

Summer 2013

GetGoing guide

Mecklenburg County Park and Recreation



www.parkandrec.com



Mecklenburg County
Park and Rec - Winner of the
2012 NRPA Gold Medal Award!

In This Issue:

- Romare Bearden Park Grand Opening
- Mecklenburg County Sportsplex Phase 1 Grand Opening

PLUS...

- County-Wide Facility Listings and Contacts
- Maps to all County Park and Rec Sites
- Information on Special Senior Programs

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GetGoing guide

Mecklenburg County Park and Recreation

Summer 2013 **NEW!** Click any category below to go directly to that section!



On the cover:
Elon Park, Courtesy Carla Hoover
Mecklenburg County
Park & Recreation

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Mecklenburg Board of County Commissioners:
George Dunlap (District 3); Bill James (District 6);
Dumont Clarke (District 4); Karen Bentley (District
1); Matthew Ridenhour (District 5); Kim M. Ratliff
(Vice Chair, At Large); Pat Cotham (Chair, At Large);
Trevor Fuller (At Large); Vilma Leake (District 2).

**Mecklenburg County Park and Recreation
Commissioners**
Joe Pata, Kendel Bryant, Rob Brisley (Chairman)
Elaine Powell, Norman Mitchell, Tistan McMannis,
Charlie McRee, Ed Barnhart, Doug Burnett , Brenda
McMoore, Sheryl Smith, Travis Dancy, Jude Harding,
Ed Barnhart.

Members are appointed by the Mecklenburg Board
of County Commissioners. They promote parks
and recreation for Mecklenburg County residents
and advise County Commissioners on facilities,
programs and activities.

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BBSA Public Information Department

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BBSA Public Information Department

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Dates to Remember

Print out this page to put on your fridge as a reminder of key dates!

Outdoor pools (Cordelia and Double Oaks)

Open Memorial Day weekend

Romare Bearden Park Grand Opening

Labor Day weekend

Hummingbird Festival: Reedy Creek Nature Center

Aug 17

Mecklenburg County Sportsplex Phase 1 Grand Opening

Early September

Grady Cole Center and American Legion Memorial Stadium Events

See pg. 16

Frequently Called Numbers

| | |
|---------------------------------------|--------------|
| City/County Information Line | 311 |
| Facility Reservations/Rentals..... | 311 |
| Administration | 704-336-3854 |
| Aquatic Center | 704-336-3483 |
| Athletics | 704-336-3854 |
| Ballfield Rainout Line..... | 704-336-5800 |
| Dog Parks..... | 704-336-8840 |
| Grady Cole Center/Memorial Stadium .. | 704-336-2884 |
| Greenways & Trails..... | 704-336-3854 |
| Natural Resources..... | 704-598-8857 |
| Ray's Splash Planet..... | 704-432-4729 |
| Therapeutic Recreation | 704-432-0237 |

VOLUNTEER!

**Call 704-336-5478 for
registration information
or go to ParkandRec.com.**

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You Tube

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e-newsletter! Go to parkandrec.com***



People • Pride
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Partnerships

5841 Brookshire Blvd.
Charlotte, NC 28216
704-336-3854
Fax: 704-336-5472



All services are available without regard to origin, sex or disability.

Dear Mecklenburg County Residents,

On behalf of Mecklenburg County Park and Recreation, I would like to welcome you to the Summer 2013 issue of the Get Going Guide.

This issue features information on programs and events happening in Summer 2013 and information on the grand opening of Romare Bearden Park in uptown Charlotte.

This program guide, serving Mecklenburg County, is published on a quarterly basis. Our new format allows for fresher content and easier methods of registration since the guide is linked directly to our [EParks](#) registration area. You'll also notice that each web address shown can be simply clicked on to obtain more information. Along the same lines, all email addresses shown can be clicked on to send inquiries quickly and easily.

Our goal is to continue enhancing the guide by adding even more hyperlinks, feature stories and videos to really showcase what Park and Recreation has to offer.

So save this file to your desktop or laptop and refer to it often so that you will always be up-to-date on all the ways you can get going!

Sincerely,

James "Jim" R. Garges
Mecklenburg County Park and Recreation Director



Park & Rec News

Mecklenburg County Sportsplex Nearing Phase 1 Completion

Phase I of the Mecklenburg County Sportsplex is scheduled to be substantially completed by July 2013, with the grand opening planned in September 2013. Phase I of the complex will include 5 multi-use lighted synthetic turf fields. When completed, the facility will house 12 multi-use fields capable of holding a variety of events such as soccer, lacrosse, football and rugby.



The focus of this facility will be to host a wide variety of weekend tournaments and will also host weekday practices and league play for local teams and organizations.

For more information on the Mecklenburg County Sportsplex, up-to-date construction photos and reservation policies please visit Mecklenburg County Sportsplex.



See a Litterbug?
Swat a
Litterbug!

Call 311 and report them, or visit
SwatALitterBug.com

Together We Can Wipe Out Waste





Park & Rec News

New Romare Bearden Park Grand Opening!

Labor Day weekend, 2013

Labor Day weekend Events and Activities

- Grand Opening Party
- Park Tours
- Family Friendly Activities
- Music throughout the day
- Dance throughout the day
- Art Exhibitions



Upcoming Events:

Bearden Music Series: This is a series of music driven events to be held once a month, April through September. Each month a different genre of music will be performed with additional programming supporting the music style. There will be a total of six performances.

Music Box Lunch Series: These are small, informal musical presentations featuring local and regional talent performing 11:30am – 1:00pm on Wednesdays and Fridays, April through September. The target audience is uptown employees. There will be a total of 50 performances.

Party in the Park Series: This is a series of weekly performances featuring new and upcoming talent. The series will run April through June for a total of 11 performances. The series will take place on a weekday from 5:00pm – 8:00pm.

Art and Photography Classes: Free art and photography classes will be offered to the public on our Art in the Park Saturdays, which occur once a month March through October. Artists and art teachers will be hired to run the classes; Park and Recreation will supply a limited amount of supplies. Participants will need to sign up online ahead of time so that supplies can be purchased. There will be no fee for this program.

Art Shows: These shows will feature regional artists and art leagues. There will be five shows a year (April, May, July, September and November). The shows will take place during our Art in the Park weekends and at our two major festivals each year.

For information, call **704-336-3854** or visit **www.parkandrec.com**

Fitness Program: The fitness program will provide high quality, full-service fitness programming, scheduling and support at Romare Bearden Park on a weekly and monthly basis. Programs include weekly Yoga, Tai Chi and Boot Camp sessions. There will be a monthly fitness program for special populations and also monthly specialty workshops. Some of the classes included in the specialty workshops will be Self Defense, Line Dancing, and a Cooking Light Series.

Shakespeare in the Park: The Charlotte Shakespeare Company would like to move their performances from the Green to Romare Bearden Park. The package would include a three-week run, one show daily on Wednesdays, Thursdays, Fridays and Saturdays and two shows on Sunday. Along with the performances, there will be workshops for patrons and visits to the park by the actors in costume to promote their shows.

Romare Bearden Birthday Bash: This will be an annual Festival that will be held over Labor Day weekend which is the closest to the actual September 2nd birthday of Romare Bearden. This will be a two-day event full of musical entertainment, dance and art. There will be feature bands on both Friday and Saturday nights with regional talent playing throughout the day on Saturday. There will also be at least one dance performance and the art show will be expanded upon. Family-friendly activities will be run throughout the day.

Jack-O-Lanterns Light the Night: This is a family event held in the park during October. There will be pumpkins to carve, contests and lots of children friendly games. The event will be supported with a least one musical act during the day.

Winter Wonderland: This event is a family-friendly event held in the late afternoon to evening on a Saturday in December. It will feature the park lit for Christmas, Holiday musical presentations, hot chocolate accompanied by light food and a visit from Santa.

Santa's Workshop: This event is a family-friendly event held in the morning to afternoon on a Saturday in December. There will be a sided tent provided. Inside the tent there will be several workshops set up where youth can go to make Christmas crafts and presents. These workshops will be managed by staff or artists from the community. We will provide a gift wrapping station for youth with the opportunity to design their own wrapping paper. In the background will be holiday music, hot chocolate and light snacks. Parents will need to accompany their children.

Easter Egg Hunt: This is an old-fashioned Easter egg hunt. Eggs (plastic with surprises inside) will be hidden throughout a designated portion of the park. Children are invited to bring their baskets to collect as many eggs as they can. We will divide the hunt into age specific groups starting at different times or at the same time in different areas of the park. The hunt will be backed up with child-friendly games and activities.

RomareFest: This will be a yearly festival that will kick off our spring season in the park. This will be a two day event full of musical entertainment, dance and art. There will be featured bands on both Friday and Saturday nights with regional talent playing throughout Saturday. There will also be at least one dance performance and the art show will be expanded upon. Family-friendly activities will be run throughout the day.

Mecklenburg County Parks, Preserves and Facilities

Map Legend:

- Interstate
- Major Streets
- Greenway**
- Developed
- Overland Connector
- Research Park Trail

Mecklenburg County has more than 18,000 acres of parkland and 210 facilities, including 26 recreation centers. This map is only a sample of what Park & Recreation offers.

For additional information visit:
www.parkandrec.com
or call 311.



Parks, Preserves & Greenways



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Discover Our Good Nature





Parks, Preserves and Greenways

Dog Parks

Did you know that Mecklenburg County has SIX dog parks?

They offer a place for dogs to run off-leash in a fenced area and frolic with other canines. Admission is free and open to all dogs of suitable disposition. Dogs must have rabies vaccinations and licenses as required by law. Owners are responsible for their pets. Dog parks are open every day, 7:30am–sunset (for more information call 311).

Swaney Point K-9 Park in Ramsey Creek Park, 18441 Nantz Rd., Cornelius, four acres fenced-in. Separate sections for large dogs (more than 20 lbs) and small dogs (less than 20 lbs).

Barkingham Park at Reedy Creek Park, 2900 Rocky River Rd., four acres inside fence.

Ray's Fetching Meadow at McAlpine Creek Park, 8711 Monroe Rd., one acre, fenced-in.

Davie Dog Park in William R. Davie Park, 4635 Pineville-Matthews Rd., more than five acres with separate sections for large dogs and small dogs.

Frazier Dog Park in Frazier Park, 1201 West 4th St. in uptown Charlotte, 1.3 acres inside fence. Sections for large and small dogs. Fenced enclosure is along I-77 near West Trade and Sycamore streets.

Shuffletown Dog Park in Shuffletown Park, 9500 Belhaven Blvd. This new dog park is 4.6 acres with sections for large and small dogs.



Americans with Disabilities

Mecklenburg County will comply with the Americans With Disabilities Act (ADA) which prohibits discrimination on the basis of disability. Mecklenburg County will make reasonable accommodations in all programs to enable participation by an individual with a disability who meets essential eligibility requirements.

Mecklenburg County programs will be available in the most integrated setting for each individual. If any accommodations are necessary for participation in any program or service, participants are encouraged to notify staff at least one week prior to program commencement.

This information is available upon request, in an alternative format for persons with disabilities. For more information on these programs visit www.parkandrec.com.



FREE PET HEALTH EXAM

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Parks, Preserves and Greenways



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Parks, Preserves and Greenways

Charlotte B-Cycle!



Hello Charlotte B-Cycle! Through a partnership with Charlotte Center City Partners, NC Blue Cross Blue Shield, Carolinas HealthCare System and the City of Charlotte – there will soon be 200 blue bikes located among 20 bike share stations all over Uptown, South End and the Little Sugar Creek Greenway!

The system aims to provide access to bicycles for short-distance trips in the Center City and offer an alternative to motorized public transportation or private vehicles. The effect: cleaner air, healthier people and less congestion. Just unlock a bike from any station and return it to any station system wide.

www.charlottebikes.org/tag/charlotte-bicycle-share/

Volunteer Opportunities: Mission POSSIBLE!

WHO CAN VOLUNTEER?

Families, Businesses, Individuals, Church Groups, Scout Troops, Garden Clubs, ROTC Groups, Neighborhood Groups, School/College Groups, Teens needing community service for school.



Volunteers under the age of 16 must be accompanied by an adult that is at least 21 years old. Volunteers working with the Therapeutic Recreation (TR) Division must be at least 18 years old. *All potential volunteers must undergo a thorough background check before volunteering.*

Opportunities For Business

Adoptions, park/greenway/recreation center Periodic Projects, special projects geared for your group Special Events, volunteering to help with one of the departments events.

Recreation Center Opportunities

Youth Sports Coaches (Baseball, Track and Field), After School Rec Buddies, Program Assistants, Front Desk Assistants, Therapeutic Program Assistants, Therapeutic Sports Coaches.

Individual Opportunities

Park Ambassadors, Nature Preserve Greeters, General Gardening and Landscaping Help.

Interested in volunteering for one of our upcoming special events? It's easy! Register by calling 311, visiting eParks at www.parkandrec.com or by going into your local recreation center. Be sure to reference the course number for the event that you would like to volunteer for!

Aug 17, 2013



Reedy Creek Nature Preserve

Hummingbird FESTIVAL 2013



Parks, Preserves and Greenways

Mecklenburg County Park and Recreation Mentoring Program Provides Valuable Work Experience to Local Youth

Mecklenburg County Park and Recreation Department began a Recreation Employment Corp. program to help local youth gain valuable first time work experience and positive life skills.

The program provides teens, ages 14 – 17, with the opportunity to serve as mentees at various recreation facilities around the County. Each participant works closely with an assigned recreation supervisor for 10 hours a week through November. Mentees are compensated for their time and are held accountable for adhering to policies and procedures like other County employees.

Click **HERE** to learn more about our **Mentor Program**.



Recruitment for the REC program began in fall 2011. Park and Recreation staff identified potential candidates – teens currently active in Park and Recreation programs – and developed an application process consisting of a written essay and an in-person interview. Sixty teens applied and 20 were selected to participate. “We are proud to offer this wonderful program which gives students the chance to develop positive working skills and habits which will serve them throughout life,” said Park and Recreation Director Jim Garges. “It is a great example of Park and Rec’s commitment to providing an atmosphere that stresses both education and personal growth.”

For more information on youth mentoring programs, contact the Park and Rec department or visit www.parkandrec.com.

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WSOC-TV Weather



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Parks, Preserves and Greenways

Historic Sites

Mecklenburg County has rich history, and Mecklenburg County Park and Recreation is the steward of several historic sites that host visitors. Many sites offer a hands-on opportunity to learn about life in another time.

Alexandriana: Site has a monument which commemorates the signing of Mecklenburg Declaration of Independence, 9921 Old Statesville Rd., Huntersville

Dowd House: World War I training camp, 2216 Monument Ave., Charlotte

Historic Latta Plantation: Plantation of James Latta, circa 1800, 5225 Sample Rd., Huntersville. See www.lattaplantation.org.

Independence Park: Oldest park in Mecklenburg County, 300 Hawthorne Ln., Charlotte

McIntyre Historic Site: Revolutionary War skirmish and gold mining site, 4125 McIntyre Ave., Charlotte

Rural Hill: 265 acre plantation of Revolutionary War Maj. John Davidson and six generations of his family, 4431 Neck Rd., Huntersville. See www.ruralhill.net.

St. Mary's Chapel: Victorian chapel of Thompson Orphanage, now a popular wedding venue, 1129 East 3rd St., Charlotte

Holly Bend House: Circa 1795-1800 plantation home of Robert and Margaret Davidson at 3710 Neck Rd., near Mountain Island Lake.

Robinson Rockhouse Trail: At Reedy Creek Park and Nature Preserve, 2900 Rocky River Rd



Go Fish!

Which will become **your** favorite fishing hole? We've got small ponds and big lakes! Fishing is free at:

Blythe Landing

15901 NC Highway 73, Huntersville (Lake Norman)

Colonel Francis Beatty Park

4330 Weddington Rd., Matthews

Freedom Park

1900 East Blvd.

Hornets Nest Park

6310 Beatties Ford Rd.

Jetton Park

1900 Jetton Rd., Cornelius (Lake Norman)

Latta Plantation Nature Preserve

5226 Sample Rd., Huntersville (Mountain Island Lake)

McAlpine Creek Park

8711 Monroe Rd.

McDowell Nature Preserve

15222 York Rd. (Lake Wylie)

Park Road Park

6220 Park Rd.

Ramsey Creek Park

18441 Nantz Rd., Cornelius (Lake Norman)

Reedy Creek Park and Nature Preserve

2900 Rocky River Rd.

A North Carolina Fishing License is required for ages 16 and older. For license information, check www.ncwildlife.org or call toll free: 888-248-6834. NC Wildlife Resource Officers enforce license regulations. For information on types of fish, depth of ponds and lakes, etc. check www.parkandrec.com, then click on Activities and Fishing, or call 311.

Try Your Hand at Fishing! It's Fun... and FREE!

Mecklenburg County Park and Recreation can lend you a fishing rod and tackle for a day, so you can try angling in any of our ponds and lakes. This program is a partnership with the NC Wildlife Resources Commission. It is free, and designed to increase fishing opportunities. Just bring a valid ID and fill out a form. A NC Fishing License is required for age 16 and older. For license information check www.ncwildlife.org or call toll free: 888-248-6834. For more information call 311 or the check the nature centers at:

- **Latta Plantation Nature Preserve**
5226 Sample Rd., Huntersville, 704-875-1391
- **McDowell Nature Preserve**
15222 York Rd., 704-588-5224
- **Reedy Creek Nature Preserve and Park**
2900 Rocky River Rd., 704-432-6459





Parks, Preserves and Greenways

Youth Sports

Youth Sports Philosophy

The Youth Sports Philosophy in Mecklenburg County is based on three main goals:

- 1. Safety**
- 2. Fun**
- 3. Participation development based on the following:**

Everyone Plays - Providing opportunities to learn skills and improve conditioning by minimizing roster sizes and ensuring that players play at least half of every game.

Balanced Teams - Building teams that are evenly balanced with regard to skill level and ability.

Positive Coaching - Providing training and education for coaches to assist in the development of the player's self-worth and confidence.

Sportsmanship - Creating a positive environment that fosters mutual respect.



See our 2013 Youth Sports League programs on the following page.



VOLUNTEER TO BE A YOUTH SPORTS COACH!

The Mecklenburg County Park and Recreation Department Youth Sports Leagues rely heavily on the support of volunteer coaches. Anyone who may be interested in volunteering as a head or assistant coach should contact their preferred recreation center to begin the application process. Volunteer sports coaches will receive extensive training in their respective sport. Any parent choosing to be a volunteer coach will receive a fee waiver for their child.

Visit www.parkandrec.com
Or call the Athletics Division: **704-432-4963**



Mecklenburg County Park and Recreation Department encourages and promotes inclusive leisure experiences in all of our programs, activities and sports. Inclusive leisure experiences enhance opportunities for people of varying abilities to participate and interact in life's activities together with dignity. It also provides an environment that promotes and fosters physical, social and psychological inclusion of people with diverse experiences and skill levels. Inclusion enhances individuals' potential for full and active participation in leisure activities and experiences.

For more information contact YouthSports@MecklenburgCountyNC.gov



Parks, Preserves and Greenways

Youth Sports

Join a Youth Sports League... and Join the Fun!

For more specific information about our leagues visit the [Youth Athletics Web Page](#) at www.parkandrec.com

Spring Season Sports Leagues

Youth Disc Golf

Ages 7 to 18

Co-ed

Registration Period: Feb 1-28

Practices begin in March

Season begins in April

\$30.00 Standard Equipment

\$45.00 Extra Equipment



Youth Baseball and Softball

Ages 3 to 12

Girls, Boys and Co-ed leagues are available

Registration Period: Feb 1-28

Practices begin in March

Season begins in April

\$45.00 Ages 3 to 5 (Start Smart)

\$55.00 Ages 5 to 6 (Tee Ball)

\$65.00 Ages 7 and up
(Coach Pitch and Player Pitch)

Youth Track and Field

Ages 4 to 18

Co-ed

Registration Period: Feb 1 - 28

Practices begin in March

Season begins in April

The "Win with Integrity" Track and Field program is a partnership between Mecklenburg County Park and Recreation, USA Track & Field and The Charlotte Flights.

\$65.00 Ages 4 to 18

Fall Season Sports Leagues

Youth Flag Football

Age Divisions: 3 to 5, 5 to 6, 7 to 8, 9 to 10

Girls, Boys and Co-ed leagues are available

Registration Period: Jul 1 - 31

Practices begin August

Season begins in September

\$45.00 Ages 3 to 5 (Start Smart)

\$55.00 Ages 5 to 6

\$65.00 Ages 7 and up

Youth Soccer

Age Divisions: 3 to 5, 5 to 6, 7 to 8, 9 to 10 & 11 to 12

Girls, Boys and Co-ed leagues are available

Registration Period: Jul 1 - 31

Practices begin August

Season begins in September

\$45.00 Ages 3 to 5 (Start Smart)

\$55.00 Ages 5 to 6

\$65.00 Ages 7 and up



Winter Season Sports Leagues

Youth Basketball

Age Divisions: 3 to 18

Girls, Boys and Co-ed leagues are available

Registration Period: Oct 1 - 31

\$45.00 Ages 3 to 5 (Start Smart)

\$55.00 Ages 5 to 6

\$65.00 Ages 7 and up



Individual Sports Opportunities

Youth Cross Country

Age Divisions: 9 to 14

This program is a partnership between Mecklenburg County Park and Recreation and Cross-Country for Youth (CCFY).

Registration Opens August 1

To register, please visit the website www.crosscountryforyouth.org and select the "Register" tab or email crosscountryforyouth@gmail.com.

Youth Tennis

Park and Recreation works with local tennis professionals to provide lessons and clinics at eight facilities county-wide. Current program sites are: Veterans Park, Freedom Park, Park Road Park, Jeff Adams Tennis Center, Colonel Francis Beatty Park, Elon Recreation Center, Tom Sykes Recreation Center and Berewick Recreation Center. Program schedules vary per facility. For more information and a detailed schedule per facility, visit the [Youth Tennis Web page](#) or contact Preston.Buckman@MecklenburgCountyNC.gov or call 704-529-3273.

Youth Golf

Ages 5 to 18

The First Tee of Charlotte partners with Mecklenburg County Park and Recreation to bring golf instruction programs to youth, ages 5 to 18. Click [HERE](#) to learn more about The First Tee.

Youth Boxing

Age Divisions: 9 to 14

The boxing program at [Revolution Park Sports Academy](#) is a joint venture between the Mecklenburg County Park and Recreation Department and the [Charlotte Boxing Academy](#), a private club funded by donations. Participants focus on learning techniques to improve fitness, mental focus and fun. Call 704-432-4963 for more information.

For More Information or to Register Visit

www.parkandrec.com



Parks, Preserves and Greenways

Adult Athletic Leagues

Adult Volleyball Leagues

Divisions:

Co-Rec B (Recreation)

Mon - Wallace Pruitt

Co-Rec BB Doubles Grass

(Intermediate)

Tues - Nevin Park

Co-Rec BB (Intermediate)

Wed - Tom Sykes (Dilworth)

Women's A (Advanced)

Thurs - West Charlotte Rec

Costs: \$225.00 / TEAM

For more information contact Aaron.Cheeks@mecklenburgcountync.gov.

Adult Basketball Leagues

Divisions:

Men's B - Tue, Thur

30 and up (Very competitive) - Sun

40 and up - Mon, Wed

Women - Sun

Tuckaseegee Recreation Center

Costs: \$450.00 MEN'S TEAM

\$400.00 WOMEN'S TEAM

For more information contact Aaron.Cheeks@mecklenburgcountync.gov.

Adult 7 v 7 Flag Football Leagues

Season Starts March 26 at Nevin Park

Costs: \$400.00 CO-REC TEAM

\$425.00 MEN'S TEAM

For more information contact Aaron.Cheeks@mecklenburgcountync.gov.

Adult Softball Leagues

Season Starts March 18

at various locations

Costs: \$475.00 PER TEAM

For more information contact Aaron.Cheeks@mecklenburgcountync.gov.

Adult Tennis

Park and Recreation works with local tennis professionals to provide lessons and clinics at six facilities county-wide. Current program sites are: Veterans Park, Freedom Park, Park Road Park, Jeff Adams Tennis Center, and Colonel Francis Beatty Park. Program schedules vary per facility. For more information and a detailed schedule per facility visit the [Adult Tennis Web page](#) or contact Preston.Buckman@MecklenburgCountyNC.gov or call 704-529-3273.



**Have Fun...
and Stay In Shape!**

Grayson SkatePark



Mecklenburg County Park and Recreation offers a skate park for in-line skaters and skateboarders, plus BMX bikers at specified times. Admission charge, helmets and pads required. Skate parks require signed waiver of liability, with waiver signed by parents and notarized for ages 17 or younger.

For waiver forms, hours, and more info, go to www.parkandrec.com, click on Facilities, then Skate Parks, or call 311 or 704-432-5231.

Grayson SkatePark: 750 Beal St. at the Naomi Drenan Recreation Center. 13,000 square feet of concrete skating surface. Suitable for novices to professionals. Features a street course with banks, transitions, corners, rails, ledges and two bowls with depths of five feet and 10 feet.



Parks, Preserves and Greenways

Golf Facilities

Cadillac Golf Ranch: The Cadillac Golf Ranch is a state-of-the-art golf learning and practice facility that opened in August 2010 in Pineville. The Cadillac Golf Ranch was conceived to be a “club” without a golf course. Our vision is for a place where golfers can meet, socialize, practice, learn and discuss the game of golf in a clean and pleasant atmosphere. We hope to create a place where golfers of all skill levels will find “their” place to fulfill their practice, learning, equipment and recreational needs.

Charles T. Myers Golf Course: 18-hole course (Ladies-2761, Blue-3315, Gold-6334), driving range, chipping/putting green, bent-grass greens.

Renaissance Park: 18-hole course (Ladies-5315, Mens- 6270, Championship-7465), driving range, chipping/putting green, bent-grass greens.

Revolution Park Dr. Charles L. Sifford Golf Course: 9-hole regulation course (Red-2211, White-2825, Blue-2976), chipping/putting green, Bermuda greens.

Sunset Hills: 18-hole course (Red-5185, White-5810, Blue-6146), driving range, putting green, practice sand trap, Bermuda greens.

The Tradition: 18-hole (Forward-5498, Middle-6201, Back-6561, Championship-7054), two putting greens, driving range, chipping green, bent-grass greens.



The Mecklenburg County Park & Recreation Department owns five public golf courses, and a learning and practice facility, including a driving range in Pineville. Each course has its own distinctive charm. Don't waste all day trying to get tee time somewhere else! Play our courses and spend your time playing. Reserving tee time is fast and easy and can be done 24 hours a day, 7 days a week.

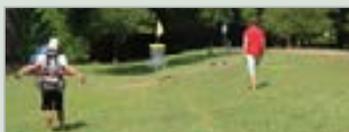
Click [HERE](#) to reserve tee times.



Professional Disc Golf Championships

In July 2012, more than 1,000 players from around the world competed in the Professional Disc Golf World Championships at Mecklenburg County Parks!

Click [HERE](#) to watch the video.



Disc Golf - Never any Cart or Green Fees!

Discover the great fun of playing disc golf! It's inexpensive and courses are located throughout the county. There is no charge to play. Five new courses have been recently added: Eastway Park, Winget Park, R.L. Smith Park, Idlewild Park and Bradford Park. This now gives Mecklenburg County more quality disc golf courses than any other county in the United States!

The courses listed offer 18 holes except for Matthews Squirrel Lake Park (12 holes) and Mint Hill Park (9 holes). For more information check www.parkandrec.com, or visit the Charlotte Disc Golf Club at www.charlottedgc.com for information about local events.

| Course | Location: | Skill Level: |
|--------------------|-----------------------------|--------------------------------|
| Bailey Road Park | 11536 Bailey Rd. | beginner/intermediate |
| Bradford Park | 17005 Davidson-Concord Rd. | intermediate/advanced |
| Eastway Park | 423 Eastway Dr. | intermediate/advanced |
| Elon Park (2) | 11401 Ardrey Kell Rd. | beginner/intermediate/advanced |
| Hornet's Nest Park | 6301 Beatties Ford Rd. | advanced/professional |
| Idlewild Park | 10512 Idelwild Rd. | intermediate/advanced |
| Kilborne Park | 2600 Kilborne Dr. | beginner/intermediate |
| Mint Hill Park | 8850 Fairview Rd./Mint Hill | beginner/intermediate |
| Nevin Park | 6000 Statesville Rd. | intermediate/advanced |
| Reedy Creek Park | 2900 Rocky River Rd. | beginner/intermediate |
| Renaissance Park | 1525 Tyvola Rd. | advanced/professional |
| R.L. Smith Park | 1604 Little Rock Rd. | intermediate/advanced |
| Sugaw Creek Park | 939 W. Sugar Creek Rd. | intermediate/advanced |
| Squirrel Lake Park | 1631 Pleasant Plains Rd. | intermediate/advanced |
| Winget Park | 12235 Winget Rd. | beginner/intermediate |



Parks, Preserves and Greenways

Annual Veterans and Reservist Golf Classic – June 27, 2013

The idea for a Veterans and Reservists Golf Classic originated in January 2006 while Robert Anderson, recreation coordinator/supervisor was attending the National Institute of Golf Management School and networking with Chuck Oldes, General Manager of the Wild Hawk Golf Course in Sacramento, California.

Robert tweaked the idea with a goal of growing it into an annual event in Mecklenburg County. The classic will celebrate its 8th anniversary on June 27, 2013 at the Sunset Hills Golf Course. The classic rotates annually among four County-owned courses. (Charles T. Myers, Sunset Hills, The Tradition and Renaissance Park).

The purpose of the classic is to show our appreciation for the many sacrifices made by those who serve/have served in the armed forces. The classic gives members from all branches of service the chance to come together and enjoy a fun day of free golf, food, and camaraderie.

The first annual Veterans and Reservists Golf Classic had 88 golfers who participated at Sunset Hills Public Golf Course on July 5, 2006. The second annual classic was held on July 6, 2007 at Charles T. Myers Public Golf Course, and 262 golfers participated. Each year since 2007 more than 300 military personnel have registered to play.



Many decorated veterans have served as keynote speaker during lunch: Former Board of County Commissioner Norman A. Mitchell, Sr., U.S. Army (retired), Purple Heart for his service in Vietnam; Major General Charles H. Swannack, Jr. U.S. Army (Retired); General Cornell Wilson, Jr. Marine Corps Forces (Retired), Dr. Wynn Mabry, Major General USAF Medical Corps (Retired), and Lieutenant Colonel Robert L. Weeks, Sr., U.S. Army (Retired).

The classic has morphed into a partnership with the Mecklenburg County Veterans Affairs Office, regional military agencies and military personnel

who receive information about medical and disability benefits from mobile information centers that set up at the golf courses. Mecklenburg County has over 50,000 veterans and as an example, the annual event has benefitted Mr. Jerry Norton, who suffered a partial hearing loss while field testing M48 tanks and M60 machine guns while serving in World War II. Mr. Norton has played in each annual classic.

For more information about the classic contact Robert Anderson at 704-336-3590.



Parks, Preserves and Greenways

Cycling and Races

Mecklenburg County Park and Recreation partners with many local groups to host more than 70 races a year. Races consist of trail and road running events as well as Mountain Bike events.

McAlpine Creek Park, which includes a Nationally Certified Cross Country Course, serves as the main venue for trail running events including: Wendy's Invitational, Footlocker Regional Championships, UNCC 49er Challenge, Queens University Royal Challenge, NCAA Division II Regionals and over a dozen charity events.

Mecklenburg County Park and Recreation is also involved with the Charlotte Turkey Trot held each year on Thanksgiving morning and the Charlotte RaceFest at South Park. Cycling events include a Winter Mountain Bike Short Track Series and a Summer Mountain Bike Series.

Mountain Bike events are held at Renaissance Park and Colonel Francis Beatty Park. For more information on all race events visit www.parkandrec.com, or contact Preston.Buckman@MecklenburgCountyNC.gov or 704-529-3273.



NC Community Sailing and Rowing

NC Community Sailing and Rowing operates in partnership with Park and Recreation on Lake Norman. Their mission is to provide an opportunity for residents of all ages to learn the fundamentals of sailing or rowing at an affordable cost. Visit www.nccsailing.org.

Scholarship Golf Tournament

The Mecklenburg County Department of Park and Recreation is pleased to announce its inaugural Mecklenburg County Youth Scholarship Golf Classic. The tournament will be held at Renaissance Golf Course on Monday, September 9th, 2013. Park and Recreation's mission is to serve County residents by helping them improve their lives and the community. Our Youth Scholarship program is a year-round effort that enables disadvantaged youth to participate in County recreational programs at a free or reduced cost. The money raised from the golf classic will be put into the scholarship fund to help underprivileged children participate in sports sponsored by Mecklenburg County Park and Recreation. Whether you play in the tournament, become a sponsoring partner, or simply make a donation, your involvement in this memorable event will have an immediate impact on the community. Contact Preston Buckman at Preston.Buckman@MecklenburgCountyNC.gov for more information.





Parks, Preserves and Greenways

Grady Cole Center & Memorial Stadium - Summer Events

The Mecklenburg County Park and Recreation Department operates two major special event facilities, the Grady Cole Center and American Legion Memorial Stadium which are located adjacent to each other at 310 N. Kings Dr., Charlotte, NC 28204.

The Grady Cole Center is a 3,000 maximum capacity civic center that can accommodate multiple sport and leisure activities such as concerts, festivals, trade shows, basketball games (youth, high school, college and professional) and community meetings. The facility has great sight lines from any seat to the permanent stage and arena floor. Annual events include Step Shows, Roller Derby bouts, MMA events, Career Fairs and Charitable Fundraisers.



Grady Cole Center Summer Events:

- Jun 17-Aug 12 Pro Am Basketball League
- Jun 23 Roller Derby
- Jun 29 Fraternal Order of Police Annual Banquet
- Jul 15-19 Queens University of Charlotte Basketball Camp
- Jul 21 Roller Derby
- Aug 10 Urban Revolution Karate Tournament
- Aug 13 Charlotte Flights Awards Banquet
- Aug 24 Roller Derby

Memorial Stadium Events:

- Jun 1-2 Grass Volleyball Tournament
- Jun 8 Charlotte Hounds Lacrosse
- Jun 15 Charlotte Hounds Lacrosse
- Jun 22 Charlotte Hounds Lacrosse
- Jun 27 Powerade State Games – Lacrosse
- Jul 4 Independence Day Fireworks Festival
- Jul 12-13 Major League Lacrosse All Star Weekend
- Jul 20 Charlotte Hounds Lacrosse
- Jul 27 Night Beat Band Event
- Aug 3 Charlotte Hounds Lacrosse
- Aug 16 Grass Volleyball Tournament

For additional information on upcoming events or to reserve the facility, please contact facility management staff at 704-336-2884 or check www.parkandrec.com for updates and/or to download a rental application.



Parks, Preserves and Greenways

Tennis Instruction

Mecklenburg County Park and Recreation is proud to partner with contracted tennis professionals to offer youth and adult programming at locations throughout the county. Locations and contracted professional information is listed below. For more information on a specific program contact the tennis professional directly using the contact information listed below.

Colonel Francis Beatty Park

Tennis Academy of North Carolina

(TANC) TANC offers great, quality year round programs for adults & juniors. For more information on lessons & clinics please visit www.tanctennis.com.

PHONE: 704-340-0013

EMAIL: playtennischarlotte@gmail.com

Freedom Park

Charlotte City Tennis (CCT)

CCT's programs are designed to provide a fun, social, exercise-based structure with a goal of improving your tennis game. For more information on Clinics and 1-on-1 instruction please visit www.charlottecitytennis.com.

PHONE: 704-284-9844

EMAIL: allen@charlottecitytennis.com

Jeff Adams Tennis Center

Charlotte City Tennis (CCT)

CCT's programs are designed to provide a fun, social, exercise-based structure with a goal of improving your tennis game. For more information on Clinics and 1-on-1 instruction please visit www.charlottecitytennis.com.

PHONE: 704-284-9844

EMAIL: allen@charlottecitytennis.com

Jetton Park

Lake Norman Tennis Academy

(LNTA)LNTA offers a variety of tennis training to all levels and ages. Instruction includes technical, tactical, mental and physical training. For more information on LNTA please visit www.lnta.wordpress.com.

PHONE: 864-934-5069

EMAIL: scotttuckertennis@gmail.com



Park Road Park

Tennis Education and Endowment

(TEE) TEE offers high level training for individuals who focus on tournament play as well as school teams. For more information contact Preston Buckman.

PHONE: 704-529-3273

EMAIL: Preston.Buckman@MecklenburgCountyNC.gov

Tom Sykes/Latta Park

Midwood Tennis Academy (MTA)

MTA has been providing high quality tennis instruction in Charlotte since 2008. For information on clinics, private lessons, and summer camps please visit www.midwoodtennisacademy.com.

PHONE: 704-491-1846

EMAIL: info@midwoodtennisacademy.com

Veterans Park

Midwood Tennis Academy (MTA)

MTA has been providing high quality tennis instruction in Charlotte since 2008. For information on clinics, private lessons, and summer camps please visit www.midwoodtennisacademy.com.

PHONE: 704-491-1846

EMAIL: info@midwoodtennisacademy.com



To find more information about our tennis facilities, please visit www.parkandrec.com



Parks, Preserves and Greenways

Tennis Complexes

MAJOR COMPLEXES

Jeff Adams Tennis Center

13 Courts Lit
1200 West Tyvola Road Charlotte, NC

Hornest's Nest

12 Courts Lit
6301 Beatties Ford Road Charlotte, NC

Park Road Park

12 Courts Lit
6220 Park Road Charlotte, NC

Freedom Park

12 Courts Lit
1900 East Boulevard Charlotte, NC

Jetton Park

8 Courts Lit
19000 Jetton Road Cornelius, NC

Veterans Park

6 Courts lit
2136 Central Avenue Charlotte, NC

Colonel Francis Beattey

6 Courts lit
4330 Weddington Road Matthews, NC



Latta Park

6 Courts Unlit
601 East Park Avenue Charlotte, NC

Mason Wallace Park

8 Courts (4 Lit)
7301 Monroe Road Charlotte, NC

Sugaw Creek Park

6 Courts Lit
943 West Sugar Creek Road Charlotte, NC

Alexander Street Park

6 Courts Unlit
739 E. 12th Street Charlotte, NC

NEIGHBORHOOD COMPLEXES

Abbott Park

2 Courts Unlit
1300 Spruce Street Charlotte, NC

Carmel Road Park

2 Courts Unlit
2365 Carmel Road Charlotte, NC

Collins Park

1 Court Unlit
4500 Applegate Road Charlotte, NC

Colonial Park

2 Courts Unlit
219 Providence Road Charlotte, NC

Coulwood Park

4 Courts Unlit
100 Coulwood Park Drive

E.B. Moore Park

2 Courts Unlit
901 Marsh Road Charlotte, NC

Edgehill Park

1 Court Unlit
975 South Edgehill Road Charlotte, NC

Enderley Park

2 Courts Unlit
1501 Enderley Road Charlotte, NC

Five Points Park

2 Courts Unlit
200 French Street Charlotte, NC

Frazier Park

2 Courts Unlit
1201 West 4th Street Ext. Charlotte, NC

Fred Alexander Park

1 Court Unlit
1832 Griers Grove Road Charlotte, NC

Grayson Park

2 Courts Unlit
750 Beal Street Charlotte, NC

Independence Park

2 Courts Unlit
300 Hawthorne Lane Charlotte, NC

Kilborne Park

2 Courts Unlit
2300 Kilborne Drive Charlotte, NC

L.C. Coleman Park

1 Court Unlit
1501 McDonald Street Charlotte, NC

Martin Luther King Park

2 Courts Unlit
2600 Ravencroft Drive Charlotte, NC

Midwood Park

1 Court Unlit
2100 Wilhelmina Avenue Charlotte, NC

Shamrock Park

1 Court Unlit
2545 Jeff Street Charlotte, NC

Sheffield Park

1 Court Unlit
1300 Tarrington Avenue Charlotte, NC

Tuckaseegee Park

6 Courts Lit
4820 Tuckaseegee Road Charlotte, NC

Unity Park

2 Courts Unlit
6401 Kelsey Drive Charlotte, NC

To find more information about our tennis facilities, please visit www.parkandrec.com



Parks, Preserves and Greenways

NC Cooperative Extension



The NC Cooperative Extension provides educational programs, resources and technical assistance in the areas of consumer/commercial horticulture, 4-H youth development, food and nutrition, food safety and preservation, and local foods.

Family and Consumer Sciences

Family and Consumer Sciences views the family, in all its diverse forms, as the cornerstone of a healthy society. Our mission is to improve the well-being of the family through programs that educate, influence public policy, and help families put research-based knowledge to work in their lives. In Mecklenburg County, the Family and Consumer Sciences Extension Agent provides education regarding nutrition, food safety and food preservation with a focus on local foods. Educational opportunities include:

- Home Food Preservation Classes and Advice
- Nutrition Classes and Cooking Demonstrations
- Collaborative Partnerships with Local Agencies



For more information call Kristin Davis, FCS Extension Agent, at **704-336-4006**, or email Kristin.Davis@ncsu.edu.



The Center for Environmental Farming Systems (CEFS) and North Carolina Cooperative Extension is committed to building North Carolina's sustainable local food economy. North Carolinians spend about \$35 billion a year on food. If individuals spent 10 percent—\$1.05 per day—locally, about \$3.5 billion would be available in the local economy.

To further our commitment, we are encouraging consumers to commit 10 percent of their existing food dollars to support local food producers and related businesses.

For more information about how you, your business or organization can become involved in Mecklenburg County 10% Campaign contact Kristin Davis at **704-336-4006** or visit www.nc10percent.com.

Expanded Food & Nutrition Education Program

EFNEP helps limited resource families with children learn how to eat healthier meals and snacks, stretch their food dollars and reduce the risk of food-borne illnesses.

Additionally, in collaboration with many organizations through the Eat Smart and Move More initiative, NC EFNEP aims to reduce the rising tide of obesity by teaching youth and families practical skills resulting in changed behaviors that help them to eat smart, move more and achieve a healthy weight.



For more information about EFNEP in Mecklenburg County, contact Sharon.Pearson@ncus.edu or call **704-336-4013**.



Parks, Preserves and Greenways

NC Cooperative Extension

Horticulture

Cooperative Extension horticulture assistance is available in the areas of:

- Fruit and vegetable production
- Landscape and turf grass management
- Community gardens
- Gardener training
- Commercial pesticide training, licensing and recertification
- Home horticulture questions

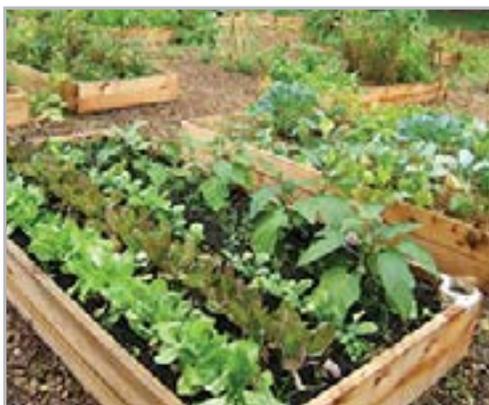


Master Gardener Hotline

Extension Master Gardener volunteers are available to answer your home gardening questions weekdays from 9:00 am until noon beginning March 1, 2013. You can also reach your local Extension Master Gardener by calling **704-336-4011**.

4-H Curriculum Trainings

Mecklenburg County 4-H offers monthly curriculum trainings open to 4-H volunteers, school-age professionals, and other youth workers. These sessions are five hours long and provide .5 CEU's (Continuing Education Units). All sessions include hands-on experiences with curriculum lessons, practical experience working with youth, and opportunity to share and evaluate what you have learned. For information on curriculum training sessions available in the coming months, visit our website: www.mecklenburgcounty4h.org or call **704-336-2082**.



Community Gardens

Mecklenburg County Cooperative Extension manages the community gardens program offered through Park and Recreation. Currently, there are gardens in the following Park and Recreation locations:

- **Frazier Park**, 4th St. and Sycamore St.
- **Little Sugar Creek**, Alexander and 17th St.
- **Hoskins Park**, 3801 Gossett Ave.
- **Huntingtowne Farms Park**, 2400 Ramblewood Ln.
- **McAlpine Creek Community Park**, Holly Ln., off of Sardis Rd.
- **Reedy Creek Park**, 2900 Rocky River Rd.
- **Winget Park**, 12025 Winget Rd.; across from tennis courts

All gardens are currently full. To be added to the waiting list, contact scott_ewers@ncsu.edu or call **704-336-4008**.

Mecklenburg County 4-H

Mecklenburg County has a large and diverse 4-H program. About 65 4-H clubs operate in our recreation centers and other sites all over Charlotte-Mecklenburg. The 4-H program is open to youth ages 5 to 18 interested in learning about subjects such as photography, visual arts, health and fitness, and entrepreneurship. Through 4-H, they also have the opportunity to participate in summer camps, leadership retreats, competitive events, and district and state conferences. Our 4-H is oriented to urban and suburban activities. Parents are encouraged to participate as volunteers. For more information on 4-H, visit www.mecklenburgcounty4h.org.





Parks, Preserves and Greenways

Mecklenburg County Greenways

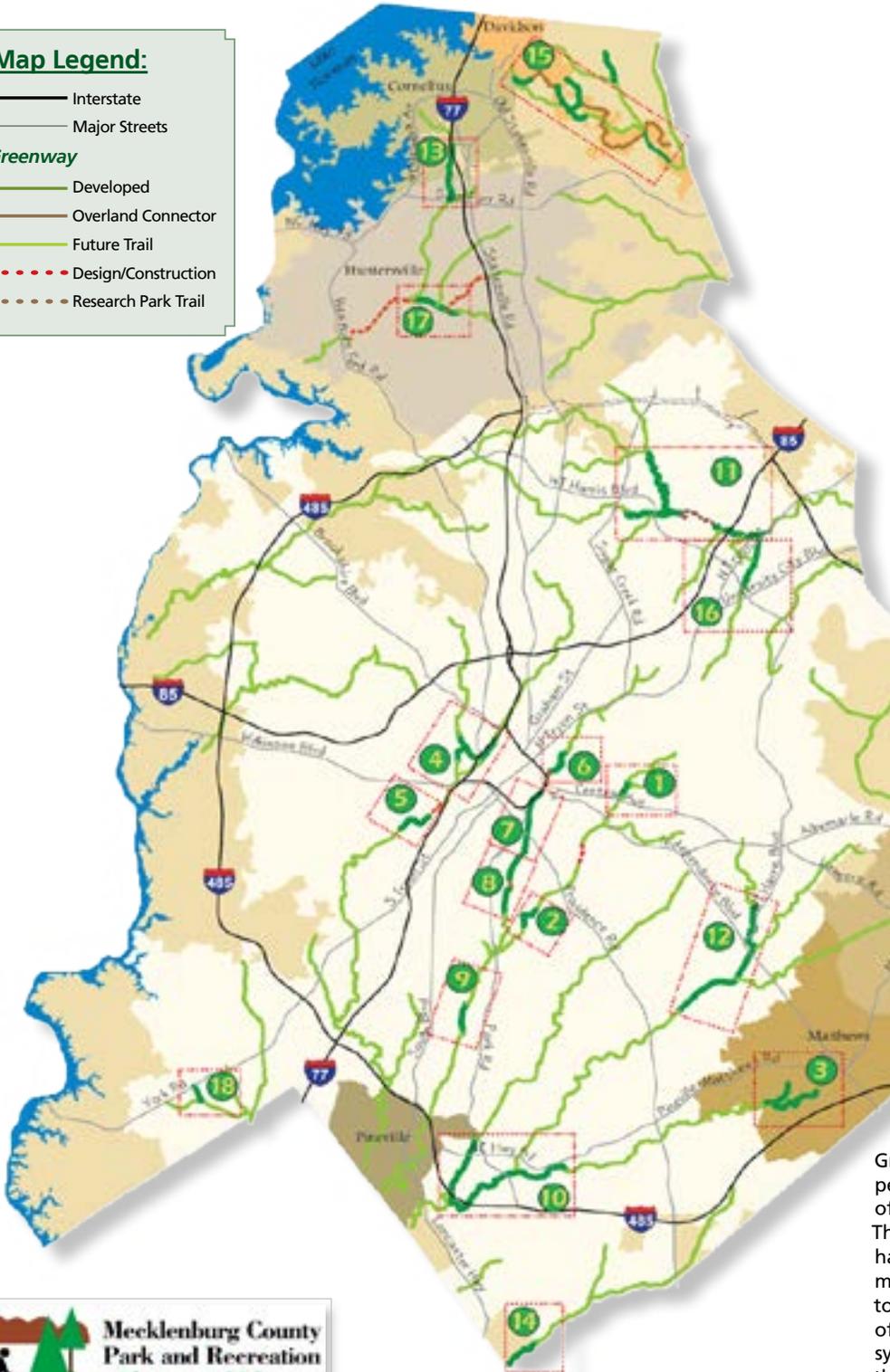
Map Legend:

- Interstate
- Major Streets
- Greenway**
- Developed
- Overland Connector
- Future Trail
- Design/Construction
- Research Park Trail

Greenways

Click on a number below for a printable map of that Greenway.

- 1** Briar Creek Greenway
Arnold Dr. to Masonic Dr.
- 2** Briar Creek Greenway
Myers Park High School
- 3** Four Mile Creek Greenway
E. John St. to Trade St.
- 4** Irwin Creek & Stewart
Creek Greenways
- 5** Irwin Creek Greenway
Clanton Park
- 6** Little Sugar Creek Greenway
Cordelia Park to Alexander St. Park
- 7** Little Sugar Creek Greenway
E. 7th St. to Morehead St.
- 8** Little Sugar Creek Greenway
Morehead St. to Brandywine Rd.
- 9** Little Sugar Creek Greenway
Huntingtowne Farms Park
- 10** Lower McAlpine Creek, McMullen
Creek & Four Mile Creek Greenways
- 11** Mallard Creek & Clark's
Creek Greenways
- 12** McAlpine Creek & Campbell
Creek Greenways
- 13** McDowell Creek Greenway
Westmoreland Rd. to Birkdale Village
- 14** Six Mile Creek Greenway
- 15** South Prong & West Branch Rocky
River Greenway - Town of Davidson
- 16** Toby Creek Greenway
Hwy 49 to Mallard Creek Greenway
- 17** Torrence Creek Greenway
- 18** Walker Branch Greenway



Greenways are linear parks that connect people and places by linking neighborhoods, offices, parks, schools and shopping areas. They also protect water quality and wildlife habitat while providing alternative ways to move through our city, suburbs and small towns. Currently there are more than 38 miles of greenway trails in the Mecklenburg County system, with more being built every year. See the following pages for more details, or visit www.parkandrec.com/greenways for greenway-specific maps.





Parks, Preserves and Greenways

Mecklenburg County Greenways

Whether you are biking, running, strolling or walking, discover the 35 miles of greenways throughout Mecklenburg County. Fascinating views of birds, flora and fauna abound. For downloads of specific greenways, visit parkandrec.com/greenways or click on the number.

Greenways are linear parks that connect people and places. They act as buffers that filter out pollutants from storm water before it enters our creeks. They also preserve natural areas for wildlife and native plant communities. In Mecklenburg County, greenways offer visitors opportunities to enjoy nature and provide alternate ways to move through our city, suburbs and towns. Mecklenburg County operates 35 miles of trails. The greenway master plan envisions a system that will eventually stretch throughout the county and connect neighborhoods within Charlotte, the six surrounding towns and surrounding counties. To learn more about greenways and to download trail maps, please visit www.parkandrec.com/greenways.

1 2 Briar Creek Greenway

There are two developed sections of this greenway. One 0.4 mile paved section includes a bridge over Briar Creek and provides an important connection between the Merry Oaks and Plaza-Midwood neighborhoods. On street parking is available along Masonic Drive. Another 0.9 mile gravel trail follows Briar Creek behind Myers Park High School between Colony Road and Runnymede Lane.

3 Four Mile Creek Greenway

This 2 mile criss-cross greenway is nestled in the center of the town of Matthews, allowing residential areas direct access to the Matthews Community Center and downtown area.

4 Irwin Creek & Stewart Creek Greenway

These trails comprise a continuous 2.1 mile creek side walk in the center city area of Charlotte. The trail takes visitors through the historic Wesley Heights neighborhood and connects Ray's Splash Planet, Frazier Park and Phillip O. Berry Center. The trail is only a few minutes walk from Johnson & Wales University, Gateway Center and uptown condos and offers a quiet place to relax during a busy day. Parking is available at Ray's Splash Planet, Frazier Park and Bruns Avenue.

5 Irwin Creek Greenway - Clanton Park

This 0.8 mile paved greenway crosses Clanton Park in the Revolution Park neighborhood and connects the new Clanton Indoor Pavilion and soccer fields with Arbor Glen Outreach Center. Parking is available at either end of this greenway at Colony Road and Runnymede Lane.

6 7 8 9 Little Sugar Creek Greenway

There are four developed sections totaling 5.91 miles of trail. Almost a mile of trail is located in the Belmont neighborhood northeast of uptown Charlotte, including a railroad underpass connecting to Alexander St. Park. The longest developed stretch of trail is 4.70 miles beginning at East 7th street through Freedom Park and ending at Brandywine Road. Urban Little Sugar Creek runs from East 7th Street to Morehead. Liz Hair Nature Walk runs from Morehead Street to East Boulevard and is dedicated to the first woman to chair the Mecklenburg Board of County Commissioners. Almost a mile of paved trail is developed through Huntingtowne Farms Park in south Charlotte. Parking is available at YWCA on Parkwood Ave., Freedom Park, Park Road Shopping Center and Huntingtowne Farms Park.

For More Information on Greenways visit www.parkandrec.com

10 Lower McAlpine, McMullen & Four Mile Creek Greenways

This horseshoe shaped greenway runs 5.8 miles through south Charlotte and passes under Interstate 485. The trail is composed of a variety of surfaces, including asphalt, gravel and boardwalk. Parking is available off of Hwy 51 across from McMullen Creek Market. The most recently developed Four Mile Creek Greenway section features significant boardwalk through scenic wetlands with abundant wildlife. A parking lot and restrooms are available off Johnston Road.



Growing Greenways: Over the next year, Mecklenburg County Park and Recreation will add additional mileage to the greenway system. Look for greenway trail construction along the following: Four Mile Creek, Irwin Creek, Little Sugar Creek, McDowell Creek, Toby Creek and Torrence Creek.



Parks, Preserves and Greenways

Mecklenburg County Greenways

11 Mallard Creek and Clark's Creek Greenways

Located in the University area, the trail is 7.1 miles long and is currently the longest trail in the county. While much of the greenway is paved, a 1.2 mile gravel trail through University Research Park connects to the newly constructed section from David Taylor Drive to Kirk Farm Fields off of Mallard Creek Church Road, Colony Road and Runnymede Lane.

12 McAlpine Creek & Campbell Creek Greenways

This greenway stretches for 4.1 miles in east Charlotte and is a favorite of runners. McAlpine Creek Greenway is composed primarily of gravel trail and boardwalk. It connects with Cottonwood Nature Trail and the 3.1 mile McAlpine Creek Cross Country course. Surrounded by urban development, the greenway is home to 188 different documented species of birds, as well as beavers and river otters. Parking is available at Margaret Wallace Road, McAlpine Creek Park and Old Bell Road.

13 McDowell Creek Greenway

Linking the Towns of Cornelius and Huntersville, this 1.5 mile paved greenway is the first developed section of McDowell Creek. The greenway links several new and existing neighborhoods to great destinations like Birkdale Village and the future Robbins Park location in Cornelius.

14 Six Mile Creek Greenway

This 0.9 mile paved greenway runs along the county's southern border. It will eventually link neighborhoods within Mecklenburg and Union counties. The trail was developed through a partnership with LUESA (Land Use & Environmental Services Agency). Parking is available off of Marvin Road.

15 South Prong Rocky River & West Branch Rocky River Greenways

This 2.9 mile greenway connects downtown Davidson with neighborhoods to the southeast along the South Prong of the Rocky River. Parking is available at South Street near Davidson Elementary School, on-street at the Hudson Place trailhead and at River Run Athletic Field. Although part of the Mecklenburg County Greenway system, this greenway is operated by the Town of Davidson. Please visit <http://www.ci.davidson.nc.us/> for more information. Continuing approximately 3.2 miles long, the sidewalk and bike lanes begin on Robert Walker Drive and continue on roads into River Run including River Ford Drive. This overland connector leads to the entrance plaza for West Branch Rocky River Greenway. The greenway opened in 2011 and provides 1 mile of restful travel and natural areas. This greenway feels far from urban areas. Parking is available off of Marvin Road.



16 Toby Creek Greenway

Toby Creek Greenway opened in 2011 and adds 2 miles of trails to the system and a significant connection to the UNC Charlotte Campus. Parking is available at Mallard Creek Elementary School and Kirk Farm Fields.

17 Torrence Creek Greenway

Located in Huntersville, the 1.4 mile trail is composed of asphalt and boardwalk, meandering through woods and wetlands. This greenway features large rock formations along the eastern end and meadows of wildflowers along the western end. On-street parking is available on Bradford Hill Lane.

18 Walker Branch Greenway

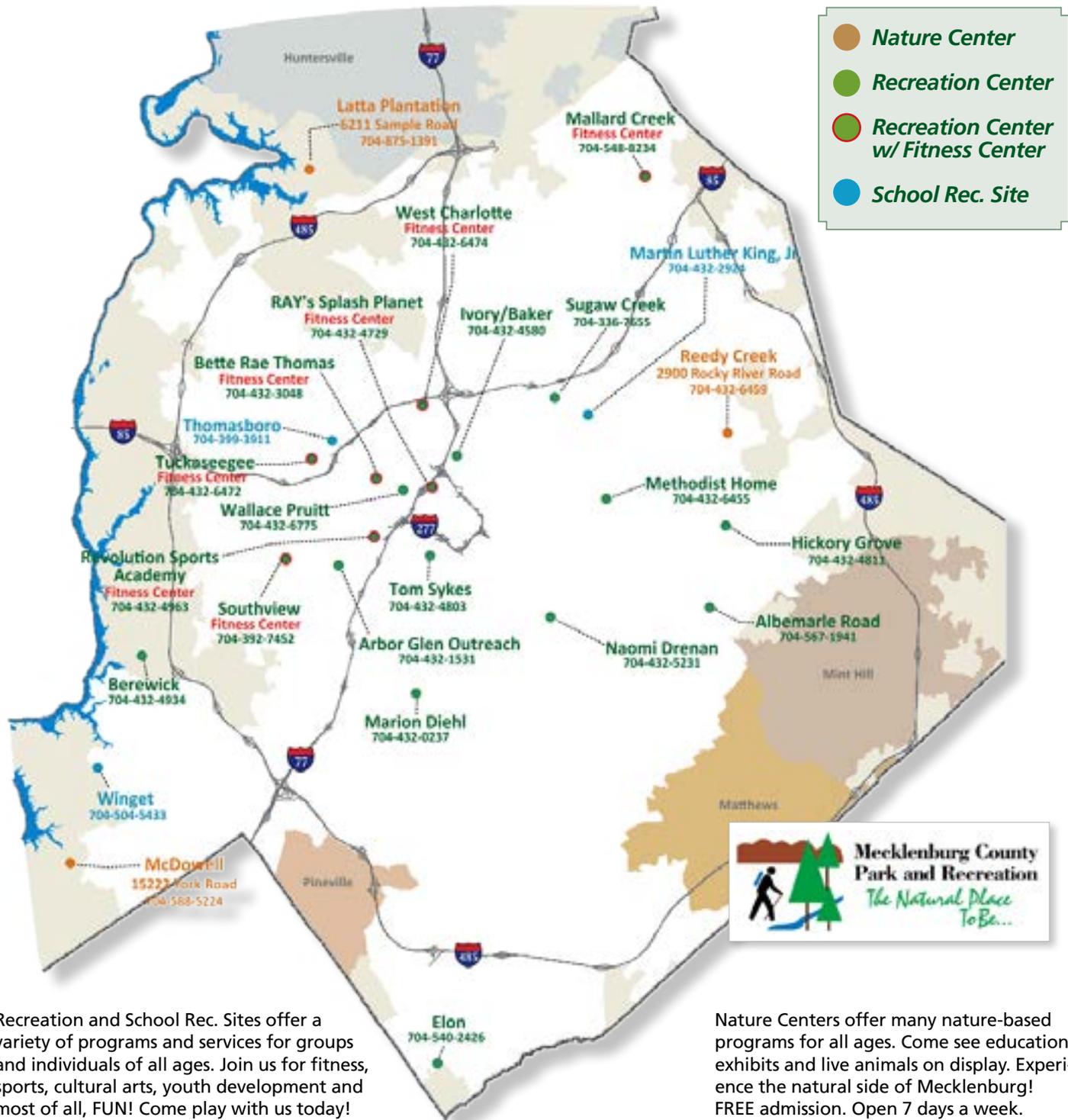
The first greenway in southwest Mecklenburg County, this half-mile paved trail runs southeast from South Tryon Street along Rivergate Parkway. Parking is located adjacent to the Home Depot on Rivergate Parkway.





Parks, Preserves and Greenways

Mecklenburg County Recreation Centers & School Recreation Sites



Recreation and School Rec. Sites offer a variety of programs and services for groups and individuals of all ages. Join us for fitness, sports, cultural arts, youth development and most of all, FUN! Come play with us today!

Nature Centers offer many nature-based programs for all ages. Come see educational exhibits and live animals on display. Experience the natural side of Mecklenburg! FREE admission. Open 7 days a week.





Parks, Preserves and Greenways

| RECREATION CENTERS AND SCHOOL RECREATION SITES Hours vary at each recreation center. Some offer room rentals for birthday parties and events. Call the recreation center for rates, or visit www.parkandrec.com | Gymnasium | Multi-purpose Room | Kitchen | Fitness Center | Pool/ Water park | Computer Lab | Youth Activity Room | Ray's Playhouse | Lockers/Showers | Performing Arts Room | Stage | Dance Studio |
|---|-----------|--------------------|---------|----------------|------------------|--------------|---------------------|-----------------|-----------------|----------------------|-------|--------------|
| Albemarle Road Recreation Center 5027 Idlewild Rd. North | • | • | • | | | | • | | | | | |
| Arbor Glen Outreach Center 1520 Clanton Rd. | • | • | | | | | | | | | | |
| Berewick Recreation Center 5910 Dixie River Rd. | • | • | | | | | | • | | | • | |
| Bette Rae Thomas Recreation Center 2921 Tuckaseegee Rd. | • | • | | • | | • | • | | | | | |
| Elon Recreation Center 11401 Ardrey Kell Rd. | • | • | • | | | | • | | | | | |
| Hickory Grove Recreation Center 6709 Pence Rd. | • | • | | | | • | | • | | | • | |
| Ivory/Baker Recreation Center 1920 Stroud Park Ct. | • | • | | | | • | | | | | | |
| Mallard Creek Recreation Center 2530 Johnston-Oehler Rd. | • | • | • | • | | • | | • | | | | |
| Marion Diehl Recreation Center 2219 Tyvola Rd. | • | • | • | | • | | | | • | | | |
| Martin Luther King Jr. School Recreation Site 500 Bilmark Ave. | • | • | | | | | | | | | | • |
| Methodist Home Recreation Center 3200 Shamrock Dr. | • | • | • | | | | | | | | | |
| Naomi Drenan Recreation Center/ Grayson SkatePark 750 Beal Str. | • | • | • | | | | • | | | | | |
| Ray's Splash Planet 215 N Sycamore St. | • | • | | • | • | | | | • | | | • |
| Revolution Park Sports Academy 1225 Remount Rd. | • | • | | • | | • | | | • | | | |
| Southview Recreation Center 1720 Vilma St. | • | • | • | • | | • | | • | | | | |
| Sugaw Creek Recreation Center 943 W. Sugar Creek Rd. | • | • | • | | | | | | | | | |
| Thomasboro School Recreation Site 538 Bradford Dr. | • | • | | | | | | | | | | |
| Tom Sykes Recreation Center 1501 Euvlid Ave. | • | • | | | | | | | | | | • |
| Tuckaseegee Recreation Center 4820 Tuckaseegee Rd. | • | • | | • | | | • | | • | | | |
| Wallace Pruitt Recreation Center 440 Tuckaseegee Rd. | • | • | • | | | | • | • | | | | |
| West Charlotte Recreation Center 2401 Kendall Dr. | • | • | • | • | | | • | | | | | |
| Winget School Recreation Site 12235 Winget Rd. | • | | | | | | | | | | | |

Nature



VISIT US ON

facebook

2013 Summer Programs & Activities





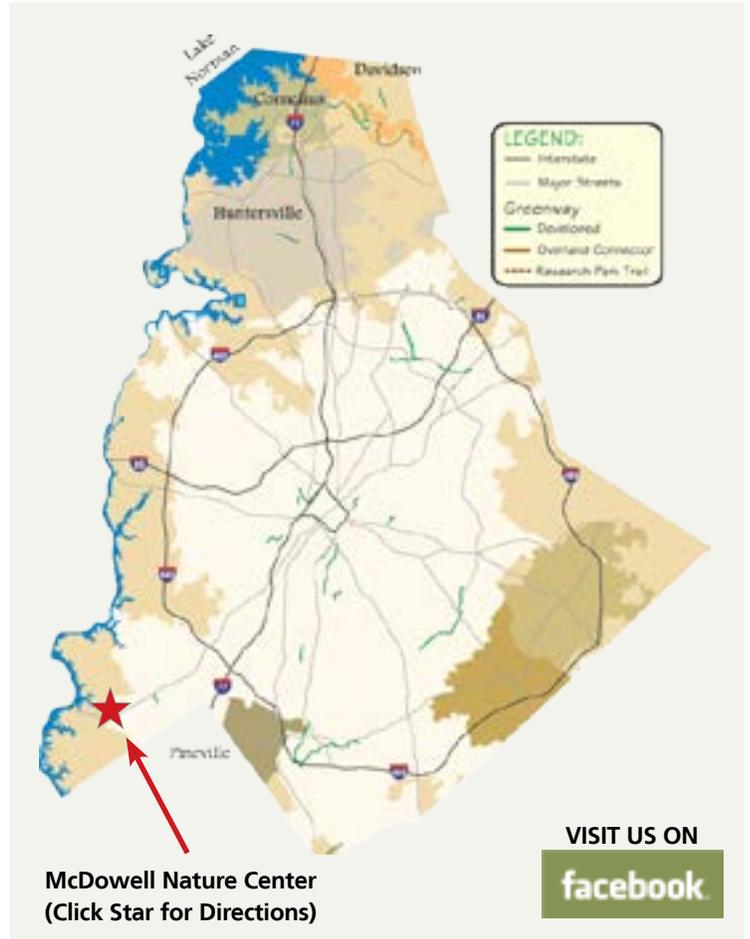
Nature

McDowell Nature Center

15222 York Road • Charlotte • 704-588-5224 • Open Mon-Sat, 9:00am to 5:00pm, and Sun 1:00pm to 5:00pm

The McDowell Nature Center serves as the gateway to the 1,107 Acre McDowell Nature Preserve and is the source for educational programs and information on the preserve's natural communities, flora, and fauna. The preserve, the oldest in Mecklenburg County, has been left 90% undeveloped and protects mostly forested, rolling terrain along the banks of Lake Wylie.

- **Covers 1,107 Acres**
- **Indoor Nature Center**
- **56-Site Campground**
- **Copperhead Island - Fishing and Boating Access, Primitive Group Camping**
- **7 Miles of Hiking Trails**
- **Playgrounds**
- **Picnic Areas**
- **Wildlife Viewing Opportunities**



The McDowell Nature Center is a proud member of the North Carolina Association of Environmental Education Centers and supports Environmental Educators of North Carolina. The Nature Center is recognized as a WNCW Oasis and accepts the Oasis member discount card for gift shop purchases. The Nature Center is also a member of the Charlotte-Mecklenburg Water Quality Coalition, is a certified National Wildlife Federation Backyard Habitat, participates in the Groundwater Guardian program, and serves as an ambassador for Cornell Laboratory of Ornithology's Project FeederWatch.



2013 Summer Programs & Activities





McDowell Nature Center

Outdoor Recreation

Summer Campfire Kick-off

To celebrate the end of school and beginning of the summer, head over to the McDowell Nature Preserve for an evening of family fun. Enjoy stories, songs, and s'mores around the campfire and then a glow-in-the-dark scavenger hunt! **Registration required.**

McDowell Campground Fire Pit

All ages **FREE**

#46671 Fri, Jun 7 7:00pm to 9:30pm



Family Campfire

Enjoy stories, eat s'mores, and sing songs around a campfire with family and friends. Groups are welcome to attend; come early to get tickets to the Nature at Night Hayride immediately following the Campfire.

McDowell Campground Fire Pit

All ages **FREE**

Fri, Jun 14 7:00pm to 8:00pm
 Fri, Jun 21 7:00pm to 8:00pm
 Fri, Jun 28 7:00pm to 8:00pm
 Fri, Jul 5 7:00pm to 8:00pm
 Fri, Jul 12 7:00pm to 8:00pm
 Fri, Jul 19 7:00pm to 8:00pm
 Fri, Jul 26 7:00pm to 8:00pm
 Fri, Aug 2 7:00pm to 8:00pm
 Fri, Aug 9 7:00pm to 8:00pm
 Fri, Aug 16 7:00pm to 8:00pm
 Fri, Aug 23 7:00pm to 8:00pm

Nature at Night Hayride

Bring your family and experience McDowell Nature Preserve at night. Weather permitting, we will venture into our prairie in search of coyote, bobcat, deer, and owls while taking in the sights and sounds of the night. Limited seating is available. Pre-register or come to the Family Campfire early to take advantage of first-come first-serve seating.

McDowell Campground

All Ages **\$1.00**

#46984 Fri, Jun 7 8:15pm to 9:30pm
#46683 Fri, Jun 14 8:15pm to 9:30pm
#46684 Fri, Jun 21 8:15pm to 9:30pm
#46685 Fri, Jun 28 8:15pm to 9:30pm
#46686 Fri, Jul 5 8:15pm to 9:30pm
#46687 Fri, Jul 12 8:15pm to 9:30pm
#46688 Fri, Jul 19 8:15pm to 9:30pm
#46689 Fri, Jul 26 8:15pm to 9:30pm
#46690 Fri, Aug 2 8:15pm to 9:30pm
#46691 Fri, Aug 9 8:15pm to 9:30pm
#46692 Fri, Aug 16 8:15pm to 9:30pm
#46693 Fri, Aug 23 8:15pm to 9:30pm

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK on Eparks** at www.parkandrec.com and use the course code number.
 2. **CALL 311 (704-336-7600)** or the number listed for that program.
 3. **COME to the location** where the program is offered.
- Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.

Lake Wylie Family Kayak Tour

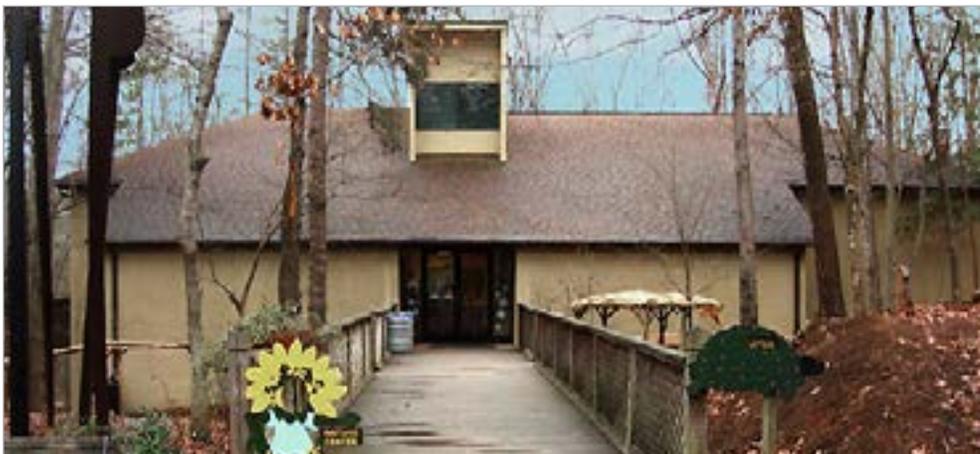
Paddle the border of the Carolinas with views of the Buster Boyd Bridge, Copperhead Island, and more. All equipment and instruction provided. Children ages 5-9 are required to share a tandem kayak with an adult. **Registration required.** Please call the nature center at 704-588-5224 to register.

Waterfront Deck Programming Area

Ages 5 and up (with adult)

\$15.00 | SINGLE, \$20.00 | TANDEM

#46707 (single) Sat, Jun 1 9:00am to 11:00am
#46708 (tandem) Sat, Jun 1 9:00am to 11:00am
#46709 (single) Sun, Jun 2 1:30pm to 3:30pm
#46710 (tandem) Sun, Jun 2 1:30pm to 3:30pm
#46711 (single) Sat, Jun 8 9:00am to 11:00am
#46712 (tandem) Sat, Jun 8 9:00am to 11:00am
#46713 (single) Sun, Jun 9 1:30pm to 3:30pm
#46714 (tandem) Sun, Jun 9 1:30pm to 3:30pm
#46715 (single) Sat, Jun 15 9:00am to 11:00am
#46716 (tandem) Sat, Jun 15 9:00am to 11:00am
#46717 (single) Sun, Jun 16 1:30pm to 3:30pm
#46718 (tandem) Sun, Jun 16 1:30pm to 3:30pm
#46719 (single) Sat, Jun 22 9:00am to 11:00am
#46720 (tandem) Sat, Jun 22 9:00am to 11:00am
#46721 (single) Sun, Jun 23 1:30pm to 3:30pm
#46722 (tandem) Sun, Jun 23 1:30pm to 3:30pm
#46723 (single) Sat, Jun 29 9:00am to 11:00am
#46724 (tandem) Sat, Jun 29 9:00am to 11:00am
#46725 (single) Sat, Jun 30 1:30pm to 3:30pm
#46726 (tandem) Sun, Jun 30 1:30pm to 3:30pm
#46727 (single) Sat, Jul 6 9:00am to 11:00am
#46728 (tandem) Sat, Jul 6 9:00am to 11:00am
#46729 (single) Sun, Jul 7 1:30pm to 3:30pm
#46731 (tandem) Sun, Jul 7 1:30pm to 3:30pm
#46732 (single) Sat, Jul 13 9:00am to 11:00am
#46733 (tandem) Sat, Jul 13 9:00am to 11:00am
#46734 (single) Sun, Jul 14 1:30pm to 3:30pm
#46735 (tandem) Sun, Jul 14 1:30pm to 3:30pm
#46736 (single) Sat, Jul 20 9:00am to 11:00am
#46737 (tandem) Sat, Jul 20 9:00am to 11:00am
#46738 (single) Sun, Jul 21 1:30pm to 3:30pm
#46739 (tandem) Sun, Jul 21 1:30pm to 3:30pm
#46740 (single) Sat, Jul 27 9:00am to 11:00am
#46741 (tandem) Sat, Jul 27 9:00am to 11:00am
#46742 (single) Sun, Jul 28 1:30pm to 3:30pm
#46743 (tandem) Sun, Jul 28 1:30pm to 3:30pm
#46744 (single) Sat, Aug 3 9:00am to 11:00am
#46745 (tandem) Sat, Aug 3 9:00am to 11:00am
#46746 (single) Sun, Aug 4 1:30pm to 3:30pm
#46747 (tandem) Sun, Aug 4 1:30pm to 3:30pm
#46748 (single) Sat, Aug 10 9:00am to 11:00am
#46749 (tandem) Sat, Aug 10 9:00am to 11:00am
#46750 (single) Sun, Aug 11 1:30pm to 3:30pm
#46751 (tandem) Sun, Aug 11 1:30pm to 3:30pm
#46752 (single) Sun, Aug 18 1:30pm to 3:30pm
#46753 (tandem) Sun, Aug 18 1:30pm to 3:30pm
#46754 (single) Sat, Aug 24 9:00am to 11:00am
#46755 (tandem) Sat, Aug 24 9:00am to 11:00am
#46756 (single) Sun, Aug 25 1:30pm to 3:30pm
#46757 (tandem) Sun, Aug 25 1:30pm to 3:30pm
#46758 (single) Sat, Aug 31 9:00am to 11:00am
#46759 (tandem) Sat, Aug 31 9:00am to 11:00am





McDowell Nature Center

Lake Wylie Sunset Kayak Tour

Join us for a relaxing kayak tour. During this class, we will learn the basics of flat water kayaking while watching the sunset over Lake Wylie. We will also learn some of the history of the lake and highlights of the Lake Wylie area. **Registration required.** Call McDowell Nature Center at 704-588-5224 to register.

Waterfront Deck Programming Area

Ages 16 and up **\$15.00**

| | | |
|---------------|-------------|------------------|
| #46805 | Wed, Jun 5 | 6:30pm to 8:30pm |
| #46806 | Wed, Jun 19 | 6:30pm to 8:30pm |
| #46807 | Wed, Jun 26 | 6:30pm to 8:30pm |
| #46808 | Wed, Jul 3 | 6:30pm to 8:30pm |
| #46809 | Wed, Jul 10 | 6:30pm to 8:30pm |
| #46810 | Wed, Jul 17 | 6:30pm to 8:30pm |
| #46811 | Wed, Jul 24 | 6:30pm to 8:30pm |
| #46813 | Wed, Jul 31 | 6:30pm to 8:30pm |
| #46814 | Wed, Aug 7 | 6:30pm to 8:30pm |
| #46815 | Wed, Aug 14 | 6:30pm to 8:30pm |
| #46816 | Wed, Aug 21 | 6:30pm to 8:30pm |



Catawba River Kayak Adventure

Join McDowell Nature Preserve's Outdoor Adventure staff for an afternoon paddle down part of the longest free-flowing section of the Catawba River. We'll start at the Lake Wylie Dam and float 6 miles down to River Park in Rock Hill, SC. Along the way we will have the opportunity to see wildlife and learn about the Catawba River. **Registration required.** Please call the nature center at 704-588-5224 to register.

Waterfront Deck Programming Area

Ages 18 and up **\$20.00**

| | | |
|---------------|-------------|------------------|
| #46907 | Sat, Jun 8 | 1:00pm to 6:00pm |
| #46908 | Sat, Jul 13 | 1:00pm to 6:00pm |
| #46909 | Sat, Aug 10 | 1:00pm to 6:00pm |



McDowell Birds on the Water Kayak Tour

Kayaking and bird watching come together during this leisurely paddle on Lake Wylie. After covering the basics of kayaking, we will set out in search of Kingfishers, Wood Ducks, Osprey and other birds that live or hang out on the water. **Registration required.** Please call the nature center at 704-588-5224 to register.

Waterfront Deck Programming Area

Ages 5 and up (with adult)

\$15.00 / SINGLE, \$20.00 / TANDEM

| | | |
|------------------------|-------------|-------------------|
| #46828 (single) | Thu, Jun 13 | 8:00am to 10:00am |
| #26827 (tandem) | Thu, Jun 13 | 8:00am to 10:00am |

The Hiker's Palate

Each month's activities are designed to provide an inexpensive night out enjoying the outdoors. Activities will change each month ranging from natural and cultural history to good ole' outdoor adventure. We will also feature hors d'oeuvres that incorporate the evening's theme. This is no family picnic so don't forget the sitter. **Registration required.**

McDowell Nature Center

Ages 18 and up **\$10.00**

| | | |
|--|-------------|-------------------|
| #46884 | Fri, Jun 7 | 7:00pm to 10:00pm |
| Copperhead Beach Party – Activities include horseshoes, beach volleyball and shag music accompanied by catfish poboy and grilled corn. | | |
| #46911 | Fri, Aug 23 | 7:00pm to 10:00pm |
| Hike through the park in search of caches while enjoying chilled appetizers and watermelon mint tea along the way. | | |

Visit Us On 

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK on Eparks** at www.parkandrec.com and use the course code number.
2. **CALL 311 (704-336-7600)** or the number listed for that program.
3. **COME to the location** where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.

Fishin' on Friday

Let your kids try fishing without having to purchase their own gear. A McDowell educator will teach the basics and be on hand to help as needed. All supplies provided; catch-and-release only. Participants ages 16 and up must bring a valid NC Fishing License. **Registration required.**

Waterfront Deck Programming Area

Ages 4 and up (with adult) **FREE**

| | | |
|---------------|-------------|-------------------|
| #46822 | Fri, Jul 12 | 9:30am to 11:30am |
|---------------|-------------|-------------------|

For More Information or to Register Visit
www.parkandrec.com



McDowell Nature Center

Nature Center

McDowell Animal Detectives

Love to see animals in the woods but hate it when you can't find any? If you know what to look for, the evidence animals create can be as interesting as the critters themselves. Come learn how to distinguish between tracks, nests, and scat (yes, that means poop!), then take a hike in search of woodland critters and their hidden clues. **Registration required.**

McDowell Nature Center

All ages **FREE**
#46819 Tue, Jun 4 10:30am to 11:30am

Evening Prairie Prowl

Summer is a perfect time to look and listen for many types of nocturnal animals, including insects, frogs, and birds. Using black lights and flashlights, we will investigate the tall grasses of the McDowell prairie. **Registration required.**

McDowell Nature Center

Ages 8 and up **FREE**
#46820 Tue, Jul 9 7:30pm to 9:00pm

Back-to-School Trivia Bowl

Adults and kids can test their natural knowledge during this fun and educational program. Bring a whole team or join one at the start of the game. **Registration required.**

McDowell Large Pavilion

Ages 5 and up (with adult) **FREE**
#46823 Sun, Aug 25 3:00pm to 4:30pm

Little Kids, Big World

The big kids are back in school so it's the perfect time for the little ones to get outside! You and your little one will go on a sensory nature exploration, meet live animals, and have a snack. **Registration required.**

McDowell Nature Center

Ages 1 to 5 (with adult) **\$3.00**
#46824 Tue, Aug 27 11:00am to 11:45am

The INVADERS!

These invaders are not from space but from foreign ecosystems. Non-native plants and animals cause havoc in local landscapes. Learn background information, identification techniques and how to impede their progress. We'll even make a craft with one invader found in the preserve!

McDowell Nature Center

Ages 12 and up **FREE**
#46826 Sat, Jun 1 10:00am to 11:00am

Astronomy for Everyone

Every month the night sky offers something new – come find out “what’s up” in space! This educational program will meet monthly at sunset in the Nature Center with a “virtual sky” regardless of the weather. If skies are clear we’ll head outside after dark to use McDowell’s 8-inch telescope to observe the moon, planets, and beyond. **Registration required.**

McDowell Nature Center

Ages 6 and up **FREE**
#46829 Tue, Jun 4 8:30pm to 10:00pm
 Theme: Mercury and Other Planets
#46830 Thu, Jul 4 8:30pm to 10:00pm
 Theme: Stars (and Stripes) Forever
#46831 Mon, Aug 12 8:00pm to 9:30pm
 Theme: Lunar Observing and the Perseids



Summer Bird & Wildflower Hikes

McDowell Nature Preserve protects over 1,100 acres of habitat for a wide variety of birds, reptiles, flowers, trees, and other wildlife. Come explore this diversity of life with an experienced naturalist as your guide. **Registration required.**

McDowell Nature Center

Ages 8 and up **FREE**
#46832 Fri, Jun 7 10:00am to 11:30am
#46833 Fri, Jul 5 10:00am to 11:30am
#46834 Fri, Aug 16 10:00am to 11:30am

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK on Eparks** at www.parkandrec.com and use the course code number.
2. **CALL 311 (704-336-7600)** or the number listed for that program.
3. **COME to the location** where the program is offered. Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.

Little Explorers Series

Toddlers and adults discover nature together through crafts, games, songs, animal encounters, and outdoor exploration. Each week features a different theme – try one to start or sign up for them all! **Registration required.**

McDowell Nature Center

Ages 2 to 3 **\$3.00**
#46835 Mon, Jun 3 10:30am to 11:15am
 Theme: Looking Under Logs
#46836 Mon, Jun 24 10:30am to 11:15am
 Theme: Wiggly Worms
#46837 Mon, Jul 1 10:30am to 11:15am
 Theme: Beautiful Butterflies
#46838 Mon, Jul 15 10:30am to 11:15am
 Theme: Leaping Lizards
#46839 Mon, Jul 29 10:30am to 11:15am
 Theme: Slithering Snakes
#46840 Mon, Aug 5 10:30am to 11:15am
 Theme: Fantastic Frogs
#46841 Mon, Aug 19 10:30am to 11:15am
 Theme: Totally Turtles



Preschool Pioneers Series

Adventurous and curious, preschoolers explore the outdoors with wide-eyed wonder. Each week features a different theme that incorporates age-appropriate games, stories, animal encounters, and more. Try one to start or sign up for them all! **Registration required.**

McDowell Nature Center

Ages 4 to 6 **\$3.00**
#46842 Fri, Jun 14 10:30am to 11:15am
 Theme: Worm Wonders
#46843 Fri, Jul 5 10:30am to 11:15am
 Theme: Incredible Insects
#46844 Fri, Jul 19 10:30am to 11:15am
 Theme: Remarkable Reptiles
#46845 Fri, Aug 2 10:30am to 11:15am
 Theme: Looking Under Logs
#46846 Fri, Aug 9 10:30am to 11:15am
 Theme: Stream Stroll
#46847 Fri, Aug 23 10:30am to 11:15am
 Theme: Forest Friends



McDowell Nature Center

Butterflies and Dragonflies on the Prairie

Our prairie is home to many critters including many species of butterflies and dragonflies! Join us for a hike to discover these beautiful creatures. **Registration required.** Van transportation to prairie is provided.

McDowell Nature Center

Ages 10 and up **FREE**
#46848 Sat, Jun 29 9:30am to 11:00am



Night Insects

Have you ever noticed that insects like to fly around lights? Come join us as we lure night insects with light and a method called "sugaring." **Registration required.**

McDowell Nature Center

Ages 10 and up **FREE**
#46849 Fri, Aug 2 8:30pm to 10:00pm



Family Fort Building

There is nothing more fun than building a fort in the woods! Bring out the whole family to join in the bonding powers of fort building! **Registration required.**

McDowell Nature Center

Ages 4 and up (with adult) **FREE**
#46850 Sun, Jun 30 3:00pm to 4:30pm

Wetland Critter Romp

Spend the afternoon romping through wetlands and hiking creeks in an attempt to find the critters that tell us how clean our water is. **Registration required.**

McDowell Nature Center

Ages 7 to 12 **FREE**
#46855 Sat, Jun 8 1:00pm to 3:00pm



Animal Care Behind-the-Scenes

Thinking of getting a pet turtle or snake? Want to see what it takes to care for over a dozen reptiles and amphibians? This behind-the-scenes opportunity allows kids to get hands-on with McDowell's resident critters, including feeding, watering, and handling them. **Registration required.**

McDowell Nature Center

Ages 8 and up **FREE**
#46866 Sat, Aug 24 1:00pm to 3:00pm

Visit Us On 

For More Information or to Register Visit www.parkandrec.com

Nature's Artists

Do you like nature? Do you like art? Join us to combine the two and make your very own nature-inspired masterpieces. Who knows, we may even have a special animal guest join us for some craftwork! **Registration required.**

McDowell Nature Center

Ages 5 and up (with adult) **FREE**
#46868 Sun, Jun 9 3:30pm to 4:15pm
#46872 Sat, Jun 22 3:30pm to 4:15pm
#46873 Sat, Jul 6 3:30pm to 4:15pm
#46874 Sat, Jul 13 3:30pm to 4:15pm
#46876 Sun, Jul 21 3:30pm to 4:15pm
#46877 Sat, Jul 27 3:30pm to 4:15pm
#46878 Sun, Aug 4 3:30pm to 4:15pm
#46880 Sat, Aug 31 3:30pm to 4:15pm

Family Nature Hike

Come explore McDowell Nature Preserve with a staff member. We will walk the trails enjoying the sights and sounds of the nature preserve. **Registration required.**

McDowell Nature Center

All ages **FREE**
#46885 Sun, Jul 7 3:00pm to 4:00pm
#46886 Sun, Jul 14 3:00pm to 4:00pm
#46887 Sat, Aug 10 3:00pm to 4:00pm
#46888 Sun, Aug 18 3:00pm to 4:00pm

Animal Talks

Did you know a soft-shell turtle's neck is as long as its body? Or that a king snake is immune to copperheads' venom? Learn these and other surprising facts about the animals in your backyard!

McDowell Nature Center

All ages **FREE**
 Every Sat in Jun, Jul and Aug 10:00am & 2:00pm
 Every Sun in Jun, Jul and Aug 2:00pm



Nature



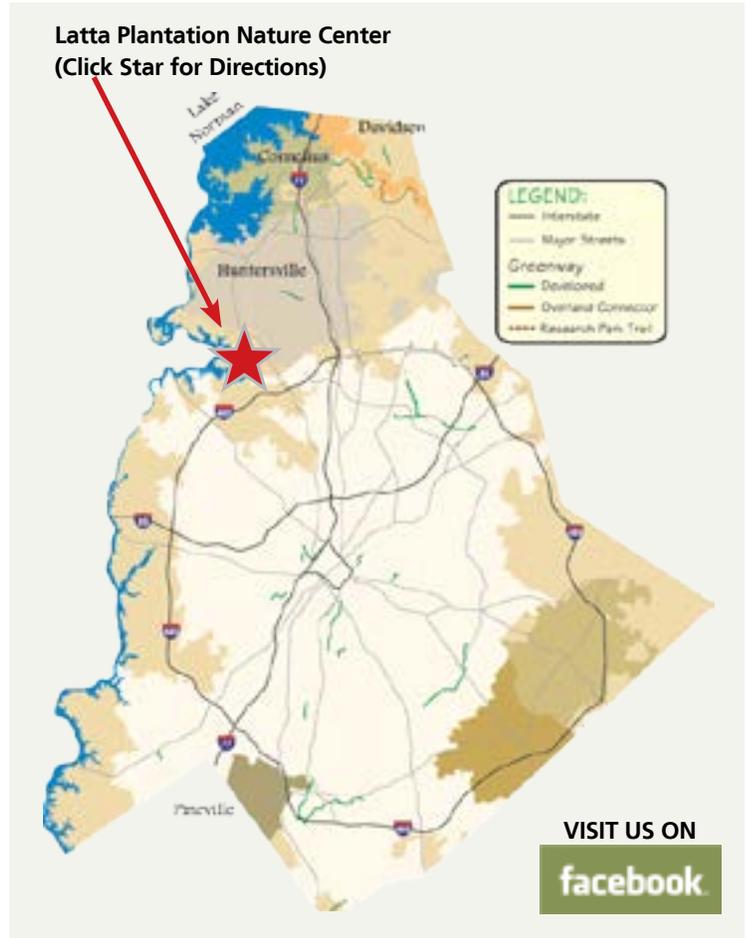
Latta Plantation Nature Center

6211 Sample Road • Huntersville • 704-875-1391 Open Mon-Sat, 9:00am to 5:00pm, and Sun 1:00pm to 5:00pm

Latta Plantation Nature Center serves as the gateway to the 1,351 Acres of Latta Plantation Nature Preserve. It is the source for many educational programs and information on the preserve's natural communities, flora, and fauna. Mecklenburg County's largest preserve, it forms a green peninsula extending into Mountain Island Lake and protects a natural heritage site and several endangered plants.

- **Covers over 1,350 Acres**
- **16 miles of Hiking Trails**
- **Nature Center & Gift Shop**
- **Carolina Raptor Center**
- **Latta Plantation Equestrian Center**
- **Historic Latta Plantation**
- **Lakeview Picnicking**
- **Canoe and Kayak Landing Areas**

Latta Plantation Nature Center features live native animals, a discovery hall, an outdoor amphitheater, and a gift shop. It also has the Carolina Raptor Center, an education and rehabilitation facility dedicated to the conservation of birds of prey and home to the Southeast's largest eagle aviary. In addition, the park is also home to the Latta Plantation Equestrian Center, a facility providing guided horseback rides, pony rides, horse shows, lessons, and a tack store; and the Historic Latta Plantation, a restored 19th century federal-style home and living history farm of James Latta, open to public tours and interpretive programs.



2013 Summer Programs & Activities



Mecklenburg County
Park and Recreation
*The Natural Place
To Be...*



Latta Plantation Nature Center

Adult

Segway Adventure Tour

Explore the trails of Latta Plantation Nature Preserve on an all-terrain Segway! Learn to ride these self-balancing machines and see nature like never before! Highlights include Shady and Catawba Trails, the Buzzard Rock Overlook and beautiful views of Mtn. Island Lake. Call for details and rider restrictions.

Latta Plantation Nature Center

Ages 18 and up **\$35.00**

| | | |
|--------|-------------|-------------------|
| #47004 | Sat, Jun 1 | 9:00am to 12:00pm |
| #47005 | Sat, Jun 1 | 2:00pm to 5:00pm |
| #47006 | Sun, Jun 2 | 9:00am to 12:00pm |
| #47007 | Sun, Jun 9 | 9:00am to 12:00pm |
| #47008 | Sat, Jul 6 | 9:00am to 12:00pm |
| #47009 | Sat, Jul 6 | 2:00pm to 5:00pm |
| #47010 | Sun, Jul 7 | 9:00am to 12:00pm |
| #47011 | Sat, Jul 13 | 9:00am to 12:00pm |
| #47012 | Sat, Jul 13 | 2:00pm to 5:00pm |
| #47013 | Sun, Jul 14 | 9:00am to 12:00pm |
| #47014 | Sat, Aug 3 | 9:00am to 12:00pm |
| #47015 | Sat, Aug 3 | 2:00pm to 5:00pm |
| #47016 | Sun, Aug 4 | 9:00am to 12:00pm |
| #47017 | Sat, Aug 10 | 9:00am to 12:00pm |
| #47018 | Sat, Aug 10 | 2:00pm to 5:00pm |
| #47019 | Sun, Aug 11 | 9:00am to 12:00pm |

Family

Canoe Rentals

Credit card payments only. At least 1 person in each canoe must be 18 years of age.

Latta Plantation Nature Center

Ages 6 and up **\$8.00 / HOUR**

| | |
|------------------------|-------------------|
| Weekends, May 25-Sep 1 | 10:00am to 5:00pm |
| Mon, May 27 | 10:00am to 5:00pm |
| Thu, Jul 4 | 10:00am to 5:00pm |
| Mon, Sep 2 | 10:00am to 5:00pm |

Exploring Wetlands @ West Branch

West Branch Nature Preserve is a hidden gem that contains one of the most important wetlands in Mecklenburg County. Meet us there for a guided hike on and off the trail as we search for the amazing array of wildlife that calls it home. Dress for the weather and prepare to get wet and muddy! Directions to West Branch Nature Preserve will be provided upon registration.

Latta Plantation Nature Center

All Ages **FREE**

| | | |
|--------|------------|--------------------|
| #47043 | Sat, Jun 8 | 10:00am to 11:30am |
|--------|------------|--------------------|

For More Information or to Register Visit www.parkandrec.com

Insectigations!

There are a multitude of insects flying buzzing and hopping around. Bring the family out as we explore the wonderful world of bugs and go on a hunt for them. Be prepared to get a little dirty!

Latta Plantation Nature Center

All Ages **FREE**

| | | |
|--------|------------|------------------|
| #47086 | Sun, Jun 9 | 2:00pm to 3:30pm |
|--------|------------|------------------|



Kayaking Tour on Mountain Island Lake

Join us as we paddle on Mountain Island Lake, the oldest lake in the Charlotte area. Learn the basics of flat water kayaking and then enjoy a guided tour of the lake. Discover its history, significance and what you can do to help protect it. All equipment provided.

Latta Plantation Nature Center

Ages 10 and up

SINGLE KAYAK - \$15.00

(AGES 12 AND UP)

TANDEM KAYAK - \$20.00

(AGES 10 AND UP W / ADULT)

| | | |
|--------|-------------|-------------------|
| #47020 | Sat, Jun 15 | 9:00am to 11:00am |
| #47021 | Sat, Jun 15 | 12:00pm to 2:00pm |
| #47022 | Sun, Jun 16 | 1:00pm to 3:00pm |
| #47023 | Sat, Jul 20 | 9:00am to 11:00am |
| #47024 | Sat, Jul 20 | 12:00pm to 2:00pm |
| #47025 | Sun, Jul 21 | 1:00pm to 3:00pm |
| #47026 | Sun, Aug 18 | 1:00pm to 3:00pm |

Summer Solstice Bonfire Celebration

Celebrate the longest day of the year at Latta Plantation Nature Center! We will have a roaring bonfire with marshmallows to toast, crafts for the kids, activities for the whole family, and some special nocturnal guests. No registration required.

Latta Plantation Nature Center

All Ages **FREE**

| | | |
|--------|-------------|------------------|
| #47044 | Fri, Jun 21 | 7:30pm to 9:30pm |
|--------|-------------|------------------|





Latta Plantation Nature Center



Family Geocaching

Ever heard of the high tech treasure hunt known as Geocaching? Bring the family and come learn the basics of this exciting outdoor hobby. We will use a handheld GPS unit to navigate through the nature preserve in search of hidden treasures. All equipment provided. Be prepared to walk 1.5-2 miles.

Latta Plantation Nature Center

Ages 5 and up **\$6.00 / FAMILY**

#47027 Sat, Jun 22 10:00am to 12:00pm

Family Box Oven Construction

Bring the family, learn how to build a box oven, then make one to keep and use on your next family campout. Supplies for one box oven will be provided for each family. We will test them and also use one to actually cook with samples for all participants.

Latta Plantation Nature Center

Ages 5 and up **\$8.00 / FAMILY**

#47028 Sun, Jun 23 2:00pm to 4:00pm

Slippery, Slimy Science

Be prepared to get messy as we experiment with making ooey, gooey slime, homemade play dough, and much more. Plus, you will get to take your creations home with you!

Latta Plantation Nature Center

Ages 4 and up **\$2.00**

#47045 Sat, Jun 29 10:00am to 11:00am

Citizen Science @ Holly Bend

Holly Bend is a historic plantation house located within Cowan's Ford Wildlife Refuge. Once home to Robert Davidson, its grounds are now populated by snakes, toads, salamanders, and more. Participants will take part in a citizen science project by searching for and documenting the animals found around the house. They will also get the opportunity to go inside the house and learn a little about its importance and the natural history of the area. Directions to Holly Bend will be provided upon registration.

Latta Plantation Nature Center

All Ages **FREE**

#47046 Sat, Jul 6 9:00am to 10:30am

Reptile and Amphibian Hunt

Interested in all things creepy and crawly? Do you love snakes, toads, lizards, salamanders and the like? Join the hunt as we look under cover boards for these and other animals that like to hide under them. Learn how to identify these creatures and why they are important. Meet at Cowan's Ford Wildlife Refuge.

Latta Plantation Nature Center

All Ages **FREE**

#47087 Sun, Jul 21 2:00pm to 3:30pm

Full Moon Hike

Experience the magic of hiking in the nature preserve guided by the light of the full moon. We will talk about animals that come out at night and maybe even catch glimpses of them on our hike!

Latta Plantation Nature Center

All Ages **FREE**

#47047 Tue, Aug 20 8:30pm to 9:30pm

Wild Edible and Medicinal Plant Hike

Animals are not the only ones who can benefit from plants of the forest! Man has always had a connection with edible and medicinal plants and we still depend on them for our health and well being. Join us for a 2-3 mile hike to learn about some of these plants.

Latta Plantation Nature Center

Ages 7 and up **FREE**

#47088 Sun, Aug 25 2:00pm to 4:00pm



Visit Us On [facebook](#)

Nature



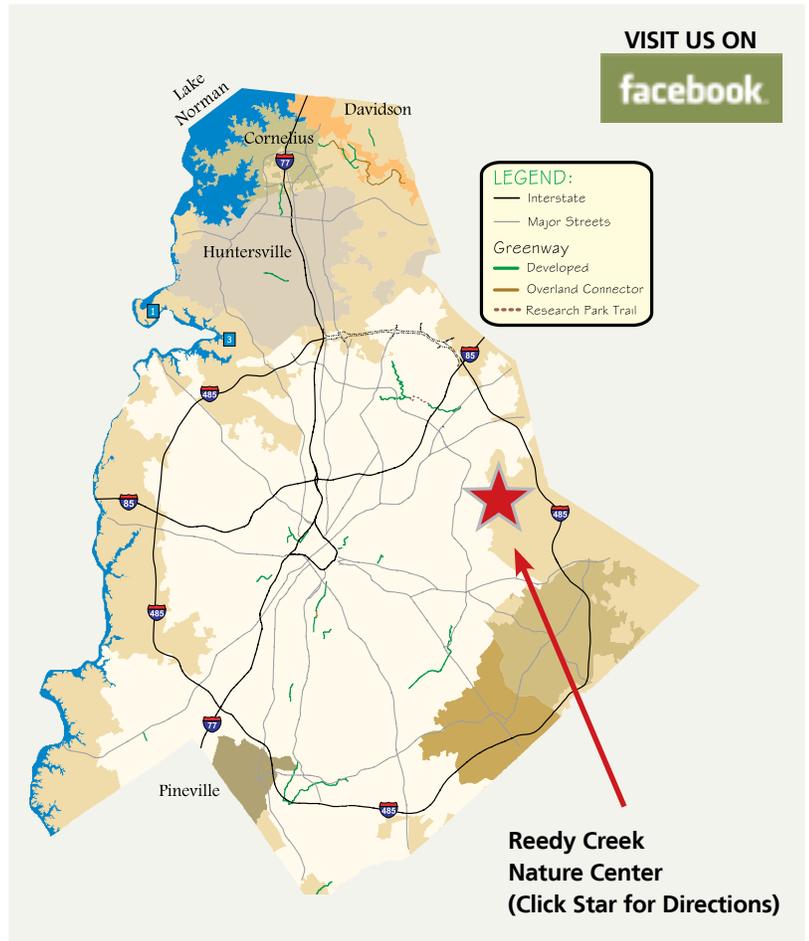
Reedy Creek Nature Center

2900 Rocky River Road • 704-432-6459 • Open Mon-Sat, 9:00am to 5:00pm, and Sun 1:00pm to 5:00pm

Reedy Creek Nature Preserve protects 737 Acres of natural, forested habitat within Reedy Creek Park. There are over 10 miles of hiking trails in the nature preserve for the outdoor enthusiast, giving visitors the opportunity to explore a variety of terrains, while enjoying scenic views of small lakes, forests, fields, streams, and wildlife. Reedy Creek Nature Center is also home to the Dr. James F. Matthews Center for Biodiversity Studies.

- **Covers over 737 Acres**
- **10 Miles of Hiking Trails**
- **Nature Center & Gift Shop**
- **Historic Robinson Rock House**
- **18-hole Disc Golf Course**
- **10 Reservable Picnic Shelters**
- **Fishing at Dragonfly or Slider Ponds**
- **Barkingham Park Dog Park**

Outside, visitors can stop and observe nature in action at the National Wildlife Federation certified Backyard Habitat Garden, which includes bird feeding stations and a demonstration compost area. Self-interpretive trail guides are available for several nature preserve trails.



2013 Summer Programs & Activities





Reedy Creek Nature Center

Nature Center

Nature Story Corner

Settle in and get comfortable as we read a variety of nature based stories. Stories may be accompanied by puppets and audience participation as we learn about the wonders of nature! After the story we will hike into the forest to do a themed activity based on the story. Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

Ages 3 and up

FREE

| | | |
|--------|-------------|--------------------|
| #46730 | Mon, Jun 17 | 10:00am to 11:00am |
| #46764 | Mon, Jun 24 | 10:00am to 11:00am |
| #46765 | Mon, Jul 8 | 10:00am to 11:00am |
| #46766 | Mon, Jul 22 | 10:00am to 11:00am |
| #46767 | Mon, Aug 12 | 10:00am to 11:00am |
| #46768 | Mon, Aug 26 | 10:00am to 11:00am |



Budding Adventures

Calling all kids and parents! Discover the awakening of the spring plants and animals. Through various hands-on activities such as crafts, games, stories, puppets, hikes and more we will learn about plant-life, animals, and their homes, weather, and more. Come and explore with us. Parent participation encouraged. Limited to 15 participants. **Registration required.**

Reedy Creek Nature Center

Ages 3 to 6

FREE

| | | |
|--------|-------------|--------------------|
| #46769 | Mon, Jun 3 | 10:00am to 11:00am |
| #46770 | Mon, Jul 1 | 10:00am to 11:00am |
| #46771 | Mon, Jul 15 | 10:00am to 11:00am |
| #46772 | Mon, Jul 29 | 10:00am to 11:00am |
| #46773 | Mon, Aug 5 | 10:00am to 11:00am |
| #46774 | Mon, Aug 19 | 10:00am to 11:00am |

Krafty Kidz

Have fun learning while making nature themed crafts with your child. Each day will be a new set of crafts based on a different theme. Parent participation is required. Limited to 12 participants. **Registration required.**

Reedy Creek Nature Center

Ages 2 to 7

\$2.00

| | | |
|--------|-------------|--------------------|
| #46775 | Sat, Jun 8 | 11:00am to 12:00pm |
| #46776 | Sat, Jun 22 | 11:00am to 12:00pm |
| #46777 | Sat, Jul 6 | 11:00am to 12:00pm |
| #46778 | Sat, Jul 20 | 11:00am to 12:00pm |
| #46779 | Sat, Aug 10 | 11:00am to 12:00pm |
| #47152 | Sat, Aug 24 | 11:00am to 12:00pm |

Parent and Me Tot Trots

Experience nature together with your child. Hikes will be sensory based surrounding your child in nature's beauty. It will also give you, the parent, the experience of how to use nature as a learning platform. Parent participation required. Limited to 8 participants. **Registration required.**

Reedy Creek Nature Center

Ages 1 to 2

FREE

| | | |
|--------|-------------|-------------------|
| #46780 | Sat, Jun 8 | 9:30am to 10:15am |
| #46781 | Sat, Jul 20 | 9:30am to 10:15am |
| #46782 | Sat, Aug 10 | 9:30am to 10:15am |



Reedy's Animal Meet and Greet

Come and encounter Reedy's animals close up and ask those questions you've been dying to know the answer to. There might even be the opportunity to touch some of these creatures! Limited to 40 participants. **Registration required.**

Reedy Creek Nature Center

All Ages

FREE

| | | |
|--------|-------------|------------------|
| #46783 | Sat, Jun 15 | 2:00pm to 3:00pm |
| #46784 | Sat, Jul 20 | 2:00pm to 3:00pm |

For More Information or to Register Visit

www.parkandrec.com



Nature Dogventure Hike

Hike with your best buddy through the woods of Ribbon Walk and Reedy. Just as long as your pooch is well mannered and on a leash no longer than 6 feet, you and your buddy are good to go! Don't forget to bring your waste bags! Limited to 15 participants. **Registration required.**

All Ages

FREE

RibbonWalk Nature Preserve

| | | |
|--------|------------|------------------|
| #46785 | Fri, Jun 7 | 6:00pm to 7:00pm |
| #46786 | Fri, Aug 9 | 6:00pm to 7:00pm |

Space Odyssey

It's like being on a space ship! Enjoy a clear view of the night sky while hearing the great stories of old in our inflatable constellation bubble, the "Star Lab". Parent participation required. Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

Ages 6 and up

FREE

| | | |
|--------|-------------|------------------|
| #46787 | Sat, Jun 22 | 1:00pm to 2:00pm |
| #46788 | Sun, Jul 21 | 2:00pm to 3:00pm |
| #46789 | Sat, Aug 24 | 1:00pm to 2:00pm |

The Art of Paper Making

Come and learn how to make your own paper! We will be repurposing old paper into brand new paper that can be used for note cards and letters. Fun for all ages! Limited to 15 participants. **Registration required.**

Reedy Creek Nature Center

All Ages

FREE

| | | |
|--------|-------------|------------------|
| #46790 | Sat, Jun 1 | 2:00pm to 3:00pm |
| #46791 | Sat, Aug 31 | 2:00pm to 3:00pm |

Visit Us On 



Reedy Creek Nature Center

Survival 101

Have you ever thought about if you could survive in the wilderness with limited supplies? If so, join us for a basic class on survival. We will go over the necessities to bring on any hike, play games, and discuss what surviving really means. Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

Ages 8 and up **FREE**
#46792 Sun, June 2 1:30pm to 2:30pm

Stream Search

Come prepared to get wet and muddy as we discover what lives under that rock and in the mud in Reedy Creek's stream. We will use hand nets to try and capture these creatures and identify them. How many fish or insects can you catch? Limited to 15 participants.

Registration required.

Reedy Creek Nature Center

All Ages **FREE**
#46793 Sun, Jun 9 2:00pm to 3:30pm



Intro to Kayaking

For beginners or kayakers that need a refresher, join a ACA certified instructor and learn the proper skills and techniques to maneuver around in North Carolina waterways. All equipment is included. Limited to five participants. Minors must be accompanied by an adult. **Registration required.**

Reedy Creek Nature Center

Ages 13 and up **\$10.00**
#46794 Sat, Jun 8 2:00pm to 3:00pm
#46795 Thu, Jul 18 10:00am to 11:00am
#46796 Thu, Aug 1 10:00am to 11:00am

Family Evening Hike

Let us start out by the campfire, roast a s'more, and listen to nature awaken. Then we will venture out in the forest in search of these night time creatures. Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

Age 5 and up **\$2.00**
#46797 Thu, Jun 13 7:00pm to 8:30pm

Orienteering Basics

The compass is said to date back to 1st century B.C. and is a very important tool for naturalists, seaman, hikers, and more. Come learn how to find your way using this ancient technique. This program will meet at RibbonWalk Nature Preserve. Limited to 20 participants. **Registration required.**

RibbonWalk Nature Preserve

Ages 7 and up **FREE**
#46800 Fri, Jun 14 10:00am to 11:00am

Advanced Orienteering

Join us at RibbonWalk Nature Preserve as we navigate our way through one of their orienteering courses. You must already know how to use a compass and follow bearings. Limited to 15 participants. **Registration required.**

RibbonWalk Nature Preserve

Ages 7 and up **FREE**
#46799 Fri, Jun 14 11:00am to 12:00pm

Nature Art

Have you ever noticed how much nature plays a role in all aspects of art? Nature provides the canvas and the tools to create magnificent pieces of art. Join as we search the preserve looking at the ways nature is art, and then we will create some art in the woods for all to see. It surely will be a great time using rocks, sticks, leaves and more as our paints. **Registration required.**

Reedy Creek Nature Center

All Ages **FREE**
#46801 Sat, Jun 15 10:00am to 11:00am

Miniature Gardens

Bring the outdoors into your home with a miniature garden made from recycled materials and small plants. A little light and love is all these little gardens need to thrive any time of year indoors. **Registration required.**

Reedy Creek Nature Center

All Ages **FREE**
#46802 Sun, Jun 16 2:00pm to 3:00pm

Turtles, Tortoises and Terrapins, Oh My!

What is the difference between a turtle and a tortoise? How fast can a turtle really move? What do turtles like to eat? And what exactly is a terrapin? Come visit with Peter the Box Turtle and his friends to learn everything you ever wanted to know about turtles, tortoises and terrapins. **Registration required.**

Reedy Creek Nature Center

All Ages **FREE**
#46803 Sat, Jun 29 11:00am to 12:00pm



Flippin' Frogs and Slinky Salamanders

Come test your hopping skills against the Green Tree Frog, try to count all the spots on the Spotted Salamander, and help the Fowler's Toad catch his lunch! This program is all about amphibians and is guaranteed to get slimy! **Registration required.**

Reedy Creek Nature Center

All Ages **FREE**
#46804 Sun, June 30 2:00pm to 3:00pm

Survival: Building a Shelter

You find yourself in the woods with limited or no supplies and it is getting dark. You'll need to find a place to sleep for the night, but how do you build a shelter? Come find out how to build different shelters that will protect you from weather and keep you warm. Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

Ages 8 and up **FREE**
#46851 Wed, July 3 11:00am to 12:30pm

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK on E-parks** at www.parkandrec.com and use the course code number.
2. **CALL 311 (704-336-7600)** or the number listed for that program.
3. **COME to the location** where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.



Reedy Creek Nature Center

Which Way Do We Go?

Family Treasure Hunt Adventure

Get the kids out! Have fun with the entire family in the great outdoors! Learn how to use a compass and hunt for your very own hidden treasure. This introductory course to compass will teach participants to "Put Red, in the Shed and follow Fred!" Parent participation required. Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

Ages 8 and up **\$2.00**
#46996 Thu, Jul 4 10:00am to 11:00am

Nature's Fireworks Hike

The more you look around you, the more you will see explosions of color! Discover how fireflies, birds, flowers and more are just some of the beautiful "fireworks" in nature. Must be able to walk 2-3 miles on uneven terrain. **Registration required.**

Reedy Creek Nature Center

All Ages **FREE**
#46852 Sat, Jul 6 10:00am to 11:30am

The Web of Life

Where do you fit into the environment? Come discover how all living things depend on one another, including you. We will learn some of the ways we can impact the environment through games, discussions, and a hike through the woods. There is so much we can do to protect and enjoy the web of life. **Registration required.**

Reedy Creek Nature Center

Ages 12 and up **FREE**
#46854 Sun, Jul 7 2:00pm to 3:00pm

Are We Smarter than a 5th Grader?

Meet the animals of the Nature Center and enjoy a 1-2 mile hike through the Nature Preserve. Ask questions and share your knowledge! This is a very casual learning environment, so relax, have fun and learn something! Parent participation required. Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

Ages 8 and up **FREE**
#46856 Fri, Jul 12 4:00pm to 5:00pm

Survival: Fire Building

Fire is one of the most important things in a survival situation. It provides protection, light, warmth, and cooking ability. Come learn how to make a fire safely using different techniques. Children must be accompanied by an adult. Limited to 15 participants. **Registration required.**

Reedy Creek Nature Center

Ages 8 and up **FREE**
#46857 Wed, Jul 17 11:00am to 12:30pm

Celebrate National Moth Week

Moths are a misunderstood insect; they are important pollinators and a great source of food. Learn from our Natural Resources staff about ongoing initiatives to deepen our understanding of Mecklenburg County moths. Jeff Schmuki, a McColl Center for Visual Art Artist-in-Residence, will share information about his off-grid light intervention to attract moths and other second-shift pollinators. This will be an informative session as well as a field demonstration. Limited to 40 participants. **Registration required.**

Reedy Creek Nature Center

Ages 16 and up **FREE**
#47029 Fri, Jul 26 7:30pm to 9:30pm

Where Moths Meet the Artist

Nature and science have always been a source of inspiration for artists. Meet Jeff Schmuki and experience the ArtLab. Children can don a lab coat and visit the mobile trailer filled with video screens, exhibits, tools, robot kits called PlantBots and learn information about moths and Schumiki's Moth Project. This will be an ongoing presentation/display. Limited to 50 participants. **Registration required.**

Reedy Creek Nature Center

All Ages **FREE**
#47031 Sat, Jul 27 10:00am to 12:00pm

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK on Eparks** at www.parkandrec.com and use the course code number.
2. **CALL 311 (704-336-7600)** or the number listed for that program.
3. **COME to the location** where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.

Ssssssssensational Snakes

Are all snakes venomous? Can a snake blink? Why do snakes shed their skins? Get up close and personal with a snake at Reedy Creek to answer these questions and more! Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

All Ages **FREE**
#47032 Sat, Jul 27 2:00pm to 3:00pm



Fluttering Butterflies

Come learn about the fascinating world of butterflies. We will make a butterfly craft and go outside to discover nature's beautiful fluttering butterflies! Limited to 15 participants. **Registration required.**

Reedy Creek Nature Center

All Ages **FREE**
#46860 Sun, Jul 28 2:00pm to 3:00pm

Survival: Primitive Fire Building

As we know, fire is one of the most important things in a survival situation, but what happens when you do not have any matches, lighters, or fuel? Learn how to start a fire using hand and bow drills, as well as flint. Limited to 15 participants. **Registration required.**

Reedy Creek Nature Center

Ages 8 and up **FREE**
#46862 Wed, Jul 31 11:00am to 12:30pm

Dragons of the Sky

Join us as we learn about these fascinating insects that fly and zip around the grasses feeding on unsuspecting prey. We will then go out for a hike trying our hand at catching and identifying the dragonflies and other insects we find. Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

All Ages **FREE**
#46863 Fri, Aug 2 10:00am to 11:00am

Bird Bungalow

These colorful fellows brighten any afternoon! We will decorate birdhouses, take a walk through their habitat, and see if we can catch these beautiful creatures in action.

Reedy Creek Nature Center

All Ages **\$2.00**
#47153 Sat, Aug 3 10:00am to 11:00am

Visit Us On

facebook.



Reedy Creek Nature Center

Nocturnal Critters

Come explore the world of nighttime critters. How do they see in the dark? How do they find food? See how these amazing animals keep themselves busy while you are fast asleep in bed!

Reedy Creek Nature Center

All Ages **FREE**
#46864 Sat, Aug 3 2:00pm to 3:00pm

Not So Scary Snakes

Think snakes are yucky and slimy? Many myths make people fear rather than respect these beautiful and mysterious creatures. You will discover why snakes are beneficial for the environment, and you can even meet a snake!

Reedy Creek Nature Center

All Ages **FREE**
#46865 Sun, Aug 4 2:00pm to 3:00pm

Survival: Cordage (Rope from plants)

Rope is a very important tool in a survival situation or even if you are just camping. Learn the technique of making strong rope from the plants around you. Limited to 15 participants. **Registration required.**

Reedy Creek Nature Center

Ages 8 and up **FREE**
#46867 Wed, Aug 7 11:00am to 12:30pm



Natural Beauty

Nature can inspire all sorts of creativity! Explore your artistic side and create some amazing art using natural materials. Paint with twigs, make a mud mural, and create some all natural art right here in the preserve.

Reedy Creek Nature Center

All Ages **FREE**
#47154 Sun, Aug 18 2:00pm to 3:00pm

Survival: Clay Pinch Pots

Learn the ancient technique of creating a pinch pot out of natural clay to take home with you. Limited to 15 participants. **Registration required.**

Reedy Creek Nature Center

Ages 8 and up **FREE**
#46875 Wed, Aug 21 11:00am to 12:30pm

Are You Afraid of the Dark?

Don't be! The forest is the same in the night as it is in the day. This 1-2 mile night hike is packed with fun activities that will test the sharpness of our senses. Parent participation required. Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

Ages 8 and up **FREE**
#46883 Fri, Aug 23 7:45pm to 8:45pm

Pard'n My Gard'n

Having trouble crouching down? Not enough space? Learn tips, tricks and ideas such as natural pest control and composting to create your own raised bed garden. The educator will help you build your very own miniature raised bed, so **DON'T FORGET TO BRING YOUR FAVORITE PLANT SEEDS!** Limited to 15 participants. **Registration required.**

Reedy Creek Nature Center

Ages 12 and up **\$6.00**
#46879 Sun, Aug 25 2:00pm to 3:00pm

Owls, Why Give a Hoot?

Prowl the woods of Reedy in the cover of night and get a chance to catch a glimpse of these mysterious winged creatures. Discover their secrets of hunting and silent flight. Let us give a hoot about these amazing raptors and learn ways of keeping them safe in our backyards. Owl pellets anyone!? Parent participation required. Limited to 20 participants. **Registration required.**

Reedy Creek Nature Center

Ages 8 and up **\$2.00**
#46881 Fri, Aug 30 7:45pm to 8:45pm

Eww Bugs!

Come build your own insect out of recycled materials! We will take an adventure outside and hunt for bugs! We will learn about their importance and why we shouldn't step on them! Limited to 15 participants. **Registration required.**

Reedy Creek Nature Center

All Ages **FREE**
#46882 Sat, Aug 31 10:00am to 11:00am

Hike for Your Health

Get outside, get moving and get healthy! Enjoy fresh air, sunshine and beautiful surroundings with like-minded people.

Reedy Creek Nature Center

Ages 12 and up **FREE**
 Ongoing Tue 5:00pm to 6:00pm

Yoga at the Nature Center

Slow down and connect with your breath in this gentle yoga class. No experience needed. Limited to 20 participants.

Reedy Creek Nature Center

Ages 16 and up **\$5.00 PER CLASS**
 Ongoing Tue 6:15pm to 7:15pm

100-mile Hike Club

Ready for a challenge? Come hike a hundred miles. Register for our hikes throughout the year and earn credit miles to earn a t-shirt, patch, and more. Membership to the club is free but each hike may have a small fee. Any naturalist led hike counts towards your credit miles. A staff signature is required for credit.

Reedy Creek Nature Center

Ages 8 and up **FREE**
#46904 Ongoing



BioDiversity Hikes

Once a month we will journey toward a different location around the Carolinas to explore the natural world around us. We will focus on the biodiversity of each unique ecosystem. These hikes are typically 5 - 7 miles in length, traveling over uneven terrain. Participants must be in good physical shape. Bring a bag lunch, plenty of water and comfortable hiking shoes. Limited to 10 participants. **Registration required.**

Craggy Gardens : Blue Ridge Parkway

#46889 Sat, Jun 15 8:00am to 8:00pm

Pink Beds : Pisgah National Forest

#46890 Sat, Jul 27 8:00am to 8:00pm

For More Information or to Register Visit

www.parkandrec.com



Reedy Creek Nature Center

Weekday Wanderers

Join us once a month as we wander around the Carolinas discovering the natural world around us. We will focus on the diversity of life found in each ecosystem. Participants must be able to hike 5 - 7 miles over uneven terrain. Bring a bag lunch, plenty of water and comfortable hiking shoes. Limited to 10 participants. **Registration required.**

Ages 18 and up **\$12.00**

Craggy Gardens : Blue Ridge Parkway

#46891 Fri, Jun 7 8:00am to 8:00pm

Pink Beds : Pisgah National Forest

#46892 Fri, Jul 12 8:00am to 8:00pm

RibbonWalk Volunteer Day with Charlotte Sierra Club

Join Park and Rec and the Sierra Club as we fight invasive species at the beautiful RibbonWalk Preserve. Other duties may include light trail work and trash clean-up.

Come out and take ownership of your preserve! Tools and gloves provided but bring your own if you have them. Children under 18 must be accompanied by adult.

RibbonWalk Nature Preserve

Ages 8 and up **FREE**

#46893 Sat, Jun 8 9:00am to 12:00pm

#46894 Sat, Jul 13 9:00am to 12:00pm

#46895 Sat, Aug 10 9:00am to 12:00pm

Naturalist Led Hike at RibbonWalk Preserve

Join a naturalist on a laid back stroll through the preserve connecting with nature. We will explore the sights and sounds around us during this 2 - 3 mile hike. Must be able to hike 2 - 3 miles on uneven terrain. Limited to 25 participants. **Registration required.**

RibbonWalk Nature Preserve

All Ages **FREE**

#46896 Sat, Jun 8 1:00pm to 2:30pm

#46897 Sat, Jul 13 1:00pm to 2:30pm

#46898 Sat, Aug 10 1:00pm to 2:30pm

New River Tubing

Cool off from the summer heat as we float down the New River. Sit back and relax in a tube as we take in the scenic beauty of this national treasure. Must be willing to get wet! Wear clothes that can get wet as well as closed toed water shoes. Bring a bag lunch and plenty of water. Limited to 10 participants.

Reedy Creek Nature Center

Ages 16 and Up **\$20.00**

#46899 Fri, Aug 9 8:00am to 8:00pm

#46900 Sat, Aug 24 8:00am to 8:00pm

For More Information or to Register Visit

www.parkandrec.com

Evening Kayak at Mountain Island Lake

Enjoy a naturalist led kayak on Mountain Island Lake. This will be a relaxing paddle, weaving in and out through the coves of the lake. All levels welcome. Limited to 10 participants.

Reedy Creek Nature Center

Ages 12 and Up **\$15.00 / SINGLE KAYAK**
\$20.00 / TANDEM KAYAK

#46901 Thu, Jun 13 5:30pm to 9:30pm

#46902 Thu, Jul 25 5:30pm to 9:30pm

#46903 Thu, Aug 15 5:30pm to 9:30pm

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK on Eparks** at www.parkandrec.com and use the course code number.

2. **CALL 311 (704-336-7600)** or the number listed for that program.

3. **COME to the location** where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.



Summer Camps



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2013 Summer Programs & Activities



Mecklenburg County
Park and Recreation
*The Natural Place
To Be...*



Summer Camps

Preschool

F.U.N. (Fabulous Understanding of Nature!) Camp

What are all the wonderfully wild things here at McDowell Nature Preserve? Young explorers will discover animals and habitats at the Preserve while completing fun crafts and a variety of fun filled activities! Four sessions of this half-day camp are available. Campers may choose either the AM or PM session for the week. **Registration required.**

Ages 4 to 6 **\$70.00**

McDowell Nature Center

- #44043 Jun 17-21 Mon-Fri 9:00am to 12:00pm
- #44044 Jun 17-21 Mon-Fri 1:00pm to 4:00pm
- #44045 Aug 12-16 Mon-Fri 9:00am to 12:00pm
- #44046 Aug 12-16 Mon-Fri 1:00pm to 4:00pm

L.A.N.D. Camp: Slimy & Scaly Adventures

Interested in creatures that are slimy or scaly? Join us for this weeklong, half-day camp where we become herpetologists and explore different reptiles and amphibians. Get up close and personal with some of our residential herps and be prepared to visit them in the wild as well!

Ages 4 to 6 **\$75.00**

Latta Plantation Nature Center

- #43295 Jun 17-21 Mon-Fri 9:00am to 12:00pm
- #43296 Jul 8-12 Mon-Fri 9:00am to 12:00pm
- #43297 Jul 22-26 Mon-Fri 9:00am to 12:00pm



L.A.N.D. Camp: EcoFantasy

Join us for this weeklong, half day camp where we will encourage your child's imagination to grow while making connections to real animals found in nature. Imagination, creativity and nature education work together in this fun camp week.

Ages 4 to 6 **\$75.00**

Latta Plantation Nature Center

- #43298 Jun 24-28 Mon-Fri 9:00am to 12:00pm
- #43299 Jul 15-19 Mon-Fri 9:00am to 12:00pm
- #43300 Aug 5-9 Mon-Fri 9:00am to 12:00pm

Shorty Sporty Camp

Participants will learn basic motor skills and sports skills in this half day camp. For more information, please contact ElonRecreationCenter@MecklenburgCountyNC.gov or call 704-540-2426.

Ages 3 to 5 **FULL**

Elon Recreation Center

- #44444 Jun 10-14 Mon-Fri 9:00am to 12:00pm
- #44446 Jul 15-19 Mon-Fri 9:00am to 12:00pm
- #44447 Aug 5-9 Mon-Fri 9:00am to 12:00pm

Elementary School

4-H Cloverbud Day Camp

What is 4-H all about? What do 4-H'ers do? This day camp allows young people to experience a jambalaya of 4-H activities and programs ranging from cooking and crafts to science experiments. This weeklong day camp runs from 9:00am until noon. Cost for the camp includes daily snacks, a field trip to Discovery Place and lunch on Friday.

Ages 5 to 8 **\$35.00**

Armory Training Facility

- #44588 Jul 8-12 Mon-Fri 9:00am to 12:00pm

4-H Youth Day Camp

Come experience a jambalaya of 4-H through our youth day camp July 15-19. Camp hours are 9:00am until noon. Throughout the week, campers will experience a variety of activities ranging from cooking and crafts to science experiments. Camp fee includes daily snacks, an uptown scavenger hunt, and a trip to Fuel Pizza. For more details call 704-336-2082 or visit www.mecklenburgcounty4h.org.

Ages 9 to 13 **\$35.00**

Armory Training Facility

- #44589 Jul 15-19 Mon-Fri 9:00am to 12:00pm

4-H: Motorsports Day Camp

Participants in this one-week day camp will experience the life of a pit crew as they design, update and race radio-controlled cars. Using specific math, engineering and technology skills, the campers will solve real-life racing problems. We will also visit local racing shops and the Nascar Hall of Fame.

Ages 9 to 12 **\$75.00**

Elon Recreation Center

- #44442 Jul 8-12 Mon-Fri 9:00am to 5:00pm
- #44443 Jul 22-26 Mon-Fri 9:00am to 5:00pm

Tom Sykes Recreation Center

- #44160 Jun 17-21 Mon-Fri 9:00am to 5:00pm
- #44161 Jul 8-12 Mon-Fri 9:00am to 5:00pm
- #44162 Aug 5-9 Mon-Fri 9:00am to 5:00pm



4-H: Residential Summer Camp

Overnight residential camp located near the Outer Banks in Columbia, North Carolina, open to any Mecklenburg County youth. While at 4-H, campers enjoy swimming, archery, crafts, kayaking, canoeing, marine science, and much more. Transportation to and from camp provided. For more information and to register, contact 704-336-2082 or visit www.mecklenburgcounty4h.org.

Ages 8 to 12 **\$500.00**

Armory Training Facility

- #42260 Jul 28-Aug 2 Sun-Fri 6:00am to 11:00pm

Outdoor Explorers Camp

Interest in nature and outdoor recreation starts at an early age. Help your child get a jump on discovering both as we investigate the natural world around them through stream explorations, fishing, hiking, and other outdoor recreation opportunities. As always, animal encounters, games, and lots of fun are included. Each week focuses on a different theme - Week 1, Animals; Week 2, Plants; Week 3, Earth & Space.

Ages 7 to 9 **\$160.00**

McDowell Nature Center

- #44047 Jun 24-28 Mon-Fri 9:00am to 4:00pm
- #44048 Jul 22-26 Mon-Fri 9:00am to 4:00pm
- #44049 Jul 29-Aug 2 Mon-Fri 9:00am to 4:00pm



Summer Camps

All Sports Camp

Campers will be exposed to a different sport each day, from the gridiron to the water. Children will learn fundamentals, make sports related crafts and visit and or play at a sports venue each day!

Ages 6 to 11 **FULL**

Mallard Creek Recreation Center

#43550 Aug 12-16 Mon-Fri 7:30am to 5:30pm

Aquatics: Camp Neptune

Charlotte's original swim camp. Activities include wakeboarding, water polo, snorkeling and field trips to water parks. Swim tests are available. Must be able to swim 200 yards in deep water independently.

For more information, contact [Matthew Jakubowski@MecklenburgCountyNC.gov](mailto:Matthew.Jakubowski@MecklenburgCountyNC.gov) or call 704-336-3483.

Ages 8 to 13 **\$175.00 / \$150.00**

Mecklenburg County Aquatic Center

#42927 Jun 17-21 Mon-Fri 7:30am to 6:00pm

#42928 Jul 8-12 Mon-Fri 7:30am to 6:00pm

#42929 Jul 22-26 Mon-Fri 7:30am to 6:00pm

#42930 Aug 5-9 Mon-Fri 7:30am to 6:00pm



Camp Cannonball

Beat the heat and make a splash with any session of Camp Cannonball! Fun includes water games, crafts, field trips and loads of swimming! For more information email Calvin.Covington@mecklenburgcountync.gov or call 704-432-1140.

Ages 6 to 12 **\$175.00 / \$150.00**

Ray's Splash Planet

#42934 Jun 10-14 Mon-Fri 7:30am to 6:00pm

#42935 Jul 15-19 Mon-Fri 7:30am to 6:00pm

#42936 Jul 29-Aug 2 Mon-Fri 7:30am to 6:00pm

#42937 Aug 12-16 Mon-Fri 7:30am to 6:00pm



Camp Chrononaut: Travelers Through Time

(Participants should have completed Kindergarten) Travel through time from Pre-Historic to the Future learning about various eras via interactive games, 4-H and STEM enrichment, outdoor play and nature activities, fitness, field trips, swimming, arts and crafts, and guest speakers. For more information, contact the Recreation Center listed. Camps will be closed on Thu, July 4.

Ages 6 to 11 **\$70.00**

Berewick Recreation Center **FULL**

#44217 Jun 17-21 Mon-Fri 7:30am to 5:30pm

#44219 Jun 24-28 Mon-Fri 7:30am to 5:30pm

#44220 Jul 1-5 Mon-Wed, Fri 7:30am to 5:30pm

#44221 Jul 8-12 Mon-Fri 7:30am to 5:30pm

#44222 Jul 15-19 Mon-Fri 7:30am to 5:30pm

#44223 Jul 22-26 Mon-Fri 7:30am to 5:30pm

#44224 Jul 29-Aug 2 Mon-Fri 7:30am to 5:30pm

#44225 Aug 5-9 Mon-Fri 7:30am to 5:30pm

Hickory Grove Recreation Center

#44194 Jun 17-21 Mon-Fri 7:30am to 5:30pm

#44196 Jun 24-28 Mon-Fri 7:30am to 5:30pm

#44197 Jul 1-5 Mon-Wed, Fri 7:30am to 5:30pm

#44198 Jul 8-12 Mon-Fri 7:30am to 5:30pm

#44199 Jul 15-19 Mon-Fri 7:30am to 5:30pm

#44200 Jul 22-26 Mon-Fri 7:30am to 5:30pm

#44201 Jul 29-Aug 2 Mon-Fri 7:30am to 5:30pm

#44202 Aug 5-9 Mon-Fri 7:30am to 5:30pm

Mallard Creek Recreation Center **FULL**

#44209 Jun 17-21 Mon-Fri 7:30am to 5:30pm

#44210 Jun 24-28 Mon-Fri 7:30am to 5:30pm

#44211 Jul 1-5 Mon-Wed, Fri 7:30am to 5:30pm

#44212 Jul 8-12 Mon-Fri 7:30am to 5:30pm

#44213 Jul 15-19 Mon-Fri 7:30am to 5:30pm

#44214 Jul 22-26 Mon-Fri 7:30am to 5:30pm

#44215 Jul 29-Aug 2 Mon-Fri 7:30am to 5:30pm

#44216 Aug 5-9 Mon-Fri 7:30am to 5:30pm

For More Information or to Register Visit

www.parkandrec.com

Camp H2O

Kids will have a splash at our water-themed camp! We will investigate everything from aquatic animals to water quality with cool, water-based activities and games. Some highlights of the week will include canoeing, stream explorations, and even a visit to Ray's Splash Planet.

Ages 8 to 11 **FULL**

Latta Plantation Nature Center

#43308 Jul 8-12 Mon-Fri 9:00am to 3:00pm

#43309 Jul 22-26 Mon-Fri 9:00am to 3:00pm

#43310 Aug 12-16 Mon-Fri 9:00am to 3:00pm



Charlotte Cheer Elite Camp

This camp is designed to introduce young ladies to the fundamentals of cheerleading in an exciting, encouraging, and safe environment! Campers will have the opportunity to bond with others who share the same desire to learn and master the cheer sport while in addition participating in afternoon group activity and discussions on positive choices, peer pressure, and building self-esteem. For more information please contact Latoya Cornish at 704-241-1871 or visit www.charlottecheerelite.com.

Ages 5 to 11 **\$65.00**

Albemarle Road Recreation Center

#43326 Jun 17-21 Mon-Fri 9:00am to 5:00pm

#43327 Jun 24-28 Mon-Fri 9:00am to 5:00pm

#43328 Aug 5-9 Mon-Fri 9:00am to 5:00pm

#43329 Aug 12-16 Mon-Fri 9:00am to 5:00pm

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK** on **Eparks** at www.parkandrec.com and use the course code number.
2. **CALL 311 (704-336-7600)** or the number listed for that program.
3. **COME** to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.



Summer Camps

Inventive Builders Camp

Your creative builder will have a chance to test their best building techniques. We will work on LEGO projects and use our imaginations to build our own projects. Campers will learn hands-on techniques that will allow them to become creative thinkers, problem solvers and effectively work in organized team activities.

For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704-432-4803.

Ages 9 to 14 **FULL**

Tom Sykes Recreation Center

#44164 Jun 10-14 Mon-Fri 9:00am to 5:00pm

#44165 Aug 12-16 Mon-Fri 9:00am to 5:00pm

Earth Adventures Camp

Discover what lies underneath that rock, what is hidden in the mud, and what peeks through the grasses and trees of the forest. This action packed week will have campers scanning the tree tops, examining the stones beneath their feet, and exploring the well kept secrets of the preserve. Join us for a hands-on, outdoor experience that your child will rave about!

Ages 7 to 9 **FULL**

Reedy Creek Nature Center

#42904 Jun 24-28 Mon-Fri 9:00am to 4:00pm



Eco Odyssey Camp

Put on your explorer's cap on and get ready for some adventure. We will spend our time discovering the many adventures that nature has to offer. Wading through creeks, geocaching and canoeing are just a few examples of the fun that awaits you!

Ages 7 to 9 **FULL**

Reedy Creek Nature Center

#42920 Aug 5-9 Mon-Fri 9:00am to 4:00pm

N.S.I. (Nature Scene Investigators)

Who left that track in the mud? Who made that nest? Who lives in that burrow? Campers will investigate clues in nature during this week of exploration and sleuthing. Come be a Nature Scene Investigator!

Ages 10 to 12 **\$150.00**

Reedy Creek Nature Center

#42919 Jul 15-19 Mon-Fri 9:00am to 4:00pm

Outdoor Adventure Camp

Campers will explore Latta Plantation Nature Preserve as they have never done before! Canoeing, fishing, geocaching, shelter building and hiking are just some of the fun activities we will enjoy during this weeklong day camp. This camp will culminate with a field trip adventure to Crowder's Mountain State Park.

Ages 7 to 10 **FULL**

Latta Plantation Nature Center

#43304 Jun 24-28 Mon-Fri 9:00am to 3:00pm

#43305 Jul 1-5 Mon-Fri 9:00am to 3:00pm

#43306 Jul 29-2 Mon-Fri 9:00am to 3:00pm

#43307 Aug 5-9 Mon-Fri 9:00am to 3:00pm

Outdoor Survival Camp

Latta Plantation Nature Preserve provides everything we need in order to survive. During this fun-filled weeklong camp, campers will learn how to survive in the outdoors. We will learn about water survival as we canoe, land navigation with a map and compass, how to build shelters, cook in the outdoors, and most importantly, keep a positive mental attitude. This will all culminate in an overnight camping experience.

Ages 10 to 12 **FULL**

Latta Plantation Nature Center

#43311 Jun 17-21 Mon-Wed 9:00am to 3:00pm

Thu-Fri 9:00am (Thu) to 10:00am (Fri)

#43312 Jul 15-19 Mon-Wed 9:00am to 3:00pm

Thu-Fri 9:00am (Thu) to 10:00am (Fri)

Predator and Prey Camp

Explore animal survival strategies like sneaking, stalking, and camouflage while searching for predators and their prey throughout the preserve. Campers will learn about the relationship between predator and prey and end the camp with a visit to the NC Zoo.

Ages 7 to 9 **\$90.00**

Reedy Creek Nature Center

#42909 Jul 1-3 Mon-Wed 9:00am to 4:00pm

Scaly and Slimy Herpetology Camp

Snakes, Lizards and Frogs....oh my! A journey into the life of these scaly and slimy creatures promises to be a fun filled adventure! Highlights include Herptile hunts by land and water (searching for reptiles and amphibians) and a trip to the zoo.

Ages 7 to 9 **FULL**

Reedy Creek Nature Center

#42925 Jul 15-19 Mon-Fri 9:00am to 4:00pm

Sports: Multi Sports Camps

The US Sports Institute will provide campers with the opportunity to experience a variety of sports from around the world (over 15 sports each week). The focus is on development and fun. For more information, contact Bryan.Joyner@MecklenburgCountyNC.gov, call 704-432-4963, or visit

<http://www.USSportsInstitute.com>.

Ages 6 to 12 Full Day (9:00am to 4:00pm) \$199.00

Ages 5 to 12 Half Day (9:00am to 12:30pm) \$169.00

Ages 5 to 12 Half Day (1:00pm to 4:00pm) \$109.00

Ages 11 to 14 Evening (4:30pm to 6:30pm) \$65.00

Ages 3 to 5 Evening (4:30pm to 5:30pm) \$65.00

Revolution Park

Jun 10-14, Jun 17-21, Jun 24-28



Sports: Basketball and Beyond Skills Day Camp

Children of any experience level will learn fundamental basketball skills. Basic drills, ball handling, shooting and more. For more information, contact Terence.McMurray@MecklenburgCountyNC.gov or 704-432-4580.

Ages 8 to 14 **\$40.00**

Ivory/Baker Recreation Center

44733 Jun 10-14 Mon-Fri 9:00am to 5:00pm

Tennis Camp at Sugaw Creek

Learn the fundamentals of a fun lifelong sport! Camp is designed to serve as an introduction to basic strokes, rule of the game and tennis etiquette. For more information please contact William Brown at 704-449-7897.

Ages 6 to 17 **\$125.00**

Sugaw Creek Recreation Center

#43441 Jun 10-30 Mon-Fri 8:00am to 5:00pm



Summer Camps

Urban Outdoor Connection Camp

Kayaking, fishing, hiking and fire building are just a few of the outdoor adventures that campers participate in as they discover the great outdoors. Each day, campers travel to local natural areas, state parks, and preserves, exploring amazing places and developing confidence in nature. New this year - weekly themes and extended hours for busy parents!

Scholarships available. Participants must register and pay before filling out paperwork from McDowell Nature Center (704-588-5224).

Registration required.

Ages 7 to 9 **\$65.00**

Sugaw Creek Recreation Center

Explorers

#43881 Jul 8-12 Mon-Fri 8:00am to 5:00pm

Survival

#43882 Jul 15-19 Mon-Fri 8:00am to 5:00pm

Water

#43884 Jul 22-26 Mon-Fri 8:00am to 5:00pm

Animals

#43886 Jul 29-Aug 2 Mon-Fri 8:00am to 5:00pm

Wallace Pruitt Recreation Center

Survival

#43875 Jun 17-21 Mon-Fri 8:00am to 5:00pm

Water

#43877 Jun 24-28 Mon-Fri 8:00am to 5:00pm

Animals

#43879 Jul 1-5 Mon-Fri 8:00am to 5:00pm

Urban Outdoor Connection Camp

Kayaking, fishing, hiking and fire building are just a few of the outdoor adventures that campers participate in as they discover the great outdoors. Each day, campers travel to local natural areas, state parks, and preserves, exploring amazing places and developing confidence in nature. New this year - weekly themes and extended hours for busy parents!

Scholarships available. Participants must register and pay before filling out paperwork from McDowell Nature Center (704-588-5224).

Registration required.

Ages 10 to 12 **\$65.00**

Sugaw Creek Recreation Center

Survival

#43883 Jul 15-19 Mon-Fri 8:00am to 5:00pm

Adventure

#43885 Jul 22-26 Mon-Fri 8:00am to 5:00pm

Wallace Pruitt Recreation Center

Survival

#43876 Jun 17-21 Mon-Fri 8:00am to 5:00pm

Adventure

#43878 Jun 24-28 Mon-Fri 8:00am to 5:00pm

For More Information or to Register Visit

www.parkandrec.com



Young Explorers Camp

Not sure if your child is ready for a full day at camp? Then this half-day version of our ever-popular Outdoor Adventure Camp is just what you're searching for! Each day will focus on a different outdoor recreation activity. Campers will explore the nature preserve by going canoeing, using a map and compass, hunting for hidden treasure, and more.

Ages 6 to 7 **FULL**

Latta Plantation Nature Center

#43301 Jul 1-5 Mon-Fri 9:00am to 12:00pm

#43302 Jul 29-Aug 2 Mon-Fri 9:00am to 12:00pm

#43303 Aug 12-16 Mon-Fri 9:00am to 12:00pm

Wilderness Skills Camp

Get in sync with nature and learn wilderness living skills. We will tune ourselves into the natural world and learn how to track wild animals, learn their calls, and know their life.

We will learn the art of shelter building and how to make ourselves warm and comfortable, wild crafting, orienteering, and so much more. Start your journey into how to thrive in the wilderness, not just survive. A one night camping trip (Thursday to Friday) will conclude the week's journey.

Ages 10 to 12 **\$150.00**

Reedy Creek Nature Center

42903 Jun 24-28 Mon-Fri 9:00am to 4:00pm

Wings of Wonder Ornithology Camp

Enter the fascinating world of birds through this hands-on weeklong adventure. Highlights include birding by kayak, visiting Carolina Raptor Center and a trip to the zoo!

Ages 10 to 12 **\$150.00**

Reedy Creek Nature Center

#42924 Jun 17-21 Mon-Fri 9:00am to 4:00pm

Wunderlust Kidz Camp

Find the fun in nature! Explore the great outdoors and engage in some hands-on learning from stomping in the creek to observing live wildlife. Each week will be a new adventure and each day will take us on a new journey. Join us for the Natural Way of Learning!

Ages 4 to 6 **\$75.00**

Reedy Creek Nature Center

#42908 Jun 17-21 Mon-Fri 9:00am to 12:00pm

#42915 Jul 8-12 Mon-Fri 9:00am to 12:00pm

#42916 Jul 8-12 Mon-Fri 1:00pm to 4:00pm

#42917 Jul 22-26 Mon-Fri 9:00am to 12:00pm

#42918 Jul 22-26 Mon-Fri 1:00pm to 4:00pm

Charlotte Elite Enrichment & Recreation Summer Camp

This multi-dynamic program will provide a unique summer experience, designed to enhance participants' development in critical thinking, social skills and health & physical wellness. Through fun filled 21st Century curriculum activities and sports recreation, campers will gain self-esteem and self confidence while enjoying new experiences and creating lasting memories. Breakfast, lunch, and snack will be provided.

Ages 6 to 12 **\$65.00**

Albemarle Road Recreation Center

#46930 Jun 17-21 Mon-Fri 8:00am to 5:30pm

#46931 Jun 24-28 Mon-Fri 8:00am to 5:30pm

#46932 Jul 1-5 Mon-Fri 8:00am to 5:30pm

#46933 Jul 8-12 Mon-Fri 8:00am to 5:30pm

#46934 Jul 15-19 Mon-Fri 8:00am to 5:30pm

#46935 Jul 22-26 Mon-Fri 8:00am to 5:30pm

#46936 Jul 29-Aug 2 Mon-Fri 8:00am to 5:30pm

#46937 Aug 5-9 Mon-Fri 8:00am to 5:30pm

#46938 Aug 12-16 Mon-Fri 8:00am to 5:30pm

KidzArt Summer Camp

Mixing media to the MAX! We will have fun cartooning, creating yummy looking models of cake and candy from clay, painting on canvas, and other interesting techniques - all developed around inspiring artists. Learn how to draw the easy KidzArt way! All this and more while learning a little about those who have made their living as highly creative people. A fun and dynamic experience, this camp helps spark creativity. Projects are developed to provide each camper with a unique experience that nurtures their individual creative spirit while building friendships, gaining artistic understanding, and - most importantly - Having Fun! Register at www.shaw.kidzart.com or call 704-843-5439.

Ages 6 to 11 **\$145.00**

Tom Sykes Recreation Center

#46180 Jul 29-Aug 2 Mon-Fri 9:00am to 12:30pm



Summer Camps

M.A.D.E. Summer Camp

Join us for this 11 week fun-filled traditional camp at the exciting Ray's Splash Planet in uptown Charlotte. Campers will partake in arts and crafts, sports, swimming, field trips, music, and much more. Campers will enjoy two fully equipped playgrounds, full gymnasium, fitness studio & indoor waterpark.

Register today online at www.madetoday.net. (Breakfast and Lunch Provided)

Ages 4 to 13 **\$100.00 weekly**

Ray's Splash Planet

#47144 Jun 10-Aug 23 Mon-Fri 7:30am to 5:00pm



Skateboarding: Grayson Skate Camp

Ever wish you could spend your summer skating all day long? Now you can! Come out and improve your skills, learn some new tricks and most of all have fun.

Instruction provided. For more information, contact NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or call 704-432-5231.

Ages 6 to 16 **\$150.00**

Grayson SkatePark

| | | | |
|--------|--------------|--------------|------------------------------------|
| #42883 | Jun 10-14 | Mon-Fri | 9:00am to 5:00pm |
| #42884 | Jul 8-12 | Mon-Fri | 9:00am to 5:00pm |
| #42885 | Jun 17-21 | Mon-Fri | 9:00am to 5:00pm |
| #42886 | Jun 24-28 | Mon-Fri | 9:00am to 5:00pm |
| #42891 | Jul 1-5 | Mon-Wed, Fri | 9:00am to 5:00pm (Closed Jul 4) |
| #42888 | Jul 15-19 | Mon-Fri | 9:00am to 5:00pm |
| #42889 | Jul 22-26 | Mon-Fri | 9:00am to 5:00pm |
| #42890 | Jul 29-Aug 2 | Mon-Fri | 9:00am to 5:00pm |

Traditional: Adventures in Play

A traditional outdoor day camp in keeping with the 'No Child Left Inside' initiative. Enrichment using the 4-H curriculum, active games and sports, art projects, swimming, social and self-directed play opportunities, nature and environmental activities and lots of time to play outside. For more information, contact SummerCamps@MecklenburgCountyNC.gov.

Ages 6 to 12 **\$50.00**

Methodist Home Recreation Center

| | | | |
|--------|--------------|--------------|------------------|
| #45625 | Jun 17-21 | Mon-Fri | 8:30am to 5:30pm |
| #45626 | Jun 24-28 | Mon-Fri | 8:30am to 5:30pm |
| #45627 | Jul 1-5 | Mon-Wed, Fri | 8:30am to 5:30pm |
| #45628 | Jul 8-12 | Mon-Fri | 8:30am to 5:30pm |
| #45629 | Jul 15-19 | Mon-Fri | 8:30am to 5:30pm |
| #45630 | Jul 22-26 | Mon-Fri | 8:30am to 5:30pm |
| #45631 | Jul 29-Aug 2 | Mon-Fri | 8:30am to 5:30pm |
| #45632 | Aug 5-9 | Mon-Fri | 8:30am to 5:30pm |

Tuckaseegee Recreation Center

| | | | |
|--------|--------------|--------------|------------------|
| #45617 | Jun 17-21 | Mon-Fri | 8:30am to 5:30pm |
| #45618 | Jun 24-28 | Mon-Fri | 8:30am to 5:30pm |
| #45619 | Jul 1-5 | Mon-Wed, Fri | 8:30am to 5:30pm |
| #45620 | Jul 8-12 | Mon-Fri | 8:30am to 5:30pm |
| #45621 | Jul 15-19 | Mon-Fri | 8:30am to 5:30pm |
| #45622 | Jul 22-26 | Mon-Fri | 8:30am to 5:30pm |
| #45623 | Jul 29-Aug 2 | Mon-Fri | 8:30am to 5:30pm |
| #45624 | Aug 5-9 | Mon-Fri | 8:30am to 5:30pm |



Adventure Camp

McDowell's camp for pre-teens who are ready for bigger adventures! Expect to climb mountains, paddle lakes, cook your own food, and have fun outside in a week of nature-based learning and recreation. As always, animal encounters, games, and lots of adventure are included. **Registration required.**

Ages 10 to 12 **\$160.00**

McDowell Nature Center

| | | | |
|--------|-----------|---------|------------------|
| #44050 | Jul 15-19 | Mon-Fri | 9:00am to 4:00pm |
| #44051 | Aug 5-9 | Mon-Fri | 9:00am to 4:00pm |

Teens

4-H: Motorsports Day Camp

Participants in this one-week day camp will experience the life of a pit crew as they design, update and race radio-controlled cars. Using specific math, engineering and technology skills, the campers will solve real-life racing problems. We will also visit local racing shops and the Nascar Hall of Fame. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704-432-4803.

Ages 12 to 15 **\$75.00**

Tom Sykes Recreation Center

| | | | |
|--------|-----------|---------|------------------|
| #44163 | Jul 22-26 | Mon-Fri | 9:00am to 5:00pm |
|--------|-----------|---------|------------------|



4-H Teen Day Camp

Are you a teen looking for something to do during the summer? Come to Mecklenburg 4-H Teen Day Camp the week of June 10-14. Day camp hours are only 9:00am until noon (except for Friday). During the week, teens will participate in a variety of activities including cooking, arts and crafts and science experiments. We will end the week with a full day trip to the US National Whitewater Center. Camp fee covers daily snacks, field trip and Friday lunch. For more information, call 704-336-2082 or visit www.mecklenburgcounty4h.org.

Ages 14 to 18 **\$75.00**

Armory Training Facility

| | | | |
|--------|-----------|---------|-------------------|
| #44582 | Jun 10-14 | Mon-Fri | 9:00am to 12:00pm |
|--------|-----------|---------|-------------------|

4-H: Teen Congress

Held on the campus of North Carolina State University in Raleigh, NC. The week consist of workshops and seminars surrounding the state 4-H theme, government and citizenship, leadership and teamwork and lots of social opportunities. For more information and to register, contact 704-336-2082 or visit www.mecklenburgcounty4h.org.

Ages 13 to 18 **\$275.00**

Armory Training Facility

| | | | |
|--------|-----------|---------|-------------------|
| #42287 | Jun 22-25 | Sat-Tue | 8:00am to 11:00pm |
|--------|-----------|---------|-------------------|



Summer Camps

Charlotte Cheer Elite Camp-Middle

This camp is designed to introduce young ladies to the fundamentals of cheerleading in an exciting, encouraging, and safe environment! Campers will have the opportunity to bond with others who share the same desire to learn and master the cheer sport while in addition participating in afternoon group activity and discussions on positive choices, peer pressure, and building self-esteem. For more information please contact Latoya Cornish at 704-241-1871 or visit www.charlottecheerelite.com.

Ages 12 to 14 **\$65.00**

Albemarle Road Recreation Center

#43334 Jun 17-21 Mon-Fri 9:00am to 5:00pm
#43335 Jun 24-28 Mon-Fri 9:00am to 5:00pm
#43336 Aug 5-9 Mon-Fri 9:00am to 5:00pm
#43337 Aug 12-16 Mon-Fri 9:00am to 5:00pm

Cheer Camp

This camp will focus on basic gymnastics for the field, some dance and a short spirit routine. Pom Poms are included with the program. Great preparation for Middle School Cheerleading Squad. For more information contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704-432-4580.
 Ages 9 to 13 **\$65.00**

Arbor Glen Outreach Center

#44710 Jun 10-14 Mon-Fri 8:30am to 5:30pm



Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK on Eparks** at www.parkandrec.com and use the course code number.
 2. **CALL 311 (704-336-7600)** or the number listed for that program.
 3. **COME to the location** where the program is offered.
- Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.

Elite Skills & Drills Basketball Camp

This camp is a complete basketball training program for athletes who are serious about improving their basketball skills. Each athlete will participate in intense, comprehensive, and challenging workouts consisting of individual skill development, small group instruction, and game simulation sessions. Participants will train like the pros and the program is for the serious, dedicated athlete ONLY. For more information contact 704-336-7655 or alvis.james@mecklenburgcountync.gov.

Ages 10 to 17 **\$25.00**

Martin Luther King School Recreation Site

Girls Only

#44070 Jun 17-21 Mon-Fri 9:00am to 1:00pm
#44074 Jun 10-14 Mon-Fri 9:00am to 1:00pm
 Boys Only
#44076 Jun 24-28 Mon-Fri 9:00am to 1:00pm
#44078 Jul 8-12 Mon-Fri 9:00am to 1:00pm

Winget Recreation Site

Boys and Girls

#44082 July 15-19 Mon-Fri 9:00am to 1:00pm
#44083 July 22-26 Mon-Fri 9:00am to 1:00pm

Jr. Lifeguarding Camp

An educational program that provides a foundation of aquatic and leadership, knowledge, attitudes and skills preparing them for the future and successful completion of the Starfish Aquatics Institute. Must know how to swim. For more information, contact Jody.Corum@MecklenburgCountyNC.gov or 704-432-1141.

Ray's Splash Planet

Ages 11 to 14 **\$150.00**

#42941 Jun 24-28 Mon-Fri 7:30am to 6:00pm



Science Galore Camp

Science Galore camp is geared at introducing participants to some of the exciting fields within technology and engineering. During camp, participants will experience working and building wireless communication devices and bio-med tech devices like a bionic arm. Participants will be surrounded by science and will get hands on experience and knowledge from the projects. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704-432-4803.

Ages 10 to 15 **FULL**

Tom Sykes Recreation Center

#44394 Jul 15-19 Mon-Fri 9:00am to 5:00pm

Sustainability Seminar

Learn about sustainability through several hands-on experiences. Experiment with solar and wind power. Discover energy saving techniques. See firsthand how several businesses and institutions are implementing sustainable practices through a series of field trips. Brainstorm ideas - you never know - we may come up with a new sustainable solution!

Ages 13 to 17 **\$150.00**

McDowell Nature Center

#44022 Jul 8-11 Mon-Thu 9:00am to 4:00pm

Sports Camp

Sports Camp will enhance children's knowledge and development of non-traditional and traditional sports. Choose a specialty sport(s) each week designed for beginners, intermediate, and advance participants (no experience necessary).
 Ages 8 to 9 **\$65.00**

Albemarle Road Recreation Center

Basketball

#44319 Jul 8-12 Mon-Fri 7:30am to 5:30pm

Soccer

#44320 Jul 15-19 Mon-Fri 7:30am to 5:30pm

Baseball

#44321 Jul 22-26 Mon-Fri 7:30am to 5:30pm

Football

#44322 Jul 29-Aug 2 Mon-Fri 7:30am to 5:30pm

Revolution Park Sports Academy

Football

#42171 Jun 17-21 Mon-Fri 7:30am to 5:30pm

Soccer

#42172 Jun 24-28 Mon-Fri 7:30am to 5:30pm

Boxing

#42173 Jul 1-5 Mon-Wed, Fri 7:30am to 5:30pm

Lacrosse

#42174 Jul 8-12 Mon-Fri 7:30am to 5:30pm

Golf

#42175 Jul 15-19 Mon-Fri 7:30am to 5:30pm

Baseball

#42176 Jul 22-26 Mon-Fri 7:30am to 5:30pm

Wrestling

#42177 Jul 29-Aug 2 Mon-Fri 7:30am to 5:30pm

Track and Field

#42178 Aug 5-9 Mon-Fri 7:30am to 5:30pm



Summer Camps



Traditional: MECK Teens REC Summer Camp

A traditional day camp for youth in middle/high school (Participants should have completed 6th grade). Travel with us as we participant in games, 4-H enrichment activities, outdoor play and nature activities, fitness, field trips, swimming, arts and crafts and guest speakers. For more information, contact West Charlotte or Naomi Drenan Recreation Centers. The Camp will be closed on Thursday, July 4.

Ages 12 to 15 **\$55.00**

Naomi Drenan Recreation Center

- #43498 Jun 17-21 Mon-Fri 7:30am to 5:30pm
- #43499 Jun 24-28 Mon-Fri 7:30am to 5:30pm
- #43500 Jul 1-5 Mon-Wed, Fri 7:30am to 5:30pm
- #43501 Jul 8-12 Mon-Fri 7:30am to 5:30pm
- #43502 Jul 15-19 Mon-Fri 7:30am to 5:30pm
- #43503 Jul 22-26 Mon-Fri 7:30am to 5:30pm
- #43504 Jul 29-Aug 2 Mon-Fri 7:30am to 5:30pm
- #43505 Aug 5-9 Mon-Fri 7:30am to 5:30pm

West Charlotte Recreation Center

- #44504 Jun 17-21 Mon-Fri 7:30am to 5:30pm
- #44505 Jun 24-28 Mon-Fri 7:30am to 5:30pm
- #44506 Jul 1-5 Mon-Wed, Fri 7:30am to 5:30pm
- #44507 Jul 8-12 Mon-Fri 7:30am to 5:30pm
- #44508 Jul 15-19 Mon-Fri 7:30am to 5:30pm
- #44509 Jul 22-26 Mon-Fri 7:30am to 5:30pm
- #44510 Jul 29-Aug 2 Mon-Fri 7:30am to 5:30pm
- #44511 Aug 5-9 Mon-Fri 7:30am to 5:30pm

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK on Eparks** at www.parkandrec.com and use the course code number.
2. **CALL 311 (704-336-7600)** or the number listed for that program.
3. **COME to the location** where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.

Tennis: Midwood Tennis Academy Summer Camp

Summer Tennis and Sports Camps will focus mainly on tennis, but will also include a variety of other sports that teach not only athletic skills like balance, coordination, and quickness, but life skills including teamwork, character and personal responsibility. Additionally, campers will be participating in educational and enrichment programs for a part of every day. For more information, contact tom@midwoodtennisacademy.com or visit www.midwoodtennisacademy.com.

Ages 6 to 18 **\$250.00**

Tom Sykes Recreation Center

- #44548 Jun 10-Aug 24 Mon 8:00am to 5:00pm

Wild Adventures in Nature

Discover the wild side of nature during this adventure camp focused on the wildlife of North Carolina. Highlights include kayaking and an overnight camping experience.

Ages 13 to 15 **\$150.00**

Reedy Creek Nature Center

- #42926 Jul 29 Mon 9:00am to 4:00pm

Adult

Family Adventure Camp

Explore the great outdoors and the skills you need to do so...fire building, fishing, kayaking, and campfire cooking. Then cap it off with a camp out where we will sing songs, roast s'mores, and take a Nature at Night Hayride before falling asleep in a private tent with your family. All gear and meals are provided (Lunch: Thurs – Fri., Dinner: Fri. night, and Breakfast: Sat. morning). Additional family members are welcome to join us for the Friday evening campfire cookout and hayride for an additional fee.

Registration required.

All Ages **\$65.00 / \$10.00**

McDowell Nature Center

- #44042 Jun 13-15 Thu 9:00am to 4:00pm,
Fri 9:00am to Sat 10:00am



Therapeutic Recreation



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2013 Summer Programs & Activities





Therapeutic Recreation

Therapeutic Recreation 2013 Summer Camp Programs

Preschool (Ages 2 to 4)

Imagination Station

(For preschool, ages 2 to 4 with disabilities)

Wallace Pruitt Recreation Center, 440 Tuckaseegee Road, Charlotte, NC 28208

Join us this summer on the Discovery Train! Imagination Station will allow you to explore the world around you while making new friends! We will explore such things as science, art, health, music and sports and games! Each week will have a different theme such as: Chika Chika ABC and The Very Hungry Caterpillar, which will allow your child to use their imagination and creativity! Imagination Station is a great opportunity to introduce children to a group recreation setting or allow for continued interaction with their peers during the summer months. There's no doubt, kids will enjoy this camp that encourages non-stop fun and imagination!

7:30am to 6:00pm \$100.00 per week

Contact: Abigail Bergman at 704-432-4328 or Abigail.Bergman@MecklenburgCountyNC.gov

Youth (Ages 5 to 10)

Camp Fun Flics

(For youth, ages 5 to 6 with disabilities)

Tom Sykes Recreation Center, 1501 Euclid Avenue, Charlotte, NC 28203

Come and join us for a camp full of animated fun. Explore the wonderful world of helping Nemo find matching colors and shapes. Learn about friends and sharing with Buzz Lightyear. How about arts and crafts with Shrek? Let's work it out with Zebra Marty. This camp offers an array of hidden educational treasures with great interactive activities, music, games, trips, exercise and more!

7:30am to 6:00pm \$100.00 per week

Contact: Tari Turner at 704-432-4329 or Tari.Turner@MecklenburgCountyNC.gov

Visit <http://TR.Charmeck.org>

to find out more about all the programs offered by Therapeutic Recreation. No matter what your age or type of disability, we have programs that will keep you involved in the community – and having fun!

X-Treme Kids

(For youth, ages 7 to 8 with disabilities)

Tom Sykes Recreation Center, 1501 Euclid Avenue, Charlotte, NC 28203

Campers will be engaged in sports, group games, playground fun, swimming, and other interactive activities, designed to promote friendship, fun, and social skills. We will exercise our minds and bodies through music, dance, art projects, and by taking weekly field trips. Each week will have a different theme so kids can look forward to spending time under the sea, exploring dinosaurs, getting shipwrecked and more!

7:30am to 6:00pm \$100.00 per week

Contact: Stacey Thomas at 704-432-4326 or Stacey.Thomas@MecklenburgCountyNC.gov

Young Explorers

(For youth, ages 9 to 10 with disabilities)

Naomi Drenan Recreation Center, 950 Beal St., Charlotte, NC 28211

Join us for an eight-week summer camp full of fun and exploration where youth will enjoy many different hands-on activities and group games. Get ready to come with us on a Journey through the Jungle, Tropical Exploration and more! We will enjoy weekly field trips, swimming, music, pottery, sports and outdoor activities. Children should bring a bag lunch with a drink each day.

7:30am to 6:00pm \$100.00 per week

Contact: Shannon Maxwell, 704-432-4331 or Shannon.Maxwell@MecklenburgCountyNC.gov



Tweens (Ages 11 to 13)

Camp BE-Tween

(For youth, ages 11 to 13 with disabilities)

Clanton Pavillion, 3132 Manchester Avenue, Charlotte, NC 28217

During this eight-week summer experience for "tween-agers," we'll enjoy weekly field trips, swimming, sports, arts and crafts and much more! Join us as we explore outer space, around the globe, our amazing brains and our own backyards. BE active, BE yourself, BE curious, BE creative...at Camp BE-Tween!

7:30am to 6:00pm \$100.00 per week

Contact: Karen Howard at 704-432-4325 or Karen.Howard@MecklenburgCountyNC.gov

Teens (Ages 14 to 16)

Summer Quest

(For teens age, 14 to 16 with disabilities)

Methodist Homes Recreation Center, 3200 Shamrock Dr. Charlotte, NC 28215

Summer Quest is an eight-week summer camp experience where teens will participate in hands-on activities, crafts, music and dance, and group games. We will enjoy weekly field trips, swimming, sports, special events, and much more!

7:30am to 6:00pm \$100.00 per week

Contact: Ariel Kliem at 704-432-4327 or Ariel.Kliem@MecklenburgCountyNC.gov

Therapeutic Recreation Experience Camp (TREC)

(For teens ages 17 to 21 with disabilities, and still in High School)

Marion Diehl Recreation Center, 2219 Tyvola Road, Charlotte, NC 28210

Spend your summer with friends and participate in sports, swimming, arts and crafts, music and art therapy, cooperative games, guest speakers and a weekly field trip.

7:30am to 6:00pm \$100.00 per week

Contact: Jana McMullen at 704-432-4330 or Jana.McMullen@MecklenburgCountyNC.gov

Preschool



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2013 Summer Programs & Activities





Preschool Programs & Activities

Athletics

Flag Football: Little Ray Fun League

Learn the basic skills of football while having fun. Practice one night a week beginning in June. Six game season will begin on Saturdays starting in July. Participants will receive a football uniform and medal. For more information contact the Recreation Center listed.

Ages 3 to 4 **\$45.00**

Arbor Glen Outreach Center

#47030 Jul 6-Aug 10 9:00am to 12:00pm

Ivory/Baker Recreation Center

#47137 Jul 6-Aug 10 9:00am to 12:00pm

Tuckaseegee Recreation Center

#47138 Jul 6-Aug 10 9:00am to 12:00pm

Bette Rae Thomas Recreation Center

#47139 Jul 6-Aug 10 9:00am to 12:00pm

Cheerleading: Little Ray Fun League

Learn the basics of cheerleading while having fun. Practice one night a week beginning in June. Six game season will begin on Saturdays starting in July. Participants will receive a cheerleading uniform and medal. For more information, contact staff at the Recreation Center listed.

Ages 3 to 4 **\$55.00**

Arbor Glen Outreach Center

#47030 Jul 6-Aug 10 9:00am to 12:00pm

Ivory/Baker Recreation Center

#47140 Jul 6-Aug 10 9:00am to 12:00pm

Tuckaseegee Recreation Center

#47141 Jul 6-Aug 10 9:00am to 12:00pm

Bette Rae Thomas Recreation Center

#47142 Jul 6-Aug 10 9:00am to 12:00pm

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK on Eparks** at www.parkandrec.com and use the course code number.
2. **CALL 311 (704-336-7600)** or the number listed for that program.
3. **COME to the location** where the program is offered. Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.

Shorty Sporty

Tots will get moving while learning new skills from various sports. Parent participation required.

Ages 3 to 5 **\$5.00**

Bette Rae Thomas Recreation Center

#46332 Wed Jun 12-Jul 17 6:00pm to 7:00pm

Cultural Arts

Cooking: Mini Chefs

Children will have fun getting messy while following recipes and creating healthy foods. Parent participation required. For more information, contact staff at the Recreation Center listed.

Ages 3 to 6 **\$4.00**

Arbor Glen Outreach Center

#46956 Tue Jun 11 6:30pm to 7:30pm

#46957 Tue Jun 25 6:30pm to 7:30pm

#46958 Tue Jul 9 6:30pm to 7:30pm

#46959 Tue Jul 23 6:30pm to 7:30pm

#46960 Tue Aug 6 6:30pm to 7:30pm

#46961 Tue Aug 20 6:30pm to 7:30pm

Music Together of Charlotte

Experience the joy of sharing music with your child as you both learn to sing, dance and play instruments together. For more information, contact musictogetherofcharlotte@gmail.com or 704-449-6761.

Ages 5 mo to 6 yrs **\$190.00**

Tom Sykes Recreation Center

#42698 Ongoing, contact Instructor for days/times

Social Activities

Little Engineers

Using LEGO bricks and other building materials, participants will use their imaginations to create while socializing with others. For more information contact staff at the Recreation Center listed.

Ages 3 to 5 **FREE**

Bette Rae Thomas Recreation Center

#46944 Thu Ongoing 10:00am to 11:30am

Snacks with Clifford the Big Red Dog

Clifford the Big Red Dog will help us make some yummy snacks for our favorite friends. We will even have some of Clifford's favorite snacks for people, too. For more information, contact staff at the Recreation Center listed.

Ages 2 to 6 **\$6.00**

Tom Sykes Recreation Center

#46994 Thu Jun 27 5:30pm to 6:30pm

Building with Bob the Builder

We will put on our hard hats and use our tools while building a bird house. Come and help us build a new home for our feathered friends. For more information, contact staff at the Recreation Center listed.

Ages 2 to 6 **\$6.00**

Tom Sykes Recreation Center

#46995 Thu Jul 25 5:30pm to 6:30pm

Princess Tea Party

Wear your best princess attire and join us for a tea party. We will have the tiaras and high tea snacks. For more information, contact staff at the Recreation Center listed.

Ages 2 to 6 **\$6.00**

Tom Sykes Recreation Center

#46997 Thu Aug 22 5:30pm to 6:30pm

Ray's Playhouse

Families are encouraged to interact and have fun in our Youth Activity Room. Enjoy age appropriate toys and get your child ready for school through play. Parent involvement required. Hours subject to change due to rentals and programs.

Ages 6 and under **\$1.00**

Hickory Grove Recreation Center

#46375 Mon-Fri Ongoing 12:00pm to 5:30pm

VISIT OR CALL TODAY!

RAY'S PLAYHOUSE

Berewick Recreation Center
5910 Dixie River Road
Charlotte, NC 28278
704-432-4934

Hickory Grove Recreation Center
6709 Pence Road
Charlotte, NC 28215
704-432-4811

Mallard Creek Recreation Center
2530 Johnston-Oehler Road
Charlotte, NC 28269
704-548-8234

Southview Recreation Center
1720 Vilma Street
Charlotte, NC 28208
704-392-7452

Wallace Pruitt Recreation Center
440 Tuckaseegee Road
Charlotte, NC 28208
704-432-6775

Elementary



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2013 Summer Programs & Activities



Mecklenburg County
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Elementary Programs & Activities

4-H

4-H Clubs

Come learn the principles of 4-H: healthy hearts, heads, hands, and health. You will enjoy fun activities and games using the 4-H curriculum: Health Rocks! and Arts & Crafts. For more information contact the recreation center listed.

Ages 6 to 12 **FREE**

Wallace Pruitt Recreation Center

#46147 Thu Ongoing 5:00pm to 6:00pm

Athletics

Basketball Academy

We focus on the fundamentals of the game by stressing teamwork and sportsmanship. Get better as a player with drills and physical training. For more information, contact Terence.McMurray@MecklenburgCountyNC.gov or 704-432-4580.

Ages 7 to 14 **\$5.00**

Ivory/Baker Recreation Center

#46153 Tue,Thu Ongoing 6:00pm to 7:00pm

Youth Sports Expo Day

Sports build character, increase social interaction and promote physical activity. Children are welcomed to have experience with each of the sports we offer.

Ages 5 to 10 **\$1.00**

Albemarle Road Recreation Center

#46948 Sat Jul 13 10:00am to 1:00pm

Cultural Arts

Cheer: Young Champions

Students learn arm motions, hand, leg and feet formations and voice projection. Cheers, chants and dance movements are taught with flair and enthusiasm by our experienced instructors. Returning students learn advanced techniques. Students are prepared for school team tryouts, looking sharp and jazzy! For more information, contact Young Champions at 1-877-313-6893.

Ages 4 and up **\$8.00**

Hickory Grove Recreation Center

#46394 Wed Ongoing 5:30pm to 8:30pm

Mallard Creek Recreation Center

#46249 Tue Ongoing 5:30pm to 8:30pm

Tom Sykes Recreation Center

#42635 Mon Ongoing 5:00pm to 8:30pm

Dance: Keata's Performing Arts Studio

Students will learn the basics of ballet, jazz, hip hop, lyrical, and gymnastics and will participate in local performances. For more information contact Keata Perdue at Keata.Perdue@gmail.com or 704-726-6554.

Ages 4 to 18 **\$40.00 / MO FOR NON-COMPETITIVE \$80.00 / MO FOR COMPETITIVE**

Ray's Splash Planet

#46614 Mon, Wed Ongoing 6:00pm to 8:00pm



Dance: M.A.D.E. (Making a Difference Everywhere)

Ongoing: M.A.D.E. (Making A Difference Everywhere), Cheer and dance provides fun, structured classes that will help your child learn the basics of ballet, tap, hip-hop, jazz and cheer. Financial aid is available. For more information, contact Eisha Williamson at madecheerdance@hotmail.com or 704-333-4062.

Ages 5 to 12 **\$45.00 / MO**

Ray's Splash Planet

#46636 Tue May 7-28 6:00pm to 8:00pm

Dance: Praise Dance

Learn the basics of praise dance and participate in a recital at the end of this fun program. Separate classes for children, adults and seniors are offered at the recreation center. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704-432-6472.

All Ages **FREE**

Tuckaseegee Recreation Center

#46341 Thu Ongoing 6:00pm to 8:00pm

Fitness & Wellness

Karate Kidz

Learn discipline, karate techniques, and form from a certified karate instructor. For more information, contact Johnny Wilson at 704-605-4628.

Ages 7 to 17 **FREE**

Arbor Glen Outreach Center

#43686 Tue Ongoing 6:00pm to 8:00pm

Bette Rae Thomas Recreation Center

#46119 Mon Ongoing 6:30pm to 8:30pm

Martial Arts: Young Champions

Students are invited to learn martial arts and self-defense with Young Champions. For more information, contact Young Champions at 1-877-313-6893.

All Ages **\$8.00**

Hickory Grove Recreation Center

#46397 Mon Ongoing 5:00pm to 8:30pm

Berewick Recreation Center

#46658 Sat Ongoing 11:45am to 2:00pm

Colonel Francis Beatty Park

#42622 Tue Ongoing 5:15pm to 8:30pm

Mallard Creek Recreation Center

#46255 Thu Ongoing 6:00pm to 8:30pm

Tennis FUNdamentals

Youth will learn the basic fundamentals of tennis with emphasis on rules of the game, court placement and conditioning. For more information, contact WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704-432-6775.

Ages 6 to 12 **FREE**

Wallace Pruitt Recreation Center

#46193 Wed Ongoing 6:00pm to 7:00pm

Social Activities

Virtuous Diamonds in the Rough

This program is designed to encourage sisterhood, spirituality, self-esteem, and education among girls and young women within the community. Make new friends and talk about what's going on. Learn to embrace similarities and differences within us all through interactive games and activities.

Ages 6 to 11 **FREE**

Albemarle Road Recreation Center

#46184 Sat Jun 8 1:00pm to 3:00pm

#46185 Sat Jul 13 1:00pm to 3:00pm

#46186 Sat Aug 10 1:00pm to 3:00pm

Teens



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Summer 2013 Programs & Activities



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Teen Programs & Activities

Athletics

Kings of the Court

Designed to give teens an opportunity to enjoy basketball in a relaxed environment. If you enjoy playing the game, this program is for you! For more information, contact the Recreation Center listed.

Ages 12 to 17 **FREE**

Arbor Glen Outreach Center

#43761 Mon, Thu, Fri Ongoing 6:00pm to 9:00pm

Scott's Creation Skills Clinics

Participants will gain the optimal skill set and athletic ability to be able to perform at their highest potential! For more information, contact Scotty10scott@aim.com, 704-287-2755 or www.scottyscott.net.

Ages 13 to 19 **\$100.00**

Marion Diehl Recreation Center

#46443 Sun Jun 2-30 1:33pm to 3:33pm
#46444 Sun Jul 7-28 1:33pm to 3:33pm
#46445 Sun Aug 4-25 1:33pm to 3:33pm

Cultural Arts

Sky Hy Step and Drill Team

March, dance, drum and compete in step shows, contests, and community events while learning discipline, self-esteem and having fun. For more information, contact NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704-432-5231.

Ages 7 to 17 **\$45.00**

Naomi Drenan Recreation Center

#44419 Mon, Wed Ongoing 6:00pm to 8:00pm

Step Team

Rhythm Phi Soul is a step team that promotes leadership, positive self-image, being active and performance. Learn the history, fundamentals and performance arts through stepping.

Ages 10 to 16 **FREE**

Bette Rae Thomas Recreation Center

#46323 Sun Ongoing 2:00pm to 4:00pm

Music: Piano Lessons

By appointment. Piano lessons available for all ages and skill levels. For more information, contact Amouel Brackett at amouel@aol.com or 704-965-1235.

Ages 5 and up **\$18.00**

Tom Sykes Recreation Center

#42686 Ongoing, call Instructor for days/times

Educational Programs

Boys Club at Wallace Pruitt

Designed to teach young men how to make positive decisions and obtain strong leadership skills.

Ages 12 to 16 **FREE**

Wallace Pruitt Recreation Center

#46161 Wed Ongoing 5:00pm to 6:00pm

Young Runway Girls Group

Group meets to discuss topics, and upcoming social and volunteer events.

Ages 9 to 16 **FREE**

Elon Recreation Center

#45467 Sat Jun 8 1:00pm to 3:00pm
#45468 Sat Jun 22 1:00pm to 3:00pm

Teens Together

Program contributes to leadership development, education, career development and healthy living/personal development. For more information, contact NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704-432-5231.

Ages 12 to 18 **FREE**

Naomi Drenan Recreation Center

#44402 Thu Ongoing 6:00pm to 8:00pm

Fitness & Wellness

Hip-Hop Dance

Do you love to dance? Come learn the latest dance moves and meet new people. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704-432-6472.

Ages 11 to 16 **FREE**

Tuckaseegee Recreation Center

#46344 Tue Ongoing 6:00pm to 7:00pm

Teen Fit Club

This program is designed to educate teens about healthy habits and promote fitness through exercise and weight training. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704-432-3048.

Ages 13 to 17 **\$5.00**

Bette Rae Thomas Recreation Center

#46330 Tue, Thu Ongoing 5:00pm to 6:00pm

For More Information or to Register Visit

www.parkandrec.com

Social Activities

D.I.V.A.S. Step Team

This female mentoring and step team will participate in fun trips, and educational activities. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704-432-6472.

Ages 9 to 15 **FREE**

Tuckaseegee Recreation Center

#46338 Sat Ongoing 1:00pm to 3:00pm

Teen Activity Night

We will have different activities the second Friday of each month. Teens will be able to interact with other teens through recreational games. **Preregistration Required.**

Ages 13 to 17 **\$2.00**

Albemarle Road Recreation Center

#46952 Fri Jun 14 5:30pm to 7:30pm
#46952 Fri Jun 14 5:30pm to 7:30pm
#46952 Fri Jun 14 5:30pm to 7:30pm

Interactive Gaming II

Sharpen your skills through interactive video games, including the latest games.

Ages 11 to 14 **FREE**

Hickory Grove Recreation Center

#46410 Thu Jun 13 6:00pm to 7:30pm
#46411 Thu Aug 22 6:00pm to 7:30pm

Virtuous Diamonds in the Rough

This program is designed to encourage sisterhood, spirituality, self-esteem, and education among girls and young women within the community. Make new friends and talk about what's going on. Learn to embrace similarities and differences within us all through interactive games and activities.

Ages 12 to 14 **FREE**

Albemarle Road Recreation Center

#46187 Sat Jun 8 1:00pm to 3:00pm
#46188 Sat Jul 13 1:00pm to 3:00pm
#46189 Sat Aug 10 1:00pm to 3:00pm

Teen Zone Club

Nothing to do at home? Join the teen club and plan fun activities with your friends. Each month we will plan and complete one community project.

Ages 12 to 17 **FREE**

Bette Rae Thomas Recreation Center

#46318 Mon Ongoing 6:00pm to 7:00pm

Family



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2013 Summer Programs & Activities



Family Programs & Activities



Cultural Arts

African Drumming

Experience hands-on instruction and playing techniques for instruments of the Jembe orchestra. Participants will be exposed to the many uses of the West African drums, music, dance movements, the history, songs, storytelling, repertoire, choreography, costuming and cultural lessons.

All Ages **FREE**

Hickory Grove Recreation Center

#41944 Sun Ongoing 3:00pm to 4:30pm

Fitness & Wellness

Fit City Walkers

A walking group perfect for exercise and making new friends as you get fit, one step at a time.

All Ages **FREE**

Hickory Grove Recreation Center

#46413 Tues Ongoing 6:00pm to 7:00pm

Special Events

Community Explosion

This annual event is designed to bring the family together in a fun and safe environment with fun games, activities, music, free food, and self-improvement workshops for the community.

All Ages **FREE**

Albemarle Road Recreation Center

#46146 Sat Aug 3 9:00am to 5:00pm

National Night Out

National Night Out is a community-police awareness-raising event held the first Tuesday of August. Activities will include games, entertainment, food and more.

All Ages **FREE**

Arbor Glen Outreach Center

#43782 Tue Aug 6 6:00pm to 9:00pm

For More Information or to Register Visit
www.parkandrec.com

A GOOD NIGHT TO GET TO KNOW YOUR NEIGHBORS

Help build a stronger, safer community by attending the annual National Night Out. For more information, go to NationalNightOut.org.

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Adults



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2013 Summer Programs & Activities



Mecklenburg County
Park and Recreation
*The Natural Place
To Be...*



Adult Programs & Activities

Athletics

Volleyball

Participants will learn the basic fundamentals and current techniques of volleyball, as well as more advanced strategies to become a more successful, confident and stronger player.

Ages 18 and up **\$2.00**

Marion Diehl Recreation Center

#46417 Mon Ongoing 6:00pm to 8:00pm

Gym Open Play

Open gym time for adult basketball and adult badminton.

Ages 21 and up **\$2.00**

Mallard Creek Recreation Center

#46282 Wed Ongoing 6:30pm to 8:30pm

#46295 Sun Ongoing 1:30pm to 3:30pm

Cooperative Extension

Jam Party! Canning Jams, Jellies and Fruit Spreads

Come jam with us as we learn the basics to preserving jams, jellies and other fruit spreads in a fun and interactive format.

Each participant will leave with a canning booklet including recipes and step-by-step instructions. This class will be held at Harvest Moon Grille at the Dunhill Hotel (237 N. Tryon St). For more information, contact Kristin_Davis@ncsu.edu or call 704-336-2082.

Ages 18 and up **\$18.00**

Armory Training Facility

#42243 Thu Jun 27 10:00am to 2:00pm

No Pressure! Basics of Canning Low Acid Foods

Fear your pressure canner no more! Learn the basics of preserving low acid foods in a fun and interactive format. Participants will learn all the steps to pressure canning while preserving green beans in class.

Each participant will leave with a canning booklet including recipes and step-by-step instructions. For more information, contact Kristin_Davis@ncsu.edu or call 704-336-2082.

Ages 18 and up **\$18.00**

Armory Training Facility

#42244 Fri Jun 28 10:00am to 2:00pm

Pickling 101

Nothing says summer like fresh homemade pickles! Learn the basics of pickling pickles and veggies in a fun and interactive format while preparing bread and butter pickles. Each participant will leave with a canning booklet including recipes and step-by-step instructions. For more information, contact Kristin_Davis@ncsu.edu or call 704-336-2082.

Ages 18 and up **\$18.00**

Armory Training Facility

#42246 Thu Jun 20 10:00am to 2:00pm

Waterbath Canning 101

Learn the basics of waterbath canning and get started immediately canning the produce from your own garden! Participants will learn hands-on techniques for preserving high acid foods while canning homemade salsa. Each participant will leave with a small preserved item and a canning booklet including recipes and step-by-step instructions. For more information, contact Kristin_Davis@ncsu.edu or call 704-336-2082.

Ages 18 and up **\$18.00**

Armory Training Facility

#42247 Sat Jul 13 10:00am to 2:00pm

Cultural Arts

Ballroom Dancing

Learn various ballroom dancing techniques while meeting new friends with the D'n J Urban Ballroom Dancing. For more information, contact Daniel Felton at 704-713-0919 or felton2307@gmail.com.

Ages 16 and up **\$10.00**

Bette Rae Thomas Recreation Center

#46075 Tue Ongoing 6:30pm to 8:00pm

Educational Programs

Book Club

Participants will discuss various topics and questions about the book of the month. For more information, contact the Recreation Center listed at 704-432-3048.

Ages 18 and up **FREE**

Berewick Recreation Center

Steele Creek Mystery Book Club

#46648 Tue Jun 25 7:00pm to 8:30pm

#46649 Tue Jul 30 7:00pm to 8:30pm

#46650 Tue Aug 27 7:00pm to 8:30pm

Computer Class

This class will include computer basics, Windows® operating system, data storage, working with folders and files and provides an introduction to word processing, spreadsheet, how to access your email, and surf the internet. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704-432-3048.

Ages 16 and up **\$5.00**

Bette Rae Thomas Recreation Center

#46321 Tue, Thu Jun 18-Jul 11 6:00pm to 8:00pm

#46322 Tue, Thu Jul 23-Aug 15 6:00pm to 8:00pm

Fitness & Wellness

Aerobics: DanceOut!

DanceOut! is a dance-inspired fitness class that feels more like a party than a workout. Jam to hot tunes from many different music styles, including Hip Hop, Latin, Pop, Swing, Oldies, Reggae and more. The moves are simple and repetitive so everyone can do it, plus you will move your entire body and have fun while doing it. For more information, contact Angie@queencydancingqueen.com or 704-526-8845 or visit www.QueenCityDanceOut.com.

Ages 18 and up **\$10.00**

Tom Sykes Recreation Center

#42727 Fri Ongoing 5:45pm to 7:00pm



Afternoon Slow Flow Yoga

Afternoon Slow Flow Yoga is a great class to help you relax...perfect for beginners. Participants must easily be able to get up and down from the floor unassisted. For More information, contact ElonRecreationCenter@MecklenburgCountyNC.gov.

Ages 18 to 54 **\$5.00**

Elon Recreation Center

#46420 Wed Ongoing 4:30pm to 5:45pm

For More Information or to Register Visit www.parkandrec.com

Visit Us On 

For More Information or to Register Visit www.parkandrec.com



Adult Programs & Activities

Anusara Yoga

A life-affirming yoga weaving an uplifting philosophy with alignment principles is being offered in a fun-filled class at Lake Point Hall in Colonel Francis Beatty Park. For more information or to sign up contact Linda Oelschlaeger at 704-843-9699 or visit www.yoga.9k.com.

Ages 18 and up **\$10.00**

Colonel Francis Beatty Park

#42616 Mon, Tue Ongoing 9:00am to 11:15am

Dance Impact

Come relieve some stress and jam to the beat while throwing some punches, blocks and kicks. Dance Impact is an exhilarating fusion of dance and martial arts set to tone the entire body. For more information, contact info@queencydanceout.com at 704-999-4071 or www.QueenCityDanceOut.com.

Ages 18 and up **\$7.00**

Hickory Grove Recreation Center

#46391 Mon Ongoing 7:00pm to 8:00pm

Fitness Dance Class

Come learn the latest dance moves while you exercise! For more information, contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704-432-1533.

All Ages **\$3.00**

Arbor Glen Outreach Center

#44124 Wed Ongoing 6:00pm to 7:30pm

For More Information or to Register Visit

www.parkandrec.com

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK on Eparks** at www.parkandrec.com and use the course code number.

2. **CALL 311 (704-336-7600)** or the number listed for that program.

3. **COME to the location** where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40.

Phone and Web registration requires payment with Visa or MasterCard only.

360 Max Fit

Certified personal trainer that offers one-on-one personal training, boot camps, custom workout plans, and private group training. For more information visit www.360maxfitness.com or contact Jason at 704-426-7989.

Ages 18 to 65 **FREE**

Ray's Splash Planet

#46617 Mon May 6 By appointment

Body Pump Fitness

This class focuses on aerobic circuit training using resistance bands, dumbbells and weighted bars. For more information, contact BetteRaeThomasRecreationCenter@MEcklenburgCountyNC.gov or 704-432-3048.

Ages 16 and up **MEMBERS - FREE**
NON-MEMBERS - \$2.00

Bette Rae Thomas Recreation Center

#46083 Tue, Thu Ongoing 6:00pm to 7:00pm

Circuit Training

Cardio and strength training built around the circuit. Enjoy a fitness station workout without the choreography of a typical aerobic class. For more information, contact Calvin.Covington@MecklenburgCountyNC.gov or 704-432-1139.

Ages 18 to 99 **\$3.00**

Ray's Splash Planet

#46618 Thu Ongoing 5:15pm to 6:00pm

Express Workout

Have a busy schedule? Then join us for a vigorous 30 minute workout for both males and females. Get ready to work hard using only your body and a set of dumbbells doing Cardio and Strength Training. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704-432-3048.

Ages 16 and up **MEMBERS - FREE**
NON-MEMBERS - \$2.00

Bette Rae Thomas Recreation Center

#46093 Mon, Wed, Fri Ongoing 8:00am to 9:00am

Framechangers

Certified personal trainer that offers one-on-one personal training. Boot camp, custom workout plans and private group training. For more information visit Mario@framechangersfitness.com or www.framechangersfitness.com or contact Mario at 704-750-1227.

Ages 18 and up **FREE**

Ray's Splash Planet

#46626

Kickboxing

Get a great cardio workout while participating in a fast paced session that combines boxing and kicking. For more information, contact Calvin.Covington@MecklenburgCountyNC.gov or 704-432-1139.

Ages 18 and up **\$3.00**

Ray's Splash Planet

#46627 Sat Ongoing 9:30am to 10:15am

N'Shape with 'N

Funky Fit is dance based aerobics that puts emphasis on fun. You will also receive fitness and nutrition tips. For more information, contact Nettie Reeves at 704-334-4848 or visit www.nshapewithn.com.

Ages 18 and up **\$5.00**

Ivory/Baker Recreation Center

#46314 Thu Ongoing 5:30pm to 6:30pm

Wallace Pruitt Recreation Center

#46170 Sat Ongoing 10:00am to 11:00am

#46171 Tue Ongoing 6:00pm to 7:00pm





Adult Programs & Activities



Personal Training

Need that one-on-one trainer...then sign up for this great program and let us get you on the right track! Develop a personal training routine with our Personal Trainer and learn proper stretching techniques, strength training moves and cardio routines.

BY APPOINTMENT ONLY!

Ages 16 and up **MEMBERS - \$10.00**
NON-MEMBERS - \$15.00

Bette Rae Thomas Recreation Center

#46096 By appointment

Zumba

Let's Zumba! This Latin-dance inspired fitness class uses international rhythms and dance moves for an invigorating and exciting workout! All fitness levels welcome. For more information, contact info@queencitydanceout.com or 704-999-4071 or visit www.QueenCityDanceout.com.

Ages 18 and up **\$10.00**

Bette Rae Thomas Recreation Center

#46404 Sat Ongoing 10:00am to 11:00am

Hickory Grove Recreation Center

#46388 Wed Ongoing 7:00pm to 8:00pm

Marion Diehl Recreation Center

#46428 Tue Ongoing 6:00pm to 7:00pm

Jazzercise

An effective, total body conditioning program that will help you feel great, look terrific, and bring new energy to your life. Jazzercise combines the art of jazz dance with the beat of today's hottest music.

Ages 18 and up **\$45.00**

Elon Recreation Center

#46437 Mon-Thu Ongoing 6:00pm to 7:45pm

Mallard Creek Recreation Center

#46246 Sat Ongoing 8:30am to 9:30am

#46247 Mon, Thu Ongoing 6:00pm to 7:15pm

Queen City Dancing: Megamix

The MegaMix will give you both toning and cardio results in our 90 minute calorie-blasting, booty bouncing, droppin' it low class. Each class will incorporate key toning songs that will target your major muscle groups - legs, booty, abs and arms. Plus you will still get your cardio with all of your favorite songs. For more information, contact info@queencitydancing.com, visit www.QueenCityDanceOut.com, or call 704-999-4071.

Ages 18 and up **\$10.00**

Tom Sykes Recreation Center

#42721 Mon Ongoing 7:00pm to 8:30pm

Sgt. Roy Fitness

Participants will follow various fitness routines and choreography from ultimate training, kickboxing, to dance workouts lead by Sergeant Roy Lewis. Throughout this 1 hour program participants will warm up, complete segments of cardio, small weight exercises, and core strength exercises; all finished with a cool down/stretch. All routines can and are modified to fit each individual's current level of fitness.

Ages 18 and up **\$8.00**

Berewick Recreation Center

#46652 Fri Ongoing 6:00pm to 7:15pm

#46655 Mon Ongoing 7:15pm to 8:30pm

Gospel Shut Up and Dance

Classes are fun dance fitness workouts which use easy-to-follow stylized choreographed routines to get participants movin' & groovin'! All levels welcome! For more information, contact BerewickRecreationCenter@MecklenburgCountyNC.gov.

Berewick Recreation Center

#46652 Wed Ongoing 7:15pm to 8:30pm

Zumba Fit Class

Let's Zumba! This Latin-dance inspired fitness class uses international rhythms and dance moves for an invigorating and exciting workout! All fitness levels welcome. This class is designed to promote physical and mental health.

Ages 18 and up **\$5.00**

Albemarle Road Recreation Center

#46142 Tue Ongoing 6:00pm to 7:30pm

Zumba Fitness

Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it, you're getting fit and your energy levels are soaring. There's no other fitness class like a Zumba Fitness Party. It's easy to do, effective and totally exhilarating. Every class feels like a party. Come try it and you'll see, you don't even have to know how to dance.

Ages 18 and up **\$4.00**

Mallard Creek Recreation Center

#46240 Wed Ongoing 5:15pm to 6:00pm



Seniors



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2013 Summer Programs & Activities





Senior Programs & Activities

Athletics

Basketball: Senior Women's League

This women's league, specifically for those 55 and better, is in advance of the Charlotte Mecklenburg Senior Games. Coaches and volunteers are needed. For more information, contact Betty Davis at 704-588-1264 or Jean Grayson at 704-545-7880.

Ages 55 and up **\$31.00 / YEAR**

Tom Sykes Recreation Center

#42692 Mon Ongoing 6:00pm to 7:00pm



Cheerleaders: Silver Fox

Senior Cheerleading is alive and running full speed ahead as they represent Charlotte-Mecklenburg Senior Games throughout North Carolina. For more information, contact WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704-432-6775.

Ages 55 and up **FREE**

Wallace Pruitt Recreation Center

#46164 Wed Ongoing 1:00pm to 2:00pm

Senior Basketball

Enjoy Senior Basketball while socializing. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704-432-6472.

Ages 55 and up **\$1.00 DAILY**

Tuckaseegee Recreation Center

#46353 Mon, Wed Ongoing 2:00pm to 5:00pm

For More Information, or to Register Visit www.parkandrec.com



Senior Games Prep

Hone your skill for Senior Games. Year-round practices for events offered through Charlotte Mecklenburg Senior Games. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704-432-3048.

Ages 55 and up **FREE**

Bette Rae Thomas Recreation Center

| | | | |
|--------------|-----|----------|--------------------|
| Horseshoes | | | |
| #46326 | Fri | Jun 7-28 | 11:00am to 12:00pm |
| Bocce | | | |
| #46327 | Fri | Jul 5-26 | 11:00am to 12:00pm |
| Shuffleboard | | | |
| #46328 | Fri | Aug 2-30 | 11:00am to 12:00pm |

Cultural Arts

Arts: Oil Painting

This program is a self-paced oil painting social activity for all levels. New painters are welcome. Participants will need to bring their own supplies.

Ages 55 and up **FREE**

Albemarle Road Recreation Center

#46139 Thu Ongoing 10:00am to 11:00am

Clogging

Ever wanted to learn to clog but didn't know how to get started? Join one of the many groups in the area that offer this timeless dance style.

Ages 18 and up **\$31.00 / YEAR**

Tom Sykes Recreation Center

| | | | |
|---------------------------|-----|---------|------------------|
| Carolina Classic Cloggers | | | |
| #42680 | Mon | Ongoing | 6:00pm to 8:30pm |
| Firehouse Cloggers | | | |
| #42674 | Thu | Ongoing | 6:00pm to 8:30pm |

Educational Programs

Computer Class

This class will include computer basics, Windows® operating system, data storage, working with folders and files and provides an introduction to word processing, spreadsheets, how to access your email, and surf the Internet. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704-432-3048.

Ages 16 and up **\$5.00**

Bette Rae Thomas Recreation Center

#46321 Tue, Thu Jun 18-Jul 11 6:00pm to 8:00pm
#46322 Tue, Thu Jul 23-Aug 15 6:00pm to 8:00pm

Fitness & Wellness

Active Adult Yoga - Senior

This class will help to increase strength, flexibility and balance while relieving soreness, stiffness, and reducing stress. Participants must easily be able to get up and down from the floor unassisted. For more information, contact Ann Mason at 704-542-8952.

Ages 55 and up **FREE**

Elon Recreation Center

#46361 Wed Ongoing 4:30pm to 5:45pm
#46362 Tue, Fri Ongoing 10:00am to 11:30am

Badminton Open Play/ Seniors & Adults

Badminton is a great way to stay active and keep your competitive spirit alive for seniors and adults. Your serve!

Ages 55 and up **FREE**

Marion Diehl Recreation Center

#46446 Sat Ongoing 11:00am to 1:00pm
#46447 Wed Ongoing 6:00pm to 8:00pm

Fitness: Stretch and Tone

This program includes various stretching techniques to help keep your body in tiptop shape. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704-432-3048.

Ages 55 and up **FREE**

Bette Rae Thomas Recreation Center

#44178 Mon Ongoing 11:00am to 12:00pm

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. *Select an option:*

1. **CLICK** on *E-parks* at www.parkandrec.com and use the course code number.
2. **CALL** 311 (704-336-7600) or the number listed for that program.
3. **COME** to the location where the program is offered. Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.



Senior Programs & Activities

Inspirational Walking

Walk around the gym while listening to gospel music. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704-432-6472.

Ages 55 and up **FREE**

Tuckaseegee Recreation Center

#46347 Mon, Tue Ongoing 9:00am to 11:00am

Light & Lively

Designed to maintain cardiovascular fitness and improve strength, flexibility, balance, coordination, and activities of daily life. For more information, contact MallardCreekRecreationCenter@MecklenburgCountyNC.gov or 704-548-8234.

Ages 18 and up **\$1.00 MEMBER**
\$3.00 NON-MEMBER

Mallard Creek Recreation Center

#46203 Mon, Thu, Fri Ongoing 9:00am to 9:45am

Social Activities

Berewick Bridge

Seniors will have the opportunity to play Bridge once a week in a social atmosphere with all their friends. Each week participants will challenge their minds as they focus on their concentration skills and learning new strategies with each game. For more information, contact BerewickRecreationCenter@MecklenburgCountyNC.gov.

Ages 55 and up **FREE**

Berewick Recreation Center

#46644 Mon Ongoing 1:00pm to 3:00pm

Bid Whist

Senior Citizens enjoy an afternoon of Bid Whist. Learn the basic fundamentals of the game from experienced Bid Whist players and engage in all the social activities associated with playing the game. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704-432-3048.

Ages 50 and up **FREE**

Bette Rae Thomas Recreation Center

#46078 Mon-Fri Ongoing 1:00pm to 5:00pm

Bid Whist Tournament

Quarterly Card Tournament to show off your skills. We will have healthy snacks for everyone. Awards will be given for 1st and 2nd place. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704-432-3048.

Ages 50 and up **\$3.00**

Bette Rae Thomas Recreation Center

#46329 Thu Jul 25 2:00pm to 5:00pm

Senior BINGO Party

Enjoy socializing and playing Bingo at the monthly holiday themed parties. For more information, contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704-432-1531.

Ages 55 and up **FREE**

Arbor Glen Outreach Center

#44116 Sat Jul 6 10:00am to 12:00pm

#44117 Sat Aug 3 10:00am to 12:00pm



Senior Bingo

Come play one of America's favorite games. Fun, friendship and Bingo. For more information, contact AlbemarleRoadRecreationCenter@MecklenburgCountyNC.gov or 704-567-1941.

Ages 55 and up **FREE**

Albemarle Road Recreation Center

#46181 Mon Jun 17 10:00am to 12:00pm

#46182 Mon Jul 15 10:00am to 12:00pm

#46183 Mon Aug 19 10:00am to 12:00pm

Club: District 8 Golden Angels

This club provides seniors with leadership, leisure, and social activities. For more information, contact WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704-432-6775.

Ages 55 and up **FREE**

Clanton Park

#46167 Wed Jun 19 12:00pm to 1:00pm

#46168 Wed Jul 17 12:00pm to 1:00pm

#46169 Wed Aug 21 12:00pm to 1:00pm

Leisure and Learn – Fountain of Youth Summer Camp

Enjoy seminars with dynamic keynote speakers, workshops, lunch and fun while meeting new friends and learning something new. Transportation provided from various locations. For more information, contact MeckSeniors@MecklenburgCountyNC.gov or 704-336-8105.

Ages 55 and up **\$8.00**

Wallace Pruitt Recreation Center

#44166 Tue Jun 4 10:30am to 2:30pm

#44167 Thu Jun 6 10:30am to 2:30pm

#44168 Tue Aug 20 10:30am to 2:30pm

#44169 Thu Aug 22 10:30am to 2:30pm



See Charlotte!

Seniors, enjoy smiling faces and great places as we journey and See Charlotte! Lunch is on your own. For more information, contact AlbemarleRoadRecreationCenter@MecklenburgCountyNC.gov or 704-567-1941.

Ages 55 and up **\$5.00**

Albemarle Road Recreation Center

#46200 Tue Jun 11 10:30am to 2:00pm

#46201 Tue Jul 2 10:30am to 2:00pm

#46202 Tue Aug 13 10:30am to 2:00pm

Senior Bingo Extravaganza

All seniors are invited to play Bingo while relaxing, enjoying yourself and socializing with friends. Must bring a prize for entry. For more information, contact NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704-432-5231.

Ages 55 and up **FREE**

Naomi Drenan Recreation Center

#39211 Fri Jul 19 10:00am to 1:00pm

Senior Time

This program will be an opportunity for seniors to enjoy different sport activities.

Ages 55 and up **\$2.00**

Hickory Grove Recreation Center

#46412 Thu Aug 22 6:00pm to 8:00pm

Social: Bridge

Social interaction for Charlotte area seniors. All are welcome; come and enjoy yourself in a quiet, yet competitive atmosphere that promotes the card game known as Bridge.

Ages 18 and up **FREE**

Mallard Creek Recreation Center

#46333 Mon, Wed-Fri Ongoing 10:00am to 3:00pm

For More Information or to Register Visit

www.parkandrec.com



Senior Programs & Activities



June 20, 2013

Little Switzerland, NC

North Carolina Mining Museum & Emerald Village

Departs from Mallard Creek at 7:30am and Marion Deihl at 8:00am. Returns at 7:00pm.

Course code: #46974 Cost: \$46.00

Register by June 12, 2013

Emerald Village is nestled deep in the Blue Ridge Mountains of Western North Carolina and is home to seven real mines. Explore the North Carolina Mining Museum and take an underground tour of the historic Bon Ami Mine. Try Gold Panning at the Blue Ridge Gold Mine and tour the historic Discovery Mill to view displays including model railroads, native wildlife, black-light minerals, antique tool collections, and the Antique Music Museum. Lunch not included.

Register 1 of 3 Ways:

Registration is required for most programs whether or not there is a fee. Select an option:

1. **CLICK on Eparks** at www.parkandrec.com and use the course code number.
2. **CALL 311 (704-336-7600)** or the number listed for that program.
3. **COME to the location** where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs. 32, 37 and 40. Phone and Web registration requires payment with Visa or MasterCard only.

MeckSeniors Day Trips



Join us as we travel across the state for exciting day trips!

For more information contact MeckSeniors@MecklenburgCountyNC.gov or call 704-432-4580. Trips are for those ages 55 and older.

Trips depart from Mallard Creek Recreation Center (North) and Marion Deihl Recreation Center (South)



July 30, 2013

Irmo, SC

Lake Murray Sunset Dinner Cruise

Departs Mallard Creek at 2:00pm and Marion Deihl at 2:30pm. Returns at 9:00pm.

Course code: #46400 Cost: \$75.00

Register by July 13, 2013

Experience the Spirit of Lake Murray in Irmo, South Carolina at its greatest! Embark on a two and a half hour sunset cruise and enjoy the beautiful sightings of the Purple Martins, while being treated to an elegant dining experience. Dinner included.



August 30, 2013

Hendersonville, NC

North Carolina Apple Festival

Departs Mallard Creek at 7:15am and Marion Deihl at 7:45am. Returns at 7:00pm.

Course code: #46975 Cost: \$32.00

Register by August 22, 2013

The North Carolina Apple Festival is held annually in Hendersonville, NC. It has been Western North Carolina's Premier Family Festival for over 60 years. Enjoy one of the best known street fairs in the Carolinas with freshly picked apples, arts & crafts, festival food, and free entertainment at the Historic Courthouse. Lunch not included.



Senior Programs & Activities

Senior Nutrition Program



The Mecklenburg County Park & Recreation Department and the Senior Citizens Nutrition Program Partner to Provide Nutritional Services to Senior Citizens.

Congregate Meals are offered at 3 Recreation Centers: Bette Rae Thomas, Mallard Creek, and Southview

This program provides dine-in meals for Mecklenburg County residents 60 years of age and older who are looking for fun, fellowship and a healthy, delicious hot lunch.

Seniors come together Monday - Friday at the recreation centers, as well as at 15 other nutrition sites located throughout Mecklenburg County. This service also offers a variety of educational and recreational activities. Each site is staffed by a full time coordinator who is responsible for all functions of that site.

The Park and Recreation Department and the Senior Citizens Nutrition Program are strong advocates of health and wellness for senior citizens. We offer many opportunities to our customers to participate in health promotion activities such as medical screenings,

wellness education and a variety of exercise programs. SCNP also provides arthritis self-management classes which are taught by registered nurses and physical therapists/ certified exercise trainers. Park and Recreation staff provide support to the programming at the site. Preregistration is required for participation in the meal program. For more information, contact the Senior Citizens Nutrition Program Information Line at 704-336-3144.

In addition, the Senior Citizens Nutrition Program provides other types of meal services to seniors. Home-delivered meals are provided to those who are unable to leave their homes because of physical or mental impairment. Liquid nutrition supplement is provided to those who are at nutrition risk and their doctors

Make A Difference!

While these important nutritional services are provided without cost to Mecklenburg Seniors 60 and older, voluntary contributions are greatly appreciated. Call **704-336-3144** today to learn more about how you can make a difference!



recommend them to drink supplements to get the nutrition they need. The short-term meal service provides home delivered meals to those who become temporary disabled and homebound after being discharged from a hospital or a long-term care facility. All these services are provided at no cost to Mecklenburg County seniors 60 years of age and above. Voluntary contributions are accepted from customers. To inquire about any of these services, call our meal hotline at 704-336-3144.

**Signing up is easy!
Preregister by
contacting the
Senior Citizens
Nutrition Program
Information Line:
704-336-3144**

Aquatics



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LBJ Photography

2013 Swim Lessons & Fitness Programs



Mecklenburg County
Park and Recreation
*The Natural Place
To Be...*

Aquatics



Team WLSL™ Set to Break New World Record on June 18, 2013.

Largest Simultaneous Swim Lesson Sends the Message
Swimming Lessons Save Lives to millions around the globe.

Charlotte, NC--On Tuesday, June 18th, 2013, tens of thousands of kids and adults at aquatic facilities around the world will unite for the fourth year in a row to set a new *Guinness World Record*. The global record attempt for The World's Largest Swimming Lesson™ (WLSL), will take place at 3:00pm GMT (11:00am ET, 8:00am PT.)

Team WLSL holds the current *Guinness World Record* for the largest simultaneous swimming lesson, which stands at 24,873 participants representing 15 different countries across five continents! The 2012 WLSL event generated more than 29 million media impressions, spreading the event's important message to hundreds of thousands of families.

Tragically, drowning remains the leading cause of unintended, injury related death for children ages 1-5, and the second leading cause of accidental death for children under 14. Research shows participation in formal swimming lessons can reduce the risk of drowning by 88% among children ages 1 to 4, yet many kids do not receive formal swimming or water safety training.

Double Oaks Pool, 1200 Newland Road, Charlotte, NC 28206, will be serving as an official Host Location Facility for the WLSL 2013 event. Parents are invited to learn more about this phenomenal event by visiting WLSL.org.

About The World's Largest Swimming Lesson™

The World's Largest Swimming Lesson™ was created as a platform to help aquatic facilities and the many different regional, national and international water safety organizations work together to communicate the fundamental importance of teaching children to swim. Visit www.wsl.org to learn more.

Aquatics



Swim Lessons - Mecklenburg County Aquatic Center

| Session Dates: | Mon-Thur June 10-20 | Mon-Fri Jun 24-July 3 | Mon-Thur July 8-17 | Mon-Thur July 22-Aug 1 | Mon-Thur Aug 5-15 | Sat July 27-Aug 17 |
|----------------|------------------------|--------------------------|-----------------------|---------------------------|----------------------|-----------------------|
| Fees: | | | | | | |
| Public | \$80.00 | \$80.00 | \$80.00 | \$80.00 | \$80.00 | \$40.00 |
| Member | \$64.00 | \$64.00 | \$64.00 | \$64.00 | \$64.00 | \$32.00 |
| Week1 | Mon-Thur | *Mon-Fri | *Mon-Fri | Mon-Thur | Mon-Thur | |
| Week2 | Mon-Thur | *Mon-Wed | *Mon-Wed | Mon-Thur | Mon-Thur | |

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Eparks at www.parkandrec.com and use the course code number.

CALL 311 (704-336-7600) or the number listed.

COME to the location where the program is offered. Recreation & Nature Center addresses and phone numbers are listed throughout this guide.

Phone and Web registration requires payment with Visa or MasterCard only.

STARBABIES / STARTOTS Ages 6 mo. to 36 mo. Introductory Level
The purpose of this course is to develop in very young children a high comfort level in the water. Fun and water adjustment are emphasized.

| | | |
|--------------------|------------------------------|---------------|
| 10:00am to 10:30am | 6 mo. to 18 mo. (StarBabies) | #42337 |
| 10:30am to 11:00am | 19 mo. to 36 mo. (StarTots) | #42339 |

STARFISH SWIM SCHOOL - PRESCHOOL Ages 3 to 5 Beginner Level
Designed to meet the needs of preschoolers, this course will develop high comfort level in the water, readiness to swim, and will teach basic swimming skills for children who are developmentally ready.

| | | | | | |
|-----------------------------|---------------|---------------|---------------|---------------|---------------|
| Weekday 9:30am to 10:00am | #42341 | #42350 | #42386 | #42395 | #42404 |
| Weekday 10:00am to 10:30am | #42342 | #42351 | #42387 | #42396 | #42405 |
| Weekday 4:00pm to 4:30pm | #42343 | #42352 | #42388 | #42397 | #42406 |
| Weekday 4:30pm to 5:00pm | #42344 | #42353 | #42389 | #42398 | #42407 |
| Weekday 5:00pm to 5:30pm | #42345 | #42354 | #42390 | #42399 | #42408 |
| Weekday 5:30pm to 6:00pm | #42346 | #42355 | #42391 | #42400 | #42409 |
| Weekday 6:00pm to 6:30pm | #42347 | #42356 | #42392 | #42401 | #42410 |
| Weekday 6:30pm to 7:00pm | #42348 | #42357 | #42393 | #42402 | #42411 |
| Weekday 7:00pm to 7:30pm | #42349 | #42358 | #42394 | #52403 | #42412 |
| Saturday 9:00am to 9:30am | | | | | #42359 |
| Saturday 9:30am to 10:00am | | | | | #42360 |
| Saturday 10:00am to 10:30am | | | | | #42413 |
| Saturday 10:30am to 11:00am | | | | | #42414 |

STARFISH STROKE SCHOOL - PRESCHOOL Ages 3 to 5 Intermediate Level
Students refine freestyle and learn stroke technique for backstroke, breaststroke, butterfly and more.

| | | | | | |
|-----------------------------|---------------|---------------|---------------|---------------|---------------|
| Weekday 5:30pm to 6:00pm | #42361 | #42362 | #42363 | #42364 | #42365 |
| Saturday 11:00am to 11:30am | | | | | #42415 |

STARFISH SWIM SCHOOL - ELEMENTARY Ages 6 to 9 Beginner Level
Students work toward the core competencies and progress to basic strokes. Learning is self-paced but challenging.

| | | | | | |
|----------------------------|---------------|---------------|---------------|---------------|---------------|
| Weekday 10:30am to 11:15am | #42366 | #42427 | #42507 | #42512 | #42523 |
| Weekday 11:15am to 12:00pm | #42367 | #42503 | #42508 | #42514 | #42524 |
| Weekday 4:00pm to 4:45pm | #42368 | #42504 | #42509 | #42517 | #42525 |
| Weekday 4:45pm to 5:30pm | #42369 | #42505 | #42510 | #42520 | #42527 |
| Weekday 5:30pm to 6:15pm | #42370 | #42506 | #42511 | #42522 | #42528 |
| Saturday 9:00am to 9:45am | | | | | #42371 |

STARFISH SWIM SCHOOL - PRIMARY Ages 10 to 13 Beginner Level
Students work toward the core competencies and progress to basic strokes. Learning is self-paced but challenging.

| | | | | | |
|-----------------------------|---------------|---------------|---------------|---------------|---------------|
| Weekday 4:45pm to 5:30pm | #42372 | #42374 | #42529 | #42531 | #42533 |
| Weekday 7:00pm to 7:45pm | #42373 | #42375 | #42530 | #42532 | #42534 |
| Saturday 10:30am to 11:15am | | | | | #42376 |



Mecklenburg County
Aquatic Center
800 East Martin Luther King Jr. Blvd.
Charlotte, NC 28202
704-336-DIVE (3483)
parkandrec.com/aquatics

Learn more by visiting www.parkandrec.com/aquatics



Aquatics

Swim Lessons - Mecklenburg County Aquatic Center (cont.)

| Session Dates: | Mon-Thur June 10-20 | Mon-Thur Jun 24-July 3 | Mon-Thur July 8-17 | Mon-Thur July 22-Aug 1 | Mon-Thur Aug 5-15 | Sat July 27-Aug 17 |
|----------------|------------------------|---------------------------|-----------------------|---------------------------|----------------------|-----------------------|
| Fees: | | | | | | |
| Public | \$80.00 | \$80.00 | \$80.00 | \$80.00 | \$80.00 | \$40.00 |
| Member | \$64.00 | \$64.00 | \$64.00 | \$64.00 | \$64.00 | \$32.00 |
| Week1 | Mon-Thur | *Mon-Fri | *Mon-Fri | Mon-Thur | Mon-Thur | |
| Week2 | Mon-Thur | *Mon-Wed | *Mon-Wed | Mon-Thur | Mon-Thur | |

STARFISH STROKE SCHOOL - ELEMENTARY / PRIMARY Ages 6 to 13 Intermediate Level

Students refine freestyle and learn stroke technique for backstroke, breaststroke, butterfly and more.

| | | | | | | |
|----------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Weekday 4:00pm to 4:45pm | #42582 | #42584 | #42590 | #42593 | #42595 | |
| Weekday 6:15pm to 7:00pm | #42583 | #52585 | #42592 | #42594 | #42596 | |
| Saturday 9:45am to 10:30am | | | | | | #42586 |

STARFISH SWIM SCHOOL - TEEN / ADULT Ages 14 and up Beginner Level

Students work toward the core competencies and progress to basic strokes. Learning is self-paced but challenging.

| | | | | | | |
|----------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Weekday 6:15pm to 7:00pm | #42377 | #42378 | #42379 | #42380 | #42381 | |
| Saturday 9:15am to 10:00am | | | | | | #42382 |

STARFISH STROKE SCHOOL - TEEN / ADULT Ages 14 and up Intermediate Level

Students refine freestyle and learn stroke technique for backstroke, breaststroke, butterfly and more.

| | | | | | | |
|--------------------------|---------------|---------------|---------------|---------------|---------------|--|
| Weekday 7:00pm to 7:45pm | #42383 | #42384 | #42385 | #42600 | #42602 | |
|--------------------------|---------------|---------------|---------------|---------------|---------------|--|

Mecklenburg County
Aquatic Center

800 East Martin Luther
King Jr. Blvd.
Charlotte, NC 28202
704-336-DIVE (3483)
parkandrec.com/aquatics

Water Exercise - Mecklenburg County Aquatic Center

| Session Dates: | June 3-28 No class 6/21 | July 1-26 No class 7/4, 7/18, 7/19 | July 29-Aug 16 |
|----------------------------|--|--|--|
| Fees: Mon, Wed, Fri | \$44.00 Public \$33.00 Member | \$44.00 Public \$33.00 Member | \$36.00 Public \$27.00 Member |
| Tue, Thur | \$32.00 Public \$24.00 Member | \$24.00 Public \$18.00 Member | \$24.00 Public \$18.00 Member |

| HYDROMANIA | Moderate-High Intensity | SHALLOW WATER |
|---|-------------------------|---------------|
| All-over body toning and cardiovascular workout. Since each participant works at their own pace, this class is great for the beginner to the most advanced fitness level. | | |
| Mon, Wed, Fri 5:30pm to 6:30pm | #46525 | #46527 |
| Tue, Thur 6:00pm to 7:00pm | #46526 | #46528 |
| | | #46529 |
| | | #46530 |

| DEEP WATER FITNESS | Moderate-High Intensity | DEEP WATER |
|--|-------------------------|---------------|
| No swimming skills required, float belts are worn. All-over toning and cardiovascular program held in deep water with float belts. A great upper body workout. | | |
| Tue, Thur 5:25pm to 5:55pm | #46549 | #46550 |
| | | #46551 |

| EASY DOES IT | Beginner-Moderate Intensity | SHALLOW WATER |
|---|-----------------------------|---------------|
| A low-level, low-impact exercise class. Activities include water walking, aerobic exercise to build cardiovascular endurance and range-of-motion classes. | | |
| Mon, Wed, Fri 11:00am to 12:00pm | #46531 | #46532 |
| | | #46533 |

| ARTHRITIS FOUNDATION | Beginner Intensity | SHALLOW WATER |
|--|--------------------|---------------|
| Gentle stretches and range-of-motion exercises keep tender joints mobile. The buoyancy of the water assists movements, while the resistance strengthens muscles that support joints. A physician's release is required to participate. | | |
| Tue, Thur 11:00am to 12:00pm | #46546 | #46547 |
| | | #46548 |

| WATER FIT | Beginner-Moderate Intensity | SHALLOW WATER |
|--|-----------------------------|---------------|
| A moderate 60 minute workout in shallow water designed to work your entire body. | | |
| Tue, Thur 9:00am to 10:00am | #46543 | #46544 |
| | | #46545 |

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on E-parks at www.parkandrec.com and use the course code number.

CALL 311 (704-336-7600) or the number listed.

COME to the location where the program is offered. Recreation & Nature Center addresses and phone numbers are listed throughout this guide.

Phone and Web registration requires payment with Visa or MasterCard only.



Aquatics

Swim Lessons - Ray's Splash Planet

| Session Dates: | Mon-Thur June 10-20 | Mon-Thur July 8-18 | Mon-Thur July 22-Aug 1 | Mon-Thur Aug 5-15 | Sat June 8-29 | Sat July 13-Aug 3 |
|----------------|------------------------|-----------------------|---------------------------|----------------------|------------------|----------------------|
| Fees: Public | \$80.00 | \$80.00 | \$80.00 | \$80.00 | \$60.00 | \$40.00 |
| Member | \$64.00 | \$64.00 | \$64.00 | \$64.00 | \$48.00 | \$32.00 |

STARFISH SWIM SCHOOL - PRESCHOOL Ages 3 to 5 Beginner Level
 Designed to meet the needs of preschoolers, this course will develop high comfort level in the water, readiness to swim and for those children who are developmentally ready, teach beginning swimming skills.
Mon to Thur 5:30pm to 6:00pm #46576 #46577 #46578 #46579
Sat 9:15am to 9:45am #46582 #46584

STARFISH SWIM SCHOOL - ELEMENTARY Ages 6 to 9 Beginner Level
 Students work toward development of the five core competencies and progress to basic strokes. Learning is self-paced but challenging.
Mon to Thur 6:00pm to 6:45pm #46595 #46596 #46597 #46598
Sat 9:45am-10:30am #46599 #46600

STARFISH SWIM SCHOOL - PRIMARY Ages 10 to 13 Beginner Level
 Students work toward development of the five core competencies and progress to advanced strokes. Learning is self-paced but challenging.
Mon to Thur 6:45pm to 7:30pm #46602 #46603 #46604 #46605
Sat 10:30am to 11:15am #46606 #46607

WATER FITNESS CLUB Ages 55 and up
 Seniors 55 and up can join us for gentle water movement in shallow water with beach entry. This is a free program that is offered year-round. Contact Jody Corum at 704-432-1141 for more information.
Mon to Wed 4:30pm to 5:30pm
 Club does not meet on CMS no school days.



Ray's SPLASH PLANET
 OVERFLOWING WITH FUN AND FITNESS

215 N Sycamore St., Charlotte NC 28202
 704-432-4729

www.parkandrec.com/aquatics



Aquatics



Swim Lessons - Marion Diehl Pool

| | | | | | | | | |
|-----------------------|---------------|-----------------------------|-----------------------------|----------------------------------|-----------------------------|------------------------|-------------------------------|-------------------------|
| Session Dates: | | Weekday Jun 10-20 | Weekday July 8-18 | Weekday July 22 - Aug1 | Weekday Aug 12-22 | Sat Jun 8-29 | Sat July 13 - Aug 3 | Sat Aug 10-24 |
| Fees: | Public | \$80.00 | \$80.00 | \$80.00 | \$80.00 | \$40.00 | \$40.00 | \$30.00 |
| | Member | \$64.00 | \$64.00 | \$64.00 | \$64.00 | \$24.00 | \$32.00 | \$24.00 |

Weekday classes run Mon-Thur for 2 weeks

STARBABIES/ STARTOTS Ages 6 mo. to 36 mo. Introductory Level
 The purpose of this course is to develop in very young children a high comfort level in the water with a parent. Fun and water adjustment are emphasized.

| | | | | | | |
|-----|--------------------|----------------------------|--|---------------|---------------|---------------|
| Sat | 10:00am to 10:30am | Starbabies 6 mo. to 18 mo. | | #45757 | #45758 | #45759 |
| Sat | 10:30am to 11:00am | Startots 19 mo. to 36 mo. | | #45765 | #45766 | #45767 |

STARFISH SWIM SCHOOL - PRESCHOOL Ages 3 to 5 Beginner Level
 Designed to meet the needs of preschoolers, this course will develop high comfort level in the water, readiness to swim and for those children who are developmentally ready, teach beginning swimming skills.

| | | | | | | |
|---------|--------------------|---------------|---------------|---------------|---------------|---------------|
| Weekday | 5:00pm to 5:30pm | #46054 | #46472 | #46473 | #46474 | |
| Weekday | 5:30pm to 6:00pm | #46475 | #46476 | #46477 | #46478 | |
| Weekday | 6:30pm to 7:00pm | #46479 | #46480 | #46481 | #46482 | |
| Sat | 9:00am to 9:30am | | | | | #45979 |
| Sat | 9:30am to 10:00am | | | | | #45986 |
| Sat | 10:00am to 10:30am | | | | | #45992 |
| | | | | | | #45980 |
| | | | | | | #45987 |
| | | | | | | #45981 |
| | | | | | | #45988 |
| | | | | | | #45993 |
| | | | | | | #45994 |

STARFISH STROKE SCHOOL - PRESCHOOL Ages 3 to 5 Intermediate Level
 Students refine freestyle and learn stroke technique for backstroke, breaststroke, butterfly and more.

| | | | | | | |
|---------|-------------------|---------------|---------------|---------------|---------------|---------------|
| Weekday | 4:15pm to 4:45pm | #46464 | #46465 | #46466 | #46467 | |
| Weekday | 6:00pm to 6:30pm | #46055 | #46461 | #46462 | #46463 | |
| Sat | 9:30am to 10:00am | | | | | #46019 |
| | | | | | | #46048 |
| | | | | | | #46049 |

STARFISH SWIM SCHOOL - ELEMENTARY / PRIMARY Ages 6 to 13 Beginner Level
 Students work toward development of the five core competencies and progress to basic strokes. Learning is self-paced but challenging.

| | | | | | | |
|---------|--------------------|---------------|---------------|---------------|---------------|---------------|
| Weekday | 4:15pm to 5:00pm | #45966 | #46051 | #46052 | #46053 | |
| Weekday | 5:30pm to 6:15pm | #46468 | #46469 | #46470 | #46471 | |
| Sat | 10:30am to 11:15am | | | | | #45963 |
| | | | | | | #45964 |
| | | | | | | #45965 |

STARFISH STROKE SCHOOL - ELEMENTARY / PRIMARY Ages 6 to 13 Intermediate Level
 Students refine freestyle and learn stroke technique for backstroke, breaststroke, butterfly and more.

| | | | | | | |
|---------|--------------------|---------------|---------------|---------------|---------------|---------------|
| Weekday | 4:45pm to 5:30pm | #46486 | #46502 | #46503 | #46504 | |
| Weekday | 6:15pm to 7:00pm | #46489 | #46505 | #46506 | #46507 | |
| Sat | 8:45am to 9:30am | | | | | #46484 |
| Sat | 11:00am to 11:45am | | | | | #46495 |
| Sat | 11:15am to 12:00pm | | | | | #46492 |
| | | | | | | #46485 |
| | | | | | | #46643 |
| | | | | | | #46500 |
| | | | | | | #46499 |

STARFISH SWIM SCHOOL - ADULT Ages 14 and up Beginner Level
 This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Perfect for adults who desire to learn or improve strokes and water skills for fitness fun. Students work toward development of the five basic core swimming competencies.

Mon, Wed 7:15pm to 8:00pm **#45951** **#45952** **#45953**
 This class is 2x per week for 4 weeks

| | | | | | | | | |
|-----|------------------|--|--|--|--|---------------|---------------|---------------|
| Sat | 8:15am to 9:00am | | | | | #45954 | #45955 | #45956 |
|-----|------------------|--|--|--|--|---------------|---------------|---------------|

STARFISH STROKE SCHOOL - ADULT Ages 14 and up Intermediate Level
 Students refine freestyle and learn stroke technique for backstroke, breaststroke, butterfly and more.

| | | | | | | | | |
|-----|--------------------|--|--|--|--|---------------|---------------|---------------|
| Sat | 11:45am to 12:30pm | | | | | #45945 | #45946 | #45947 |
|-----|--------------------|--|--|--|--|---------------|---------------|---------------|

Marion Diehl Pool

2219 Tyvola Rd., Charlotte, NC 28210
 704-432-0237

www.parkandrec.com/aquatics



Aquatics

Water Exercise - Marion Diehl Pool

Session Dates:

Session 1
June 3-28
No class 6/7

Session 2
July 8-Aug 2

Session 3
August 5-30

| | | | | | |
|--------------|----------------------|----------------------------|--------------------------------|--------------------------------|--------------------------------|
| Fees: | Mon, Wed, Fri | Adult/Member/Senior | \$44.00/\$33.00/\$22.00 | \$48.00/\$36.00/\$24.00 | \$48.00/\$36.00/\$24.00 |
| | Tue, Thur | Adult/Member/Senior | \$32.00/\$24.00/\$16.00 | \$32.00/\$24.00/\$16.00 | \$32.00/\$24.00/\$16.00 |
| | Sat | Adult/Member/Senior | \$16.00/\$12.00/\$8.00 | \$16.00/\$12.00/\$8.00 | \$12.00/\$9.00/\$6.00 |

| | | | | |
|---|-------------------------|----------------------|---------------|---------------|
| HYDROMANIA | Moderate-High Intensity | SHALLOW WATER | | |
| All-over body toning and cardiovascular workout. Since each participant works at their own pace, this class is great for the beginner to the most advanced fitness level. | | | | |
| Mon, Wed, Fri | 7:30am to 8:30am | #45838 | #45837 | #45846 |
| Mon, Wed, Fri | 8:30am to 9:30am | #45848 | #45839 | #45840 |
| Tue, Thur | 8:00am to 9:00am | #45841 | #45847 | #45842 |
| Tue, Thur | 7:00pm to 8:00pm | #45843 | #45844 | #45845 |

| | | | | |
|--|-------------------------|-------------------|---------------|---------------|
| DEEP WATER FITNESS | Moderate-High Intensity | DEEP WATER | | |
| No swimming skills required, float belts are worn. All-over toning and cardiovascular program held in deep water with float belts. A great upper body workout. | | | | |
| Sat | 10:00am to 11:00am | #45895 | #45896 | #46047 |
| Mon, Wed, Fri | 7:15am to 8:15am | #45891 | #45893 | #46045 |
| Mon, Wed, Fri | 8:15am to 9:15am | #45892 | #45894 | #46046 |
| Tue, Thur | 9:00am to 10:00am | #45900 | #45901 | #45911 |
| Tue, Thur | 10:00am to 11:00am | #45902 | #45903 | #45910 |
| Tue, Thur | 1:00pm to 2:00pm | #45904 | #45905 | #45906 |
| Tue, Thur | 7:00pm to 8:00pm | #45907 | #45908 | #45909 |

| | | | | |
|--|-----------------------------|----------------------|---------------|---------------|
| EASY DOES IT | Beginner-Moderate Intensity | SHALLOW WATER | | |
| A low-level, low-impact exercise class. Activities include water walking, aerobic exercise to build cardiovascular endurance and range-of-motion exercise. | | | | |
| Tue, Thur | 10:00am to 11:00am | #45861 | #45862 | #45863 |
| Tue, Thur | 1:00pm to 2:00pm | #45864 | #45865 | #45866 |
| Tue, Thur | 2:00pm to 3:00pm | #45867 | #45872 | #45868 |
| Tue, Thur | 3:00pm to 4:00pm | #45869 | #45870 | #45871 |

| | | | | |
|--|--------------------|----------------------|---------------|---------------|
| ARTHRITIS FOUNDATION | Beginner Intensity | SHALLOW WATER | | |
| Gentle stretches and range-of-motion exercises keep tender joints mobile. The buoyancy of the water assists movements, while the resistance strengthens muscles that support joints. A physician's release is required to participate. | | | | |
| Tue, Thur | 9:15am to 10:00am | #45933 | #45934 | #45935 |

| | | | | |
|---|--------------------|-------------------|---------------|---------------|
| DEEP WATER RUNNING | Moderate Intensity | DEEP WATER | | |
| No swimming skills required, float belts are worn. Class format involves interval running cadence class designed to improve endurance, stamina, breathing, muscle toning. | | | | |
| Tue, Thur | 2:00pm to 3:00pm | #45885 | #45886 | #45887 |

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Eparks at www.parkandrec.com and use the course code number.

CALL 311 (704-336-7600) or the number listed.

COME to the location where the program is offered. Recreation & Nature Center addresses and phone numbers listed throughout this guide.

Phone and web registration requires payment with Visa or MasterCard only.

Marion Diehl Pool

2219 Tyvola Rd., Charlotte, NC 28210

704-432-0237

www.parkandrec.com/aquatics

Aquatics



Starfish Aquatics Swimming

The Mecklenburg County Park and Recreation Department is proud to implement its Starfish Aquatics Institute (SAI) "Starfish Swimming" program format at each of the aquatic facilities. SAI offers a nationally recognized swim instruction program for children and adults of all ages and abilities. The different programs offered are StarBabies (6 to 18 months), StarTots (19 to 36 months), Starfish Swim School (3 and up), Starfish Stroke School (once they have surpassed Starfish Swim School), and the Starfish Swim Team (a development program designed to transition students from swim lessons to a competitive swim team program).

Each of these programs is benchmark focused and contains five stages that each focus on a specific core competency. The core competencies are the building blocks of swimming. All lead-up skills, activities, and benchmarks in each stage focus on the core competency. Each stage has two benchmarks to achieve: a safety skill benchmark and a swim skill benchmark. Please read about the different levels below.

StarBabies (formerly Puddle Ducks) *Parent or Guardian with child 6 months to 18 months*

StarTots (formerly Puddle Ducks) *Parent or Guardian with child 19 months to 36 months*

The purpose of this course is to develop in very young children a high comfort level in the water while at the same time training parents in water safety and drowning prevention. This course does not teach children to become accomplished swimmers or survive in the water; it does provide a confidence-building, fun-loving experience. One parent or guardian must be in the water with each child. Swim diapers required, along with plastic pants (recommended) and a lined swim suit.

Starfish Swim School Preschool (formerly Sand Dollar and Seal) *Ages 3 to 5*

Designed to meet the needs of preschoolers, this course develops a high comfort level in the water, a readiness to swim, and for children who are developmentally ready, teaches beginning swimming skills. This class teaches swimming through creative, fun activities in the water. Students work toward development of the five core swimming competencies and receive color level stars in their personal record books for each achievement. Children progress at their own pace in a small group setting.

Starfish Swim School Elementary (formerly Otter) *Ages 6 to 8, Age 5 can register upon completion of preschool program*

Starfish Swim School Primary (formerly Otter) *Ages 9 to 13*

Children progress at individual rates with the opportunity to learn the core swimming skills and progress to basic strokes. Learning is self-paced but challenging.

Starfish Swim School Adult Beginner (formerly Teen/Adult Beginner) *Ages 14 and up*

This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Perfect for adults who desire to learn or improve strokes and water skills for fitness fun. Students work toward development of the five basic core swimming competencies.

Starfish Stroke School (formerly Manatee and Marlin) *Ages up to 14 that meet skill prerequisites*

Starfish Stroke School Adult Intermediate (formerly Teen/Adult Intermediate) *Ages 14 and up*

Students refine freestyle and learn stroke technique for backstroke, breaststroke, butterfly and more!

Click on one of the logos below to learn more.

