIVITIES

Teen Valentine Dinner

Participants come for a festive afternoon of holiday food, fun and dancing. For more information, contact Derrick.Brown@MecklenburgCountyNC.gov or 704.568.3363.

Ages 12 to 17 - \$8

Methodist Home Recreation Center

#18186 Feb 14 M 6:00pm to 8:00pm

SCHOOL DAY OUT (CMS)

Basketball & Beyond Skills Camp

Open to boys and girls. All camp participants will participate in skills and drills along with game situations and individual skills competitions. Advanced registration required. For more information, contact Shawn.McCants@MecklenburgCountyNC.gov or 704.432.4811.

Ages 13 to 16 - \$3

Hickory Grove Recreation Center

#17676 Dec 28 Tu 2:00pm to 3:30pm

College Sports Live

Sport fanatics enjoy College Basketball Tours during winter holiday break. For more information, contact Kobeyeh.Riley@MecklenburgCountyNC.gov or 704.567.1941.

Ages 10 to 17 - \$48 for 2 games; \$60 for 4 games

Albemarle Road Recreation Center

UNCC vs. Maryland Eastern Shores

#19408 Dec 22 W 12:00 PM to 2:30 PM

Davidson vs. UNCG

#19408 Dec 31 F 2:00 PM to 4:00 PM

UNCC vs. Wright State

#19439 W 7:30 PM to 9:30 PM

Davidson vs. St. Josephs

#19439 Th 7:00 PM to 9:00 PM

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on E-parks at

www.parkandrec.com

and use the course code number.

CALL 311 (704.336.7600) or the number listed.

COME to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

High School Programs and Activities



Bring the Rucker

Compete in an "AND1"-style basketball game to showcase your talent on the basketball court. Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1531

Ages 14 to 18 • **FREE** •

Arbor Glen Outreach Center

#18709 Dec 22, 23 T/W 1:00pm to 2:30pm

Drop In Sports

Girls and boys will play different sports: basketball, volleyball, kick ball, etc. For information, contact Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 14 to 18 • **FREE** •

Martin Luther King School Recreation Site

#17718 Dec 27-30 M-F 12:00pm to 4:00pm

Ski/Snowboard Trip

ROAD TRIP! We're headed to the mountains. Enjoy your day out of school in the fresh air, skiing and snowboarding. Meals are on your own. For more information, contact

Tari.Grinnell@MecklenburgCountyNC.gov or 704.432.0061.

Ages 12 to 17 - \$62/\$69

Methodist Home Recreation Center

#18088 Jan 21 F 6:00am to 9:00pm

SOCIAL ACTIVITIES

For Ladies Only Club

For girls, take part in activities that build self-esteem and teach life skills. Contact

Kiana.Brooks@MecklenburgCountyNC.gov or 704.392.7452

Ages 15 to 17 • **FREE** •

Southview Recreation Center

#17406 Dec 7	Tu	6:30pm to 7:30pm
#17407 Dec 21	Tu	6:30pm to 7:30pm
#17408 Jan 4	Tu	6:30pm to 7:30pm
#17409 Jan 18	Tu	6:30pm to 7:30pm
#17410 Feb 1	Tu	6:30pm to 7:30pm
#17411 Feb 15	Tu	6:30pm to 7:30pm

Girl Spirit Foundation of America

This program is for girls and is designed to build character and develop leadership skills. Join the fun with our girl talk session, field trips, special events and more. For more information, contact

704.567.1941. Ages 9 to 17 • **FREE** •

Albemarle Road Recreation Center

#17649 Ongoing Th 6:00pm to 7:30pm

BROTHAZ

BROTHAZ is a male mentoring program that creates a forum to give participants the opportunity to discuss various issues and do stimulating and fun activities.

For more information, contact Tra Grier 704.957.0073.

Ages 9 to 15 • **FREE** •

Tuckaseegee Recreation Center

#18290 Ongoing M 6:00pm to 7:00pm

SV Teen Night

Come out for an afternoon of games, competitions, snacks, arts and crafts, guest speakers and more. For more information, contact

Kiana.Brooks@MecklenburgCountyNC.gov or 704.392.7452.

Ages 15 to 17 • **FREE** •

Southview Recreation Center

#17422 Ongoing Tu 4:00pm to 5:30pm

Teen Thursday

Join us for games, karaoke, movies, themed activities and light refreshments with your friends. For information, contact

Tari.Grinnell@MecklenburgCountyNC.gov or 704.568.3363

Ages 12 to 17 - \$1

Methodist Home Recreation Center

#18107 Nov 4 Th 4:00pm to 6:00pm

Venturing

The mission of the Boy Scouts of America and the Mecklenburg County Council is to prepare young people to make ethical choices over their lifetimes by instilling in them the values of the Scout Oath and Law. For more information, contact

Craig.Louallen@MecklenburgCountyNC.gov or 704.432.6775.

Ages 10 to 18 • **FREE** •

Wallace Pruitt Recreation Center

#17550 Ongoing M 6:00pm to 7:00pm



The First Tee: For Golf and Life

The First Tee of Charlotte partners with Mecklenburg County Park and Recreation to offer golf instruction and mentoring of life skills to youth, ages 5-18. The First Tee has more than 200 chapters worldwide, and operates a Golf Learning Academy at Park and Recreation's Revolution Golf Course, 2661 Barringer Drive. This program reaches out to youth who otherwise might not learn the game. The First Tee stresses nine core values of honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy and judgment. For more information call 704.348.2515 or visit: www.thefirstteecharlotte.org.



Adults



ATHLETICS

Adult Volleyball

Participants will learn the basic fundamentals and current techniques of volleyball, as well as more advanced strategies to become a more successful, confident and stronger player. For more information contact the Marion Diehl Recreation Center at 704.432.0237.

Ages 18 to 54 - \$2

Marion Diehl Recreation Center

#17687 Ongoing M 6:00pm to 8:00pm

Basketball: Fellowship League

Fun, fellowship and friendly competition with running clock and referees at each game. For more information, contact

Clarence.Johnson@MecklenburgCountyNC.gov or 704.504.5433.

Ages 18+ - \$5

Winget School Recreation Site

#17369 Dec 28-30 T/W/Th 6:00pm to 8:00pm

Basketball: Adult Winter Basketball League

Mildly competitive basketball program for adults. Teams would represent Winget recreation site in the overall Park and Recreation League.

Ages 18+ \$10

Winget School Recreation Site

#17390 Feb 1-Mar 10 T/Th 6:00pm to 8:00pm



Basketball: Lunch Time Basketball

An opportunity to escape from work during lunch to relax and play a few rounds of basketball with others. For more information, contact

Nikole.Simmons@MecklenburgCountyNC.gov or 704.432.5231

Ages 18 to 65 - \$2

Naomi Drenan Recreation Center

#17846 Ongoing M-F 11:00am to 1:00pm

Basketball: Women's Basketball Workout

Ladies, get your game on and enjoy a basketball workout designed to teach you the fundamentals of the game.

Ages 18+ - \$2

Sugaw Creek Recreation Center

#18925 Dec 2 - Dec 16 Th 3:00pm to 5:00pm

Bring the Rucker

Compete in an "AND1" style basketball game to showcase your talent on the court. For more information, contact

Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1532

Ages 18 to 30 - \$2

Arbor Glen Outreach Center

#18710 Dec 22 W 5:00pm to 7:00pm

Men's Winter Basketball League

Adult Men's Basketball League played on Mondays at the Naomi Drenan Recreation Center. This program is run in partnership with Sports Connection. For more information contact Sports Connection at 704.583.1444 or at sportsconnectionnc.com or Aaron Cheeks at 704.336.7639.

Ages 18+ - \$552 per team

Naomi Drenan Recreation Center

#17725 Ongoing M 6:00pm to 9:00pm

Martial Arts: Karate

Students will learn self-confidence, discipline, and physical fitness through lessons from a certified black belt martial arts instructor. For more information, contact Sensei John Denver at 980.722.9381.

Ages 18+ - \$10

Tuckasegee Recreation Center

#17516 Ongoing S 10:00am to 2:00pm

CULTURAL ARTS

Bath Salt Workshop

This workshop will allow participants to create a product that will relax and soothe the body. For information, contact

Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 18+ - \$5

Martin Luther King School Recreation Site

#17720 Jan 12 W 6:00pm to 8:00pm

Dance Club

Come learn to line dance! Great exercise and lots of fun. No experience needed. For more information, contact Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1533.

Ages 30+ - \$4

Arbor Glen Outreach Center

#18621 Ongoing M 12:00pm to 2:00pm

Dance: Firehouse Cloggers

The Firehouse Cloggers may be of interest to you if you enjoy clogging and group dancing. Come participate with cloggers of all ages. For more information, contact Betty Knight at 704.366.4552.

Ages 18+ - \$31

Tom Sykes Recreation Center

#16990 Ongoing Th 6:00pm to 8:00pm



Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Eparks at

www.parkandrec.com

and use the course code number.

CALL 311 (704.336.7600) or the

number listed.

COME to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

Adults Programs and Activities

Oil Painting

Learn oil painting at your own pace with an emphasis on individual instruction from Joni Purk, with 25 years of painting experience. For beginner to advanced instruction, contact Joni at 704.394.1190 or go to www.purkartstudio.com.

Ages 18+ - \$20

Tom Sykes Recreation Center

#16996 Ongoing W 6:15pm to 8:45pm

Scrapbooking

Scrapbooking seeks to create positive memories and unique experiences for every participant in the program. For information, contact

Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 18+ - \$5

Martin Luther King School Recreation Site

#17721 Jan 19 W 6:00pm to 7:30pm

EDUCATIONAL PROGRAMS

Education: Bridge Lessons

Want to learn a new challenging card game and meet great people? Join the fun and learn to play bridge.

For information, contact Mary F. Johnson at 704.236.8584 or mif.johnson3@yahoo.com

Ages 18+ • **FREE** •

West Charlotte Recreation Center

#18735 Ongoing M 5:00pm to 8:00pm

Finding Your Roots Genealogy Clinic

Learn the proper technique and tools to discover your family roots. Gather information to pass on to future generations. For more information, contact

SonyaR.Smith@MecklenburgCountyNC.gov or 704.393.7333.

Ages 18+ • **FREE** •

Bette Rae Thomas Recreation Center

#18297 Dec 13 M 10:00am to 11:30am

FITNESS AND WELLNESS

Action With Jackson

By appointment only. Exercise beginners will learn how to use multiple forms of resistance training such as functional movement and free weights in order to achieve your fitness goals. For more information or to schedule an appointment, contact

Justin.Jackson@MecklenburgCountyNC.gov or at 704.393.7333.

Ages 18 to 80 - \$20

Bette Rae Thomas Recreation Center

#18595 Ongoing W 9:00am to 10:00am

Aerobics: Cardio Step

Get moving in this low-impact class where you will learn basic step moves while getting your heart rate up! For more information, contact

Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1533.

Ages 18+ \$2 daily \$10monthly

Arbor Glen Outreach Center

#17849 Ongoing T/Th 6:00pm to 7:00pm

Aerobics: DanceOut Megamix

DanceOut involves fun, easy to follow, hot dance moves from all different styles of dance and movement, including Hip Hop, Pop, Latin, Reggae, African, Belly, Swing & Martial Arts to give you a cardio workout that feels more like a party than a workout! For more information, contact

info@queencitydancing.com or 704.999.4071.

Ages 18+ - \$8

Tom Sykes Recreation Center

#16978 Ongoing M 7:00pm to 8:30pm

Aerobics: DanceOut!

Making the vital connection between fitness and fun, our classes feel more like a party than a workout. We combine the best parts of dancing and fitness to deliver a high-energy, body toning and fat burning experience that leaves your whole spirit invigorated! All fitness and dance levels welcome. For more information, contact

Angie@queencitydancingqueen.com or

704.526.8845 or visit QueenCityDancingQueen.com.

Ages 18+ - \$8

Tom Sykes Recreation Center

#16975 Ongoing F 5:45pm to 7:00pm

Anusara Yoga

Anusara Yoga a life-affirming yoga weaving an uplifting philosophy with alignment principles is being offered in fun-filled classes at Lake Point Hall in Colonel Francis Beatty Park. For more information or to sign up, contact Linda Oelschlaeger at 704.843.9699 or visit www.yoga.9k.com.

Ages 18+ - \$10

Colonel Francis Beatty Park

#16904 Ongoing M 9:00am to 11:15am

Ongoing M 6:00pm to 8:15pm

Ongoing T 9:15am to 11:15am

Cardio Fair

Cardio, cardio and more cardio! This program will challenge you to improve your muscle endurance and cardiovascular endurance through a variety of aerobic workouts. For more information, contact

Justin.Jackson@MecklenburgCountyNC.gov or 704.393.7333

Ages 18 to 54 - \$4 member \$7 non-member

Bette Rae Thomas Recreation Center

#18285 Ongoing F 9:00am to 10:00am

Core Strong

Become Core Strong! This class will target your abdominal, back and glute muscles to help you tone up and trim down. For more information, contact

Justin.Jackson@MecklenburgCountyNC.gov or 704.393.7333

Ages 18+ \$2 member \$5 non-member

Bette Rae Thomas Recreation Center

#18292 Ongoing M 9:00am to 10:00am

Fit and Fabulous Aerobics w/ Della

Do you want to tone your body, lose weight, relieve some stress, have more energy and challenge yourself? Well, "FIT AND FABULOUS" is just what you need to whip your body into shape. For more information, contact Della Suggs at 704.779.3688 or

THREEDGREFITNESS@AOL.com or visit www.FITANDFABULOUSBOOTCAMP.com

Ages 16+ - \$5 per class

Ivory Baker Recreation Center

#17540 Ongoing M/T/W/Th 6:00pm to 7:00pm

Funky Fit Aerobics

Participants will be exposed to a combination of different dance exercises to help them burn calories and improve endurance. For more information, contact

Justin.Jackson@MecklenburgCountyNC.gov or at 704.393.7333.

Ages 16 to 60 - \$3

Bette Rae Thomas Recreation Center

#18664 Ongoing W 5:30pm to 6:30pm

FITNESS CENTER

Adult Admission Fees

Monthly, Annual and "RAY" passes available with bank draft.

Mallard Creek

Daily admission:

\$4 county / \$6 non-county

Tuckasegee, West Charlotte, Southview and Bette Rae Thomas

Daily admission:

\$3 county / \$5 non-county

Ray's Splash Planet

Daily admission:

\$8 county / \$11 non-county

Includes water park.

Mecklenburg County Aquatic Center

Daily admission:

\$5 county / \$8 non-county

Includes hot tub and pool.

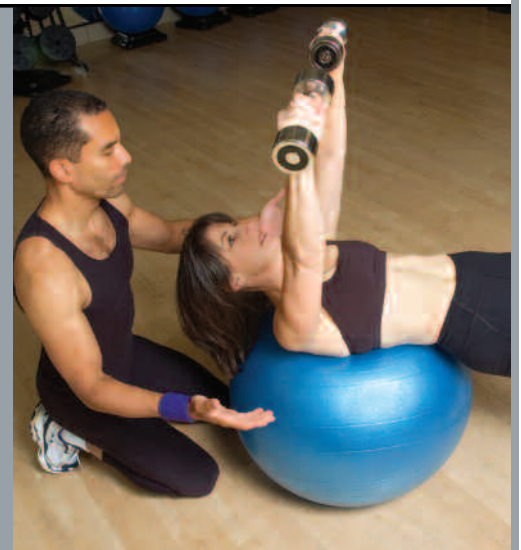
New Year, New You!

Bring this coupon for a **FREE** First Time Visit!*

Come visit and join a fitness center today and start your journey to a healthier, more fit you! Each of our facilities offers cardiovascular, weight resistance, and free weight equipment at a great value. Our enthusiastic fitness staff is available to help get you started.

Free fitness assessment and orientation for all members.

*Coupon expires February 28, 2011



Adults Programs and Activities



Jazzercise Body Sculpting

An effective, total body conditioning program that will help you feel great, look terrific, and bring new energy to your life. Classes focus on muscle toning, strength and stretching. For information, contact Pat Wilson at 704.455.1355.

Ages 18+ Prices Vary

Mallard Creek Recreation Center

#17946 Ongoing Sa 9:30am to 10:30am
M 5:45pm to 7:30pm

Laughter Yoga

Laughter Yoga is one of the best anti-stress exercises. Guru Ranjit will teach you a number of simple physical group exercises to help you "fake it until your mind gets it." For more information, contact Guru Ranjit at 704.277.6049 or rdeora@yogahealthsolutions.com

Ages 18+ • **FREE** •

Tom Sykes Recreation Center

#17338 Every Other Week Sa 10:00am to 11:00am

Lunch 'N' Lift

Busy professionals can get a total body workout while on their lunch break in this high-intensity strength and cardio combo fitness program. For more information, contact

Justin.Jackson@MecklenburgCountyNC.Gov or at 704.393.7333.

Ages 18+ - \$2

Bette Rae Thomas Recreation Center

#18616 Ongoing M 11:00am to 1:00pm

Badminton

Birdie, anyone? Beginners to advanced, from recreational to professionals. For more information, call 704.548.8234.

Ages 18+ \$2

Mallard Creek Recreation Center

#18006 Feb 14-28 M 6:00pm to 8:30pm

Training: Phase 1 with Jackson

Join us for a great group exercise. Learn ways to improve your health in a group setting. For more information contact

Justin.Jackson@MecklenburgCountyNC.gov or 704.393.7333

Ages 18 to 59 - \$5 member \$8 non-member

Bette Rae Thomas Recreation Center

#18607 Ongoing Th 9:00am to 12:00pm

Zumba

Let's Zumba! This Latin-dance-inspired fitness class uses international rhythms and dance moves for an invigorating and exciting workout! All fitness levels welcome. Contact info@queencitydancingqueen.com or 704.999.4071 or www.QueenCityDancingQueen.com

Ages 18+ - \$8

Hickory Grove Recreation Center

#14440 Ongoing W 6:00pm to 7:00pm

#17752 Ongoing Th 6:15pm to 7:30pm

#17714 Ongoing Tu 6:00pm to 7:00pm

Naomi Drenan Recreation Center

#17753 Ongoing Th 6:15pm to 7:30pm

Zumba Fit

Let's Zumba! This Latin-dance inspired fitness class uses international rhythms and dance moves for an invigorating and exciting workout! All fitness levels welcome.

Ages 18+ - \$5

Berewick Recreation Center

#16289 Ongoing Tu 6:00pm to 7:30pm

Winget School Recreation Site

#17373 Jan 4 - Jan 25 Tu 6:00pm to 7:30pm

Mallard Creek Recreation Center

#18239 Feb 2 - Feb 23 W 5:00pm to 5:45pm

HOLIDAY ACTIVITIES

Holiday Workshop

Instructions provided for a seasonal craft that participants can "make and take." For more information, contact

Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 18+ - \$5

Martin Luther King School Recreation Site

#17722 Dec 20 M 6:00pm to 7:30pm

SOCIAL ACTIVITIES

Diva Readers

Do you have a desire to read? Join us as we create an "all divas" book club. For information, contact Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 18+ • **FREE** •

Martin Luther King School Recreation Site

#17723 Jan 10 - Feb 28 M 6:30pm to 7:30pm

Card Night

Bring your best game! Spades, bid whist, rummy, and bridge.

Ages 18 to 45 • **FREE** •

Sugaw Creek Recreation Center

#19012 Dec 6 - Dec 20 M 6:00pm to 8:00pm

Hickory Grove Recreation Center

#17482 Feb 26 Sa 10:30am to 1:30pm

Scrapbooking Working Together

Do you have shoeboxes overflowing with pictures? Come learn how to personalize your own scrapbook and use various techniques and methods on your layouts.

Ages 18+ \$10

Hickory Grove Recreation Center

#17485 Ongoing Th 6:00pm to 7:30pm

Grow Fitness

This program is designed for those who want to do total body training boot camp style. The training consists of abdominal training, cardio training and muscle toning through a boot camp style workout. For more information, contact

John.Kelley@MecklenburgCountyNC.Gov or at 704.399.4492.

Ages 18 to 54 - \$3

Tuckaseegee Recreation Center

#17492 Ongoing W 12:00pm to 1:00pm

Jazzercise

An effective, total body conditioning program that will help you feel great, look terrific, and bring new energy to your life. Jazzercise combines the art of jazz dance with the beat of today's hottest music.

Ages 18 to 70 Prices Vary

Elon Recreation Center

#17553 Ongoing M/T/W/Th 6:00pm to 7:45pm

Mallard Creek Recreation Center

#17942 Ongoing M 6:30pm to 7:30pm (Lite)

T/Th 6:00pm to 7:00pm (Regular)

W 5:45pm to 6:20pm (Lite)

S 8:30am to 9:30am (Regular)

Americans With Disabilities

Mecklenburg County will comply with the Americans With Disabilities Act (ADA) which prohibits discrimination on the basis of disability.

Mecklenburg County will make reasonable accommodations in all programs to enable participation by an individual with a disability who



meets essential eligibility requirements. Mecklenburg County programs will be available in the most integrated setting for each individual. If any accommodations are necessary for participation in any program or service, participants are encouraged to notify staff at least one week prior to program commencement. Upon request, this information is available in an alternative format for persons with disabilities.

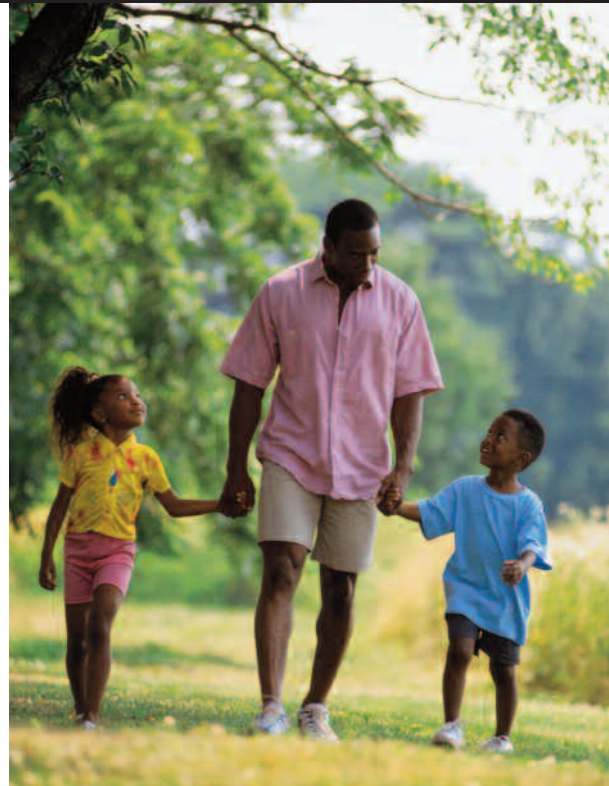
Partners For Parks Foundation

Help Mecklenburg County Park and Recreation Department by making a donation to Partners for Parks. This is a nonprofit 501(c)(3) organization that seeks financial support to promote, expand and improve parks, recreation programs and open space in Mecklenburg County and the region. Most gifts are tax deductible. For more information check www.partnersforparks.org. or call 704.394.4828.



Visit: www.MecklenburgCountyNC.gov

Your one stop for news and information about Mecklenburg County.



CULTURAL ARTS

Art Classes in Charlotte

Art classes implementing a variety of techniques for all ages. Materials included in cost. For more information, contact Tina Penn at 704.779.7697 or www.artclassesincharlotte.com

Ages 5+ - \$45
Hickory Grove Recreation Center
 #14458 Ongoing Th 6:30pm to 7:30pm

Black History Extravaganza

This 4 day event recognizes and celebrates contributions made by African Americans. Participants will enhance their knowledge of Black History.

For more information, contact Cynthia.Smith-Perkins@MecklenburgCountyNC.gov or 704.596.0107

Ages 10 to 75 • **FREE** •
Sugaw Creek Recreation Center
 #18974 Feb 7 - Feb 10 M-Th 4:00pm to 6:30pm

Music: Piano Lessons

By appointment. Piano lessons available for all ages and skill levels. For more information, contact Amouel Brackett at amouel@aol.com or 704.965.1235.

Ages 5 to - \$18
Tom Sykes Recreation Center
 #16969 Ongoing M/T 5:00pm to 8:00pm

FITNESS AND WELLNESS

Fit City Walkers

A walking group perfect for exercise and making new friends as you get fit one step at a time.

Ages 8+ • **FREE** •
Ivory Baker Recreation Center
 #17156 Nov 2 - Nov 30 T/Th 6:00pm to 7:00pm
Arbor Glen Outreach Center
 #18623 Ongoing T/W/Th/F 11:00am to 12:00pm
West Charlotte Recreation Center
 #18763 Dec 1 - Dec 29 W 9:00am to 12:00pm



Martial Arts: Tora Ha Kempo

Learn safety awareness and self-defense through Martial Arts in a fun, structured and disciplined environment. For information, contact Kevin Hinson at 704.533.2994.

Ages 6+ - \$5
Mallard Creek Recreation Center
 #17971 Ongoing M 5:30pm to 9:00pm

William R. Davie Park
 #16921 Ongoing Th 6:30pm to 8:15pm

Marion Diehl Recreation Center
 #17711 Ongoing W 8:00pm to 8:45pm

Nutrition Label Reading Course

This nutrition label reading course aims to teach participants how to engage in healthier lifestyles through label reading, meal planning, accessing portion sizes and analyzing food samples. Teaching methods include interactive tools, food samples, and a grocery store tour. Refreshments included. For more information, contact Ariel.Henderson@MecklenburgCountyNC.gov or 704.432.4580.

Ages 18+ • **FREE** •
Ivory Baker Recreation Center
 #17610 Jan 19 W 6:00pm to 7:00pm

HOLIDAY ACTIVITIES

A Crafty Christmas

To provide a fun and enjoyable social atmosphere featuring holiday activities for families to help them get into the holiday spirit! Prize will be awarded for best gingerbread house! For more information, contact Ariel.Henderson@MecklenburgCountyNC.gov or at 704.432.4580.

Ages 5+ • **FREE** •
Ivory Baker Recreation Center
 #17684 Dec 20 M 5:00pm to 6:30pm

Christmas Movie Night

To provide a fun and enjoyable social atmosphere featuring a holiday movie for families and light refreshments. For more information, contact Ariel.Henderson@MecklenburgCountyNC.gov or at 704.432.4580.

Ages 4+ • **FREE** •
Ivory Baker Recreation Center
 #17539 Dec 22 W 6:00pm to 8:00pm

Christmas: Brunch with Santa

Tell Santa if you have been naughty or nice while making some fun holiday crafts for your favorite elves. Continental breakfast provided. For more information, contact Joel.Kent@MecklenburgCountyNC.gov or 704.432.4806.

Ages 2 to 7 - \$5
Tom Sykes Recreation Center
 #17528 Dec 23 Th 10:00am to 11:15am



Christmas: Swim with Santa

Yes, Virginia, there is a Santa Claus! Take pictures as Santa slides down the big three story Blue Comet Slide and relaxes in the Lazy River. Be sure to bring your wish list, as Santa will be available for visits! For more information, contact Bryan.Joyner@MecklenburgCountyNC.gov or 704.432.1140.

Ages 1 to 12 - \$10
Ray's Splash Planet
 #18897 Dec 16 Th 5:30pm to 7:00pm

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Eparks at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed. **COME** to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

Family Programs and Activities

Holiday Celebraters

A time for your family come out to celebrate the holiday season. Join other families for games and activities. For more information, contact Clarence.Johnson@MecklenburgCountyNC.gov or 704.504.5433.

Ages 6 to 12 - \$2

Winget School Recreation Site

#17362 Dec 21 Tu 6:00pm to 7:30pm

Holiday Trips & Activities

Travel to local tourist destinations to explore Charlotte's main attractions. For information, contact Charles.Young3@MecklenburgCountyNC.gov or 704.399.3911

All Ages - \$5

Thomasboro School Recreation Site

Billy Graham Library

#18867 Dec 29 W 4:00pm to 8:00pm

First Night Charlotte

#18858 Dec 31 F 4:00pm to 8:00pm

Museum of the New South

#18869 Jan 17 M 9:00am to 3:00pm

Inner Peaks

#18872 Jan 21 F 12:00pm to 4:00pm

Starlight Roller Skating

#18874 Feb 18 F 12:00pm to 4:00pm

Science Guy & 4-H

#18877 Feb 21 M 12:00pm to 4:00pm

McAdenville Christmas Lights Trip

Youth will be able to see the creative holiday decorations and lights around the town of McAdenville.

Ages 8 to 13 - \$5

Arbor Glen Outreach Center

#18020 Dec 20 M 4:30pm to 7:30pm

Thomasboro School Recreation Site

#18854 Dec 28 T 4:30pm to 7:30pm

Valentine's Father-Daughter Dance

Young ladies can dance the night away with a guest of their choice. Participants will engage in physically active video games as well as dance to the music for a great cardiovascular workout. Healthy hors d'oeuvres and juices will be served. Photos will be taken. For more information, contact Erica.Espinoza@MecklenburgCountyNC.gov or 704.548.8234

Ages 4+ - \$5

Mallard Creek Recreation Center

#18240 Feb 11 F 6:30pm to 8:30pm

Parents' Day Out

Drop the kids off for a morning/afternoon of fun while you take time for your personal enjoyment. Your kids will be immersed with fun activities to keep them occupied while you're away. Preregister for this program.

Ages 5+ - \$5

Ivory Baker Recreation Center

#17386 Dec 4 Sa 10:00am to 1:00pm

#17389 Jan 15 Sa 10:00am to 1:00pm

#17391 Feb 26 Sa 10:00am to 1:00pm

SOCIAL ACTIVITIES

Family Game Night

This weekly program provides games, fun and fellowship for the entire family. For more information contact Ariel.Henderson@MecklenburgCountyNC.gov or 704.432.4580.

Ages 10+ • **FREE** •

Ivory Baker Recreation Center

#17538 Dec 2 - Dec 23 6:00pm to 7:00pm

Social: Father-Son Lock In

Activities will include a moonlight scavenger hunt, basketball, sports, music and refreshments 'til you drop! For more information, contact Kobeyeh.Riley@MecklenburgCountyNC.Gov or 704.567.1941.

All Ages - \$5 each

Albemarle Road Recreation Center

#17683 Feb 25 F 7:00pm to 10:00pm

SPECIAL EVENTS

Fairy House Festival

Fairy Houses are whimsical habitats built by children, families, gardeners and nature lovers! This is a fun activity that everyone can enjoy and building fairy houses reconnects people with nature. Join us for this FREE third annual festival that inspires appreciation of the environment. Dress in your best fairy or gnome costume as we enjoy storytelling, activities and games, all focused on fairies and nature! No registration necessary!

All Ages • **FREE** •

Latta Plantation Nature Preserve

#18941 Feb 12 Sa 10:00am to 4:00pm

Youth Basketball & Cheerleading Pep Rally

Join Arbor Glen for the youth basketball & cheerleading pep rally to kick off the basketball season. For more information, contact Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1533

Ages 4 to 65 • **FREE** •

Arbor Glen Outreach Center

#18014 Dec 4 Sa 11:00am to 3:00pm



Seniors



ATHLETICS

Basketball: Senior Women's League

Join this women's league, specifically for those 55 and better, in advance of the Charlotte Mecklenburg Senior Games. Coaches and volunteers are needed. For more information, contact Betty Davis at 704.588.1264 or Jean Grayson at 704.545.7880. Ages 55+ - \$31

Tom Sykes Recreation Center
#16981 Ongoing M 6:00pm to 7:00pm

Cheerleaders: Silver Fox

Senior Cheerleading is alive and running full speed ahead as they represent Charlotte-Mecklenburg Senior Games throughout North Carolina. For more information, contact

W.Penn@MecklenburgCountyNC.gov or 704.432.6775.

Ages 55+ • **FREE** •

Wallace Pruitt Recreation Center
#17374 Ongoing Tu,W 1:00pm to 3:00pm

CULTURAL ARTS

Arts: Oil Painting

This program is a self paced oil painting social activity for all levels. New painters are always welcome.

Participants will need to bring their own supplies. For more information, contact 704.567.1941.

Ages 50+ • **FREE** •

Albemarle Road Recreation Center
#17625 Ongoing Th 10:00am to 11:00am

African Drumming and Dancing

Join wise, youthful and energetic seniors with interest in cultural arts and health. For more information contact Edith Delaine at 704.393.7866

Ages 55+ • **FREE** •

West Charlotte Recreation Center
#18733 Ongoing F 10:00am to 1:00pm

Senior Arts & Crafts

Release your inner artist and fellowship with friends while creating a masterpiece. Consists of quick step in the gymnasium the first 30 minutes and arts and crafts the last 30 minutes. This program is a combination of staying fit, active and creative.

Ages 55+ • **FREE** •

West Charlotte Recreation Center
Gingerbread House Decoration Competition
#18773 Dec 7 Tu 10:30am to 12:00pm
Holiday Ornament Craft
#18774 Dec 14 Tu 10:30am to 12:00pm

EDUCATIONAL PROGRAMS

Computer Class

Beginners learn computer basics, how to surf the web and send emails. For more information contact 704.567.1941.

Ages 55+ - \$2

Albemarle Road Recreation Center
#17645 Ongoing Th 11:00am to 12:00pm



Techie Seniors Computer Class

Seniors don't be afraid of the mouse -- learn the basic and simple computer skills needed to get involved with the technical world. For more information contact

Calandra.Barnes@MecklenburgCountyNC.gov or 704.393.1560

Ages 55+ • **FREE** •

West Charlotte Recreation Center
Beginners
#18775 Ongoing Tu 10:30am to 12:00pm
Advanced
#18776 Ongoing Th 10:30am to 12:00pm

HOLIDAY PROGRAMS

Senior Valentines Day Dance

The Senior Club is hosting a Valentine's Day Dance. Come out and show how you did it, and can still do it.

Ages 55+ - \$2

Albemarle Road Recreation Center
#19429 Feb 11 F 6:00pm to 8:00pm

FITNESS AND WELLNESS

A.B.L.E. All Bodies Like Exercise

Self paced chair exercise class for low impact exercise, stretching and conditioning. For more information, contact 704.567.1941.

Ages 55+ • **FREE** •

Albemarle Road Recreation Center
#17622 Ongoing W 12:00pm to 1:00pm

Aerobics: N'Chair Aerobics

Take your seat for N'Chair Aerobics taught by none other than Uncle John. For more information, call 704.334.4848.

Ages 55+ • **FREE** •

Wallace Pruitt Recreation Center
#17361 Ongoing W 10:30am to 11:30am

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on E-parks at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed.

COME to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

Senior Programs and Activities

Badminton Summer League

Badminton is a great way to stay active and keep your competitive spirit alive. Your serve! For more information contact the Marion Diehl Recreation Center at 704.432.0237.

Ages 55+ - \$31

Marion Diehl Recreation Center

#17692 Ongoing Sa 12:00pm to 2:00pm
#17690 Ongoing W 5:00pm to 7:00pm

Feeling Fine After 59

This program encourages seniors to become more active and develop better health habits through education and exercise. Participants also benefit from the onsite senior fitness consultant provided in partnership with the Charlotte-Mecklenburg Senior Center. For more information, contact Justin.Jackson@MecklenburgCountyNC.gov or 704.393.7333.

Ages 59+ • **FREE** •

Bette Rae Thomas Recreation Center

#18613 Ongoing M-F 9:00am to 1:00pm

Light & Lively

Designed to maintain cardiovascular fitness, improve strength, flexibility, balance, coordination, and activities of daily life. For information call 704.548.8234.

Ages 55+ - \$3

Mallard Creek Recreation Center

#17957 Ongoing W 9:30am to 10:15am

Senior Fitness Movement

Stiff? Stimulate those joints. . . get moving with fitness, dance, exercise and more. Join other Seniors who are interested in continuing a healthy lifestyle. This program will allow seniors the opportunity to improve their fitness by participating in 30 minutes of chair exercise. For more information, contact Tishue.Wilson@MecklenburgCountyNC.gov or 704.393.1560.

Ages 55+ to • **FREE** •

West Charlotte Recreation Center

Chair Exercise
#18781 Ongoing W 11:00am to 11:30am

Wellness Wednesday
#18784 Ongoing W 10:30am to 11:00am

Fitness Friday
#18785 Ongoing F 10:30am to 11:30am

Senior Fitness Activity

Designed to get seniors moving with light resistance training which can help manage arthritis and improve movement. For more information, contact Justin.Jackson@MecklenburgCountyNC.gov or 704.393.7333.

Ages 55 to • **FREE** •

Bette Rae Thomas Recreation Center

#18610 Ongoing Th 10:45am to 11:15am

Senior Walking Club

Engage in low-impact exercise and chart your progress to better physical and mental health. For more information, contact Kiana.Brooks@MecklenburgCountyNC.gov or 704.392.7452.

Ages 55+ • **FREE** •

Southview Recreation Center

#17284 Ongoing M-F 10:00am to 11:00am

Sit to Be Fit

Get a great total body workout without ever leaving your chair! Great for seniors or those with limited mobility. For more information, contact Chris.White@MecklenburgCountyNC.gov or 704.432.1532.

Ages 55+ • **FREE** •

Arbor Glen Outreach Center

#18626 Ongoing W 12:00pm to 1:00pm



Photo by Charlie Covins

Senior Games is for all seniors, ages 55 and better. Compete in a variety of athletic events, visual arts and performing arts. Registration is February 1 - April 1. Learn more and obtain a registration form at: www.cmseniorgames.org or 704.332.4020.

Active Adult Yoga

The class will help to increase strength, flexibility and balance while relieving soreness, stiffness and reducing stress. All skill levels welcome. For more information, contact Ann Mason at 704.542.8952.

Ages 55+ - \$5

Elon Recreation Center

#17822 Ongoing W 4:00pm to 5:30pm
#17823 Ongoing Tu,Th 10:00am to 11:30am

SOCIAL ACTIVITIES

Coffee and Cards

Members of the Active Adults Club will during the week to participate in various card games ranging from bridge to pinochle. The program will focus on fellowship and socialization of the participants. For more information, contact

Carla.Hoover@MecklenburgCountyNC.gov or 704.540.2426

Ages 50 to 99 - \$5

Elon Recreation Center

#17790 Ongoing W 10:00am to 5:00pm
#17802 Ongoing F 1:00pm to 4:00pm
#17796 Ongoing Tu 1:00pm to 4:00pm

Golden Angels Club

Come join in the fun with our senior meetings, parties and special events. For more information, contact Craig.Louallen@MecklenburgCountyNC.gov or 704.432.6775.

Ages 55+ • **FREE** •

Wallace Pruitt Recreation Center

#18208 Dec 15 W 12:00pm to 1:00pm
#18209 Jan 19 W 12:00pm to 1:00pm
#18210 Feb 16 W 12:00pm to 1:00pm
#18278 Feb 18 F 12:00pm to 1:00pm

Golden Hearts Club

Meeting with seasonal celebrations and the opportunity to socialize. For information contact Caroline.Carver@MecklenburgCountyNC.gov or 704.548.8234

Ages 55+ - \$5

Mallard Creek Recreation Center

#17939 Feb 15 Tu 10:30am to 12:30pm

Metrolina Duplicate Bridge Club

This program allows senior citizens to interact with their peers and learn to play bridge from other experienced players.

Ages 55 to • **FREE** •

Ivory Baker Recreation Center

#17403 Ongoing Tu 4:30pm to 7:00pm
#17403 Ongoing Th 11:00am to 2:00pm

Senior Bidwiz

Senior Citizens enjoy an afternoon of Bidwiz. Learn the basic fundamental of the game from experienced bidwiz players and engage in all the social activities associated with playing the game. For more information, contact

Sonya.Smith@MecklenburgCountyNC.gov or 704.393.7333

Ages 55+ - \$2

Bette Rae Thomas Recreation Center

#18617 Ongoing M 11:00am to 1:00pm



Senior Programs and Activities

Beyond Bingo

Enjoy a social hour playing different styles of bingo and more. For more information, contact D'Marius.Rouse@MecklenburgCountyNC.Gov or at 704.393.7333.
Ages 55+ - \$2

Bette Rae Thomas Recreation Center

#18598 Ongoing Th 1:00pm to 2:00pm

Senior Recreation Club

Monthly Senior Adult Club Meeting. Newcomers are always welcome. Trips, leisure and educational programs provided. For more information, contact Kobeyeh.Riley@MecklenburgCountyNC.Gov or 704.567.1941.

Ages 55 to • **FREE** • Non-Resident

Albemarle Road Recreation Center

#17671 Dec 7 Tu 10:00am to 11:00am
#17672 Jan 4 Tu 10:00am to 11:00am
#17673 Feb 1 Tu 10:00am to 11:00am

Senior Time

This program will be an opportunity for seniors to enjoy different sport activities. For information, contact Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 55+ - \$2

Martin Luther King School Recreation Site

#17719 Dec 29 W 12:00pm to 2:00pm

See Charlotte!

Seniors enjoy smiling faces and great places in Charlotte. Come journey with us as we See Charlotte! For more information contact Caroline.Carver@MecklenburgCountyNC.gov or 704.548.8234.

Ages 55 to - \$5

Mallard Creek Recreation Center

#18012 Dec 16 Th 11:00am to 3:00pm
#18013 Jan 27 Th 11:00am to 3:00pm
#18015 Feb 24 Th 11:00am to 3:00pm

Bridge

Social interaction within the senior population throughout the Charlotte area. All are welcome to come and enjoy themselves in a quiet, yet competitive atmosphere that promotes the card game known as Bridge. For more information, call 704.548.8234.

Ages 55+ • **FREE** •

Mallard Creek Recreation Center

#17999 Ongoing M,W 10:00am to 2:00pm
#18000 Ongoing F 10:00am to 12:00pm

Super Senior Advocates

Enjoy a morning of fun and fellowship with other seniors. For more information, contact Olema.Edwards@MecklenburgCountyNC.gov or 704.432.1531.

Ages 55+ • **FREE** •

Arbor Glen Outreach Center

#18649 Ongoing W 12:00pm to 2:00pm

Technology Battle

From newbies to the elite gamers, you are encouraged to participate in this first ever senior technology battle. C'mon and see who gets "owned." Program consists of playing video games. For information, contact

Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 55+ - \$2

Martin Luther King School Recreation Site

#17724 Feb 2 W 6:00pm to 8:00pm

Young at Heart Senior Club

Participants will have the opportunity to travel to see various events: plays, craft shows, health fairs, concerts and workshops. For information contact Cynthia.Smith-Perkins@MecklenburgCountyNC.gov at 704.596.0107

Ages 50+ - \$5

Sugaw Creek Recreation Center

#19027 Ongoing F 11:00am to 3:00pm

Youth After Fifty-Five Club

Join these mature adults for wholesome recreational, cultural, and educational experiences for "Youth After 55 Club" participants. This club is a District VIII Member with the NCASCC. For information contact Isaac.Moore@MecklenburgCountyNC.gov or 704.393.1560.

Ages 55+ • **FREE** •

West Charlotte Recreation Center

#18752 Every 1st and 3rd Tu 10:00am to 12:00pm

SPECIAL EVENTS

Senior District 8 Meeting

District 8 Senior program. For more information contact Nikole.Simmons@MecklenburgCountyNC.gov or 704.432.5231

Ages 55+ • **FREE** •

Naomi Drenan Recreation Center

#17842 Ongoing Th 10:00am to 12:00pm



Senior Trips

Senior Day Trips

Explore North and South Carolina with other active older adults. All trips leave from Mallard Creek and Marion Diehl Recreation Centers. Register early, limited availability. For more information, email P&RSeniorPrograms@MecklenburgCountyNC.gov or call Crystal Long at 704.353.1237

Tanglewood Festival of Lights and Visit to Old Salem

Enjoy an early afternoon of holiday shopping in Old Salem with great specialty stores, then off to a fantastic display of lights at Tanglewood Park. Where you will find more than one million lights that will turn on for a spectacular four-mile route holiday light show. There are more than 180 displays, from sparkling Christmas trees to glowing archways. It includes about 70 animated displays. Lunch on your own.

Ages 55+ - \$25

#17186 Dec 7 Tu 1:00pm to 9:00pm

Biltmore House Christmas Tour

Enjoy a self-guided tour of the largest private home in America built by George Vanderbilt in the 1800's. This magnificent 250 room French Renaissance - style chateau - includes 65 fireplaces, 34 bedrooms, an indoor pool and a bowling alley. This beauty is elegantly decorated for the Christmas Holiday. Lunch on Your Own

Ages 55+ - \$66

#17187 Dec 14 Tu 8:00am to 6:00pm

The Barn Dinner Theater Presents: Band of Angels

Buster's Back! A country music sensation about the stars of the famous Ryman Auditorium. Featuring a cast of characters including Hank Williams, Patsy Cline, Minnie Pearl, Tammy Wynette, Waylon Jennings, Johnny Cash, Bill Monroe, Ernest Tubbs, Marty Robbins and more. A lunch buffet is included.

Ages 55+ - \$70

#19172 Jan 25 Tu 10:00am to 5:30pm

I Have a Dream Tour

The first public park in the US solely devoted to Dr. King and the civil rights movement; lunch on own at a local Soul Food Restaurant; Charlotte Hawkins Brown Museum; Our final tour ends at the International Civil Rights Center & Museum devoted to the international struggle for civil and human rights.

Ages 55+ - \$46

#19173 Jan 18 Tu 8:00am to 6:00pm

South Carolina Cotton Mill, Button King Museum and View the Pearl Fryar Topiary Garden

Many examples of machinery ranging from our mule-drawn cultivator to our Cessna Ag-Wagon crop duster are housed in our 12,000 square foot building along with a tenement farm-house mock up and modern spinners and looms. After many year of insomnia, Dalton Stevens has created visual masterpieces with buttons through sewing and gluing. We will see such great pieces as a fully covered car. Then off to see Pearl Fryars visually whimsical garden. Lunch on your own.

Ages 55+ - \$79

#19174 Jan 11 Tu 9:00am to 6:00pm

North Carolina Winery Tour: Shelton and Childress Wineries

We will visit the Shelton & Childress Winery to learn the art of wine making with an instruction on how to enjoy a glass of wine. Includes admission into the wineries, tours, wine tasting, and transportation. Lunch on your own at Shelton Vineyard restaurant or bring a picnic lunch.

Ages 55+ - \$51

#19175 Feb 8 Tu 8:00am to 5:30pm



Chinqua-Penn & King Chandelier Tour

Built in the 1920's by Thomas Jefferson Penn (1875-1946) and his wife, Beatrice Schoellkopf Penn (1881-1965), Chinqua Penn reflects their lifestyle of entertaining, travelling, and collecting art and furniture from around the world. The historic landscape evolved into an exotic horticulture collection, changing with each season. Next we will visit a bright world of lighting with everything from chandeliers to sconces in a 4,000 square foot showroom. Dine on your own at Golden Corral.

Ages 55+ - \$46

#19176 Feb 22 Tu 9:00am to 5:00pm





800 East Martin Luther King Jr. Blvd.
Charlotte, NC 28202
704.336.DIVE (3483)

www.parkandrec.com/aquatics

	1/3 - 2/3	2/7 - 3/9
	*no class 1/17	
Fees- Mon & Wed & Fri	\$52	\$56
Fees- Tues & Thurs	\$40	\$36

HYDROMANIA Moderate-High Intensity - **SHALLOW WATER**
All-over body toning and cardiovascular workout.
Since each participant works at their own pace, this class is great for the beginner to the most advanced fitness level.

Mon & Wed & Fri	5:30 p.m. - 6:30 p.m.	18579	18580
Tues & Thurs	6:00 p.m. - 7:00 p.m.	18581	18582

DEEP WATER FITNESS Moderate-High Intensity - **DEEP WATER**
No swimming skills required, float belts are worn. All-over toning and cardiovascular program held in deep water with float belts. A great upper body workout.

Mon & Wed & Fri	6:30 a.m. - 7:30 a.m.	18575	18576
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EASY DOES IT Beginner-Moderate Intensity - **SHALLOW WATER**
A low-level, low-impact, shallow-water exercise class.
Activities include water walking, aerobic exercise to build cardiovascular endurance and range-of-motion exercises.

Mon & Wed & Fri	11:00 a.m. - 12:00 p.m.	18577	18578
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ARTHRITIS FOUNDATION Beginner Intensity - **SHALLOW WATER**
Gentle Stretches and range-of-motion exercises keep tender joints mobile.
The buoyancy of the water assists movements, while the resistance strengthens muscles that support joints. A physician's release is required to participate.

Tues & Thurs	11:00 a.m. - 12:00 p.m.	18573 \$60	18574 \$54
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LIQUID FUSION Moderate-High Intensity - **SHALLOW WATER**
A fast paced water exercise class with vigorous toning moves to start your day.

Mon & Wed & Fri	5:45 a.m. - 6:15 a.m.	18583 \$26	18584 \$28
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Register One of Three Ways

Registration is required for most programs whether or not there is a fee.
Select one option:

- CLICK** on Epark at www.parkandrec.com and use the course code number.
- CALL** 311 (704.336.7600) or the number listed.
- COME** to the location where the program is offered.

Phone and web registration requires payment with Visa or MasterCard only.

For more information, visit
www.parkandrec.com/aquatics
or call the facility where the activity is listed.

	1/3 - 2/3	2/7 - 3/9
	*no class 1/17	
Fees- Mon & Wed	\$90	\$100
Fees- Saturday	\$40	\$40

PUDDLEDUCKS Ages 6 mon.-2 yrs Introductory Level
A parent and child program that introduces the child to the aquatic environment.
Fun and water adjustment are emphasized.

Saturday	10:00 a.m. - 10:30 a.m.	18529	18531
Saturday	10:30 a.m. - 11:00 a.m.	18530	18532

SAND DOLLAR Ages 3-5 Beginner Level
No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide and total submersion.

Mon & Wed	5:00 p.m. - 5:30 p.m.	18533	18541
Mon & Wed	6:00 p.m. - 6:30 p.m.	18534	18542
Mon & Wed	6:30 p.m. - 7:00 p.m.	18535	18543
Mon & Wed	7:00 p.m. - 7:30 p.m.	18536	18544
Saturday	9:00 a.m. - 9:30 a.m.	18537	18545
Saturday	9:30 a.m. - 10:00 a.m.	18538	18546
Saturday	10:00 a.m. - 10:30 a.m.	18539	18547
Saturday	10:30 a.m. - 11:00 a.m.	18540	18548

SEAL Ages 3-5 Intermediate Level
Must be able to swim 10 feet independently to enroll. Students will learn rotary breathing on front and over arm recovery on front and back.

Mon & Wed	5:30 p.m. - 6:00 p.m.	18549	18551
Saturday	11:00 a.m. - 11:30 a.m.	18550	18552

OTTER Ages 6-12 Beginner Level
No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide and total submersion.

Mon & Wed	4:45 p.m. - 5:30 p.m.	18522	18526
Mon & Wed	5:30 p.m. - 6:15 p.m.	18521	18525
Saturday	9:00 a.m. - 9:45 a.m.	18523	18527
Saturday	10:30 a.m. - 11:15 a.m.	18524	18528

MANATEE Ages 6-12 Intermediate Level
Must be able to swim 25 yards using over arm recovery to enroll. Students will improve over arm recovery, rotary breathing on front, flutter kick, and backstroke.

Mon & Wed	6:15 p.m. - 7:00 p.m.	18515	18517
Mon & Wed	7:00 p.m. - 7:45 p.m.	18519	18520
Saturday	9:45 a.m. - 10:30 a.m.	18516	18518

TEEN/ADULT BEGINNER Ages 13+ Beginner Level
No entry skills required. The class for the soon-to-be swimmer.
Students learn front float and glide, back float and glide and total submersion.

Mon & Wed	6:15 p.m. - 7:00 p.m.	18553	18555
Saturday	9:00 a.m. - 9:45 a.m.	18554	18556

TEEN/ADULT INTERMEDIATE Ages 13+ Intermediate Level
Students will improve their freestyle and backstroke in order to swim distances, get some exercise or just have fun.

Mon & Wed	7:00 p.m. - 7:45 p.m.	18557	18558
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Special Events

SWIM WITH SANTA @ Ray's

Get in the holiday spirit early and spend some quality time with the man himself: SANTA CLAUS! Join him for a swim in the splash park this holiday season. Be sure to bring your wish list. He will be available for photos. Ages: All ages welcome
Date: Thursday, December 16, 2010
Times: 5:30pm - 7:00pm
Fee: \$10 (includes swimming and photo)



Parent and Tot Meet and Greet

Ray's Splash Planet offers an exceptional discount throughout the school year (except for CMS No School Days) to parents and toddlers who visit us on certain Mondays. Registration is not required. (No Parent and Tot Mondays June-August.)
Ages 0-5 \$3; Moms and Dads FREE;
(This price includes unlimited swimming, however these rates include parents of the children only.)
Dec 13 M 10:00am to 3:00pm

Homeschool Thursdays at Ray's Splash Planet

Join Ray's Splash Planet for Homeschool Thursdays! Come and swim anytime between 10am-3pm every Thursday if your children are home-schooled; September 2010 through May 2011. (Except for Mecklenburg County "No School" days.)
Discount coupons cannot be applied to fees on Homeschool Thursdays.
Ages: 5-17 (Siblings, 4 and under, of home-schooled children also enjoy the discounted rate)
Adult Chaperones (in the water) - \$2
Dry Tickets - \$3

Pilates, Kickboxing, Core and Total Strength Training with Janis

Fast paced exercise classes with vigorous toning moves to start you on your day. Trim and tighten your hips, thighs and buns, while also increasing your flexibility, strengthening and improving your core and balance.

2010 Sessions

Pilates:
Tuesdays and Thursdays 7:30am-8:15am
Saturdays 10:15am-11:00am

Kickboxing:
Saturdays 9:15am-10:00am
Price: \$3 per class
Contact Janis Smith at 704.281.2912 or e-mail at janisjds@aol.com for more information on these exciting new fitness programs. You may also contact our Fitness Program Coordinator Calvin Covington at (704)432-1139 or calvin.covington@mecklenburgcountync.gov with any questions.

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on E-parks at www.parkandrec.com and use the course code number.

CALL 311 (704.336.7600) or the number listed.

COME to the location where the program is offered.

Phone and web registration requires payment with Visa or MasterCard only.

	1/8 - 1/31	2/5 - 2/28	3/5 - 3/26
	*no class 1/17	*no class 2/21	
Fees- Mon & Wed	\$60	\$60	\$60
Fees- Saturday	\$40	\$40	\$40

SAND DOLLAR Ages 3-5 Beginner Level
No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide and total submersion.

Mon & Wed	5:30 p.m. - 6:00 p.m.	18684	18686	18680
Saturday	9:15 a.m. - 9:45 a.m.	18687	18788	18689

STARFISH Ages 3-5 Intermediate Level
Students will improve floating, and learn recovery and combined arm and leg action.

Mon & Wed	6:00 p.m. - 6:30 p.m.	18690	18692	18694
Saturday	9:45 a.m. - 10:15 a.m.	18691	18693	18695

OTTER Ages 6-12 Beginner Level
No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide and total submersion.

Mon & Wed	5:30 p.m. - 6:15 p.m.	18813	18815	18816
Saturday	9:15 a.m. - 10:00 a.m.	18814	18817	18818

WALRUS Ages 6-12 Intermediate Level
Students will learn floating, recovery and combined arm and leg action.

Mon & Wed	6:15 p.m. - 7:00 p.m.	18696	18697	18698
Saturday	10:00 a.m. - 10:45 a.m.	18699	18700	18701

	1/10 - 1/31	2/1 - 2/28	3/1 - 3/31
	*no class 1/17 & 1/21	*no class 2/18 & 2/21	*no class 3/18
Fees- Liquid Fusion	\$12	\$16	\$20
Fees- Senior Aerobics	free	free	free

LIQUID FUSION Moderate-High Intensity - **SHALLOW WATER**
A fast paced water exercise class with vigorous toning moves to start your day.

Tues & Thurs	3:00 p.m. - 3:30 p.m.	18790	18792	18795
Tues & Thurs	3:30 p.m. - 4:00 p.m.	18791	18794	18796

SENIOR AEROBICS Moderate Intensity - **SHALLOW WATER**
Activities include water walking, aerobic exercise to build cardiovascular endurance and range-of-motion exercises.

Mon & Wed	4:30 p.m. - 5:30 p.m.	18702		
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For more information, visit

www.parkandrec.com/aquatics
or call the facility where the activity is listed.



800 East Martin Luther King Jr. Blvd.
Charlotte, NC 28202
704.336.DIVE (3483)

www.parkandrec.com/aquatics

	1/3 - 2/3	2/7 - 3/9
	*no class 1/17	
Fees- Mon & Wed & Fri	\$52	\$56
Fees- Tues & Thurs	\$40	\$36

HYDROMANIA Moderate-High Intensity - **SHALLOW WATER**
All-over body toning and cardiovascular workout.
Since each participant works at their own pace, this class is great for the beginner to the most advanced fitness level.

Mon & Wed & Fri	5:30 p.m. - 6:30 p.m.	18579	18580
Tues & Thurs	6:00 p.m. - 7:00 p.m.	18581	18582

DEEP WATER FITNESS Moderate-High Intensity - **DEEP WATER**
No swimming skills required, float belts are worn. All-over toning and cardiovascular program held in deep water with float belts. A great upper body workout.

Mon & Wed & Fri	6:30 a.m. - 7:30 a.m.	18575	18576
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EASY DOES IT Beginner-Moderate Intensity - **SHALLOW WATER**
A low-level, low-impact, shallow-water exercise class.
Activities include water walking, aerobic exercise to build cardiovascular endurance and range-of-motion exercises.

Mon & Wed & Fri	11:00 a.m. - 12:00 p.m.	18577	18578
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ARTHRITIS FOUNDATION Beginner Intensity - **SHALLOW WATER**
Gentle Stretches and range-of-motion exercises keep tender joints mobile.
The buoyancy of the water assists movements, while the resistance strengthens muscles that support joints. A physician's release is required to participate.

Tues & Thurs	11:00 a.m. - 12:00 p.m.	18573 \$60	18574 \$54
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LIQUID FUSION Moderate-High Intensity - **SHALLOW WATER**
A fast paced water exercise class with vigorous toning moves to start your day.

Mon & Wed & Fri	5:45 a.m. - 6:15 a.m.	18583 \$26	18584 \$28
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Register One of Three Ways

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Select one option:

- CLICK** on Eparks at www.parkandrec.com and use the course code number.
- CALL** 311 (704.336.7600) or the number listed.
- COME** to the location where the program is offered.

Phone and web registration requires payment with Visa or MasterCard only.

For more information, visit
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or call the facility where the activity is listed.

	1/3 - 2/3	2/7 - 3/9
	*no class 1/17	
Fees- Mon & Wed	\$90	\$100
Fees- Saturday	\$40	\$40

PUDDLEDUCKS Ages 6 mon.-2 yrs Introductory Level
A parent and child program that introduces the child to the aquatic environment.
Fun and water adjustment are emphasized.

Saturday	10:00 a.m. - 10:30 a.m.	18529	18531
Saturday	10:30 a.m. - 11:00 a.m.	18530	18532

SAND DOLLAR Ages 3-5 Beginner Level
No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide and total submersion.

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Saturday	11:00 a.m. - 11:30 a.m.	18550	18552

OTTER Ages 6-12 Beginner Level
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Mon & Wed	7:00 p.m. - 7:45 p.m.	18519	18520
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TEEN/ADULT BEGINNER Ages 13+ Beginner Level
No entry skills required. The class for the soon-to-be swimmer.
Students learn front float and glide, back float and glide and total submersion.

Mon & Wed	6:15 p.m. - 7:00 p.m.	18553	18555
Saturday	9:00 a.m. - 9:45 a.m.	18554	18556

TEEN/ADULT INTERMEDIATE Ages 13+ Intermediate Level
Students will improve their freestyle and backstroke in order to swim distances, get some exercise or just have fun.

Mon & Wed	7:00 p.m. - 7:45 p.m.	18557	18558
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extra stuff



Pre-School Programs and Activities

