

GetGoing

Fall 2011 **GUIDE**

parks
programs
greenways
recreation



Mecklenburg County
Park and Recreation
*The Natural Place
To Be...*

parkandrec.com

GetGoing Contents



**Mecklenburg County
Park and Recreation**
*The Natural Place
To Be...*
www.parkandrec.com

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About the cover photo:
The Mecklenburg County Park and Recreation Department wants you to know that fall is a great time to get outside and get going -- the weather's cooler and the leaves are falling! We have plenty of indoor activities planned for you, too.
Photo by Mecklenburg County Park and Recreation

Mecklenburg Board of County Commissioners:

Karen Bentley, Dumont Clarke, Harold Cogdell, Neil Cooksey, George Dunlap, Bill James, Vilma Leake, Jim Pendergraph, Jennifer Roberts (Chairman).

Mecklenburg County Park and Recreation Commissioners:

Rob Brisley (Chairman), Paul Bailey, Kendel Bryant, Doug Burnett, Ed Burnhart, Phillip Carey, Beverly Cotton Lawston, Norman Mitchell, Scott McClure, Brenda McMoore, Charlie McRee, Joe Pata, Elaine Powell, Jeff Tarte.

Members are appointed by the Mecklenburg Board of County Commissioners. They promote parks and recreation for Mecklenburg County residents and advise County Commissioners on facilities, programs and activities.

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Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

- CLICK** on E Parks at www.parkandrec.com and use the course code number
- CALL** 311 (704.336.7600) or the number listed.
- COME** to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on p. 4 & 5.

Phone and web registration requires payment with Visa or MasterCard only.

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Ray's Rip It & Stick It!

Cut out this section to put on your fridge as a reminder of key dates.

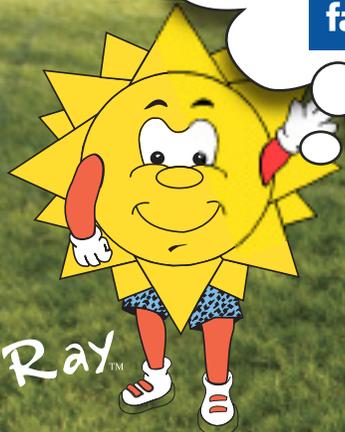


Festival in the Park – Sept 23-25
Cross Country registration – Aug 1st – Sept 12th
Youth Basketball registration - Sept 26 – Oct 21
Ray's Haunted Tour and Carnival – October 28
Pools and Spraygrounds close on Labor Day

Want to VOLUNTEER any time of year?
704.336.5478 For registration information
or details on any of these dates go to
parkandrec.com

Sign up for our
monthly e-newsletter.
Go to parkandrec.com

facebook



Frequently Called Numbers

| | |
|--|--------------|
| City/County Information Line | 311 |
| Administration | 704.336.3854 |
| Aquatic Center | 704.336.3483 |
| Athletics..... | 704.336.3854 |
| Ballfield Rainout Line | 704.336.5800 |
| Dog Parks | 704.336.8840 |
| Facility Reservations/Rentals | 311 |
| Grady Cole Center/Memorial Stadium | 704.336.2884 |
| Greenways & Trails | 704.336.3854 |
| Natural Resources | 704.598.8857 |
| Ray's Splash Planet | 704.432.4729 |
| Therapeutic Recreation | 704.432.0237 |

For more information on anything in this publication,
call **704.336.3854**, visit **www.parkandrec.com** or call **311**.

Dear Mecklenburg County Residents,

On behalf of Mecklenburg County Park and Recreation, I would like to welcome you to the Fall 2011 issue of the *Get Going Guide*.

This issue features information on programs and events happening in September, October and November as well as a comprehensive list of holiday events offered this season.

The program guide, which was published in paperback twice a year for several years, has transformed into an electronic book issued on a quarterly basis. The new format allows for fresher content and easier methods of registration since the guide is linked directly to E-Parks.

Our goal is to continue enhancing the guide by adding more hyperlinks, features stories and even video to really show what Park and Recreation has to offer.

So save this file to your desktop or laptop and refer to it often so that you will always be up-to-date on all the ways you can get going!

Sincerely,



James "Jim" R. Garges
Mecklenburg County Park and Recreation Director

People • Pride • Progress • Partnerships

5841 Brookshire Blvd. • Charlotte, NC 28216

704.336.3854 • Fax: 704.336.5472



All services are available without regard to origin, sex or disability.

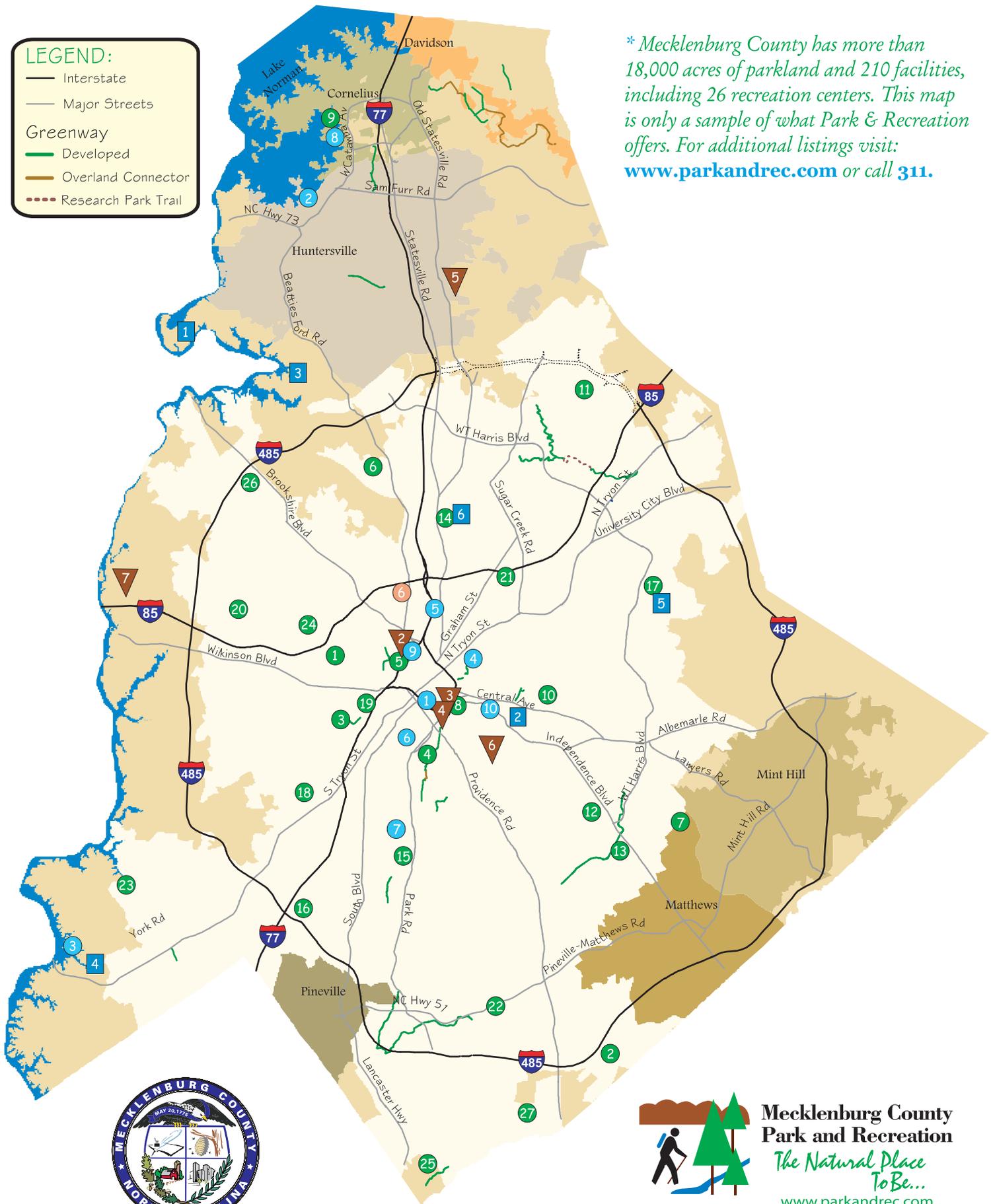


Mecklenburg County Parks, Preserves and Facilities

LEGEND:

- Interstate
- Major Streets
- Greenway
 - Developed
 - Overland Connector
 - Research Park Trail

** Mecklenburg County has more than 18,000 acres of parkland and 210 facilities, including 26 recreation centers. This map is only a sample of what Park & Recreation offers. For additional listings visit: www.parkandrec.com or call 311.*



**Mecklenburg County
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Parks & Athletic Complexes

- 1 **Camp Greene Park** • 1221 Allegheny St. • 704-432-4280
Basketball Courts (12 lighted, outdoor courts with 1 court covered), Walking Trails
- 2 **Colonel Francis Beatty Park** • 4330 Weddington Rd., Matthews • 704-432-4280
Canoe/Kayak Launch, Basketball, Fishing, Mountain Biking, Multi-purpose Fields, Playground, Picnic Shelters, Softball, Tennis, Reception Hall/Wedding Pagoda Rentals
- 3 **Clanton Park** • 1520 Clanton Rd. • 704-432-4280
Basketball Complex (outdoor), Greenway, Softball, Indoor Shelter, Multi-purpose Fields
- 4 **Freedom Park** • 2435 Cumberland Ave. • 704-432-4280
Amphitheater, Baseball, Basketball, Greenway, Multi-purpose Fields, Picnic Shelters, Playgrounds, Tennis, Sand Volleyball, Fishing, Nature Museum, Indoor Pavilion
- 5 **Frazier Park** • 1201 W. Fourth St. • 704-432-4280
Basketball, Dog Park, Greenway, Multi-purpose Field, Tennis and Our Children's Memorial Walkway
- 6 **Hornets Nest Park** • 6401 Beatties Ford Rd. • 704-432-1369
Basketball, BMX Track, Disc Golf, Fishing, Picnic Shelters, Playground, Softball Complex, Tennis
- 7 **Idlewild Road Park** • 10512 Idlewild Rd. • 704-643-5725
Fishing, Horseshoes, Picnic Shelters, Playground, Softball, Walking Trails
- 8 **Independence Park** • 300 Hawthorne Ln. • 704-432-4280
Baseball, Basketball, Formal Rose Garden, Multi-purpose Field, Picnic Shelters, Tennis, Volleyball, Walking Trails
- 9 **Jetton Park on Lake Norman** • 19000 Jetton Rd. • 704-432-1369
Fishing, Indoor Shelter, Playground, Picnic Decks, Tennis, Walking Trail, Wedding/Reception Rentals, Mountain Bike Trails
- 10 **Kilborne Park** • 2600 Kilborne Dr. • 704-643-5725
Disc Golf, Playground, Multi-purpose Field, Picnic Shelter, Softball, Tennis, Walking Trail
- 11 **Mallard Creek Park** • 3001 Johnston-Oehler Rd. • 704-432-1369
Multi-purpose Fields, Picnic Shelter, Playground, Recreation Center, Softball Complex
- 12 **Mason Wallace Park** • 7301 Monroe Rd. • 704-643-5725
Basketball, Playground, Softball, Tennis, Picnic Area, Multi-purpose Field,
- 13 **McAlpine Creek Park** • 8711 Monroe Rd. • 704-643-5725
Cross Country Course, Dog Park, Fishing, Greenway, Horseshoes, Soccer, Walking Trails, Picnic Area
- 14 **Nevin Park** • 6000 Statesville Rd. • 704-432-1369
Bocce, Horseshoes, Multi-purpose Fields, Picnic Shelters, Accessible Playground, Softball Complex, Walking Trails, Sprayground, Disc Golf

Nature Centers & Preserves

Nature Centers are open 7 days a week and FREE! Nature Preserves are open 7:00am to Sunset, daily.

- 1 **Cowans Ford Wildlife Refuge** • 5335 Neck Rd. • 704-875-1391
Picnic Tables, Wildlife Observation Deck
- 2 **Evergreen Nature Preserve** • 1300 Tarrington Ave. • 704-598-8857
2 Miles of Hiking Trails
- 3 **Latta Plantation Nature Preserve** • 5226 Sample Rd. • 704-875-1391
Nature Center, Horseback Riding, Fishing, 16 Miles of Hiking/Equestrian Trails, Historic Latta Plantation, Carolina Raptor Center, Picnic Shelters, Canoe Launch Areas
- 4 **McDowell Nature Preserve** • 15222 York Rd. • 704-588-5224
Nature Center, Group Camping, RV Campground, Playground, 7 Miles of Hiking Trails, Picnic Shelters, Canoe Launch Areas
- 5 **Reedy Creek Nature Preserve** • 2900 Rocky River Rd. • 704-598-8857
Nature Center, Fishing, 10 Miles of Hiking Trails, Historic Robinson Rock House
- 6 **RibbonWalk Nature Preserve** • 4601 Nevin Rd. • 704-598-8857
2.7 Miles of Hiking Trails, Picnic Tables

Water Fun

- 1 **Aquatic Center** • 800 ML King Jr. Blvd. (formerly 2nd St.) • 704-336-3483
Indoor Natatorium with Diving Well and Fitness Center
- 2 **Blythe Landing** • 15901 NC Hwy 73 • 704-336-3586
Boat Launch Facility, Playground, Seasonal Cafe, Sailing Center, Sand Volleyball
www.nccsailrow.org
- 3 **Copperhead Island** • 15200 Soldier Rd. • 704-583-1284
Boat Launch, Fishing, Picnic Shelter, Island Rental, Walking Trails, Camping
- 4 **Cordelia Park** • 2100 N. Davidson St. • 704-336-2096
Outdoor Pool with Sprayground, Basketball, Playground, Shelter, Greenway Access
- 5 **Double Oaks Pool** • 1200 Newland Rd. • 704-336-2653
Outdoor Pool
- 6 **Latta Park** • 601 East Park Ave. • 704-336-3375
Sprayground, Basketball, Soccer, Softball, Tennis, Sand Volleyball, Picnic Shelter, Playground, Trails, Recreation Center
- 7 **Marion Diehl Pool** • 2219 Tyvola Rd. • 704-432-4334
Indoor Therapeutic Swimming Pool, Multi-purpose Rooms and Gym

Please note, with 200 parks and recreation complexes, this map is ONLY a sample of what Park & Recreation offers. For additional listings visit www.parkandrec.com Most softball fields can be converted for baseball competition.

- 15 **Park Road Park** • 6220 Park Rd. • 704-643-5725
Basketball, Picnic Shelters, Playground, Softball Complex, Tennis
- 16 **Ramblewood Park and Soccer Complex** • 10200 Nations Ford Rd. • 704-643-5725
Basketball, Picnic Shelters, Playground, Soccer, Softball
- 17 **Reedy Creek Park** • 2900 Rocky River Rd. • 704-432-1369
Basketball, Disc Golf, Dog Park, Fishing, Picnic Shelters, Playgrounds, Soccer, Softball, Volleyball, Hiking/Walking Trails, Indoor Shelter
- 18 **Renaissance Park** • 1536 W. Tyvola Rd. • 704-643-5725
Mountain Biking, Multi-purpose Fields, Picnic Shelter, Softball Complex, Tennis, Sand Volleyball, Disc Golf
- 19 **Revolution Park** • 2425 Barringer Dr. • 704-432-4280
Baseball, Basketball, Football (Syn. Turf), Picnic Shelter, Playground, Recreation Center
- 20 **Robert L. Smith Park** • 1604 Little Rock Rd. • 704-432-1369
Multi-purpose Fields, Playground, Picnic Shelter, Walking Trail
- 21 **Sugaw Creek Park** • 943 W. Sugar Creek Rd. • 704-432-1369
Basketball, Disc Golf, Multi-purpose Fields, Picnic Shelters, Playground, Recreation Center, Softball, Tennis
- 22 **William R. Davie Park** • 4635 Pineville-Matthews Rd. • 704-643-5725
Basketball, Dog Park, Playgrounds, Multi-purpose Fields (Syn. Turf & Grass), Softball, Conference Center Rental
- 23 **Thomas M. Winget Park** • 12025 Winget Rd. • 704-643-5725
Basketball, Multi-purpose Fields, Picnic Shelters, Playground, Recreation Center, Walking Trails
- 24 **Tuckaseegee Park** • 4820 Tuckaseegee Rd. • 704-432-1369
Baseball, Basketball, Picnic Shelter, Playground, Recreation Center, Softball, Tennis
- 25 **Elon Park** • 11435 Ardrey Kell Rd. • 704-643-5725
Disc Golf, Fishing, Recreation Center, Multi-purpose Fields (Syn. Turf), Walking Trail
- 26 **Shuffletown Park** • 9500 Bellhaven Blvd. • 704-432-1369
Dog Park, Multi-purpose Fields, Picnic Shelter, Softball, Volleyball
- 27 **Flat Branch Park** • 11830 Tom Short Rd. • 704-552-8213
Soccer Fields

Special Facilities

- 3 **Equestrian Center @ Latta Plantation** • 6201 Sample Rd. • 704-992-1550
Horseback Riding, Pony Rides, General Store & Stable Center, Show Facility, Reservations Required.
- 2 **Johnson C. Smith University Track** • 100 Beatties Ford Rd. • 704-336-8096
Track & Field Facilities, Lanes 7&8 open to the public most days
- 3 **Grady Cole Center/Memorial Stadium** • 310 N. Kings Dr. • 704-336-2884
Special Use Arena/Concert Venue & Football Stadium
- 4 **Saint Mary's Chapel & Vietnam Memorial** • 1129 E. 3rd St. • 704-333-1235
Chapel & Dedication Memorial to Vietnam Veterans Available for Ceremony Rentals
- 5 **David B. Waymer Aeromodeler Field** • 15401 Holbrooks Rd. • 704-336-3586
Flying field for model airplanes, with separate areas for Radio and Wire controlled airplanes
- 6 **Grayson SkatePark** • 750 Beal St. • 704-365-1265
In-Line & Skateboard Park, Signed Waiver & Helmet Required
- 7 **U.S. National Whitewater Center** • 5000 Whitewater Center Pkwy. • 704-391-3900
Home of USA Canoe and Kayak, Mountain Bike Trails, Climbing Center, Ropes Course, Zip Line and Rafting/Kayaking www.usnwc.org
- 4 **Nature Museum @ Freedom Park** • 1658 Sterling Dr. • 704-372-6261 ext. 605
- 18 **Jeff Adams Tennis Center @ Renaissance Park** • 1200 Tyvola Rd. • 704-529-3237
- 4 **McDowell Campground** • 15222 York Rd. • 704-583-1284
Year-around Tent, RV and Group Camping <http://camping.charmeck.org>
- 19 **The First Tee of Charlotte @ Revolution Park** • 2661 Barringer Dr. • 704-348-2515
Golf Practice Areas, Computer Lab, Multi-purpose Room, Administrative Offices

Water Fun Con't

- 8 **Ramsey Creek Park** • 18333 Nantz Rd. • 704-336-3586
Boat Launch Facility, Dog Park, Picnic Shelters, Sand Volleyball
- 9 **Ray's Splash Planet** • 215 N. Sycamore St. • 704-432-4729
Indoor Water Park (Open Year Round), Fitness Center and Gym, Greenway Access
- 10 **Veterans Park** • 2136 Central Ave. • 704-336-2884
Sprayground, Basketball, Baseball, Softball, Disc Golf, Outdoor Shelters, Indoor Shelter, Sand Volleyball, Tennis, Playground
- 6 **West Charlotte** • 2400 Kendall Dr. • 704-393-1560
Sprayground
- 14 **Nevin Park** • 6000 Statesville Rd. • 704-336-8866
Sprayground



Discover Our Good Nature!



Dog Parks

Mecklenburg County has six dog parks. They offer a place for dogs to run off-leash in a fenced area and frolic with other canines. Admission is free and open to all dogs of suitable disposition. Dogs must have rabies vaccinations and licenses as required by law. Owners are responsible for their pets. Dog parks are open every day, 7:30am–sunset (for more information call 311)

Swaney Point K-9 Park in Ramsey Creek Park, 18441 Nantz Road Cornelius, four acres fenced-in. Separate sections for large dogs (more than 20lbs) and small dogs (less than 20lbs).

Barkingham Park at Reedy Creek Park, 2900 Rocky River Road, four acres inside fence.

Ray's Fetching Meadow at McAlpine Creek Park, 8711 Monroe Road, one acre, fenced-in.

Davie Dog Park in William R. Davie Park, 4635 Pineville-Matthews Road, more than five acres with separate sections for large dogs and small dogs.

Frazier Dog Park in Frazier Park, 1201 West 4th Street in uptown Charlotte, 1.3 acres inside fence. Sections for large and small dogs. Fenced enclosure is along I-77 near West Trade and Sycamore streets.

Shuffletown Dog Park in Shuffletown Park, 9500 Belhaven Blvd. This new dog park is 4.6 acres with sections for large and small dogs.

SKATE PARKS

Mecklenburg County Park and Recreation offers a skate park for in-line skaters and skateboarders, plus BMX bikers at specified times. Admission charge, helmets and pads required. Skate parks require signed waiver of liability, with waiver signed by parents and notarized for ages 17 or younger. For waiver forms, hours, and more info, check www.parkandrec.com, click on Facilities, then Skate Parks, or call 311 or 704.432.5231. Come visit:

Grayson SkatePark: 750 Beal Street at Naomi Drenan Recreation Center. 13,000 square feet of concrete skating surface. Suitable for novices to professionals. Features a street course with banks, transitions, corners, rails, ledges and two bowls with depths of 5 feet and 10 feet.



Thrills on Wheels

Discover **mountain biking** trails at Jetton, Col. Francis Beatty, Renaissance, Ramsey Creek, and Southwest Parks. Also bike at North Meck Park (operated by Huntersville), at US National Whitewater Center, and on 32 miles of greenways all over the County. Check www.parkandrec.com for details and locations: Click on Activities and Biking, or call 311. Jetton and Southwest Parks have special trails for riders with disabilities who can borrow special hand-cycle trikes.



Segway tours available at Latta Plantation.

Mecklenburg County Park & Recreation Tennis Instruction

Park and Recreation is proud to offer tennis clinics, lessons and camps for players of all ages at 6 facilities this fall. For more information and to register please contact the tennis professionals directly using the information below.

Jeff Adams Tennis Center – Upchurch Tennis

Website: www.charlottecitytennis.com
Phone: 704-284-9844
Email: allen@upchurchtennis.com

Veterans Park – Midwood Tennis Academy

Website: www.midwoodtennisacademy.com
Phone: 704-491-1846
Email: info@midwoodtennisacademy.com

Freedom Park – Simply Tennis

Website: www.simply10s.net
Phone: 704-307-4107
Email: simplytennis@ymail.com

Park Road Park – Tennis Education & Endowment

Website: www.parkandrec.com
Phone: 704-529-3273
Email: Preston.Buckman@MecklenburgCountyNC.gov

Latta Park – Midwood Tennis Academy

Website: www.midwoodtennisacademy.com
Phone: 704-491-1846
Email: info@midwoodtennisacademy.com

Colonel Francis Beatty Park – TANC

Website: www.tanctennis.com
Phone: 704-340-0013
Email: ytennis@juno.com



Fishing Tackle

Mecklenburg County Park and Recreation can lend you a fishing rod and tackle for a day, so you can try angling in any of our ponds and lakes. This program is a partnership with the NC Wildlife Resources Commission. It is free, to increase fishing opportunities. Just bring a valid ID and fill out a form. NC Fishing License is required for age 16 and older. For license information check www.ncwildlife.org or call toll free: 888-248-6834. For more information call 311 or the check the nature centers at:

- **Latta Plantation Nature Preserve,**
5226 Sample Road, Huntersville, 704-875-1391
- **McDowell Nature Preserve,**
15222 York Road, 704-588-5224
- **Reedy Creek Nature Preserve and Park,**
2900 Rocky River Rd., 704-598-8857



Go Fish!

Which will become your favorite fishing hole? We've got small ponds and big lakes! Fishing is free at:

- **Blythe Landing,**
15901 NC Highway 73, Huntersville (Lake Norman)
- **Colonel Francis Beatty Park,**
4330 Weddington Rd., Matthews
- **Freedom Park,**
1900 East Blvd.
- **Hornets Nest Park,**
6310 Beatties Ford Rd.
- **Jetton Park,**
1900 Jetton Rd., Cornelius (Lake Norman)
- **Latta Plantation Nature Preserve,**
5226 Sample Rd., Huntersville (Mountain Island Lake)
- **McAlpine Creek Park,**
8711 Monroe Rd.
- **McDowell Nature Preserve,**
15222 York Rd. (Lake Wylie)
- **Park Road Park,**
6220 Park Rd.
- **Ramsey Creek Park,**
18441 Nantz Rd., Cornelius (Lake Norman)
- **Reedy Creek Park and Nature Preserve,**
2900 Rocky River Rd.

A North Carolina Fishing License is required for ages 16 and older. For license information, check www.ncwildlife.org or call toll free: 888.248.6834. NC Wildlife Resources Officers enforce license regulations. For information on types of fish, depth of ponds and lakes, etc. check www.parkandrec.com, then click on Activities and Fishing, or call 311.

47th FESTIVAL IN THE PARK

September 23-25, 2011



Parks

DISC GOLF - no cart or green fees!

Discover the playing power of disc golf! It's an inexpensive game and courses are located throughout the County. There is no charge to play these courses. Try each course and see which one is your favorite. Two new courses opened in early 2010. Elon Park has a second, longer course for the more serious player and Nevin Park added a disc golf course.

The courses listed offer 18 holes except for Squirrel Lake Park in Matthews and Mint Hill Park which has nine. For more information check www.parkandrec.com. Visit the Charlotte Disc Golf Club at www.charlottedgc.com for information about local events.



| Course | Location: | Skill Level: |
|--------------------|-----------------------------|--------------------------------|
| Elon Park (2) | 11401 Ardrey Kell Rd. | beginner/intermediate/advanced |
| Hornets Nest | Park 6301 Beatties Ford Rd. | advanced/professional |
| Kilborne Park | 2600 Kilborne Dr. | beginner/intermediate |
| Mint Hill Park | 8850 Fairview Rd./Mint Hill | beginner/intermediate |
| Nevin Park | 6000 Statesville Rd. | intermediate/advanced |
| Reedy Creek Park | 2900 Rocky River Rd. | beginner/intermediate |
| Renaissance Park | 1525 Tyvola Rd. | advanced/professional |
| Sugaw Creek Park | 939 W. Sugar Creek Rd. | intermediate/advanced |
| Squirrel Lake Park | 1631 Pleasant Plains Rd. | intermediate/advanced |

We're more than Picnic Shelters

Picnic shelters, wedding facilities, as well as reception sites, are available through your parks department. Inside, outside, historic, lakeside – lots of places to choose from to tie the knot! Bring your own minister, music and decorations. See venues and reservation information at parkandrec.com or call 311.



Lake Pointe Hall at Col. Beatty Park.

Partners For Parks Foundation

Help Mecklenburg County Park and Recreation Department by making a donation to Partners for Parks. This is a nonprofit 501(c)(3) organization that seeks financial support to promote, expand and improve parks, recreation programs and open space in Mecklenburg County and the region. Most gifts are tax deductible. For more information check www.partnersforparks.org, or call 704.394.4828.



Historic Sites

Mecklenburg County has rich history, and Mecklenburg County Park and Recreation is the steward of several historic sites that host visitors. Many sites offer a hands-on opportunity to learn about life in another time.

Alexandriana: Site has a monument which commemorates the signing of Mecklenburg Declaration of Independence, 9921 Old Statesville Rd., Huntersville

Dowd House: World War I training camp, 2216 Monument Ave., Charlotte

Historic Latta Plantation: Plantation of James Latta, circa 1800, 5225 Sample Rd., Huntersville. See www.lattaplantation.org

Independence Park: Oldest park in Mecklenburg County, 300 Hawthorne Lane, Charlotte

McIntyre Historic Site: Revolutionary War skirmish and gold mining site, 4125 McIntyre Ave., Charlotte

Rural Hill: 265 acre plantation of Revolutionary War Maj. John Davidson and six generations of his family, 4431 Neck Rd., Huntersville. See: www.ruralhill.net.

St. Mary's Chapel: Victorian chapel of Thompson Orphanage, now a popular wedding venue, 1129 East 3rd St., Charlotte.

Holly Bend House: Circa 1795-1800 plantation home of Robert and Margaret Davidson at 3710 Neck Rd. near Mountain Island Lake.

Robinson Rockhouse Trail: at Reedy Creek Park and Nature Preserve, 2900 Rocky River Road.

Advisory Council

Advisory Councils consist of citizens and serve as a liaison between the Park and Recreation Department and Citizens of the County. All councils report to the Park and Recreation Commission. The councils consult with and advise in matters affecting recreation promotion, marketing, membership, programming, planning and other leisure services related to the County Park and Recreation program, and to input its long-range planning for resources for capital projects for rehabilitation, design and/or development for indoor/outdoor recreation. For more information on the responsibilities of various advisory bodies, applicants may contact the Park and Rec office at **704.336.3854**.

Advisory Councils

- Athletics Advisory Council
- Aquatic Advisory Council
- Cultural Arts Advisory Council
- Golf Advisory Council
- Greenways/Trails Advisory Council
- Soccer Advisory Council
- Senior Citizen Advisory Council
- Stewardship Advisory Council
- Tennis Advisory Council
- Therapeutic Recreation Advisory Council



Golf Facilities

Cadillac Golf Ranch

Description: The Cadillac Golf Ranch is a state-of-the-art golf learning and practice facility that opened in August 2010 in Pineville. The Cadillac Golf Ranch was conceived to be a “club” without a golf course. Our vision is for a place where golfers can meet, socialize, practice, learn and discuss the game of golf in a clean and pleasant atmosphere. We hope to create a place where golfers of all skill levels will find “their” place to fulfill their practice, learning, equipment and recreational needs.

C.T. Myers Golf Course (Charles T. Myers)

Description: 18-hole course (Ladies-2761, Blue-3315, Gold-6334), driving range, chipping/putting green, bent-grass greens

Renaissance Park

Description: 18-hole course (Ladies-5315, Mens- 6270, Championship-7465), driving range, chipping/putting green, bent-grass greens

Revolution Park Dr. Charles L. Sifford Golf Course

Description: 9-hole regulation course (Red-2211, White-2825, Blue-2976), chipping/putting green, Bermuda greens

Sunset Hills

Description: 18-hole course (Red-5185, White-5810, Blue-6146), driving range, putting green, practice sand trap, Bermuda greens

The Tradition

Description: 18-hole (Forward-5498, Middle-6201, Back-6561, Championship-7054), 2 putting greens, driving range, chipping green, bent-grass greens

Boat Launch Facilities

You can launch a motorboat or sailboat at Park and Recreation facilities. We have boat launch ramps and docks at:

Blythe Landing,

15901 NC Highway 73, Huntersville (Lake Norman)

Copperhead Island,

15200 Soldier Rd., part of McDowell Nature Preserve (Lake Wylie)

Ramsey Creek Park,

18441 Nantz Rd., Cornelius (Lake Norman).

At peak-use times, boat launching fee is \$5. For more information check www.parkandrec.com, click Activities, then Boating.

You may also bring your canoe or kayak and put in for free at:

McDowell Nature Preserve,

15222 York Rd. (Lake Wylie)

Latta Plantation Nature Preserve,

5226 Sample Rd., Huntersville (Mountain Island Lake)

Col. Francis Beatty Park,

4330 Weddington Rd.

Aeromodeler Field

Mecklenburg Park and Recreation has a special facility for flying model airplanes. The David B. Waymer Aeromodelers Flying Field, 15401 Holbrooks Road, in Huntersville has areas



for both wire controlled and radio-controlled models. To fly here you need an AMA membership and an annual pass. Visitors may fly up to three visits before applying for the annual pass. Contact Waymer Aeromodeler Chapter of AMA (WACAMA) for more information.

www.flyingacesrc.com/wacama.htm



Romare Bearden Park Groundbreaking

September 2, 2011

www.parkandrec.com



Volunteer Opportunities

MISSION POSSIBLE!

Coaches:

We need coaches for Youth Flag Football, Football, Soccer, and Basketball. It's not too early to sign up as a coach for any event. Coaches will be responsible for running one week night practice each week and for the game on Saturday. These opportunities are located at our Recreation Centers throughout Mecklenburg County. To find a center close to you visit our web site: www.parkandrec.com

Group Projects:

1. Adoptions: The adoption program is a great one for businesses that encourage staff to do a certain amount of volunteering each month. You'll have a set date/time and place so you can just post the information and folks can plan ahead. You have to commit to a monthly project and weekly walk throughs. We'll have signs put up stating that you have adopted the park/greenway/rec center. I have attached a copy of the agreement.

2. Periodic projects: These could be on a regular basis or sporadic throughout the year. We'd lay out the projects at least 4 weeks in advance. We need to know the number of volunteers that you are going to bring and if you want to work in the morning (9 am – noon) or afternoon (noon – 2:30). These projects are all landscaping projects in the parks.

3. Onetime events: We can set up a project for you at any time. All we need to know is the date that you want to volunteer, the number of volunteers (adult and youth), and the hours you want to volunteer morning (9 am – noon) or afternoon (noon - 2:30). We need this information at least three weeks prior to the project date.

Recreation Center Opportunities:

Rec Buddies support MCPRC staff with the implementation of a broad range of activities including but not limited to:

- Center Programs
- After School Programs
- Summer Programs
- Athletic Activities
- Special Events
- Building and Ground Maintenance.
- Customer Service



VOLUNTEER!

Interested in volunteering for one of our upcoming special events? You can register by calling 311, visiting eParks at www.parkandrec.com, be sure to reference the course number for the event. Or email lori.saylor@mecklenburgcountync.gov.



The NC Cooperative Extension provides educational programs, resources and technical assistance in the areas of consumer/commercial horticulture, 4-H youth development, food and nutrition, food safety and preservation, and local foods.

To learn more about NC Cooperative Extension, visit our website at <http://mecklenburg.ces.ncsu.edu> or call 704.336.2082

Family and Consumer Sciences

views the family, in all its diverse forms, as the cornerstone of a healthy society. Our mission is to improve the well-being of the family through programs that educate, influence public policy, and help families put research-based knowledge to work in their lives.

In Mecklenburg County, the Family & Consumer Sciences Extension Agent provides education regarding nutrition, food safety and food preservation with a focus on local foods. Educational opportunities include:

- Home Food Preservation Classes and Advice
- Nutrition Classes and Cooking Demonstrations
- Collaborative partnerships with local agencies

For more information: Kristin Davis, FCS Extension Agent, 704.336.4006, Kristin_Davis@ncsu.edu



The Center for Environmental Farming Systems (CEFS) and North Carolina Cooperative Extension is committed to building North Carolina's sustainable local food economy. *North Carolinians spend about \$35 billion a year on food. If individuals spent 10 percent—\$1.05 per day—locally, about \$3.5 billion would be available in the local economy.*

To further our commitment, we are encouraging consumers to commit 10 percent of their existing food dollars to support local food producers and related businesses.

For more information about how you, your business or organization can become involved in Mecklenburg County 10% Campaign contact Kristin Davis at 704-336-4006 or visit nc10percent.com!

Expanded Food & Nutrition Education Program

EFNEP helps limited resource families with children learn how to eat healthier meals and snacks, stretch their food dollars and reduce the risk of food-borne illnesses. Additionally, in collaboration with many organizations through the Eat Smart and Move More initiative, NC EFNEP aims to reduce the rising tide of obesity by teaching youth and families practical skills resulting in changed behaviors that help them to eat smart, move more and achieve a healthy weight. For more information about EFNEP in Mecklenburg County, contact Sharon_Pearson@ncsu.edu or call 704.336.4013.



The NC Cooperative Extension



Horticulture

Cooperative Extension horticulture assistance is available in the areas of:

- Fruit and Vegetable Production
- Landscape and turf grass management
- Community gardens
- Master gardener training
- Commercial pesticide training, licensing and recertification
- Home horticulture questions

Master Gardener Hotline

Extension Master Gardener volunteers are available to answer your home gardening questions weekdays from 9am until noon beginning March 1. You can reach your local Extension Master Gardener by calling 704-336-4011.



4-H Curriculum Trainings

Mecklenburg County 4-H offers monthly curriculum trainings open to 4-H volunteers, school-age professionals, and other youth workers. These sessions are five hours long and provide .5 CEU's (Continuing Education Units). All sessions include hands-on experiences with curriculum lessons, practical experience working with youth, and opportunity to share and evaluate what you have learned. For information on curriculum training sessions available in the coming months, visit our website: www.mecklenburgcounty4h.org or call 704-336-2082.



Community Gardens

Mecklenburg County Cooperative Extension manages the community gardens program offered through Park and Recreation. Currently, there are gardens in the following Park and Recreation locations:

- Frazier Park, 4th Street and Sycamore Street
- Little Sugar Creek, Alexander and 17th Street
- Hoskins Park, 3801 Gossett Avenue
- Huntingtowne Farms Park, 2400 Ramblewood Lane
- McAlpine Creek Community Park, Holly Lane, off of Sardis Road
- Reedy Creek Park, 2900 Rocky River Road
- Winget Park, 12025 Winget Rd; across from tennis courts



All gardens are currently full. To be added to the waiting list, contact scott_ewers@ncsu.edu or call 704.336.4008.



Mecklenburg County 4-H

Mecklenburg County has a large and diverse 4-H Program. About 65 4-H clubs operate in our recreation centers and other sites all over Charlotte-Mecklenburg. The 4-H program is open to youth ages 5-18 interested learning about subjects such as photography, visual arts, health and fitness, and entrepreneurship. Through 4-H, they also have the opportunity to participate in summer camps, leadership retreats, competitive events, and district and state conferences. Our 4-H is oriented to urban and suburban activities. Parents are encouraged to participate as volunteers. For more information on 4-H, visit www.mecklenburgcounty4h.org

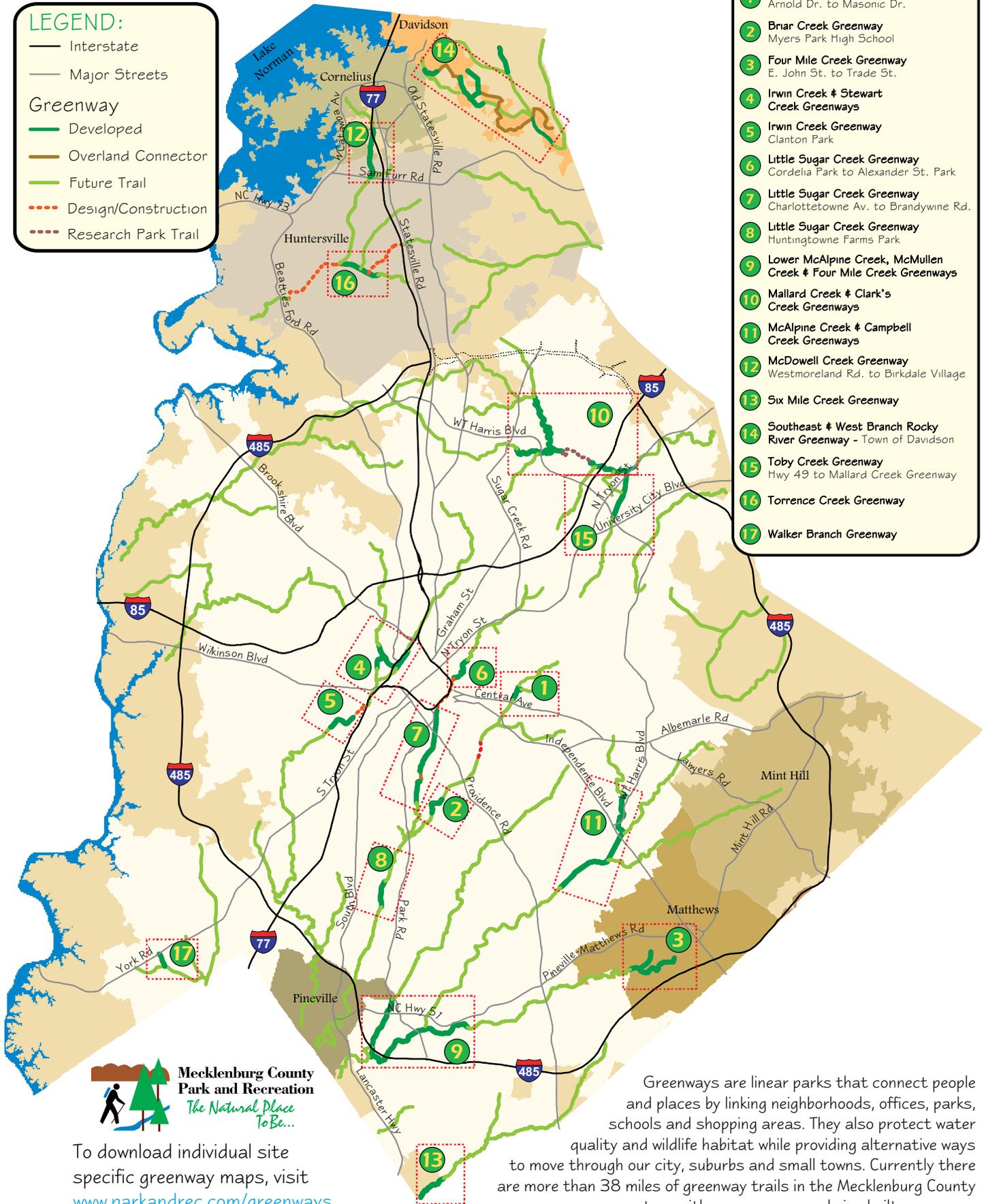
Mecklenburg County Greenways

GREENWAYS:

- 1 Bnair Creek Greenway
Arnold Dr. to Masonic Dr.
- 2 Bnair Creek Greenway
Myers Park High School
- 3 Four Mile Creek Greenway
E. John St. to Trade St.
- 4 Irwin Creek & Stewart
Creek Greenways
- 5 Irwin Creek Greenway
Clanton Park
- 6 Little Sugar Creek Greenway
Cordelia Park to Alexander St. Park
- 7 Little Sugar Creek Greenway
Charlottetowne Av. to Brandywine Rd.
- 8 Little Sugar Creek Greenway
Huntingtowne Farms Park
- 9 Lower McAlpine Creek, McMullen
Creek & Four Mile Creek Greenways
- 10 Mallard Creek & Clark's
Creek Greenways
- 11 McAlpine Creek & Campbell
Creek Greenways
- 12 McDowell Creek Greenway
Westmoreland Rd. to Birkdale Village
- 13 Six Mile Creek Greenway
- 14 Southeast & West Branch Rocky
River Greenway - Town of Davidson
- 15 Toby Creek Greenway
Hwy 49 to Mallard Creek Greenway
- 16 Torrence Creek Greenway
- 17 Walker Branch Greenway

LEGEND:

- Interstate
- Major Streets
- Greenway
 - Developed
 - Overland Connector
 - Future Trail
 - Design/Construction
 - Research Park Trail



To download individual site specific greenway maps, visit www.parkandrec.com/greenways

Greenways are linear parks that connect people and places by linking neighborhoods, offices, parks, schools and shopping areas. They also protect water quality and wildlife habitat while providing alternative ways to move through our city, suburbs and small towns. Currently there are more than 38 miles of greenway trails in the Mecklenburg County system, with more greenways being built every year.

Mecklenburg County Greenways

Whether you are biking, running, strolling or walking, discover the miles of greenways throughout Mecklenburg County. For downloads of specific greenways, visit parkandrec.com/greenways. Fascinating views of birds, flora and fauna abound.

Greenways are linear parks that connect people and places. They act as buffers that filter out pollutants from storm water before it enters our creeks. They also preserve natural areas for wildlife and native plant communities. In Mecklenburg County, greenways offer visitors opportunities to enjoy nature and provide alternate ways to move through our city, suburbs and towns. Mecklenburg County operates 30 miles of trails. The greenway master plan envisions a system that will eventually stretch throughout the county and connect neighborhoods within Charlotte, the six surrounding towns and surrounding counties. To learn more about greenways and to download trail maps, please visit www.parkandrec.com/greenways

1 2 Briar Creek Greenway

There are two developed sections of this greenway. One 0.4 mile paved section includes a bridge over Briar Creek and provides an important connection between the Merry Oaks and Plaza-Midwood neighborhoods. On street parking is available along Masonic Drive. Another 0.9 mile gravel trail follows Briar Creek behind Myers Park High School between Colony Road and Runnymede Lane.

3 Four Mile Creek Greenway

This 2 mile criss-cross greenway is nestled in the center of the town of Matthews, allowing residential areas direct access to the Matthews Community Center and downtown area. The greenway opened in 2011.

4 Irwin Creek & Stewart Creek Greenway

These trails comprise a continuous 2.1 mile creekside walk in the center city area of Charlotte. The trail takes visitors through the historic Wesley Heights neighborhood and connects Rayas Splash Planet, Frazier Park and Phillip O. Berry Center. The trail is only a few minutes walk from Johnson & Wales University, Gateway Center and uptown condos and offers a quiet place to relax during a busy day. Parking is available at Ray's Splash Planet, Frazier Park and Bruns Avenue.

5 Irwin Creek Greenway - Clanton Park

This 0.8 mile paved greenway crosses Clanton Park in the Revolution Park neighborhood and connects the new Clanton Indoor Pavilion and soccer fields with Arbor Glen Outreach Center. Parking is available at either end of this greenway.

6 7 8 Little Sugar Creek Greenway

Located in the University area, the trail is 7.1 miles long and is currently the longest trail in the county. While much of the greenway is paved, a 1.2 mile gravel trail through University Research Park connects to the newly constructed section from David Taylor Drive to Kirk Farm Fields off of Mallard Creek Church Road. Parking is available at Mallard Creek Elementary School and Kirk Farm Fields. There are three developed sections totaling 4.0 miles of trail. Almost a mile of trail is located in the Belmont neighborhood northeast of uptown Charlotte, including a railroad underpass connecting to Alexander St. Park. The longest developed stretch of trail is 2.8 miles beginning at Charlottetowne Avenue through Freedom Park and ending at Brandywine Road. Liz Hair Nature Walk runs from Morehead Street to East Boulevard and is dedicated to the first woman to chair the Mecklenburg Board of County Commissioners. Almost a mile of paved trail is developed through Huntingtowne Farms Park in south Charlotte. Parking is available at the YWCA on Parkwood Av., Freedom Park, Park Road Shopping Center and Huntingtowne Farms Park.

9 Lower McAlpine, McMullen & Four Mile Creek Greenways

This horseshoe shaped greenway runs 5.8 miles through south Charlotte and passes under Interstate 485. The trail is composed of a variety of surfaces, including asphalt, gravel and boardwalk. Parking is available off of Hwy 51 across from McMullen Creek Market. The most recently developed Four Mile Creek Greenway section features significant boardwalk through scenic wetlands with abundant wildlife. A parking lot and restrooms are available off Johnston Road.



Mecklenburg County Greenways



10 Mallard Creek and Clark's Creek Greenways

Located in the University area, the trail is 7.1 miles long and is currently the longest trail in the County. While much of the greenway is paved, a 1.2 mile gravel trail through University Research Park connects to the newly constructed section from David Taylor Drive to Kirk Farm Fields off of Mallard Creek Church Road.

11 McAlpine Creek & Campbell Creek Greenways

This greenway stretches for 4.1 miles in east Charlotte and is a favorite of runners. McAlpine Creek Greenway is composed primarily of gravel trail and boardwalk. It connects with Cottonwood Nature Trail and the 3.1 mile McAlpine Creek Cross Country course. Surrounded by urban development, the greenway is home to 188 different documented species of birds, as well as beavers and river otters. Parking is available at Margaret Wallace Road, McAlpine Creek Park and Old Bell Road.

12 McDowell Creek Greenway

Linking the Towns of Cornelius and Huntersville, this 1.5 mile paved greenway is the first developed section of McDowell Creek. The greenway links several new and existing neighborhoods to great destinations like Birkdale Village and the future Robbins Park location in Cornelius.

13 Six Mile Creek Greenway

This 0.9 mile paved greenway runs along the County's southern border. It will eventually link neighborhoods within Mecklenburg and Union counties. The trail was developed through a partnership with LUESA (Land Use & Environmental Services Agency). Parking is available off of Marvin Road.

14 Southeast & West Branch Rocky River Greenways

This 2.9 mile greenway connects downtown Davidson with neighborhoods to the southeast along the South Prong of the Rocky River. Parking is available at South Street near Davidson Elementary School, on-street at the Hudson Place trailhead and at River Run Athletic Field. Although part of the Mecklenburg County Greenway system, this greenway is operated by the Town of Davidson. Please visit <http://www.ci.davidson.nc.us/> for more information. Continuing approximately 3.2 miles long the sidewalk and bike lanes which begins on Robert Walker Drive and continue on roads into River Run including River Ford Drive. This overland connector leads to the entrance plaza for West Branch Rocky River Greenway. The greenway opened in 2011 and provides 1 mile of restful travel and natural areas. This greenway feels far from urban areas. Parking is not currently available but will be provided in the future.

15 Toby Creek Greenway

Toby Creek Greenway opened in 2011 and adds 2 miles of trails to the system and a significant connection to the UNC Charlotte Campus. Parking is available at Mallard Creek Elementary School and Kirk Farm Fields.

16 Torrence Creek Greenway

Located in Huntersville, the 1.4 mile trail is composed of asphalt and boardwalk, meandering through woods and wetlands. This greenway features large rock formations along the eastern end and meadows of wildflowers along the western end. On-street parking is available on Bradford Hill Lane.

17 Walker Branch Greenway

The first greenway in the Southwest Park District, this half mile paved trail runs southeast from South Tryon Street along Rivergate Parkway. Parking is located adjacent to the Home Depot on Rivergate Parkway.

Growing Greenways: Over the next year, Mecklenburg County Park and Recreation will add additional mileage to the greenway system. Look for greenway trail construction along the following creeks: Four Mile Creek, Irwin Creek, Little Sugar Creek, McDowell Creek, Toby Creek and Torrence Creek.

McDowell Nature Center



15222 York Road
Charlotte
704.588.5224

Open Mon-Sat 9:00 am to 5:00pm,
Sun 1:00pm to 5:00pm

All programs meet at McDowell
Nature Center unless otherwise
noted.

Playing with Fire

The ability to create fire has been called one of humanity's greatest accomplishments and one that might save your life! Get hands on and discover a variety of ways to start a "matchless" fire and help kick off our family campfire programs. No registration required.

All Ages • **FREE** •

McDowell Campground Fire Pit

| | | |
|--------|---|------------------|
| Sep 2 | F | 6:30pm to 7:00pm |
| Sep 9 | F | 6:30pm to 7:00pm |
| Sep 16 | F | 6:30pm to 7:00pm |
| Sep 23 | F | 6:30pm to 7:00pm |
| Sep 30 | F | 6:30pm to 7:00pm |

Family Campfire

Enjoy stories, eat s'mores, and sing songs around a campfire with family and friends. Groups are welcome to attend, but come early to get tickets to the Nature at Night Hayride immediately following the campfire. No registration required.

All Ages • **FREE** •

McDowell Campground Fire Pit

| | | |
|--------|---|------------------|
| Sep 2 | F | 7:00pm to 8:00pm |
| Sep 9 | F | 7:00pm to 8:00pm |
| Sep 16 | F | 7:00pm to 8:00pm |
| Sep 23 | F | 7:00pm to 8:00pm |
| Sep 30 | F | 7:00pm to 8:00pm |

Nature at Night Hayride

Bring your family and experience McDowell Nature Preserve at night. Weather permitting we will venture into our Prairie in search of coyote, bobcat, deer, and owls while taking in the sights and sounds of the night. Limited seating available, pre-register (17 spots) or come to the Family Campfire early to take advantage of first-come first-serve seating (min. 10 spots), contact McDowell Nature Center at 704-588-5224 for more information.

All Ages - \$1/person

McDowell Campground Fire Pit

| | | | |
|--------|--------|---|------------------|
| #26529 | Sep 2 | F | 8:15pm to 9:45pm |
| #26530 | Sep 9 | F | 8:15pm to 9:45pm |
| #26531 | Sep 16 | F | 8:15pm to 9:45pm |
| #26532 | Sep 23 | F | 8:15pm to 9:45pm |
| #26533 | Sep 30 | F | 8:15pm to 9:45pm |

Lake Wylie Family Kayaking Tour

Paddle the border of the Carolinas with views of the Buster Boyd Bridge, Copperhead Island and more. All equipment and instruction provided. Children ages 5-9 are required to share a tandem kayak with an adult. Registration required.

Ages 5 and older - \$15/single, \$20/tandem

Waterfront Deck Programming Area

| | | | |
|-----------------|--------|----|-------------------|
| #26534 (single) | Sep 3 | Sa | 9:00am to 11:00am |
| #26821 (tandem) | Sep 3 | Sa | 9:00am to 11:00am |
| #26535 (single) | Sep 4 | Su | 1:00pm to 3:00pm |
| #26825 (tandem) | Sep 4 | Su | 1:00pm to 3:00pm |
| #26536 (single) | Sep 10 | Sa | 9:00am to 11:00am |
| #26822 (tandem) | Sep 10 | Sa | 9:00am to 11:00am |
| #26537 (single) | Sep 11 | Su | 1:00pm to 3:00pm |
| #26826 (tandem) | Sep 11 | Su | 1:00pm to 3:00pm |
| #26538 (single) | Sep 17 | Sa | 9:00am to 11:00am |
| #26823 (tandem) | Sep 17 | Sa | 9:00am to 11:00am |
| #26539 (single) | Sep 18 | Su | 1:00pm to 3:00pm |
| #26827 (tandem) | Sep 18 | Su | 1:00pm to 3:00pm |
| #26540 (single) | Sep 24 | Sa | 9:00am to 11:00am |
| #26824 (tandem) | Sep 24 | Sa | 9:00am to 11:00am |
| #26541 (single) | Sep 25 | Su | 1:00pm to 3:00pm |
| #26828 (tandem) | Sep 25 | Su | 1:00pm to 3:00pm |
| #26546 (single) | Oct 2 | Su | 1:00pm to 3:00pm |
| #26833 (tandem) | Oct 2 | Su | 1:00pm to 3:00pm |
| #26547 (single) | Oct 9 | Su | 1:00pm to 3:00pm |
| #26834 (tandem) | Oct 9 | Su | 1:00pm to 3:00pm |
| #26548 (single) | Oct 16 | Su | 1:00pm to 3:00pm |
| #26835 (tandem) | Oct 16 | Su | 1:00pm to 3:00pm |
| #26549 (single) | Oct 23 | Su | 1:00pm to 3:00pm |
| #26836 (tandem) | Oct 23 | Su | 1:00pm to 3:00pm |
| #26554 (single) | Oct 30 | Su | 1:00pm to 3:00pm |
| #26842 (tandem) | Oct 30 | Su | 1:00pm to 3:00pm |

Lake Wylie Sunset Kayak Tour

Join us for a relaxing kayak tour. During this class we will learn the basics of flat water kayaking while watching the sunset over Lake Wylie. Be prepared for excellent wildlife watching and to learn some of the history of Lake Wylie and the surrounding area! Registration is required.

Ages 16 and older - \$15/person

Waterfront Deck Programming Area

| | | | |
|--------|--------|---|------------------|
| #26561 | Sep 7 | W | 6:30pm to 8:30pm |
| #26562 | Sep 14 | W | 6:30pm to 8:30pm |
| #26563 | Sep 21 | W | 6:30pm to 8:30pm |
| #26564 | Sep 28 | W | 6:30pm to 8:30pm |
| #26565 | Oct 5 | W | 6:30pm to 8:30pm |
| #26566 | Oct 12 | W | 6:30pm to 8:30pm |
| #26567 | Oct 19 | W | 6:30pm to 8:30pm |
| #26568 | Oct 26 | W | 6:30pm to 8:30pm |

Live Animal Talk • Nature Center

What does a snake feel like? Can turtles trade shells? Discover these answers and more while you get up close to several resident animals of McDowell Nature Center, the Preserve, and possibly your backyard. No registration required.

All Ages • **FREE** •

| | | |
|-------|----|---------------------------------------|
| Sep 3 | Sa | 2:00pm to 2:30pm; 4:00pm to 4:30pm |
|-------|----|---------------------------------------|

| | | |
|--------|----|---------------------------------------|
| Sep 4 | Su | 4:00pm to 4:30pm |
| Sep 10 | Sa | 2:00pm to 2:30pm; 4:00pm to 4:30pm |
| Sep 11 | Su | 4:00pm to 4:30pm |
| Sep 17 | Sa | 2:00pm to 2:30pm; 4:00pm to 4:30pm |
| Sep 18 | Su | 4:00pm to 4:30pm |
| Sep 24 | Sa | 2:00pm to 2:30pm; 4:00pm to 4:30pm |
| Sep 25 | Su | 4:00pm to 4:30pm |

Messy by Nature

Visit the Nature Center between 1 and 4 pm and enjoy a variety of messy crafts outside in our natural play area, including painting, pottery, potting plants, mud-pies and more. Dress to mess! No registration required.

All Ages • **FREE** •

| | | |
|--------|----|------------------|
| Sep 3 | Sa | 1:00pm to 4:00pm |
| Sep 10 | Sa | 1:00pm to 4:00pm |
| Sep 17 | Sa | 1:00pm to 4:00pm |
| Sep 24 | Sa | 1:00pm to 4:00pm |

Homeschool Family Hike

Grab the family and a bottle of water and join us on a nature hike within McDowell Nature Preserve. Each hike will explore different areas of the park and be filled with activities, games, and adventure! For more information call McDowell Nature Center at 704.588.5224.

Ages 6 and older • **FREE** •

| | | | |
|--------|-------|---|--------------------|
| #26585 | Sep 2 | F | 10:00am to 11:30am |
|--------|-------|---|--------------------|

Nighttime Paddle & Pole

Kayak the preserve in search of the catfish lurking below. Poles and tackle will be provided. Please come prepared to go kayaking with wet clothes and a water bottle. Previous fishing experience encouraged as well as Parent participation

Waterfront deck

| | | | |
|--------|-------|----|------------------|
| #26612 | Sep 3 | Sa | 7:00pm to 9:00pm |
|--------|-------|----|------------------|

Map Reading 101

Maps come in many forms and each one has a story to tell. Learn more, including the basics of maps, map symbols, and how to navigate without your GPS in this course.

Ages 14 and older • **FREE** •

| | | | |
|--------|-------|----|------------------|
| #27089 | Sep 8 | Th | 6:30pm to 8:00pm |
|--------|-------|----|------------------|

Homeschool Series: Mammalian Study

Take an in depth look at mammals, how they are classified, and what they look like up close. This 3 part series will start by learning how mammals are grouped, what makes them unique, observing parts of them with microscopes, and will finish off the series with a mammal dissection!

Ages 12 to 15 - \$25 (3- part series)

| | | | |
|--------|--------|---|------------------|
| #26703 | Sep 9 | F | 1:00pm to 2:30pm |
| | Oct 14 | F | 1:00pm to 2:30pm |
| | Nov 11 | F | 1:00pm to 2:30pm |

Homeschool Series: Modern Survival

Come and learn how to keep yourself alive in a modern survival situation. Develop and hone your basic survival skills such as how to signal for help and what your priorities are if you find yourself stuck in the woods.

Ages 7 to 12 - \$3

| | | | |
|--------|-------|---|------------------|
| #26706 | Sep 9 | F | 1:00pm to 3:00pm |
|--------|-------|---|------------------|

Ages 12 to 15 - \$3

| | | | |
|--------|--------|---|------------------|
| #26707 | Sep 23 | F | 1:00pm to 3:00pm |
|--------|--------|---|------------------|

Babes in the Woods

Take your baby on a journey to discover all the good things about nature! Learn how to spark the sense of wonder in your little one. Rain or shine we will be outdoors, please dress appropriately.

Ages 18 months to 3 years • **FREE** •

Four Seasons Trail Entrance

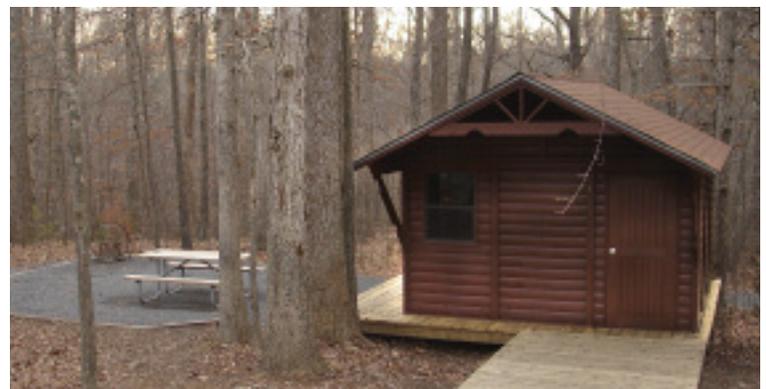
| | | | |
|--------|--------|---|--------------------|
| #26708 | Sep 12 | M | 10:30am to 11:15am |
| #26709 | Oct 10 | M | 10:30am to 11:15am |
| #26710 | Nov 14 | M | 1:30pm to 2:15pm |

Family Bug Hunt

Bring the kids and spend some quality time bug huntin'. We will grab our nets and head off to discover the fascinating creepy-crawlies of our meadows and forests, from butterflies to grasshoppers. The walk will cover about one-half mile of easy to moderate terrain.

All Ages • **FREE** •

| | | | |
|--------|--------|----|-----------------|
| #26711 | Sep 10 | Sa | 10:00am to Noon |
|--------|--------|----|-----------------|



McDowell Nature Center

Sunset Bike Ride at McMullen Creek Greenway

Peddle along McMullen Creek Greenway as the sun sets. Don't forget a helmet, water bottle and a flashlight. Previous biking experience recommended. All Ages • **FREE** •

Johnston Road Parking lot near I-485
#26712 Sep 14 W 6:00pm to 7:30pm

Backyard Gardening: Butterflies

Master Gardener Carol Carraux will be onsite talking about what you need to know to attract and feed the beautiful Butterflies that visit your garden.

Ages 14 and older - \$3
#26713 Sep 15 Th 6:00pm to 8:00pm

Nighttime Prairie Hike

Hike the prairie under a full moon. We will be investigating the many nighttime happenings in fall looking for anything that reacts to UV lights and listening for any nighttime critters. Wear hiking shoes & long pants will be off trail. And don't forget to bring a water bottle. Flashlights provided.

Ages 8 and older • **FREE** •
#26806 Sep 16 F 7:30pm to 9:30pm
#27075 Nov 18 F 6:00pm to 8:00pm

Sunset Family Fishing

Bring the whole family out for an evening of fishing and fun. Fishing gear and bait will be provided. Children 15 and under do not need a NC fishing license. No registration required. For more information call McDowell Nature Center at 704.588.5224.

All Ages • **FREE** •
Waterfront Deck
#26813 Sep 20 Tu 6:00pm to 8:00pm

Coyotes!

Meet your new neighbors! Coyotes are found throughout Mecklenburg County and may be living in your neighborhood. You will learn the dos and don'ts of living in coyote country. After an indoor presentation, we will go outside and listen for coyotes in McDowell Nature Preserve. For more information call McDowell Nature Center at 704.588.5224.

All Ages • **FREE** •
#26814 Sep 21 W 6:30pm to 8:00pm
#26815 Nov 5 Sa 7:00pm to 8:30pm

Sunset Family Kayaking

Turn off the TV and paddle the border of the Carolinas with views of the Buster Boyd Bridge, Copperhead Island, and more. All equipment and instruction provided. Children ages 5 to 9 are required to share a tandem kayak with an adult.

Ages 5 and older - \$15/single, \$20/tandem
Waterfront Deck Programming Area
#26816 (single) Sep 22 Th 6:00pm to 8:00pm
#26817 (tandem) Sep 22 Th 6:00pm to 8:00pm



Homeschool Special: Landforms in a Stream Table

Use a stream table and form different landforms! Make a stream meander, form a delta, and take a hike to see some of these structures in our own stream. No registration required. For more information call McDowell Nature Center at 704.588.5224.

Ages 7 to 12 - \$3
#26818 Sep 23 F 1:00pm to 2:30pm

Autumnal Equinox

Turn off the TV and celebrate the Autumnal Equinox with cool crafts and activities that are fun for the season! When you come, show how thankful you are for the season by bringing along a non-perishable food item that will be donated to a local group. No registration required. For more information call McDowell Nature Center at 704.588.5224.

All Ages • **FREE** •
#26819 Sep 22 Th 6:00pm to 7:30pm

Morning Bird Walk

Fall is here and many birds are already making their move south for the winter. We will walk, look and listen for migrants as well as our year-round resident birds. Binoculars recommended. Some are available to loan. Miles: 1.5 - 2, dirt and gravel trails, easy to moderate terrain. No registration required. For more information call McDowell Nature Center at 704.588.5224.

Adults and ages 9 and older • **FREE** •
#26820 Sep 24 Sa 8:30am to 10:30am

Kids Night in Nature

Have a night to yourself and leave the kids with us. We will enjoy a campfire with stories and plenty of nighttime games. Dinner will be provided. For more information call McDowell Nature Center at 704.588.5224.

Ages 7 to 13 - \$15
#26847 Sep 30 F 6:00pm to 9:00pm

Big Sweep Four Mile Creek Greenway

Support the state-wide cleanup effort at your favorite greenway to rid our waterways of litter and debris. 4 Mile Creek needs your help. Come ready to get wet & make an impact on your local ecosystem. No registration required.

All Ages • **FREE** •
Johnston Road Parking lot near I-485
#26916 Oct 1 Sa 9:00am to 1:00pm

Camping with Little Ones

Join us with your preschooler as we read a fabulous camping tale and then enjoy crafts and activities related to camping. Parents this is a great opportunity to pick up some tips to make camping fun and safe for the whole family. For more information call McDowell Nature Center at 704.588.5224.

Ages 4 to 6 - \$3
McDowell Campground
#26918 Oct 3 M 10:30am to 11:15am

NOTE

Many programs require registration and have limited space available. To ensure that you can participate, please register by calling 311 or 704.336.7600. All programs require pre-registration unless otherwise noted. For more information, call McDowell Nature Center at 704.588.5224. You can also register online at www.parkandrec.com.



Silly Spiders

Join us with your preschooler as we read a fabulous animal tale and then enjoy crafts and activities related to spiders. For more information call McDowell Nature Center at 704.588.5224.

Ages 4 to 6 - \$3
#26923 Oct 7 F 10:30am to 11:15am

Homeschool Family Hike

Grab the family and a bottle of water and join us on a nature hike within McDowell Nature Preserve. Each hike will explore different areas of the park and be filled with activities, games, and adventure!

Ages 6 and older • **FREE** •
#26924 Oct 7 F 10:00am to 11:30am

Pisgah Fall Colors Hike

Ride with us for a day trip to Graveyard fields in Pisgah National Forest. We will hike to the top of Black Balsam Knob for a picnic lunch then travel down to the fields to see the waterfalls that cascade the valley floor. Bring proper hiking shoes, a day pack, water bottle, a packed lunch and snack. The trails are moderate to strenuous.

Ages 8 and older - \$12
#26925 Oct 8 Sa 8:00am to 6:00pm

Homeschool Field Trip: Kings Mountain

Pack a lunch and join us for a trip to Kings Mountain! We will enjoy a picnic lunch, take a hike, explore the visitor center, and learn a little piece of our local history. For more information call McDowell Nature Center at 704.588.5224.

Ages 9 to 15 - \$15
#26998 Oct 12 W 9:00am to 5:00pm

Sunset Bike Ride at McMullen Creek Greenway

Pedal along McMullen Creek Greenway as the sun sets. Don't forget a helmet, water bottle and a flashlight. Previous biking experience recommended.

All ages • **FREE** •
Johnston Road Parking lot near 485
#26999 Oct 12 W 6:00pm to 7:30pm

Backyard Gardening for Fall and Winter

As winter approaches learn some of the Master Gardener tips on how to keep your Greenscape looking great when leaves fall off. Master Gardener Carol Carraux will be presenting. For more information call McDowell Nature Center at 704.588.5224.

Ages 14 and older - \$3
#27000 Oct 20 Th 6:00pm to 8:00pm

Evening Family Hayride

Bring the family out to enjoy a fun hayride through McDowell Nature Preserve. See different habitats and learn a little about what critters can be found! Registration fee includes 1 large pumpkin per family. Additional pumpkins can be purchased at the time of registration for \$5. For more information call McDowell Nature Center at 704.588.5224.

Ages 6 and older - \$5,
Ages 5 and under • **FREE** •
#27001 Oct 14 F 6:00pm to 7:30pm
#27002 Oct 14 F 7:45pm to 9:15pm
#27011 Oct 28 F 6:00pm to 7:30pm
#27012 Oct 28 F 7:45pm to 9:15pm

Homeschool Series: Firecraft

It keeps us warm, cooks our food and provides safety and a sense of well-being. During this class we will talk about what fire needs to thrive, some practical physics and chemistry, and different ways to start a fire. Participants will use a few common methods and also a few uncommon methods to catch a spark and get a fire going. For more information call McDowell Nature Center at 704.588.5224.

Ages 7 to 12 - \$3
#27003 Oct 14 F 2:00pm to 4:00pm
Ages 12 to 15 - \$3
#27004 Oct 28 F 2:00pm to 4:00pm

Morning Bird Walk

Fall is here and many birds are already making their move south for the winter. We will walk, look and listen for migrants as well as our year-round resident birds. Binoculars recommended. Some are available to loan. Miles: 1.5 - 2, dirt and gravel trails, easy to

McDowell Nature Center

moderate terrain
Adults and ages 9 and older • **FREE** •
#27005 Oct 15 Sa 8:30am to 10:30am

Wildflower Walk

Each month brings new blooms to McDowell Nature Preserve. Come and discover the beauty and diversity of flowers as they mark the passage of the seasons. This month we will look for rare sunflowers and other late bloomers. For more information call McDowell Nature Center at 704.588.5224.
Adults and ages 12 and older • **FREE** •
#26846 Sep 24 Sa 2:00pm to 3:30pm
#27006 Oct 15 Sa 2:00pm to 3:30pm
#27077 Nov 19 Sa 2:00pm to 3:30pm

Itsy Bitsy Spiders

Discover nature with your little one through crafts and activities related to Spiders. For more information call McDowell Nature Center at 704.588.5224.
Ages 2 to 3 - \$3
#27007 Oct 17 M 10:30am to 11:15am

Cold Weather Camping

Come learn the tips and tricks that will keep you warm and comfortable and help you extend your camping season far into the winter months. During this lecture we will discuss and examine gear and clothing needs for our winter climate here in the southeast tailored to the activities that you wish to participate in. For more information call McDowell Nature Center at 704.588.5224.
Ages 14 and older • **FREE** •
#27008 Oct 27 Th 6:30pm to 7:30pm

Nature at Night Fest!

Peer at the moon through a telescope, sniff out a spider and prowl an owl, roast a marshmallow and go on a hayride, better yet do them all and more at our nature at night festival. Enjoy \$1 hotdogs...cook your own on the campfire...and a special visit from the Carolina Raptor Center. No registration required. For more information call McDowell Nature Center at 704.588.5224.
All Ages • **FREE** •
#27009 Oct 21 F 6:00pm to 9:00 pm

Autumn Organic Waste Reduction

Come and learn about organic waste reduction in this 2-hr. hands-on workshop. Topics include home composting and residential recycling, soil preparation and management, toxicity reduction, grass cycling



and mulching. Class is held outdoors, so please dress appropriately. Closed toe shoes are required for safety reasons. This class is suitable for beginners. To register, visit our website at www.WipeOutWaste.com.
Ages 16 and older • **FREE** •
#27086 Oct 22 Sa 10:00am to 12:00pm
#27087 Nov 12 Sa 10:00am to 12:00pm

Homeschool Special: Rockin' Rocks

The earth is covered with rocks and minerals but how do we tell one from the other? Become a geologist and detect what rocks can be found.
Ages 7 to 12 - \$3
#27010 Oct 28 F 2:00pm to 3:30pm

BATastic Saturday

Bats are not something to be feared but something to celebrate! Stop by anytime between 1pm and 3pm to learn a little more about bats and enjoy some bat crafts and activities.
All Ages • **FREE** •
#27088 Oct 29 Sa 1:00pm to 3:00pm

Homeschool Family Nature Hike

Grab the family and a bottle of water and join us on a nature hike within McDowell Nature Preserve. Each hike will explore different areas of the park and be filled with activities, games, and adventure!
Ages 6 and older • **FREE** •
#27013 Nov 4 F 10:00am to 11:30am

Bitty Birding

Be a Bitty Birder? All future birders will create their own "birding binoculars" and seek out some of our feathered friends.
Ages 4 to 6 - \$3
#27015 Nov 4 F 10:30am to 11:15am

Crowder's Mountain Day Hike

Join us for a guided day hike to the top of Crowder's Mountain. Bring a day pack with lunch and plenty of water. Don't forget to wear proper hiking shoes, the hike is 5 miles and rated as strenuous. Binoculars will be provided. Please register prior to the event and call McDowell Nature Center for more information. Please meet at the main park office. For more information call McDowell Nature Center at 704.588.5224.
Ages 8 and older - \$12
#27023 Nov 5 Sa 9:00am to 4:00pm

Project Wet Educator Workshop

Project WET is an interdisciplinary water science and education program for formal and informal educators of K-12 students. The keystone of the Project WET program is the Project WET Curriculum & Activity Guide. The hands-on, supplemental activities are meaningful and relevant to children and are correlated to the North Carolina Standard Course of Study.

The Project WET Guide is only available through a 6-hour Project WET workshop. WET is a Criteria I workshop for the NC Environmental Education Certification and consists of 6 contact hours that may count toward CEUs for teachers. Lunch will be provided for all participants.
Ages 18 and older - \$18
#27024 Nov 5 Sa 9:00am to 4:00pm

Fall Color Five-Miler

Stretch out those legs on this moderate paced hike through beautiful McDowell Nature Preserve as the autumn leaves reach peak fall color. For more information call McDowell Nature Center at 704.588.5224.
Adults and ages 12 and older • **FREE** •
#27025 Nov 6 Su 1:00pm to 4:00pm

Fun with Fall

Experience fall with your little one through crafts and activities related to the season. For more information call McDowell Nature Center at 704.588.5224.
Age 2 to 3 - \$3
#27026 Nov 7 M 10:30am to 11:15am

Homeschool Series: Outdoor Cooking

Outdoor cooking will help keep you fueled and ready to go in the woods. Learn how to cook a full meal away from a traditional kitchen and have a little fun and food in the process! For more information call McDowell Nature Center at 704.588.5224.
Ages 7 to 12 - \$6
#27028 Nov 11 F 2:00pm to 4:00pm
Ages 12 to 15 - \$6
#27029 Nov 25 F 2:00pm to 4:00pm

Turkey Stalking

Cowan's Ford is the best place in the County to find wild turkeys. Take an early morning stalk to find the elusive bird. Turkeys have sharp eyes so wear your camouflage and come dressed to blend in. Call for directions. McDowell pick up location meets 7:00 am at the McDowell Nature Center.
Cowan's Ford Wildlife Refuge, 2329 Neck Road
Charlotte, NC 28078
Ages 7 and older - \$3
#27030 Nov 12 Sa 8:00am to 10:00am
#27031 Nov 19 Sa 8:00am to 10:00am

America Recycles Weekend

Swing the family on by at any point between 10am and 2pm and join us in our celebration of America Recycles Day! Make some recycled paper, discover what things can and cannot be recycled, and add to the "Recycled Mural" we will be building throughout the day. No registration required.
All ages • **FREE** •
#27027 Nov 12 Sa 1:00pm to 4:00pm
Nov 13 Su 1:00pm to 4:00pm

Backcountry and Camp Cooking

Join us for a session on how to cook on a variety of heat sources including field expedient stoves, commercially available stoves and open flame. We'll learn about field nutrition and ways to keep your body healthy and fueled for any task you need to tackle. Bring your field utensils (if you have them) and an appetite because we will be sampling a variety of outdoor foods. For more information call McDowell Nature Center at 704.588.5224.
Ages 15 and older - \$6
#27073 Nov 17 Th 6:30pm to 8:30 pm

Talkin' Turkey

Join us with your preschooler as we read a fabulous animal tale and enjoy crafts and activities related to turkeys. For more information call McDowell Nature Center at 704.588.5224.
Ages 4 to 6 - \$3
#27074 Nov 18 F 10:30am to 11:15am

Early Morning Bird Walk

Many birds have headed south for the winter but others are moving in to take their place. We will walk, look and listen for migrants as well as our year-round resident birds. Binoculars recommended: Some available for loan. Miles: 1.5 - 2, dirt and gravel trails, easy to moderate terrain. For more information call McDowell Nature Center at 704.588.5224.
Adults and ages 9 and older • **FREE** •
#27076 Nov 19 Sa 8:30am to 10:30am

Homeschool Special: Soil Sampling

Soil is the baseline of our ecosystem. It provides shelter and habitat, nutrients for trees and plants, and helps store the water that all living creatures need to survive. Join us as we take physical data to determine what type of soil is here at McDowell Nature Preserve. For more information call McDowell Nature Center at 704.588.5224.
Ages 7 to 12 - \$3
#27078 Nov 25 F 2:00pm to 3:30pm

Turkey Time

Discover nature with your little one through crafts and activities related to turkeys. For more information call McDowell Nature Center at 704.588.5224.
Age 2 to 3 - \$3
#27079 Nov 28 M 10:30am to 11:15am

Kids Night in Nature

Have a night to yourself and leave the kids with us. We will enjoy a campfire with stories and plenty of nighttime games. Dinner will be provided. For more information call McDowell Nature Center at 704.588.5224.
Ages 7 to 13 - \$15
Nov 25 F 6:00pm to 9:00pm

Latta Plantation Nature Center



6211 Sample Road,
Huntersville
704.875.1391

Open Mon-Sat 9:00 am to 5:00pm,
Sun 1:00pm to 5:00pm

All programs meet at Latta
Plantation Nature Center unless
otherwise noted.

O.A.T.S. Crowders Mountain State Park Hike

We are off to Crowders Mountain State Park, only thirty-five miles southwest of Charlotte to hike the Ridgeline Trail. This 6-mile hike will begin at the Boulders Access and follow the ridgeline to the summit of Kings Pinnacle, then descend to the Nature Center. Transportation provided.

Adult - \$10
#26491 Sep 10 Sa 9:00am to 4:00pm

BSA Geocaching Merit Badge

Want to go on a high tech treasure hunt and earn a merit badge at the same time? Then join us for the new Geocaching Merit Badge! We will cover many of the badge requirements and then hit the trail to find some actual caches placed in the nature preserve.

Ages 10 and older - \$15
#26492 Sept. 10 Sa 9:00am to 4:00pm

Senior Hikes

Enjoy autumn during leisurely hikes through Latta Plantation Nature Preserve, Rural Hill, and Cowan's Wildlife Refuge.

Adults • **FREE** •
#26478 Sep 13 Tu 9:00am to 11:00am
#26479 Sep 27 Tu 9:00am to 11:00am
#26480 Oct 11 Tu 9:00am to 11:00am
#26481 Oct 25 Tu 9:00am to 11:00am
#26482 Nov 8 Tu 9:00am to 11:00am
#26483 Nov 22 Tu 9:00am to 11:00am

Grub Club

Join us for this hands-on monthly offering in which we will learn about different aspects of vegetable gardening. This month we will be harvesting vegetables and learning what to do with the garden plot over the winter.

Ages 3 to 6 - \$3
#26493 Sep 13 Tu 3:00pm to 4:30pm
Ages 7 to 12 - \$3
#26494 Sep 13 Tu 3:00pm to 4:30pm

Pre-K Gardeners: Super Seeds

This month we will be jumping into the world of seeds and learning how seeds move from one place to another and why they are important to wildlife and people.

Ages 3 to 6 - \$2
#26495 Sep 15 Th 10:00am to 11:00 am

Sunflowers at Sunset

Latta Plantation Nature Preserve's prairie is home to the endangered Schweinitz's sunflower. These rare flowers bloom from early September to the first frost. What better way to see them than by the light of the setting sun?

All ages - \$4
#26496 Sep 17 Sa 6:30pm to 8:00pm

Webelos Forester Badge

Join us at Latta Plantation Nature Center for this two hour program and earn your Forester Badge.

Ages 8 to 10 - \$4/scout
#26497 Sep 18 Su 2:00pm to 4:00pm

Homeschool Adventures Club: Geocaching

Ever heard of the high tech treasure hunt known as Geocaching? Come and learn about this exciting outdoor hobby. Then, use a handheld GPS unit to navigate a course and find a real cache.

Ages 8 to 12 - \$6
#26640 Sep 23 F 10:00am to 12:00pm

Nature Nook

Let your child's imagination soar during story time at the nature center! Every Saturday your child will hear a new nature story followed by an up-close encounter with one of our animals or another fun activity. No registration required.

Geared for ages 3 to 6 but all ages welcome • **FREE** •
Every Saturday 10:00am to 10:30am

Geocaching with Ranger Rick

Ranger Rick and his friends have set out on a geocaching adventure! Geocaching is high tech treasure hunt! Use a geospatial positioning system (GPS) to locate 3 different caches, or small boxes, in the preserve. The Nature Center has GPS units to borrow, free of charge, if you do not own one. Visit and get started on your adventure today.

All ages • **FREE** •

100 Mile Hike Club

Ready for a challenge? Come hike a hundred miles, register for our hikes throughout the year and earn credit miles to earn a t-shirt, patch, and more.

Membership to the club is FREE but each hike may have a small fee and registration is required for each hike. Any naturalist led hike counts towards your credit miles. A staff signature is required for credit.

All ages • **FREE** •

#26758 Ongoing

Homeschool Series

Homeschool Biology 101

What do ants, trees, and bacteria have in common? They are all alive! Join us as we discover the wonders of Biology - the study of LIFE. This eight part series will introduce your student to cells, protists, photosynthesis, and more. Each class is hands-on and contains a lab, so students will also learn about the scientific method. Curriculum is appropriate for 3rd-5th grade and all materials are provided. Some homework will be required.

Ages 8 to 11 - \$32
#26468 First & third Friday of every month.
Sep 2 - Dec 15 10:00am to 11:30am

Latta Labs

Designed to prepare students for the rigors of college science labs, this is a challenging yet fun class that meets twice a month. We will cover a broad range of topics in biology, chemistry, and environmental science while learning how to design and implement scientific research projects. Students should have some knowledge of the scientific method and scientific process prior to starting this class.

Ages 13 to 18 - \$100
#26469 Second & fourth Wednesday of every month
Sep 14 to May 9 10:00am to 12:00pm

Public Environmental Education and Outdoor Recreation Classes

Homeschool Gardeners: Seed Discovery

Learn how plants move around from place to place and multiply. We will be looking for seeds in the garden and the creatures that might be using the seeds for many different purposes.

Ages 7 to 12 - \$3
#26526 Sep 1 Th 1:00pm to 2:30pm

Wild Wilderness

Join us for this twice monthly offering in which we will learn about different aspects of wilderness utilization. Each event will be a different topic, which may include wilderness edible recipes, Native American foods, fire building, shelter construction and food collection methods. Call nature center for details and topics.

Ages 9 and older • **FREE** •
#26680 Sep 1 Th 6:00pm to 7:00pm
#26681 Sep 15 Th 6:00pm to 7:00pm
#26682 Oct 6 Th 5:30pm to 6:30pm
#26683 Oct 20 Th 5:30pm to 6:30pm
#26684 Nov 3 Th 5:30pm to 6:30pm

BSA: Mammal Study

Upon completion of this course, all registered Boy Scouts in the Mecklenburg Council will earn the Mammal Study Merit badge. Lunch provided.

Ages 12 to 18 - \$15
#26485 Sep 3 Sa 9:00am to 4:00pm

Saturday Scientist: It's All in the Soil

Soil is an important part of the ecosystem that is often overlooked. Join us as we investigate different types of soil and the plants that grow in them before we get messy making our own soil "recipe."

Ages 9 to 13 - \$2
#26486 Sep 3 Sa 1:00pm to 2:00pm

Let's Paddle Day

Spend your day out at Latta Plantation Nature Preserve for hiking, picnicking, and a pleasant paddle on Mountain Island Lake. Kayaks and canoes will be available to use throughout the day for 1-hour increments. Boats, paddles, PFD's, and instruction will be available. Call 704-875-1392 for more information. No registration required.

All ages • **FREE** •
#26487 Sep 4 Su 10:00am to 4:00pm

Homeschool Eco-Crew: Weed Warrior

The battle against weeds never stops, even in the nature preserve! We will learn about the invasive plants found in Mecklenburg County and identify them as we have fun removing them from the preserve.

Ages 3 to 6 - \$3
#26488 Sep 7 W 1:00pm to 2:30pm
Ages 7 to 12 - \$3
#26489 Sep 7 W 1:00pm to 2:30pm

Evening Mushroom Hike

September is National Mushroom Month. Come out for a walk and learn all about mushrooms and their importance in nature.

Ages 12 and older - \$4
#26490 Sep 8 Th 6:00pm to 7:30pm

Homeschool Adventures Club: Map and Compass

Hey kids, come to Latta Plantation Nature Center and learn the basics of working with a map and compass. You will learn the parts of each and navigate a basic orienteering course.

Ages 8 to 12 - \$6
#26637 Sep 9 F 10:00am to 11:30am



Latta Plantation Nature Center

Paddle and Picnic on Mountain Island Lake

Pack a picnic lunch and come join us as we take a tour of Mountain Island Lake. We will paddle by canoe around the lake and take a break for a picnic lunch. No experience required, all equipment and instruction is provided. Call 704-975-1392 to register.

Ages 7 and older - \$15/canoe

Horse Trailer Overflow Parking Lot

#26498 Sep 24 Sa 10:00am to 1:00pm

Latta Yoga Hikes

Try something new! Join yoga instructor and member of the Carolina Mountain Club, William DeGrauw, RYT, for a unique blend of yoga and hiking in the morning stillness of Latta Plantation Nature Preserve. Each hike will begin and end with a yoga sequence and incorporate poses along the trail as we stretch our body and mind. Further explore the fundamentals of meditation and mindful meditation as we discover the change of seasons within ourselves. Call 704-875-1391 for more information or to register.

Adults - \$10

#27080 Sep 24 Sa 10:00am to 11:30am

#27084 Oct 29 Sa 10:00am to 11:30am

#27085 Nov 19 Sa 10:00am to 11:30am

Drawing on Nature

Creating a personal journal of your thoughts and reflections is a great way to view nature and gain insight. In this class we will work in the garden and learn the basic techniques to envision, create, and begin a field journal with which to capture your thoughts, observations, and those special moments.

Ages 12 and older - \$4

#26499 Sep 25 Su 2:00pm to 4:00pm

Homeschool Adventures Club:

Outdoor Cooking

If you ever wanted to be the top chef in the outdoors, then join us to learn several methods of outdoor cooking including: single burner propane stove, Dutch oven, and box oven. Students will help prepare food and learn to safely cook in the outdoors. And the class would not be complete without being able to eat the outdoor masterpieces.

Ages 8 and older - \$8

#26634 Sep 30 F 11:00am to 1:00pm

Paddle and Hike

Come with us as we set out for adventure on the lake and then by land! We will kayak approximately two and a half miles from the North Canoe Access to the Garr Creek Canoe Access, then we will hike back to our starting point by way of the Shady Trail.

Ages 12 and older - \$15/single kayak, \$20/tandem kayak

Horse Trailer Overflow Parking lot

#26671 Oct 1 Sa 9:00am to 12:00pm

BSA: Nature

Upon completion of this course, all registered Boy Scouts in the Mecklenburg Council will earn the Nature Study Merit badge. Lunch provided.

Ages 12 to 18 - \$15

#26501 Oct 1 Sa 9:00am to 4:00pm

Saturday Scientist: Hidden Nature

Many animals use camouflage to avoid predators and stay hidden. We'll take a look at some native animals that are experts of concealment and practice our own camouflage skills in the garden.

Ages 9 to 13 - \$2

#26506 Oct 1 Sa 1:00pm to 2:00pm

Fantastic Fish

This is a chance for you to learn more about fish and go fishing all in the same day. First we will talk about why fish are unique and then we will go fishing on Mountain Island Lake.

Ages 5 to 12 - \$3

#26507 Oct 2 Su 2:00pm to 4:00pm

Homeschool Eco-Crew: Nature Appreciation

Studying and understanding the natural world is important, but sometimes it's just as important to slow down and experience the world around us. We'll observe, explore, paint, and more in this nature appreciation class.

Ages 3 to 6 - \$3

#26508 Oct 5 W 1:00pm to 2:30pm

Ages 7 to 12 - \$3

#26509 Oct 5 W 1:00pm to 2:30pm

Homeschool Gardeners: Weather Matters

Weather is an important part of gardening. Participants will learn how to predict weather changes and then apply what they learn to better understand gardening and natural weather cycles. They will do this by making some simple measurement tools.

Ages 7 to 12 - \$3

#26527 Oct 6 Th 1:00pm to 2:30pm

O.A.T.S. Congaree National Park Paddle

See the largest remnant of old growth floodplain forest remaining on the continent via canoe as we paddle beneath large bald cypress and water tupelo trees draped in Spanish moss on the Cedar Creek! Transportation and all equipment provided.

Adult - \$20

#26510 Oct 8 Sa 8:00am to 5:00pm

Outdoor Cooking Demonstration

If you ever wanted to be the top chef in the outdoors, then bring the family to learn about several methods of outdoor cooking including: Dutch oven, box oven, and a single burner stove. Drop in anytime to get a taste of the outdoor masterpieces. No registration required.

All Ages • FREE •

#26692 Oct 8 Sa 11:00am to 2:00pm

Leaf Art

We'll have fun identifying some common trees by their leaves as we walk through the woods. After the walk we will put some leaves together to make cool shapes and other works of art.

Ages 5 to 10 - \$2

#26511 Oct 9 Su 1:00pm to 2:00pm

The Mystery Behind Fall Colors

Take a walk in the woods to discover the wonders of fall colors. Learn how and why leaves change colors and discover fascinating facts about local trees and plants.

Terrain: Easy, 1.0 - 1.5 miles

Ages 10 and older - \$4

#26528 Oct 9 Su 2:30pm to 4:30pm

Grub Club

Join us for this hands-on monthly offering in which we will learn about different aspects of vegetable gardening. This month we will be harvesting vegetables and learning what to do with the garden plot over the winter.

Ages 3 to 6 - \$3

#26559 Oct 11 Tu 3:00pm to 4:30pm

Ages 7 to 12 - \$3

#26560 Oct 11 Tu 3:00pm to 4:30pm

Homeschool Adventures Club: Outdoor Cooking

If you ever wanted to be the top chef in the outdoors, then join us to learn several methods of outdoor cooking including: single burner propane stove, Dutch oven, and box oven. Students will help prepare food and learn to safely cook in the outdoors. And the class would not be complete without being able to eat the outdoor masterpieces.

Ages 8 and older - \$8

#26635 Oct 14 F 11:00am to 1:00pm



Private Kayak, Canoe, and Segway Adventure Tours available. Call 704-875-1392 for details.

Latta Homeschoolers: Pumpkins, Spiders, Bats, Oh My!

Come learn about the unique lives of spiders and bats. We will create a spider craft made from a pumpkin as we learn about the many colorful spiders that are around and will also play a game of bat and moth.

Ages 3 to 6 - \$3

#26575 Oct 19 W 9:30am to 11:00am

Ages 7 to 12 - \$3

#26576 Oct 19 W 9:30am to 11:00am

Pre-K Gardeners: Weather

Come learn how to predict the weather by making some simple tools and learn how the weather can affect a garden.

Ages 3 to 6 - \$2

#26577 Oct 20 Th 10:00am to 11:00am

Homeschool Adventures Club: Map and Compass

Hey kids, come to Latta Plantation Nature Center and learn the basics of working with a map and compass. You will learn the parts of each and navigate a basic orienteering course.

Ages 8 to 12 - \$6

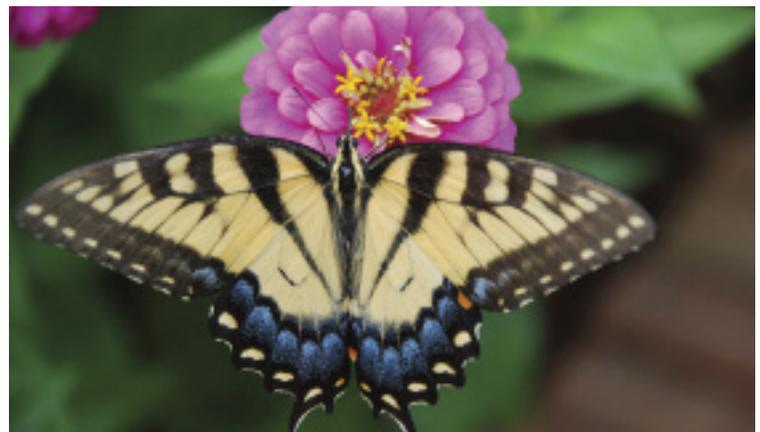
#26638 Oct 21 F 10:00am to 11:30am

NOTE

All programs require pre-registration unless otherwise noted. For more information or to register call Latta Plantation Nature Center.

Check out Latta Plantation Nature Center on Facebook for upcoming events and pictures of events and wildlife.

facebook



Latta Plantation Nature Center

Nature at Night Hike

Are you afraid of the dark? Test your trail skills (and your night sight!) as we hike around the nature preserve by the light of the stars. Bring your flashlight! Terrain: Easy to moderate, 2.0 miles. Ages 18 and older - \$4
#26512 Oct 22 Sa 8:00pm to 9:30pm

Garden Exploration

Gardening can be exciting. Come learn some fun things you can do to make gardening fun. We will be playing games and even making crafts from things in the garden. Ages 3 to 10 - \$2
#26513 Oct 23 Su 1:00pm to 2:00pm

Fall/Winter Vegetable Gardening

Discover your green thumb and step into the world of cool season vegetable gardening. First learn the techniques on making a raised vegetable garden and maintaining it and then learn the vegetables that are good for winter gardening and what they can be used for. Ages 12 and older - \$4
#26514 Oct 23 Su 2:30pm to 4:00pm

Fantastic Fish

This is a chance for you to learn more about fish and go fishing all in the same day. First we will talk about why fish are unique and then we will go fishing on Mountain Island Lake. Ages 5 to 12 - \$3
#26578 Oct 28 F 10:00am to 12:00pm

Survival Hike

Learning how to survive in an emergency situation is important to everyone. Learn the 10 essentials items you should carry with you when hiking. Participants will go on a guided hike and understand how to use the items and surrounding environment in an emergency survival situation. Ages 7 to 12 - \$5
#26515 Oct 28 F 10:00am to 12:00pm

Homeschool Adventures Club: Geocaching

Ever heard of the high tech treasure hunt known as Geocaching? Come and learn about this exciting outdoor hobby. Then, use a handheld GPS unit to navigate a course and find a real cache. Ages 8 to 12 - \$6
#26641 Oct 28 F 2:00pm to 4:00pm

Going Batty

Bats are amazing animals, zooming through the night sky with only their radar to guide them. Meet us at Cowan's Ford Wildlife Refuge as we search for these elusive mammals with a Bat Detector. Ages 7 and older - \$4

Cowan's Ford Wildlife Refuge observation deck
#26516 Oct 28 F 6:00pm to 7:30pm

Digital Photo Scavenger Hunt

Come out to the nature preserve for an adventure with your family, but don't forget your digital camera! Pick up a scavenger hunt list from the nature center and then bring back photos of everything by the end of the day to receive a prize. No registration required. All ages • **FREE** •
#26678 Oct 29 Sa 9:00am to 5:00pm

Array of Arachnids

Spiders seem to be all over the place. Come learn about these eight-legged creatures and go on a hike in search of the array of spiders that can be found and the different types of webs they weave. Ages 4 to 10 - \$3
#26517 Oct 30 Su 2:00pm to 3:00pm

Homeschool Eco-Crew: Living off the Land

November is Native American Heritage Month so to honor our first inhabitants, we will learn how to live off the land. We will look at edible plants, build a shelter, and more! Ages 3 to 6 - \$3
#26518 Nov 2 W 1:00pm to 2:30pm
Ages 7 to 12 - \$3
#26519 Nov 2 W 1:00pm to 2:30pm

Homeschool Gardeners: Worm Composting

Discover how worms are important to the garden and learn how you can recycle kitchen waste and make free fertilizer for the garden plants by making a worm bin. Ages 7 to 12 - \$3
#26579 Nov 3 Th 1:00pm to 2:30pm

Animal Detectives

Animals leave many signs behind to let us know they are around. We will take a hike to look for tracks and other clues that help us figure out who has been wandering around in the woods. Each participant will also make a track they can take home as well. Ages 5 and older - \$3
#26581 Nov 3 Th 2:00pm to 3:30pm

Homeschool Adventures Club: Outdoor Cooking

If you ever wanted to be the top chef in the outdoors, then join us to learn several methods of outdoor cooking including: single burner propane stove, Dutch oven, and box oven. Students will help prepare food and learn to safely cook in the outdoors. And the class would not be complete without be able to eat the outdoor masterpieces. Ages 8 and older - \$8
#26636 Nov 4 F 11:00am to 1:00pm

Saturday Scientist: A Rainbow of Leaves

Everyone knows that some leaves change color in the fall, but why? We'll find out and use chromatography (a fun and sometimes messy endeavor!) to take a close-up look at the colors in leaves. Ages 9 to 13 - \$3
#26521 Nov 5 Sa 1:00pm to 2:00pm

BSA: Wilderness Survival

Upon completion of this course, all registered Boy Scouts in the Mecklenburg Council will earn the Wilderness Survival Merit badge. The Scouts will be spending the night inside the Latta Plantation Nature Preserve. A late lunch, dinner and breakfast will be provided. Ages 12 to 18 - \$25
#26520 Nov 5 to 6 Sa 12:00pm to Su 9:30am

For the Love of Gardening

Gardening is a powerful activity that can transform our lives. Plants are amazing and have an ability to change the way we look at all aspects of life. During this talk we will look at how gardening changes our perspective through a compilation of stories and hands-on experience. Ages 15 and older - \$4
#26580 Nov 6 Su 2:00pm to 4:00pm

Homeschool Adventures Club: Geocaching

Ever heard of the high tech treasure hunt known as Geocaching? Come and learn about this exciting outdoor hobby. Then, use a handheld GPS unit to navigate a course and find a real cache. Ages 8 to 12 - \$6
#26642 Nov 10 Th 10:00am to 12:00pm

Nature Field Day

Join us on this school holiday for an action-packed, fun-filled nature field day. Participants will go on a wildlife safari, discover geo-caching, go fishing, and more! Ages 7 to 12 - \$12
#26685 Nov 11 F 9:30am to 3:00pm

Holly Bend Plantation Tour

Holly Bend Plantation, built in 1800 by Robert Davidson, will be open to the public during the Rural Hill Sheepdog Trials. Don't miss out on this rare opportunity to discover one of Mecklenburg County's historical gems. No registration required.

Cowan's Ford Wildlife Refuge

All ages • **FREE** •
#26687 Nov 12 Sa 9:00am to 4:30pm
#26688 Nov 13 Su 9:00am to 4:30pm

O.A.T.S: Morrow Mountain State Park

Join us as our adventure series takes us east of Charlotte to Morrow Mountain State Park! We will go for 5.5 mile hike along the Middle Loop Trail taking in all the beauty of the park. Trail difficulty is moderate. Bring a lunch, snacks, and plenty of water. Ages 12 and older - \$10
#26522 Nov 12 Sa 10:00am to 12:00pm

Latta Homeschoolers: Talkin' Turkey

Turkeys are a symbol of Thanksgiving. Come learn about the characteristics and the habitat of these unique birds. Learn how to walk like a turkey and make a turkey craft as well. Ages 3 to 6 - \$3
#26582 Nov 16 W 9:30am to 11:00am
Ages 7 to 12 - \$3
#26583 Nov 16 W 9:30am to 11:00am

Pre-K Gardeners: Worm Farm

Worms are all around us and are an important part of life. They help plants grow and they are food for birds and other wildlife. Worms can also eat our food and turn it into food for plants. Ages 3 to 6 - \$2
#26584 Nov 17 Th 10:00am to 11:00am

Homeschool Adventures Club: Map and Compass

Hey kids, come to Latta Plantation Nature Center and learn the basics of working with a map and compass. You will learn the parts of each and navigate a basic orienteering course. Ages 8 to 12 - \$6
#26639 Nov 18 F 10:00am to 11:30am

BSA: Orienteering

Upon completion of this course, all registered Boy Scouts in the Mecklenburg Council will earn the Orienteering Study Merit badge. Lunch provided. Ages 12 to 18 - \$15
#26523 Nov 19 Sa 9:00am to 4:00pm

Gardening with the Three Sisters

Corn, squash, and beans – these are the three sisters! Why did the Native Americans grow them together? Come find out! We'll also sample food and make crafts using these tasty veggies. Ages 3 to 7 - \$2
#26524 Nov 19 Sa 11:00am to 12:00pm

Turkey Trotters

Most people know turkeys are good to eat, but did you know they are fast runners and fliers? They can make lots of different sounds other than gobbling as well. Come explore the world of turkeys and make a turkey craft to show off. Ages 4 and older - \$3
#26525 Nov 20 Su 2:00pm to 3:00pm

Meet the Reptiles Talks

Work off some of those Thanksgiving leftovers with a hike in the nature preserve. While you're here, stop by the nature center during the times below for an up-close encounter with some native reptiles! No registration required. All ages • **FREE** •
#26689 Nov 26 Sa
Starting every hour from 10:00am to 3:00pm

Segway Adventure Tour

Explore Latta Plantation Nature Preserve on a Segway! Learn to ride these self-balancing machines and see nature like never before! See the Shady and Catawba Trails, the Buzzard Rock Overlook and beautiful views of the sun set over Mtn. Island Lake. Call for details and rider restrictions. Ages 18 and older - \$35

Segway Building at Waterfront parking lot

| | | | |
|--------|--------|----|-------------------|
| #26586 | Sep 3 | Sa | 9:00am to 12:00pm |
| #26587 | Sep 3 | Sa | 3:00pm to 6:00pm |
| #26588 | Sep 4 | Su | 9:00am to 12:00pm |
| #26589 | Sep 17 | Sa | 9:00am to 12:00pm |
| #26590 | Sep 17 | Sa | 3:00pm to 6:00pm |
| #26591 | Sep 18 | Su | 9:00am to 12:00pm |
| #26592 | Sep 18 | Su | 3:00pm to 6:00pm |
| #26593 | Oct 1 | Sa | 9:00am to 12:00pm |
| #26594 | Oct 1 | Sa | 3:00pm to 6:00pm |
| #26595 | Oct 2 | Su | 9:00am to 12:00pm |
| #26596 | Oct 2 | Su | 3:00pm to 6:00pm |
| #26597 | Oct 15 | Sa | 9:00am to 12:00pm |
| #26598 | Oct 15 | Sa | 3:00pm to 6:00pm |
| #26600 | Oct 16 | Su | 9:00am to 12:00pm |
| #26601 | Oct 16 | Su | 3:00pm to 6:00pm |
| #26606 | Nov 5 | Sa | 12:00pm to 3:00pm |
| #26607 | Nov 6 | Su | 12:00pm to 3:00pm |
| #26608 | Nov 19 | Sa | 12:00pm to 3:00pm |
| #26609 | Nov 20 | Su | 12:00pm to 3:00pm |

Kayaking Tour on Mountain Island Lake

Join with us as we paddle on Mtn. Island Lake. Learn the basics of flat water kayaking as we paddle along the shoreline and explore the lake. All equipment provided. Please bring water and snacks. Ages 12 and older - \$15/single kayak \$20/tandem kayak

Horse Trailer Overflow Parking Lot

| | | | |
|--------|--------|----|-------------------|
| #26610 | Sep 17 | Sa | 9:00am to 12:00pm |
| #26611 | Sep 17 | Sa | 12:00pm to 2:00pm |
| #26613 | Sep 24 | Sa | 9:00am to 12:00pm |
| #26614 | Sep 24 | Sa | 12:00pm to 2:00pm |
| #26615 | Oct 22 | Sa | 9:00am to 12:00pm |
| #26616 | Oct 22 | Sa | 12:00pm to 2:00pm |
| #26617 | Oct 29 | Sa | 9:00am to 12:00pm |
| #26618 | Oct 29 | Sa | 12:00pm to 2:00pm |

Canoe Tours on Mountain Island Lake

Join with us as we paddle on Mtn. Island Lake. Learn the basics of flat canoeing as we paddle along the shoreline and explore the lake. All equipment provided. Please bring water and snacks. Ages 12 and older - \$15/canoe w/ up to 4 people

Horse Trailer Overflow Parking Lot

| | | | |
|--------|--------|----|-------------------|
| #26619 | Sep 11 | Su | 2:00pm to 4:00pm |
| #26620 | Sep 25 | Su | 2:00pm to 4:00pm |
| #26621 | Oct 8 | Sa | 9:00am to 11:00am |
| #26622 | Oct 9 | Su | 2:00pm to 4:00pm |
| #26623 | Oct 23 | Su | 2:00pm to 4:00pm |

Reedy Creek Nature Center



2900 Rocky River Road,
Charlotte, NC 28215
704.598.8857

Open Mon-Sat 9:00 am to 5:00pm,
Sun 1:00pm to 5:00pm

All programs meet at Reedy
Creek Nature Center unless
otherwise noted.

Family Nature Explore Club: A "Shady" Color Adventure

Nature is filled with thousands of shades of green. Some of these shades are created by shadows. If you look closely, the light of the sun creates shadows. Let's go out and look more closely!
All Ages • **FREE** •
#26744 Sep 21 W 1:30pm to 3:30pm

Evening Nature Stroll

Join a naturalist on a stroll through the preserve after hours. Discover the secrets of nature at night. We may hear an owl or see a beaver...who knows what the night will bring. Participants must be able to hike 2 - 3 miles on uneven terrain.
Ages 5 and up • **FREE** •
#26745 Sep 21 W 7:00pm to 8:30pm

Take a Child Outside Week: Reedy Creek Family Fishing Derby

Let's go fishing! Reedy Creek Nature Preserve is hosting a Family Fishing Derby. Bring the whole family to enjoy this wonderful outdoor adventure. All children must be accompanied by a parent or guardian, and all participants must provide their own fishing equipment and bait. All fishing adults must have a North Carolina Fishing License. Registration is required.
Age 3 to 15 • **FREE** •
#26747 Sep 24 Sa 9:00am to 12:00pm



Hike for Your Health

Get outside, get moving, get healthy! Fresh air, sunshine, beautiful surroundings and wonderful people are included! This is a medium to fast pace walk.
Ages 12 and up • **FREE** •
#26729 Every Tuesday 5:00pm to 6:00pm

Yoga in the Preserve

Slow down and breathe while surrounded by the sights and sounds of nature. This is a gentle flow style class. No experience needed.
Ages 16 and up - \$8/drop-in or \$25/4 class pass
Every Tuesday 6:15pm to 7:15pm

100 mile Hike Club

Ready for a challenge? Come hike a hundred miles, register for our hikes throughout the year and earn credit miles to earn a t-shirt, patch, and more. Membership to the club is FREE but each hike may have a small fee and registration is required for each hike. Any naturalist led hike counts towards your credit miles. A staff signature is required for credit.
All ages • **FREE** •
#26758 Ongoing

End of Summer Campfire

Celebrate the end of summer with a campfire at Reedy Creek Nature Preserve! We will say goodbye to the summer with stories, marshmallows and music. Bring an instrument, your voice or just your ears and join in the fun!
All ages • **FREE** •
#26731 Sep 23 Th 6:00pm to 8:00pm

Kayaking 101

If you have never been on a kayak and want to learn the basics this is the right program for you. We will go over the basic paddle strokes and safety before launching the boats on Dragonfly Pond where you can get familiar with the gear and experience nature on a new way. No experience is required; bring shoes that can get wet and be secured to your feet.
Ages 12 and up - \$12
#26732 Sep 3 Sa 9:30am to 11:00am

Medicinal Plant Hike

Learn about the medical uses of Reedy Creek's many native plant species as we explore the preserve. We will have a short introduction in the classroom then head outside! Participants must be able to hike up to 3 miles on uneven terrain.
Ages 8 and up • **FREE** •
#26733 Sep 4 Su 2:00pm to 4:00pm

Biodiversity Hike: Mt. Mitchell

Join us as we hike the highest peak east of the Mississippi! Spectacular views and beautiful fall weather await you! This will be a moderately strenuous hike on uneven terrain. Bring plenty of water, a bag lunch and wear comfortable hiking shoes.
Ages 16 and up - \$12
#26735 Sep 10 Sa 8:00am to 8:00pm

Composting Basics

Come and learn the basics of home composting in a 2 hour hands on workshop.
This • **FREE** • class will also cover soil management, toxicity reduction, mulching and grass cycling. Because the class is conducted outdoors, please dress appropriately for the weather.
For more information, or to register, visit or call us at 704 336 4304.
Sep 10 Sa 10:00am to 12:00pm

Mushroom Walk

Join a naturalist as we discover the exciting world of fungi! We will have a short introduction at the nature center and then head outdoors to see what we can find! Must be able to hike 1 mile on uneven terrain.
All ages • **FREE** •
#26734 Sep 11 Su 2:00pm to 3:00pm

Home School: Crustaceans

Investigate the lives of the shelly, leggy invertebrates in fresh and salt water and even on land. Take a close-up look at animals from tiny water fleas to crayfish.
Ages 12 and up - \$5.
#26736 Sep 12 M 3:30pm to 5:00pm

Nature's Play Group: Get in Touch with Trees

Come play with mud, sticks and all that is nature while making some new friends. We will meet in the nature explore zone rain or shine.
Get in touch with trees as we explore trees and their parts by using the sense of touch.
Age 0 to 5 • **FREE** •
#26737 Sep 13 Tu 10:30am to 11:30am

Home School: Touchy Feely Mud Pies

This messy and fun learning experience will introduce you to the soils that support our world. We will make mud pies in the creek. Come prepared to get wet!
Ages 5 to 7 - \$5.
#26738 Sep 13 Tu 1:30pm to 3:30pm

4H Home School Wildlife Club: Earthworm Composting

Get outside with 4-H Wildlife Programs! The club will meet twice a month on the second and fourth Tuesday at Reedy Creek Nature Center.
Worms at work! Recycle food scraps just by feeding the worms! Each participant will take home their very own worm bin.
Age 8 to 12 - \$5
#26739 Sep 13 Tu 1:30pm to 3:30pm

Family Nature Explore Club: Insect Hunt

Rachel Carson once said "If a child is to keep alive his inborn sense of wonder, he needs the companionship of at least one adult who can share it..." Don't let your child be on the list of endangered species from the outdoors. Go outside! So much is happening in the insect world that we may not notice if we don't look closely.
All Ages • **FREE** •
#26740 Sep 14 W 1:30pm to 3:30pm

Field Studies Excursion: Hawk Watch

Join us in our efforts to document the migration of hawks through Mecklenburg County and the country. We will examine hawks and the identification of the common species in flight. Participants will then be able to assist the count at Cowan's Ford Wildlife Refuge in Huntersville, NC throughout the migration season.
Adults • **FREE** •
#26741 Sep 15 Th 6:00pm to 8:30pm &
Sep 18 Su 12:00pm to 6:00pm

Stream Creatures

Learn what really lives in our streams and how important the creatures are to our ecology. We will walk in the stream and try to see some of these strange animals. Wear tough wading shoes!
Ages 8 and up • **FREE** •
#26742 Sep 17 Sa 2:30pm to 3:30pm

Nature's Play Group: Snake Rattle and Who!

Come play with mud, sticks and all that is nature while making some new friends. We will meet in the nature explore zone rain or shine. Come to the nature center and check out some snakes that live in the area.
Age 0 to 5 • **FREE** •
#26743 Sep 20 Tu 10:30am to 11:30am

Biodiversity Hike: Catawba Lands Conservancy

We don't have to travel far to discover the beauty of the outdoors. Join us as we explore some of the special properties that the CLC has fought to preserve. This will be a 5 - 6 mile easy to moderate hike on uneven terrain. Bring plenty of water, a bag lunch and wear comfortable hiking shoes.
Ages 16 and up - \$6
#26748 Sep 24 Sa 8:00am to 4:00pm

Slimy Snails and Slugs

Snails and slugs are an important part of our forest ecology. Learn to love these fascinating and slimy creatures when you get a closer look.
Ages 6 and up • **FREE** •
#26749 Sep 25 Su 1:00pm to 2:00pm

Family Walk in the Woods

Take your child for a walk in the Preserve for "Take a Child Outside Week". A naturalist will guide you and answer your nature questions. Give your child a sense of wonder about nature.
All ages (trails are not stroller accessible) • **FREE** •
#26750 Sep 25 Su 2:30pm to 4:30pm

Home School: Environmental Chemistry

What techniques do scientists use to study the environment? Acid rain, pollution, plant and animal nutrients - it is all chemistry! We will use chemistry in the lab to study environmental conditions.
Ages 12 and up - \$5
#26751 Sep 26 M 3:30pm to 5:00pm

Reedy Creek Nature Center

Nature's Play Group: Sounds Around

Come play with mud, sticks and all that is nature while making some new friends. We will meet in the nature explore zone rain or shine. Explore the sounds of nature and imitate with your own voices and instruments we make in class.

Age 0 to 5 • **FREE** •
#26754 Sep 27 T 10:30pm to 11:30pm

Home School: Bee an Insect

Celebrate Honey Month! We will learn insect anatomy and what makes bees so special. This class includes a craft.

Ages 5 to 7 - \$5
#26752 Sep 27 T 1:30pm to 3:30pm

4H Home School Wildlife Club:

Fishing Bait

Find out which baits and lures attract fish and find out why. We will have a casting contest and learn different techniques of fishing.

Age 8 to 12 - \$5
#26753 Sep 27 T 1:30pm to 3:30pm

Family Nature Explore Club

Rachel Carson once said 'If a child is to keep alive his inborn sense of wonder, he needs the companionship of at least one adult who can share it...' Don't let your child be on the list of endangered species from the outdoors. Go outside!

All Ages • **FREE** •
#26755 Sep 28 W 1:30pm to 3:30pm
#26763 Oct 5 W 1:30pm to 3:30pm
#26772 Oct 12 W 1:30pm to 3:30pm
#26784 Oct 26 W 1:30pm to 3:30pm
#26931 Nov 9 W 1:30pm to 3:30pm
#26937 Nov 16 W 1:30pm to 3:30pm
#26945 Nov 30 W 1:30pm to 3:30pm

Bookworms

Come for a nature lesson based around a children's storybook, and see and touch an interesting item from the Nature Center!

All Ages • **FREE** •
#26756 Sep 28 W 4:00pm to 4:30pm



NOTE

Many programs require registration and have limited space available. To ensure that you can participate, please register by calling 311 or 704.336.7600. All programs require pre-registration unless otherwise noted. For more information, call Reedy Creek Nature Center at 704.598.8857. You can also register online at www.parkandrec.com.

Black Light Insectigations

A night-time program to see what insects fly at night and are attracted to a black light. Moths, caddis flies, and beetles may appear!

All Ages, 2 hours • **FREE** •
#26757 Sep 30 F 7:00pm to 9:00pm

GLOBE: Hydrology and Climate Change

The Global Learning and Observations to Benefit the Environment (GLOBE) program is a worldwide hands-on, primary and secondary school-based science and education program. GLOBE's vision promotes and supports students, teachers and scientists to collaborate on inquiry-based investigations of the environment and the Earth system working in close partnership with NAS, NOAA and NSF in study and research about the dynamics of Earth's environment. To register please contact UNC Charlotte Center for Science, Technology, Engineering and Mathematics (STEM) Education at 704-687-8816.

Adults - \$30 includes snacks materials, and dinner Thursday evening
Sep 29 Th 4:30pm to 8:30pm &
Oct 1 Sa 9:30am to 4:00pm

4-Mile Creek Greenway Big Sweep

at 4-Mile Creek Greenway Parking lot off Johnston Oehler Road I-485 exit

Big Sweep is a national based program to clean up lakes, rivers, and streams and increase awareness about the protection of these resources. Discover the dangers that litter poses to wildlife, then go out along the shoreline for a cooperative litter sweep. Ages 17 and under must be accompanied by an adult. For more information or to register as a N.C. Big Sweep volunteer, call Charlotte-Mecklenburg Storm Water Services at 311 or check the Web site. All participants must pre-register.

All Ages • **FREE** •
Oct 1 Sa 9:00am to 1:00pm

Nature's Play Group

Come play with mud, sticks and all that is nature while making some new Friends. We will meet in the nature explore zone rain or shine.

Age 0 to 5 • **FREE** •
#26759 Oct 4 Tu 10:30pm to 11:30pm
#26760 Oct 11 Tu 10:30pm to 11:30pm
#26761 Oct 18 Tu 10:30pm to 11:30pm
#26762 Oct 25 Tu 10:30pm to 11:30pm

Spiders: Original Webmasters

They may be crawly, but maybe not as creepy as you think. We will learn more about spiders and how they live. You will feel differently about squashing them after this program!

Ages 6 and up • **FREE** •
#26764 Oct 8 S 10:00 to 11:00am

Nature Scavenger Hunt

Join a naturalist for a nature scavenger hunt along the trails of the Reedy Creek Preserve. We will look closely for signs of nature you may not have noticed. Great fun too!

Ages 6 and up • **FREE** •
#26766 Oct 8 Sa 2:30pm to 3:30pm

Virginia Creeper Bike and Hike Adventure

Fall leaves, fantastic scenery and fast bikes! This is a definite destination for anyone who enjoys the outdoors. We will explore the area by foot and bicycle! No experience needed. The trip includes transportation, camping fees and gear and most meals. Participants must attend a pre-trip meeting on October 5 at 6 p.m.

Ages 16 and up - \$100
#26767 Oct 8 to 9 Sa 8:00am to Su 7:00pm

Home School: Green Invaders

Our country, including our area, is being overrun by invasive plants and animals! Learn which ones are invasive or merely exotic and how to recognize them. Learn the impact they have on our environment.

Ages 12 and up - \$5
#26768 Oct 10 M 3:30pm to 5:00pm

Home School: Watery World

The water cycle will come alive as we experiment with this magical substance. We will also venture outside to find the spots our favorite animals use when they're thirsty.

Ages 5 to 7 - \$5
#26769 Oct 11 Tu 1:30pm to 3:30pm

4H Home School Wildlife Club:

Nature's Footprints

Whose track is that? Come find out as we identify animal tracks throughout the preserve and make a cast to take home.

Age 8 to 12 - \$5
#26770 Oct 11 Tu 1:30pm to 3:30pm

Full Moon Hike

Discover the preserve after hours. We will explore the trails by the light of the moon. We may hear an owl or see a beaver...who knows what the night will bring. Participants must be able to hike 2 - 3 miles on uneven terrain.

Ages 5 and up • **FREE** •
#26771 Oct 12 W 7:00pm to 8:30pm

Composting Basics

Come and learn the basics of home composting in a 2 hour hands on workshop.

This **FREE** class will also cover soil management, toxicity reduction, mulching and grass cycling. Because the class is conducted out doors, please dress appropriately for the weather.

For more information, or to register, visit or call us at 704 336 4304.

Oct 15 S 10:00am to 12:00pm

Biodiversity Hike: Linville Gorge

This Month brings us back to the Linville Gorge area but this time we will hike the trail less traveled. Our journey of discovery will take us into the gorge as we hike along the Linville River. This is a moderately strenuous hike on uneven terrain. Bring plenty of water, a bag lunch and wear comfortable hiking shoes.

Ages 16 and up - \$12
#26774 Oct 22 Sa 8:00am to 7:00pm

Playful Pedagogy: Expanding Children's Potential Through Play

Playful Pedagogy's play training workshop explores the importance of play in children's lives and the art and science of supporting children's play outdoors. We will look at how play engages the brain and impacts well being while exploring creative approaches to planning for play and how adults working with children outdoors using methods employed in the play work profession. Playful, inspired, engaged adults can expand children's potential to explore and experience through play! This session combines hands-on activities and informal discussions.

Age 18 and up - \$50
#26778 Oct 22 Tu 9am to 2:00pm

Soil Dwellers: What's in the Dirt?

Do you know what dirt is made of? Or what lives there? Come find out with some experiments and a walk in the woods.

Ages 6 and up • **FREE** •
#26779 Oct 23 Su 1:00 to 2:00pm

Feeder Birds

Learn about the birds you can expect at your feeder this winter and how to attract them. Look at the difference in plumage from summer to winter and find out which are visitors in the winter months only.

All Ages • **FREE** •
#26780 Oct 23 Su 2:30pm to 3:30pm

Home School: Spiders and Arachnid Home

Learn about spiders and other arachnids. These have interesting life cycles and habits that are both fascinating and scary. Do YOU know how a spider eats?

Ages 12 and up - \$5
#26781 Oct 24 M 3:30pm to 5:00pm

Home School: Owl Pellets

Do you know what owls eat? Learn about these fascinating nighttime creatures through owl pellet dissection and other fun activities.

Ages 5 to 7 - \$5
#26782 Oct 25 Tu 1:30pm to 3:30pm

4H Home School Wildlife Club: Tools for Archers

Come find out about archery and create your own bow and arrow from recycled materials. Safety first of course! We will review the proper techniques and dangers before aiming at our target.

Age 8 to 12 - \$5
#26783 Oct 25 Tu 1:30pm to 3:30pm

Project Food, Land & People

This workshop promotes approaches to learning to help people better understand the interrelationships among agriculture, the environment and people of the world. Educators, teachers, home school leaders, scout and 4H groups, this is for you! Snacks and light refreshments will be included.

Age 18 and up - \$3
#26785 Oct 28 F 9:00am to 4:00pm

Reedy Creek Nature Center

Creepy Crawly Celebration!

Celebrate all that's creepy and crawly Halloween weekend! Most creatures in our world are not warm and fuzzy, but that doesn't make them any less lovable. Come see for yourself how these creatures play an important role in our environment. Live animals, touch tanks, costume contest, marshmallow roast, and trick or treating included. FREE hot chocolate!

All Ages • **FREE** •
#26786 Oct 28 F 6:00pm to 9:00pm



Green Your Home

How can you contribute to our planet's health during your day to day life? Learn simple and inexpensive techniques to reduce your footprint and keep your family healthy.

Ages 12 and up • **FREE** •
#26787 Oct 30 Su 2:00pm to 3:00pm

Project Feeder Watch: Do it for the birds!

Seize this opportunity to give back to wildlife, become a Citizen Scientist! Your participation helps to gather important information to continue bird conservation efforts in North America. No experience or feeders needed!

All ages • **FREE** •
#26917 Nov 5 Sa 10:00am to 11:30am

Tracks & Scat

We don't always see the animals in the preserve but we do see what they leave behind. Join us as we explore the trails looking for tracks and scat. Must be able to hike 1 mile on uneven terrain. Pay \$1 and stay after to make your own track!

All ages • **FREE** •
#26919 Nov 5 Sa 2:00pm to 3:30pm

Home School: Feathered Flyers

Birds are familiar animals and beautiful to watch. Learn how their unique adaptations allow them to occupy particular habitats. Which ones migrate and how?

Ages 12 and up - \$5
#26920 Nov 7 M 3:30pm to 5:00pm

4H Home School Wildlife Club: Animal Appetites

How do animals know what to eat? We will investigate what adaptations and preferences animals have when it comes to eating.

Age 8 to 12 - \$5
#26921 Nov 8 Tu 1:30pm to 3:30pm

Home School: Shielding Shelter

We will learn about the importance of shelter for our wild friends. Along our habitat walk, we'll stop and build our own creative homes in the forest.

Ages 5 to 7 - \$5
#26922 Nov 8 Tu 1:30pm to 3:30pm

Nature's Play Group

Come play with mud, sticks and all that is nature while making some new friends. We will meet in the nature explore zone rain or shine.

Age 0 to 5 • **FREE** •
#26927 Nov 8 Tu 10:30pm to 11:30pm
#26928 Nov 15 Tu 10:30pm to 11:30pm
#26929 Nov 22 Tu 10:30pm to 11:30pm
#26930 Nov 29 Tu 10:30pm to 11:30pm

Book Club Discussion and Full Moon Hike: Rewilding North America by Dave Foreman

Join us for light refreshments as we discuss this thought provoking book. We will take our discussion to the trails as we appreciate the wilderness of Reedy Creek Nature Preserve. Participants must be able to hike 2 - 3 miles on uneven terrain.

Ages 16 and up • **FREE** •
#26932 Nov 10 Th 6:00pm to 8:00pm

Biodiversity Hike: Raven Rock State Park

Discover North Carolina State Parks! This unique park sits along the fall zone giving way to some amazing scenery. The park is named after Raven Rock, a crystalline structure that rises 150 feet and measures over a mile long! We will also enjoy a walk through a long leaf forest and a trip to a waterfall! This will be a moderately strenuous hike on uneven terrain. Bring plenty of water, a bag lunch and wear comfortable hiking shoes.

Ages 16 and up - \$12
#26933 Nov 12 Sa 8:00am to 8:00pm

Home Composting

Come and learn the basics of home composting in a 2 hour hands on workshop. This free class will also cover soil management, toxicity reduction, mulching and grass cycling. Because the class is conducted out doors, please dress appropriately for the weather.

Ages 12 and up • **FREE** •
#26935 Nov 12 Sa 9:00am to 10:30am

Wormy Composting

Recycle all that kitchen waste and Mother Nature will provide FREE fertilizer! Find out how vermicomposting works and create your very own worm bin to take home with you. Your fertilizer will be ready in time for your spring garden!

All Ages - \$15
#26934 Nov 12 Sa 10:30am to 12:00pm

ELEE: Geology

Environmental education learning experiences (ELEE's) are educational programs held at NC State Parks and are correlated to the North Carolina Standard Course of Study. Competency goals in science, social studies, and mathematics and English/language arts are explored. Each program includes pre-visit, on-site and post-visit student activities that have measurable objectives, background information, vocabulary, references and step-by-step activity instructions. To register please contact UNC Charlotte Center for Science, Technology, Engineering and Mathematics (STEM) Education at 704-687-8816.

Ages 18 and up \$30 includes snacks materials, and dinner Thursday evening
Nov 17 Th 4:30pm to 8:30pm &
Nov 19 Sa 9:30am to 4:00pm

Home School: Soil Science

What is dirt made of? Is there a difference in dirt of different colors? Is there good dirt and bad dirt? Answers to these and more from your experiments with soil.

Ages 12 and up - \$5
#26938 Nov 21 M 3:30pm to 5:00pm

Home School: Winter Wildlife

How do plants and animals cope with the cold winter months? Come to Reedy Creek for a close-up look at what is happening as the days get colder and shorter.

Ages 5 to 7 - \$5
#26940 Nov 22 Tu 1:30pm to 3:30pm

4H Home School Wildlife Club: Beavers: Ecosystem Engineers:

Get outside with 4-H Wildlife Programs! The club will meet twice a month on the second and fourth Tuesday at Reedy Creek Nature Center.

We will examine the benefits and problems that might result from those busy beavers.

Age 8 to 12 - \$5
#26939 Nov 22 Tu 1:30pm to 3:30pm

Walk off the Turkey Hike

Feeling like a stuffed turkey after all the holiday festivities? Join us for a moderately fast fitness hike to work off that holiday meal! The morning hike will be a faster hike of about 4 miles. The afternoon hike will be a moderately paced hike of about 2 miles.

All Ages • **FREE** •
#26942 Nov 25 F 10:00am to 11:30am
#26943 Nov 25 F 2:00pm to 3:00pm

Holiday Harvest Hike for Health

A moderately fast hike for fitness to work off that holiday meal and see some of the fall fruits in the forest. Be prepared to walk 2 - 3 miles over rough trails.

Ages 12 and up • **FREE** •
#26946 Nov 26 Sa 2:00pm to 4:00pm

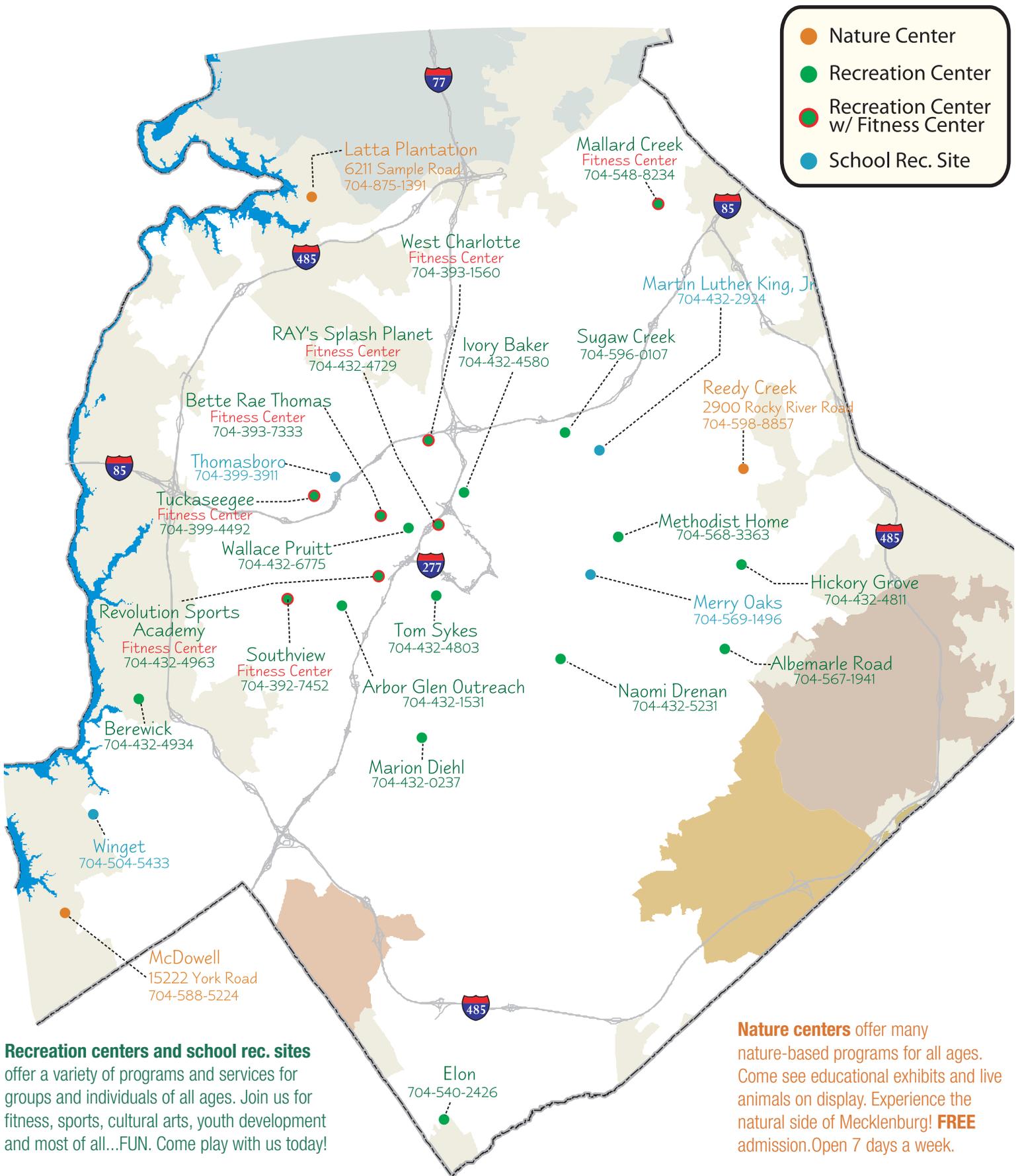
Make a Wisteria Holiday Wreath

Create a rustic vine holiday wreath from an invasive plant. Decorate your wreath with autumn natural objects. Supplies limited - register by November 23!

Ages 12 and up • **FREE** •
#26944 Nov 27 Su 3:30pm to 4:40pm



Mecklenburg County Recreation Centers & School Recreation Sites



Recreation centers and school rec. sites offer a variety of programs and services for groups and individuals of all ages. Join us for fitness, sports, cultural arts, youth development and most of all...FUN. Come play with us today!

Nature centers offer many nature-based programs for all ages. Come see educational exhibits and live animals on display. Experience the natural side of Mecklenburg! **FREE** admission. Open 7 days a week.

RECREATION CENTERS AND SCHOOL RECREATION SITES

Hours vary at each recreation center.
Some offer room rentals for birthday parties
and events. Call the recreation center for
rates, or visit www.parkandrec.com

| | Gymnasium | Multi-purpose Room | Kitchen | Fitness Center | Pool/ Water park | Computer Lab | Youth Activity Room | Ray's Playhouse | Lockers/Showers | Performing Arts Room | Stage | Dance Studio |
|---|-----------|--------------------|---------|----------------|------------------|--------------|---------------------|-----------------|-----------------|----------------------|-------|--------------|
| Albemarle Road Recreation Center 5027 Idlewild Road North | ● | ● | ● | | | | ● | | | | | |
| Arbor Glen Outreach Center 1520 Clanton Road | ● | ● | | | | | | | | | | |
| Berewick Recreation Center 5910 Dixie River Road | ● | ● | | | | | | ● | | | ● | |
| Bette Rae Thomas Recreation Center 2921 Tuckaseegee Road | ● | ● | ● | ● | | ● | ● | | | | | |
| Elon Recreation Center 11401 Ardrey Kell Road | ● | ● | ● | | | | ● | | | | | |
| Hickory Grove Recreation Center 6709 Pence Road | ● | ● | | | | ● | | ● | | | ● | |
| Ivory Baker Recreation Center 1920 Stroud Park Court | ● | ● | | | | ● | | | | | | |
| Mallard Creek Recreation Center 2530 Johnston-Oehler Road | ● | ● | ● | ● | | ● | | ● | | | | |
| Marion Diehl Recreation Center 2219 Tyvola Road | ● | ● | ● | | ● | | | | ● | | | |
| Martin Luther King Jr. School Recreation Site 500 Bilmark Avenue | ● | ● | | | | | | | | | | ● |
| Merry Oaks School Recreation Site 508 Draper Avenue | ● | ● | | | | ● | | | | | | |
| Methodist Home Recreation Center 3200 Shamrock Drive | ● | ● | ● | | | | | | | | | |
| Naomi Drenan Recreation Center/ Grayson SkatePark 750 Beal Street | ● | ● | ● | | | | ● | | | | | |
| Ray's Splash Planet 215 N Sycamore Street | ● | ● | | ● | ● | | | | | | | ● |
| Revolution Park Sports Academy 1225 Remount Road | | | | | | | | | | | | |
| Southview Recreation Center 1720 Vilma Street | ● | ● | ● | ● | | ● | | ● | | | | |
| Sugaw Creek Recreation Center 943 W. Sugar Creek Road | ● | ● | ● | | | | | | | | | |
| Thomasboro School Recreation Site 538 Bradford Drive | ● | ● | | | | | | | | | | |
| Tom Sykes Recreation Center 1501 Euvlid Avenue | ● | ● | | | | | | | | ● | ● | ● |
| Tuckaseegee Recreation Center 4820 Tuckaseegee Road | ● | ● | | ● | | | ● | | ● | | | |
| Wallace Pruitt Recreation Center 440 Tuckaseegee Road | ● | ● | ● | | | | ● | ● | | | | |
| West Charlotte Recreation Center 2400 Kendall Drive | ● | ● | ● | ● | | | ● | | | | | |
| Winget School Recreation Site 12235 Winget Road | ● | | | | | | | | | | | |



Young Athletes Program



Sign up to become a Young Athlete through the Therapeutic Recreation Section and Special Olympics North Carolina! Throughout the 2011-2012 school year Mecklenburg County Park and Recreation will be providing group programs designed to help children with disabilities improve their basic sports skills. Each lesson focuses on a different area, such as running, jumping, throwing, catching, kicking, and more! This year we will be programming for both public and private programs for children ages 2-7, so contact us today to get your child's classroom involved! For more information contact angela.conti@mecklenburgcountync.gov or 704.432.4329.



Therapeutic Recreation Programs and Activities

Dine and Dance!

Spend an evening out with your friends, eating great food and dancing the night away! One Friday each month, the Therapeutic Recreation Section hosts a Supper Club and a themed Dance for teens and adults (ages 13 and up). Come as you are, or dress up for the occasion! For more information about these popular programs, contact TRinfo@MecklenburgCountyNC.gov or 704.432.0237.



Returning for Fall... Daytime Programs for Adults!

Learn how to slice, dice, bake and sauté...keep your body moving to music...or grow your garden green! Continuing programs for adults (ages 18 and up) include Adult Cooking Classes, Dance & Fitness, and Gifted Gardeners. To learn more about these fun and educational classes, contact Karen.Howard@MecklenburgCountyNC.gov or 704.432.4325.



Don't forget to get on the mailing list so you can stay up to date!
Visit: <http://TR.Charmeck.org>
to find out more about all the programs offered by Therapeutic Recreation. No matter what your age or what kinds of disability you may have, we have programs that are sure to keep you involved in the community and having fun.



ATHLETICS

Basketball: Start Smart

Children learn the basic motor skills necessary to play organized basketball while they work one-on-one and spend quality time with their parents. Focus is on teaching children and their parents skills in dribbling, ball handling, passing, catching, shooting and running or agility. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4806.

Ages 3 to 5-\$55

Tom Sykes Recreation Center

24893 Sep 8-Oct 13 Th 6:00pm to 7:00pm

Nemo Basketball

Participants will learn the basics of basketball. Practices one night a week and games on Saturday. For more information contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704.432.1531.

Ages 3 to 4-\$40

Arbor Glen Outreach Center

25377 Sep 10-Oct 15 Sa 10:30am to 1:00pm

Ivory Baker Recreation Center

27061 Sep 10-Oct 15 Sa 10:30am to 1:00pm

Tuckaseegee Recreation Center

26699 Sep 10-Oct 15 Sa 10:30am to 1:00pm

Shorty Sporty Soccer

Tots will get moving while learning the lead up skills of various sports. Parent participation required. For information contact, HickoryGroveRecreationCenter@MecklenburgCountyNC.gov or 704.432.4811.

Ages 4 to 7-\$15

Hickory Grove Recreation Center

25609 Oct 4-Oct 25 Tu 6:00pm to 7:00pm

CULTURAL ARTS

Art Adventures (Preschool)

Your tiny tot will be using their fingers to develop their creativity. Through exploring the many uses of paint, glue, crayons and other mixed media participants they will make a variety of arts and crafts. Art adventures meets the 1st and 3rd Wednesday of the month and requires pre-registration. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 3 to 4-\$2

Tom Sykes Recreation Center

25316 Sep 7 W 10:30am to 11:30am

25317 Sep 21 W 10:30am to 11:30am

25318 Oct 5 W 10:30am to 11:30am

25319 Oct 19 W 10:30am to 11:30am

25320 Nov 2 W 10:30am to 11:30am

25321 Nov 16 W 10:30am to 11:30am

Art: Paint Without Brushes

Kids will enjoy getting creative with paint, while painting their own masterpieces. Pre-registration required! Parent guided class. For information, contact MallardCreekRecreationCenter@MecklenburgCountyNC.gov at 704.548.8234.

Ages 2 to 6-\$2

Mallard Creek Recreation Center

25970 Sep 7 W 10:00am to 11:00am

25971 Oct 5 W 10:00am to 11:00am

25972 Nov 2 W 10:00am to 11:00am

Art: Sponge Painting

Get messy and creative with paint in this a parent guided class. Clothing may get stained - dress appropriately. For more information contact MallardCreekRecreationCenter@MecklenburgCountyNC.gov or 704.548.8234.

Ages 2 to 6-\$2

Mallard Creek Recreation Center

| | | | |
|-------|--------|---|--------------------|
| 25973 | Sep 12 | M | 10:00am to 11:00am |
| 25974 | Sep 26 | M | 10:00am to 11:00am |
| 25975 | Oct 10 | M | 10:00am to 11:00am |
| 25976 | Oct 24 | M | 10:00am to 11:00am |
| 25977 | Nov 14 | M | 10:00am to 11:00am |
| 25978 | Nov 28 | M | 10:00am to 11:00am |

Arts for Tots

This program will promote dramatic play, confidence, body awareness and social skills through theatre, song, dance, creative expression and craft projects. Parent participation is required. For more information, contact

BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.432.3084.

Ages 1 to 5-\$2

Bette Rae Thomas Recreation Center

25442 Ongoing Tu 10:00am to 11:00am

Cooking: Mini Chefs

Children will have fun getting messy while following recipes and creating healthy foods. Each child will leave with a recipe card. Parent participation required. For more information contact the Recreation Center listed.

Ages 3 to 6-\$4



Hickory Grove Recreation Center

25606 Sep 15 Th 10:30am to 11:30am

25607 Oct 20 Th 10:30am to 11:30am

25608 Nov 17 Th 10:30am to 11:30am

Mallard Creek Recreation Center

25984 Sep 15 Th 10:00am to 11:00am

25985 Oct 20 Th 10:00am to 11:00am

25986 Nov 17 Th 10:00am to 11:00am

25988 Sep 15 Th 11:15am to 12:15pm

25990 Oct 20 Th 11:15am to 12:15pm

25993 Nov 17 Th 11:15am to 12:15pm

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on E-parks at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed. **COME** to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

Pre-School Programs and Activities

Methodist Home Recreation Center

25551 Sep 27 Tu 6:00pm to 7:30pm
 25552 Oct 11 Tu 6:00pm to 7:30pm
 25553 Oct 31 M 6:00pm to 7:30pm
 25554 Nov 8 Tu 6:00pm to 7:30pm
 25555 Nov 15 Tu 6:00pm to 7:30pm

Creative Arts For Tiny Tots

Tots will explore creative dramatics through art, drama, music, and storytelling. For more information contact

ElonRecreationCenter@MecklenburgCountyNC.gov or 704.540.2426
 Ages 3 to 5-\$2

Elon Recreation Center

25284 Sep 1-Oct 13 Th 10:00am to 10:45am

Dance: Ballet

You remember their first steps, she'll remember her first plie; your child will enjoy learning ballet. The Royal Academy of Dance syllabus is taught by a trained professional dancer. For more information or to register contact Amanda Sheppard at ukmiz@aol.com or call 704.542.5777.

Ages 3 to 5-\$40

Elon Recreation Center

27081 Sep 1-Sep 29 Tu & Th 3:00pm to 3:30pm
 27082 Oct 4-Oct 27 Tu & Th 10:15am to 10:45am
 27083 Nov 1-Nov 29 Tu & Th 10:15am to 10:45am

Kids Kraft

Have fun learning and painting while making theme related crafts. For more information, contact the recreation center offering the program.

Ages 5 to 12 • **FREE** •

Ivory Baker Recreation Center

27180 Ongoing M & Th 4:00pm to 5:00pm

Tuckaseegee Recreation Center

27177 Ongoing Th 10:00am to 11:00am

Krafty Kids

Have fun learning and painting while making theme related crafts. For more information, contact the recreation center offering the program.

Ages 2 to 6-\$3

Mallard Creek Recreation Center

26024 Sep 6 Tu 10:00am to 11:00am
 26025 Sep 20 Tu 10:00am to 11:00am
 26026 Oct 4 Tu 10:00am to 11:00am
 26027 Oct 18 Tu 10:00am to 11:00am
 26028 Nov 1 Tu 10:00am to 11:00am
 26029 Nov 15 Tu 10:00am to 11:00am

Little Diva Dance

Little Diva Dance is a ballet, tap and creative dance program designed to teach children a life-long love of movement and provide a foundation for all dance genres. Divas participate in a weekly session which includes ballet and tap technique, movement patterns and games, and dramatic play. For more information, visit www.launchyourkids.com/little-diva-dance.htm or email hillaryfulgum@gmail.com

Ages 30 mo to 4 yrs-\$45

Tom Sykes Recreation Center

24932 Ongoing M 5:00pm to 6:00pm

Music Together of Charlotte

Ongoing Program: Experience the joy of sharing music with your child as you both learn to sing, dance and play instruments together. For more information, contact musictogetherofofcharlotte@gmail.com or 704.449.6761.

Ages 8 mo to 5 yrs-\$185

Tom Sykes Recreation Center

24672 Ongoing M-Sa 9:00am to 5:00pm

Parent and Tot Splash Time

Parents and toddlers can enjoy valuable play time together on various Mondays in the splash park. Visit www.rayssplashplanet.com for a complete schedule. No registration required. For more information, call 704-432-4729.

Ages 1 to 5-\$3

Ray's Splash Planet

Social: Parent and Tot Splash Time
 26080 Call for dates M 10:00am to 3:00pm

Tiny Tots Story Time

Enjoy an hour of interactive story time followed by an art or craft activity. Creativity will come alive as social skills are developed.

Ages 3 to 5-\$2

Hickory Grove Recreation Center

25610 Sep 22 Th 10:30am to 11:30am

Ivory Baker Recreation Center

25432 Ongoing F 11:00am to 12:00pm

FITNESS AND WELLNESS

Little Buddy Yoga

Ongoing Program: What allows kids to use a lot of energy, make funny noises, relax and learn to focus all at the same time? Yoga! Children will learn basic yoga terminology, a variety of poses and meditation techniques. For more information, visit www.launchyourkids.com.

Ages 3 to 5-\$35

Tom Sykes Recreation Center

24869 Ongoing M 4:30pm to 5:00pm

Toddler Time

Toddler Time is designed to keep children active and develop the four major learning styles (cognitive, social, physical and emotional.) Preschoolers and parents will learn, explore and interact with age appropriate crafts. For more information contact NaomDrenanRecreationCenter@MecklenburgCountyNC.gov or (704) 432-5231.

Ages 1 to 3-\$2

Naomi Drenan Recreation Center

25203 Ongoing Tu 10:00am to 11:30am

HOLIDAY ACTIVITIES

The Great Pumpkin Patch Party

We'll have so much fun in our costumes searching for the Great Pumpkin. As we wait, we will paint pumpkins, listen to stories, and make a simple craft. For more information, contact

TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 3 to 5-\$5

Tom Sykes Recreation Center

25187 Oct 27 Th 10:30am to 11:30am

SOCIAL ACTIVITIES

Playdates at Ray's Playhouse

Themed activities. Parent participation required. Pre-Registration Required. Includes daily pass for Ray's Playhouse.

Ages 3 to 6-\$4

Hickory Grove Recreation Center

Dinosaurs

25623 Sep 8 Th 10:30am to 11:30am

Halloween Costume Party Parade

25624 Nov 3 Th 10:30am to 11:30am

Thanks & Giving

25625 Nov 24 Th 10:30am to 11:30am

Preschool Adventures

Let's explore something different in each adventure we take. As preschoolers develop their socialization skills they will also enjoy fun and creative themed activities on the 2nd and 4th Wednesdays of each month. Parents are required to stay with for the programs. Pre-registration is required for the program. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 3 to 5-\$4

Tom Sykes Recreation Center

25509 Sep 14 W 10:30am to 11:30am

25510 Sep 28 W 10:30am to 11:30am

Preschool Adventures- Teddy Bear Tea Party

25511 Oct 12 W 10:30am to 11:30am

25512 Oct 26 W 10:30am to 11:30am

25513 Nov 9 W 10:30am to 11:30am

25514 Nov 30 W 10:30am to 11:30am

Ray Play

A great way for your tot to make new friends and play through a variety of interactive, age-appropriate toys and games. Parental participation required.

Ages 2 to 6-\$2

Mallard Creek Recreation Center

26048 Sep 8 Th 10:00am to 11:00am

26049 Sep 22 Th 10:00am to 11:00am

26050 Oct 13 Th 10:00am to 11:00am

26051 Oct 27 Th 10:00am to 11:00am

26052 Nov 10 Th 10:00am to 11:00am

26053 Nov 22 Tu 10:00am to 11:00am

Methodist Home Recreation Center

25591 Ongoing F 10:00am to 11:00am

Sugaw Creek Recreation Center

26644 Ongoing Tu 10:00am to 1:00pm

Social: Ray's Playhouse

Families are encouraged to interact and have fun in our Youth Activity Room. Enjoy age appropriate toys and get your child ready for school through play. Parent involvement required.

Ages 7-Under-\$1

Hickory Grove Recreation Center

25046 Ongoing M-F 12:00pm to 5:00pm

Tuck's Tots

Join other preschoolers as we explore games, fun, and arts and crafts together. For more information, contact

TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

All Ages • **FREE** •

Tuckaseegee Recreation Center

25951 Ongoing Tu 10:00am to 11:00am



RAY'S PLAYHOUSE

What a cool place for pre-schoolers to visit or have a birthday party....

5 great sites... different amenities...

Visit and play, \$2.00, or rent the playroom for a party for \$41.00 per hour!



Berewick Recreation Center

5910 Dixie River Road
Charlotte, NC 28278
Phone: 704-432-4934

Hickory Grove Recreation Center

6709 Pence Road
Charlotte, NC 28215
704-432-4811



Mallard Creek Recreation Center

2530 Johnston-Oehler Road
Charlotte, NC 28269
704-548-8234

Southview Recreation Center

1720 Vilma Street
Charlotte, NC 28208
704-392-7452

Wallace Pruitt Recreation Center

440 Tuckaseegee Road
Charlotte, NC 28208
Phone: 704-432-6775

***VISIT OR CALL TODAY**
SOME TIME RESTRICTIONS APPLY!!!



4-H 4H Health & Fitness

Ongoing : Join the 4H group in learning about staying healthy and leading healthy lifestyles using health projects and activities (curriculum by the National 4H Cooperative). For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 7 to 12 • **FREE** •

Bette Rae Thomas Recreation Center

25445 Ongoing Th 4:00pm to 5:00pm

Club: 4-H Recreation Center Clubs

4-H program that exposes youth to science, social activities, civic and community service.

Ages 7 to 12 • **FREE** •

Hickory Grove Recreation Center

25633 Ongoing Th 4:30pm to 6:00pm

Ivory Baker Recreation Center

25495 Ongoing Tu 4:00pm to 5:00pm

Wallace Pruitt Recreation Center

25329 Ongoing Tu 4:00pm to 5:00pm

Club: 4-H Homeschool

Homeschool students will use the 'Treasures of 4-H' curriculum and complete a variety of activities in areas of plants, animals, foods, citizenship, communications, leadership and more. For more information, contact

MarionDiehlRecreationCenter@MecklenburgcountyNC.gov or 704.432.4332.

Ages 6 to 16 • **FREE** •

Marion Diehl Recreation Center

25131 Ongoing F 11:00am to 1:00pm

Club: 4-H Photography

Learn the basics of photography, take lots of pictures and showcase your work to friends and family.

Ages 11 to 15 • **FREE** •

Methodist Home Recreation Center

25613 Sep 29-Oct 27 Th 6:00pm to 8:00pm

ATHLETICS

Basketball & Beyond Clinics

Boys and girls will participate in basic fundamentals and individual basketball drills as they look to improve their overall skills. For more information, contact IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.432.4580.

Ages 8 to 13 \$15

Ivory Baker Recreation Center

25459 Oct 28 F 9:00am to 6:00pm

25460 Nov 11 F 9:00am to 6:00pm

25461 Nov 23 W 9:00am to 6:00pm

Basketball Skills Challenge

Boys and girls will have the opportunity to showcase their dribbling, passing and shooting skills. Winners will receive trophies and awards.

Ages 8 to 11 • **FREE** •

Hickory Grove Recreation Center

25611 Oct 22 Sa 11:00am to 1:00pm

Ivory Baker Recreation Center

25458 Sep 17 Sa 11:00am to 1:00pm

Cross Country: Cross Country & Character Education

Course is an introduction to Cross Country training and character development concepts: respect, responsibility, citizenship, perseverance, teamwork, and hope. (Program is a partnership with Cross Country for Youth and participants will have to pay a reduced fee of \$65 to the organization)

Ages 8 to 12-\$65

Sugaw Creek Recreation Center

26693 Sep 12-Nov 28 M 4:00pm to 6:00pm

Ages 8 to 11 \$5

Winget School Recreation Site

25157 Sep 8-Sep 29 Th 4:30pm to 5:30pm

Golf: Instructional Clinic

Instructional golf clinic designed to introduce the basics of golf with modified, age appropriate equipment. Parental participation required. For more information, contact

WingateRecreationSite@MecklenburgCountyNC.gov or 704.504.5433.

Ages 8 to 11 \$5

Winget School Recreation Site

25157 Sep 8-Sep 29 Th 4:30pm to 5:30pm

Lacrosse Clinic

Learn the basic fundamentals of Lacrosse through hands on practice and video. For information, contact SugawCreekRecreationCenter@MecklenburgCountyNC.gov or 704.596.0107.

Ages 8 to 12 • **FREE** •

Sugaw Creek Recreation Center

26660 Oct 28 F 10:00am to 12:00pm

Thomasboro Youth Basketball Clinic

Come learn the basics of Basketball before the upcoming season. For more information contact ThomasboroRecreationSite@MecklenburgCountyNC.gov or call 704-399-3911.

Ages 7 to 10 • **FREE** •

Thomasboro School Recreation Site

26351 Sep 1-Oct 27 Th 6:00pm to 7:30pm



Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Eparks at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed.

COME to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

Elementary Programs and Activities



CULTURAL ARTS

Art Adventures

Build the fundamentals of art awareness and learn the 'language' of art. Explore drawing, painting, collage, and construction, designed around themes to develop your imagination and observation skills. Art Adventures meets the 1st and 3rd Tuesday of each month and pre-registration is required. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 5 to 10 \$2

Tom Sykes Recreation Center

| | | | |
|-------|--------|----|------------------|
| 24718 | Sep 6 | Tu | 2:45pm to 4:00pm |
| 24719 | Sep 20 | Tu | 2:45pm to 4:00pm |
| 24720 | Oct 4 | Tu | 2:45pm to 4:00pm |
| 24721 | Nov 1 | Tu | 2:45pm to 4:00pm |
| 24722 | Nov 15 | Tu | 2:45pm to 4:00pm |
| 25186 | Oct 18 | Tu | 2:45pm to 4:00pm |

Arts & Crafts 101

Make a variety of fun, creative and original artwork to be displayed. For more information, contact WingateRecreationSite@MecklenburgCountyNC.gov

Ages 8 to 11 - \$3

Winget School Recreation Site

| | | | |
|-------|-------|---|------------------|
| 25156 | Sep 7 | W | 4:30pm to 5:30pm |
|-------|-------|---|------------------|

Ballet Dance Classes

Come mesmerize yourself and get fit through the art of dance! Includes all styles of Ballet. Contact Stacie Smith at 704-975-7736

All Ages Contact Instructor

Tuckasegee Recreation Center

| | | | |
|-------|---------|----|------------------|
| 25921 | Ongoing | Tu | 6:00pm to 8:00pm |
|-------|---------|----|------------------|

Cheer: Young Champions

Children will learn the basics and improve their current skills of cheer, dance, and stunts. For information contact Young Champions at 1.877.313.6893.

Ages 4 and older - \$5

Mallard Creek Recreation Center

| | | | |
|-------|---------|----|------------------|
| 25979 | Ongoing | Tu | 6:00pm to 8:30pm |
|-------|---------|----|------------------|

Chess Club

Join us for Chess and Chess Lessons For more information, contact ElonRecreationCenter@MecklenburgCountyNC.gov or 704.540.2426.

Ages 6 to 15 - \$5 /\$10

Elon Recreation Center

| | | | |
|-------|---------|----|-------------------|
| 25275 | Ongoing | Tu | 11:00am to 1:00pm |
|-------|---------|----|-------------------|

Dance School: KDK On The Road

Ongoing: Offering a variety of dance classes consisting of jazz, ballet, lyrical, hip hop and tap for all ages and genders. For more information/registration, contact Patricia Brinson at 704.299.2442.

Ages 3 to 14 - \$25

Hickory Grove Recreation Center

| | | | |
|-------|---------|----|------------------|
| 25043 | Ongoing | Tu | 6:00pm to 8:00pm |
| 26957 | Ongoing | M | 6:00pm to 7:30pm |

Dance: Ballet

You remember their first steps, she'll remember her first plie; your child will enjoy learning ballet. The Royal Academy of Dance syllabus is taught by a trained professional dancer. For more information or to register contact Amanda Sheppard at ukmiz@aol.com or call 704.542.5777.

Ages 5-9 - \$40

Elon Recreation Center

| | | | |
|--|---------|----|------------------|
| Dance: Ballet ages 5-7 | | | |
| 25288 | Ongoing | Th | 3:30pm to 4:15pm |
| Dance: Ballet ages 6-9 | | | |
| with at least 2 years of ballet experience | | | |
| 25966 | Ongoing | Th | 2:00pm to 2:45pm |

Dance: Hip Hop Dance

This class is designed to promote coordination, confidence, artistic expression and physical fitness through the development of rhythmical awareness and dance education. For information contact Young Champions of America at 1.888.655.9404 or 919.535.8304

Ages 4 to 14 - \$7

Hickory Grove Recreation Center

| | | | |
|-------|---------|---|------------------|
| 25031 | Ongoing | W | 5:30pm to 8:00pm |
|-------|---------|---|------------------|

Mallard Creek Recreation Center

| | | | |
|-------|---------|---|------------------|
| 25995 | Ongoing | W | 6:00pm to 9:00pm |
|-------|---------|---|------------------|

Dance: Making a Difference Everywhere (M.A.D.E.)

Ongoing: M.A.D.E. - Making A Difference Everywhere, cheer and dance provides fun, structured classes that will help your child learn the basics of ballet, tap, hip-hop, jazz and cheer. Financial aid available. For more information, contact Eisha Williamson at madecheerdance@hotmail.com or 704.333.4062.

Ages 3 to 15 - \$5

Elon Recreation Center

| | | | |
|-------|---------|----|------------------|
| 25294 | Ongoing | Th | 5:30pm to 7:30pm |
|-------|---------|----|------------------|

Thomasboro School Recreation Site

| | | | |
|-------|---------|---|------------------|
| 26183 | Ongoing | M | 5:45pm to 6:30pm |
|-------|---------|---|------------------|

Tom Sykes Recreation Center

| | | | |
|-------|---------|---|------------------|
| 24935 | Ongoing | W | 6:00pm to 8:30pm |
|-------|---------|---|------------------|

Music: CSA Piano Lessons

Could your child be the next musical prodigy? Learn to play the instrument that has made many people famous. For more information, contact the Community School of the Arts 704.887.0291 or www.csarts.org.

Ages 5 to 18 - \$24/\$47

Elon Recreation Center

| | | | |
|-------|---------|-----|------------------|
| 25306 | Ongoing | M-F | 3:00pm to 7:30pm |
|-------|---------|-----|------------------|

Music: CSA Suzuki Violin Classes

In addition to violin instruction, your child can have more personal lessons taught by professionally certified instructors who teach the repertoire and teachings philosophy of Dr. Shinichi Suzuki. For more information, contact the Community School of the Arts 704.887.0291 or www.csarts.org.

Ages 5 to 30 - \$26 /\$37.50 /\$49

Elon Recreation Center

| | | | |
|-------|---------|--------|------------------|
| 25309 | Ongoing | Tu;W;F | 2:30pm to 5:30pm |
|-------|---------|--------|------------------|

NC Dance Theatre REACH Program

North Carolina Dance Theater is providing dance instruction and performing opportunities. Auditions week of August 15. For more information, contact April Berry at 704.372.0101 x 109.

Ages 8 to 10 • **FREE** •

Ivory Baker Recreation Center

| | | | |
|-------|---------|---|------------------|
| 27497 | Ongoing | M | 5:00pm to 7:00pm |
|-------|---------|---|------------------|

Naomi Drenan Recreation Center

| | | | |
|-------|---------|----|------------------|
| 25216 | Ongoing | Tu | 5:00pm to 7:00pm |
|-------|---------|----|------------------|

Albemarle Road Recreation Center

| | | | |
|-------|---------|---|------------------|
| 27502 | Ongoing | W | 5:00pm to 7:00pm |
|-------|---------|---|------------------|

Bette Rae Thomas Recreation Center

| | | | |
|-------|---------|----|------------------|
| 27500 | Ongoing | Th | 5:00pm to 7:00pm |
|-------|---------|----|------------------|

Young Champion Hip-Hop & Karate

Teaches the basics of Karate and also teaching various hip-hop dance routines. For more information call 704-399-3911

Ages 4 to 12 - \$7

Thomasboro School Recreation Site

| | | | |
|-------|---------|--------|------------------|
| 26373 | Ongoing | Tu & W | 6:00pm to 8:00pm |
|-------|---------|--------|------------------|

EDUCATIONAL PROGRAMS

Homeschool: The Scoop

Homeschool group that meets on Mondays. For more information please contact Missy Willis at missywillis@live.com

Ages 6 to 13 - \$17.50 /\$35

Elon Recreation Center

| | | | |
|-------|---------|---|-------------------|
| 25300 | Ongoing | M | 12:00pm to 4:00pm |
|-------|---------|---|-------------------|

i-Read

Each week participants read books in an effort to meet or exceed the minimum standard of monthly pages read and receive incentives. For more information, contact

IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.432.4580.

Ages 5 to 12 • **FREE** •

Ivory Baker Recreation Center

| | | | |
|-------|---------|------|------------------|
| 25425 | Ongoing | M-Th | 4:00pm to 5:00pm |
|-------|---------|------|------------------|

Winget School Recreation Site

| | | | |
|-------|---------|----|------------------|
| 25169 | Ongoing | Tu | 4:15pm to 5:00pm |
|-------|---------|----|------------------|

Rising Above Inc.

Young men learn leadership, life skills and goal setting with guest speakers, field trips and more! For more information contact, AlbemarleRoadRecreationCenter@MecklenburgCountyNC.gov or 704.567.1941.

Ages 8 to 17 • **FREE** •

Albemarle Road Recreation Center

| | | | |
|-------|---------|---|------------------|
| 25028 | Ongoing | W | 6:00pm to 7:30pm |
|-------|---------|---|------------------|

FITNESS AND WELLNESS

Homeschool: Physical Education

Students will be exposed to a variety of physical fitness activities as they develop motor skills and learn the basic lead up skills to different sports such as baseball, tennis, basketball. For more information, contact

IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.432.4580.

Ages 5 to 12 - \$25

Ivory Baker Recreation Center

| | | | |
|-------|---------|-------|--------------------|
| 25455 | Ongoing | M & W | 12:00pm to 12:45pm |
|-------|---------|-------|--------------------|

KidFit

Participants will engage in age appropriate sports and exercises designed to improve strength, balance, flexibility, coordination and overall fitness. For more information, contact

IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.432.4580.

Ages 3 to 5 - \$5

Ivory Baker Recreation Center

| | | | |
|-------|---------|----|------------------|
| 25468 | Ongoing | Tu | 6:30pm to 7:15pm |
|-------|---------|----|------------------|

Little Buddy Yoga

What allows kids to use a lot of energy, make funny noises, relax and learn to focus all at the same time? Yoga! Children will learn basic yoga terminology, a variety of poses and meditation techniques. For more information, visit www.launchyourkids.com.

Ages 5 to 12 - \$35

Tom Sykes Recreation Center

| | | | |
|-------|---------|---|------------------|
| 24866 | Ongoing | M | 3:00pm to 3:30pm |
|-------|---------|---|------------------|

Martial Arts: Young Champions

Students are invited to learn martial arts and self-defense with Young Champions. For more information contact Young Champions at 1.877.313.6893.

Ages 4 to 18 - \$6

Berewick Recreation Center

| | | | |
|-------|---------|----|-------------------|
| 25189 | Ongoing | Sa | 12:00pm to 2:00pm |
|-------|---------|----|-------------------|

Colonel Francis Beatty Park

| | | | |
|-------|---------|----|------------------|
| 24838 | Ongoing | Tu | 5:15pm to 8:30pm |
|-------|---------|----|------------------|

Mallard Creek Recreation Center

| | | | |
|-------|---------|----|------------------|
| 26045 | Ongoing | Th | 6:00pm to 8:30pm |
|-------|---------|----|------------------|

HOLIDAY ACTIVITIES

Fall Festival

This program will provide an enjoyable and safe environment for children and adults to complete pumpkin carving and other arts and crafts. For more information, contact SugawCreekRecreationCenter@MecklenburgCountyNC.gov or 704.596.0107.

Ages 5+ • **FREE** •

Sugaw Creek Recreation Center

| | | | |
|-------|--------|----|-------------------|
| 26659 | Oct 27 | Th | 10:00am to 2:00pm |
|-------|--------|----|-------------------|

Kids Halloween Craft

Kids will make creative Halloween crafts, with the assistance of their Parents, in a fun social environment. For more information, contact ElonRecreationCenter@MecklenburgCountyNC.gov or 704.540.2426.

Ages 5 to 12 • **FREE** •

Elon Recreation Center

| | | | |
|-------|--------|----|------------------|
| 25314 | Oct 18 | Tu | 4:00pm to 5:00pm |
|-------|--------|----|------------------|

Spooktacular Pumpkins

Join us for an afternoon of pumpkin painting, spooky crafts and ghoulish games. Participants will get to take home their decorated pumpkin. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 5 to 12 - \$5

Tom Sykes Recreation Center

| | | | |
|-------|--------|---|------------------|
| 24974 | Oct 21 | F | 2:45pm to 5:00pm |
|-------|--------|---|------------------|

SCHOOL DAY OUT (CMS)

Out of School - PLAY Days

Offers a variety of activities on CMS Out of School days to keep participants moving and engaged. Activities may include sports, games, social time, fitness and fun activities.

Ages 5 to 12 - \$20

Mallard Creek Recreation Center

| | | | |
|-------|--------|---|------------------|
| 27335 | Oct 28 | F | 7:30am to 5:30pm |
| 27336 | Nov 25 | F | 7:30am to 5:30pm |

Ray's Splash Planet

| | | | |
|-------|--------|---|------------------|
| 26093 | Nov 25 | F | 8:30am to 4:30pm |
| 26094 | Nov 11 | F | 8:30am to 4:30pm |
| 26095 | Nov 23 | W | 8:30am to 4:30pm |

Play the Day Away

Schools out and all we want to do is play. We will enjoy arts and crafts, games, adventures and more. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 5 to 10 - \$20

Tom Sykes Recreation Center

Elementary Programs and Activities

| | | | |
|-------|--------|---|------------------|
| 24729 | Oct 28 | F | 9:00am to 5:00pm |
| 25059 | Nov 11 | F | 9:00am to 5:00pm |
| 25060 | Nov 23 | W | 9:00am to 5:00pm |

SOCIAL ACTIVITIES

Building Blocks

Learn building engineering in a fun and creative way. Parent participation required. Pre-Registration Required. For more information, contact HickoryGroveRecreationCenter@MecklenburgCountyNC.gov or 704.432.4811. Ages 6 to 10 - \$2

Hickory Grove Recreation Center

25627 Ongoing Tu 4:15pm to 5:15pm

Club: Cub Scouts

Ongoing: Promotes character, citizenship, cooperation, respect and personal fitness. Includes indoor/outdoor activities and trips. For more information, contact SugawCreekRecreationCenter@MecklenburgCountyNC.gov or 704.596.0107.

Ages 8 to 12 • **FREE** •

Sugaw Creek Recreation Center

| | | | |
|-------|--------|----|------------------|
| 26694 | Sep 22 | Th | 6:00pm to 8:00pm |
| 26695 | Oct 20 | Th | 6:00pm to 8:00pm |
| 26696 | Nov 17 | Th | 6:00pm to 8:00pm |
| 26697 | Dec 15 | Th | 6:00pm to 8:00pm |

Fantastic Fridays

We will kick back and relax and just play. Bring your friends and gear up for an afternoon of fun and excitement. Pre-registration is required. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 5 to 12 - \$5

Tom Sykes Recreation Center

| | | | |
|-------|--------|---|------------------|
| 24730 | Sep 30 | F | 2:45pm to 5:00pm |
| 25516 | Nov 18 | F | 2:45pm to 5:00pm |

Games Galore

An opportunity to play cards or board games and make new friends. For more information, contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704.432.1533.

Ages 7 to 14 • **FREE** •

Arbor Glen Outreach Center

25920 Ongoing W 6:30pm to 7:30pm

Girl Scouts

In Girl Scouts, girls discover the fun, friendship, and power of girls together. Girl Scouting helps girls develop their full individual potential; relate to others with increasing understanding, skill, and respect; develop values to guide their actions and provide the foundation for sound decision-making; and contribute to the improvement of society through their abilities, leadership skills, and cooperation with others. For more information, contact Heather at hrwolfe@bellsouth.net.

Ages 5 to 6 - \$2 /\$12

Tom Sykes Recreation Center

24854 Ongoing Tu 6:00pm to 7:30pm



| | | | |
|--------------------------------------|---------|----|------------------|
| Winget School Recreation Site | | | |
| 25152 | Ongoing | Tu | 6:30pm to 7:30pm |

Interactive Gaming

Sharpen your skills through interactive video games including the latest games. Interactive Gaming meets the 1st and 3rd Thursdays of the month and requires pre-registration. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 5 to 12 - \$1

Tom Sykes Recreation Center

| | | | |
|-------|--------|----|------------------|
| 24723 | Sep 1 | Th | 2:45pm to 5:00pm |
| 24724 | Sep 15 | Th | 2:45pm to 5:00pm |
| 24725 | Oct 6 | Th | 2:45pm to 5:00pm |
| 24726 | Oct 20 | Th | 2:45pm to 5:00pm |
| 24727 | Nov 3 | Th | 2:45pm to 5:00pm |
| 24728 | Nov 17 | Th | 2:45pm to 5:00pm |
| 24904 | Sep 29 | Th | 2:45pm to 5:00pm |

Lego Engineering

Learn by making and developing creative, social and expressive skills. We will work together to build cool projects. Lego Engineering meets the 2nd and 4th Tuesdays of the month and requires pre-registration. For more information, contact

TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4806.

Ages 5 to 10 - \$2

Tom Sykes Recreation Center

| | | | |
|-------|--------|----|------------------|
| 24712 | Sep 13 | Tu | 2:45pm to 4:00pm |
| 24713 | Sep 27 | Tu | 2:45pm to 4:00pm |
| 24714 | Oct 11 | Tu | 2:45pm to 4:00pm |
| 24715 | Oct 25 | Tu | 2:45pm to 4:00pm |
| 24716 | Nov 8 | Tu | 2:45pm to 4:00pm |
| 24717 | Sep 27 | Tu | 4:45pm to 5:45pm |
| 24941 | Sep 13 | Tu | 4:45pm to 5:45pm |
| 24942 | Oct 11 | Tu | 4:45pm to 5:45pm |
| 24943 | Oct 25 | Tu | 4:45pm to 5:45pm |
| 24944 | Nov 8 | Tu | 4:45pm to 5:45pm |

Sizzling Sports Afternoons!

Participants will have fun learning the basics of a different sport, we will offer soccer, football, basketball, and some non-traditional sports. This program meets the 2nd and 4th Thursdays of the month and pre-registration is required. For more information, contact

TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4806.

Ages 5 to 12 - \$5

Tom Sykes Recreation Center

| | | | |
|-------|--------|----|------------------|
| 24847 | Sep 8 | Th | 2:45pm to 5:00pm |
| 24848 | Sep 22 | Th | 2:45pm to 5:00pm |
| 24849 | Oct 13 | Th | 2:45pm to 5:00pm |
| 24850 | Oct 27 | Th | 2:45pm to 5:00pm |
| 24851 | Nov 10 | Th | 2:45pm to 5:00pm |

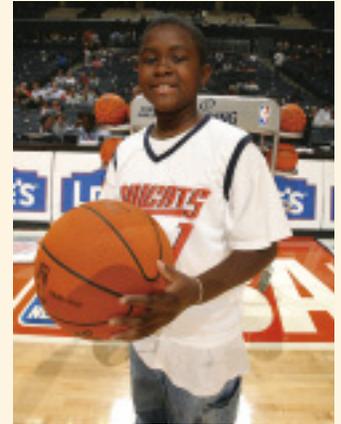
Spotlight Youth Team Sports

BASKETBALL

Registration:

Sept. 26 – Oct 21

Our youth basketball program puts the fun in fundamentals! We are a part of the Jr. Bobcats program offering teams for boys and girls ages 4 to 18.



All leagues are recreational and players compete in 2-year age groups. \$65 fee includes playing time, uniform and trophy. Call 311 for team and registration information.

NCDT REACH! Program

North Carolina Dance Theatre's Community Outreach Dance Program entitled NCDT REACH! makes quality dance training accessible to students with evidenced financial need who demonstrate a natural gift for dance and the potential to be trained in dance. The program will afford students the opportunity to enrich their lives through dance classes, and performances, promoting a strong work ethic, discipline, self-esteem and an appreciation for the art form. The program provides two-three dance classes per week, for twenty-nine consecutive weeks, at no cost to families. All classes are taught by experienced, professional teaching artists. Students may have little or no previous dance training to audition, but should have a desire and commitment to study dance in a disciplined environment, and should exhibit the potential to learn ballet as well as other dance forms.



Auditions are being held the week of August 15th. For more information, contact April Berry at 704.372.0101 x 109.





ATHLETICS

Fencing

Join the School of Fencing group and learn the ins and outs of one of the world's oldest sports. Fencing is fast paced, exciting and challenging, but a safe and fun activity. For more information, call Adam Kuchavik at 704.654.6739 or www.schooloffencing.com.

Ages 9 to 50 - \$65

Elon Recreation Center

25297 Ongoing M 6:00pm to 7:00pm

Field Hockey Clinic

Learn the basic fundamentals of Field Hockey through hands on practice and video. For information, contact SugawCreekRecreationCenter@MecklenburgCountyNC.gov or 704.596.0107.

Ages 8 to 12 • **FREE** •

Sugaw Creek Recreation Center

26661 Oct 28 F 12:00pm to 2:00pm

Girls Basketball Skill Development Camp

Designed for girls to experience the sport of basketball through instruction in basic fundamentals and skill drills. For more information, contact HickoryGroveRecreationCenter@MecklenburgCountyNC.gov or 704.432.4811.

Ages 9 to 15 - \$2

Hickory Grove Recreation Center

25612 Sep 17 Sa 10:00am to 12:00pm

Youth Basketball Clinics

Want to improve your skills for the upcoming season or want to see if your child will like basketball. The clinics will work on the fundamentals and conditioning for the upcoming season. For more information, contact

WingateRecreationCenter@MecklenburgCountyNC.gov.

Ages 5 to 8 • **FREE** •

Winget School Recreation Site

25155 Oct 6 Th 6:30pm to 7:30pm

CULTURAL ARTS

Cheer & Dance: Young Champions

Children will learn the basics and improve their current skills of cheer, dance, and stunts during this 17 week session with Young Champions. For more information contact Young Champions at 1.877.313.6893.

Ages 4 to 18 - \$6

Albemarle Road Recreation Center

24996 Ongoing Th 6:00pm to 8:00pm

Berewick Recreation Center

25192 Ongoing Th 5:30pm to 8:00pm

Dance: Sky Hy Step and Drill Team

March, dance and drum with the beat of learning discipline, self esteem and competitive fun. For more information contact Coach Whitehead at 980.297.1790.

Ages 8 to 17 - \$25

Albemarle Road Recreation Center

25009 Ongoing Tu & Th 6:00pm to 7:30pm

Express Yourself Poetry Team

Teens learn how to put their feelings into words and express their thoughts and emotions through expressive writing. For more information, contact SouthviewRecreationCenter@MecklenburgCountyNC.gov or 704.393.7432.

Ages 15 to 17 • **FREE** •

Southview Recreation Center

25251 Ongoing W 6:00pm to 7:00pm

Scrapbooking for Teens

Teens will learn techniques for scrapbooking and memory keeping. For more information contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 12 to 18 - \$2

Bette Rae Thomas Recreation Center

26599 Sep 8 Th 4:00pm to 5:00pm

26602 Sep 22 Th 4:00pm to 5:00pm

26603 Oct 13 Th 4:00pm to 5:00pm
26604 Oct 27 Th 4:00pm to 5:00pm
26605 Nov 10 Th 4:00pm to 5:00pm

Step: Ivory Baker Steppers Club

Students will increase physical fitness, flexibility and coordination through step and dance routines. For more information, contact IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or at 704.432.4580.

Ages 12 to 16 • **FREE** •

Ivory Baker Recreation Center

25462 Ongoing Sa 10:00am to 1:00pm

Meck Teen Chefs

Enjoy culinary lessons to explore world cuisine and history. For more information, contact MethodistHomeRecreationCenter@MecklenburgCountyNC.gov or 704.568.3363.

Ages 11 to 15 - \$15

Methodist Home Recreation Center

25188 Sep 19 M 5:00pm to 8:00pm

26441 Sep 26 M 5:00pm to 8:00pm

26442 Oct 3 M 5:00pm to 8:00pm

26443 Oct 10 M 5:00pm to 8:00pm

26444 Oct 17 M 5:00pm to 8:00pm

26445 Oct 24 M 5:00pm to 8:00pm

26446 Nov 7 M 5:00pm to 8:00pm

26447 Nov 14 M 5:00pm to 8:00pm

Write Your Wrongs

This is a program that encourages youths to voice themselves through creative writing, poetry, or song. It also teaches how to recognize internal and external obstacles and how to deal with it in a positive manner. For more information, contact NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704.432.5231.

Ages 12 to 18 - \$3

Naomi Drenan Recreation Center

25195 Ongoing Th 6:00pm to 7:30pm



Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Eparks at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed. **COME** to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

Teen Programs and Activities

EDUCATIONAL PROGRAMS

Boys To Men

Designed to teach young men how to make positive decisions and obtain strong leadership skills. For more information, contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704.432.1532.

Ages 8 to 18 • **FREE** •

Arbor Glen Outreach Center
25897 Ongoing Th 6:00pm to 7:30pm

FITNESS AND WELLNESS

Martial Arts: Young Champions

Students are invited to learn martial arts and self-defense through this 16 week session with Young Champions. For more information contact Young Champions at 1.877.313.6893.

Ages 4 to 17 - \$7

Albemarle Road Recreation Center
25018 Ongoing Tu 6:00pm to 8:00pm

Teen Girls Club

Learn and discuss topics about school, life, and the lessons we learn growing up. Girls will also be able to do many hands on activities. For more information contact

BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 13 to 18 • **FREE** •

Bette Rae Thomas Recreation Center
25407 Ongoing Th 6:30pm to 7:30pm

FITNESS AND WELLNESS

iFit: Core

Ongoing: Teens will improve their core strength as they learn ab and back exercises to help them throw farther, stand taller, run faster. For more information, contact

BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 13 to 17 - \$2

Bette Rae Thomas Recreation Center
25485 Ongoing W 4:00pm to 5:00pm

iFit: Foundation

Teens will challenge themselves to build a solid fitness foundation by performing exercises to improve strength, endurance, balance, flexibility and overall fitness. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

All Ages - \$2

Tuckaseegee Recreation Center
25933 Ongoing W 3:00pm to 4:00pm

Karate with Master Dukes

Ongoing: Have fun learning the basic skills, techniques and discipline of karate. Classes are conducted by trained instructors. For more information, contact Ernest Dukes at materdukes@juno.net or 704.796.8902.

Ages 13+ - \$50

Tom Sykes Recreation Center
24700 Ongoing Tu & Th:6:00pm to 8:00pm

Stomp the Ground

Teens will explore the great outdoors on the beautiful greenways of Mecklenburg County. Basic hiking techniques will be taught for safety. Once a month students will explore the treasures of Charlotte. For more information, contact

BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 12 to 17 • **FREE** •

Bette Rae Thomas Recreation Center
26714 Sep 12 M 3:00pm to 5:30pm
26715 Oct 10 M 3:00pm to 5:30pm
26716 Nov 14 M 3:00pm to 5:30pm

Teen Fitness

Ongoing: This program is designed to educate teens about healthy habits and promote fitness through exercise and weight training. For more information, contact

BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 15+ - \$2

Bette Rae Thomas Recreation Center
25362 Ongoing W 3:00pm to 4:00pm

Teen Fitness Class

Ongoing: Challenging all teens to get fit and boost a healthy lifestyle with weight training and cardio equipment. For more information, contact WestCharlotteRecreationCenter@MecklenburgCountyNC.gov or 704.393.1560.

Ages 13 to 17 - \$2

West Charlotte Recreation Center
26012 Ongoing M & W:4:00pm to 5:00pm

HOLIDAY ACTIVITIES

Basketball Turkey Shoot

Kids will compete to see who can score the most points in 60 seconds from designated spots on the court. The overall winner will receive a prize. For more information, please contact

ElonRecreationCenter@MecklenburgCountyNC.gov or 704.540.2426

Ages 8 to 17 • **FREE** •

Elon Recreation Center
25969 Nov 18 F 4:00pm to 5:30pm

SOCIAL ACTIVITIES

Active Youth Night

Ongoing: An opportunity to socialize with friends while you play pool, air hockey, board games, cards, watch movies and play. For more information, contact

BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 12 to 18 • **FREE** •

Bette Rae Thomas Recreation Center
25404 Ongoing Th 7:00pm to 8:00pm

Boy Scouts

The mission of the Boy Scouts of America and the Mecklenburg County Council is to prepare young people to make ethical choices over their lifetimes by instilling in them the values of the Scout Oath and Law. For more information, contact

WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775.

Ages 10 to 18 • **FREE** •

Wallace Pruitt Recreation Center
25326 Ongoing Tu 6:00pm to 7:00pm

Club: D.I.V.A.S Step Team

Ongoing: This female mentoring and step team, fun trips, and educational activities. For more information, contact

TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

Ages 11 to 15 • **FREE** •

Tuckaseegee Recreation Center
25957 Ongoing M & W:6:00pm to 8:00pm

Game Night

Ongoing: Come show us how good you are at different games, we will have board games, gaming systems and ping pong for you to play. For more information, contact

IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.432.4580.

Ages 13 and older • **FREE** •

Ivory Baker Recreation Center
25350 Ongoing Th 6:00pm to 7:30pm



Interactive Gaming II

Sharpen your skills through interactive video games including the latest games.

Ages 10 to 15 • **FREE** •

Hickory Grove Recreation Center
25636 Oct 22 Sa 10:30am to 12:30pm

Men Stepping Up

This mentoring program was formed to help male teens beat the struggles of everyday life. For more information, contact

MLKRecreationSite@MecklenburgCountyNC.gov or 704.432.2924.

Ages 11 to 14 • **FREE** •

Martin Luther King School Recreation Site
25548 Ongoing W 6:00pm to 7:45pm

S.M.A.R.T Girls Mentoring

Come be apart a positive girls mentoring group where they will discuss certain issues and have lots of fun Call 704-399-3911 for more info.

Ages 10 to 14 • **FREE** •

Thomasboro School Recreation Site
26370 Ongoing Sa 10:00am to 2:00pm

Drop in Sports

Girls and boys will play different sports: basketball, volleyball, kickball, etc. For information, contact

Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 13 to 18 • **FREE** •

Martin Luther King School Recreation Site
25547 Ongoing Sa 12:00pm to 2:00pm

Girl Spirit Foundation of America

Ongoing: This program is for girls and is designed to build character and develop leadership skills. Join the fun with our girl talk session, field trips, special events and more. For more information, contact

AlbemarleRoadRecreationCenter@MecklenburgCountyNC.gov or 704.567.1941.

Ages 8 to 18 • **FREE** •

Albemarle Road Recreation Center
25012 Ongoing F 6:00pm to 7:45pm

Teen Community Project

Strengthen relationships between the recreation center and the community teens by providing the opportunity to bond in a safe, structured, and supervised environment. For more information, contact

IvoryBaker@MecklenburgCountyNC.gov or 704.353.1241.

Ages 15 to 19 • **FREE** •

Ivory Baker Recreation Center
26719 Sep 1 Th 6:00pm to 7:00pm
26720 Oct 6 Th 6:00pm to 7:00pm
26721 Nov 3 Th 6:00pm to 7:00pm

Teen Date Night

Participants will enjoy a night of supervised fun with games, snacks and fun activities in a safe environment. For more information, contact the recreation center that is offering the program you want to attend.

Ages 13+ - \$5

Ivory Baker Recreation Center

| | | | |
|-------|-------|---|------------------|
| 25353 | Sep 2 | F | 6:00pm to 9:00pm |
| 25354 | Oct 7 | F | 6:00pm to 9:00pm |
| 25355 | Nov 4 | F | 6:00pm to 9:00pm |

Teen Explosion

Teens will gather for various board games, table games, card games, and puzzles. For more information, contact

Shawn.McCants@MecklenburgCountyNC.gov or 704.432.4811.

Ages 12 to 16 • **FREE** •

Hickory Grove Recreation Center

| | | | |
|-------|-------|----|------------------|
| 25640 | Sep 1 | Th | 6:00pm to 7:00pm |
| 25641 | Oct 6 | Th | 6:00pm to 7:00pm |
| 25642 | Nov 3 | Th | 6:00pm to 7:00pm |

Venturing

The mission of the Boy Scouts of America and the Mecklenburg County Council is to prepare young people to make ethical choices over their lifetimes by instilling in them the values of the Scout Oath and Law. For more information, contact

WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775.

Ages 10 to 18 • **FREE** •

Wallace Pruitt Recreation Center

| | | | |
|-------|---------|---|------------------|
| 25335 | Ongoing | M | 6:00pm to 7:00pm |
|-------|---------|---|------------------|

Young Men in Training

This program is a male mentoring program that creates a forum to give participants the opportunity to discuss various issues and do stimulating and fun activities. For more information, contact Deron Alexander 704.399.4492.

Ages 9 to 15 • **FREE** •

Tuckaseegee Recreation Center

| | | | |
|-------|---------|---|------------------|
| 25960 | Ongoing | M | 6:00pm to 7:00pm |
|-------|---------|---|------------------|

TRIPS

Halloween: Teen Scar-O-Win trip

Halloween horror is right here! Beware! Halloween is ready to grab you in thrills n' chills. Go haunting with ghosts, skeletons, witches and spooks as we tour scarwinds. Contact

MethodistHomeRecreationCenter@MecklenburgCountyNC.gov 704.568.3363.

Ages 11 to 15 - \$34

Methodist Home Recreation Center

| | | | |
|-------|--------|---|-------------------|
| 25620 | Oct 28 | F | 5:00pm to 10:00pm |
|-------|--------|---|-------------------|



ATHLETICS

Adult Basketball - Fall Men's League

This program is run in partnership with SportsLink. For more information contact SportsLink at 704-583-1444 or at sportsconnectionnc.com or Aaron Cheeks at 704.336.7639.

Ages 18 and older - \$552

Naomi Drenan Recreation Center

25205 Ongoing M 6:00pm to 9:00pm

Adult Volleyball

Ongoing: Participants will learn the basic fundamentals and current techniques of volleyball, as well as more advanced strategies to become a more successful, confident and stronger player. For more information contact

MarionDiehlRecreationCenter@MecklenburgCountyNC.gov or 704.432.0237.

Ages 18 to 99 - \$2

Marion Diehl Recreation Center

25111 Ongoing M 6:00pm to 8:00pm

Basketball: Lunch Time Basketball

Ongoing: An opportunity to escape from work during lunch to relax and play a few rounds of basketball with others. For more information, contact NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704.432.5231.

Ages 18 to 65 - \$2

Naomi Drenan Recreation Center

25198 Ongoing M-F 11:00am to 1:00pm

Basketball: Women's Basketball

Workout

Ladies, get your game on and enjoy a basketball workout designed to teach you the fundamentals of the game. For more information, contact HickoryGroveRecreationCenter@MecklenburgCountyNC.gov

Ages 18 and older - \$2

Hickory Grove Recreation Center

25618 Sep 17 Sa 12:00pm to 2:00pm

Monday Night Hoop Time

A designated night for adults to come in and use the gym on Monday nights. For more info, contact Alvis James at

MLKRecreationSite@MecklenburgCountyNC.gov or 704.432.2924.

Ages 18 and older - \$2

Martin Luther King School Recreation Site

25545 Ongoing M 6:00pm to 8:00pm

Volleyball: Fall Co-Rec AA Volleyball League (Competitive)

Competitive Co-Rec AA volleyball league. Games will be played on Tuesday evenings. For more information contact Aaron Cheeks at 704-336-7639 or Aaron.Cheeks@MecklenburgCountyNC.gov

All Ages - \$225

Bette Rae Thomas Recreation Center

27295 Sep 20-Nov 22 Tu 6:00pm to 9:00pm

CULTURAL ARTS

Arts: Jewelry Making Class

Learn the basics of jewelry making. Participants will take their finished product home after class. For more information, contact MLKRecreationSite@MecklenburgCountyNC.gov or 704.432.2924.

Ages 18 and older - \$5

Martin Luther King School Recreation Site

Arts: Seniors Jewelry Making Class

25550 Nov 17 Th 6:00pm to 7:30pm

Bath Salt Workshop

This workshop will allow participants to create a product that will be exciting as well will help relax and soothe the body. For information, contact MLKRecreationSite@MecklenburgCountyNC.gov or 704.432.2924.

Ages 18 and older - \$5

Martin Luther King School Recreation Site

25549 Nov 9 W 6:30pm to 7:30pm

Dance Club

Come learn to line dance! Great exercise and lots of fun. No experience needed. For more information, contact

ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704.432.1533.

Ages 30 and older - \$4

Arbor Glen Outreach Center

25904 Ongoing M 12:00pm to 2:00pm

Dance: Firehouse Cloggers

Ongoing: The Firehouse Cloggers may be of interest to you if you enjoy clogging and group dancing. Come participate with cloggers of all ages. For more information, contact Betty Knight at 704.366.4552.

Ages 18 and older - \$31

Tom Sykes Recreation Center

24709 Ongoing Th 6:00pm to 8:00pm

Fitness Dance Class

Learn the latest dance moves while you exercise!! For more information, contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704.432.1533.

Ages 18 to 65 - \$2

Arbor Glen Outreach Center

25912 Ongoing W 6:00pm to 7:30pm

International Cooking Club

Club members share food, recipes and cultural experiences. 3rd Thursday of each month. For more information, contact WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775.

Ages 15 and older • **FREE** •

Wallace Pruitt Recreation Center

25584 Sep 15 Th 6:00pm to 8:00pm

25585 Oct 20 Th 6:00pm to 8:00pm

25586 Nov 17 Th 6:00pm to 8:00pm

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Eparks at

www.parkandrec.com

and use the course code number.

CALL 311 (704.336.7600) or the

number listed.

COME to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

Adult Programs and Activities

EDUCATIONAL PROGRAMS

Computer Classes

Classes will cover basic computer introduction to Microsoft Work, using the application tool bar menu, open, edit and saving a file, inserting a file, Internet, setting up e-mail account, managing an e-mail account, attaching and sending files through e-mail. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333. Ages 18 and older - \$5

Bette Rae Thomas Recreation Center
25448 Ongoing M 6:00pm to 7:15pm

FITNESS AND WELLNESS

Action With Jackson

By appointment only. Exercise beginners will learn how to use multiple forms of resistance training such as functional movement and free weights in order to achieve your fitness goals. For more information or to BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333. Ages 18 to 80 - \$10

Bette Rae Thomas Recreation Center
25414 Ongoing M-F 9:00am to 2:00pm

Aerobics: Cardio Step

Get moving in this low-impact class where you will learn basic step moves while getting your heart rate up! For more information, contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704.432.1533. Ages 18 and older - \$2

Arbor Glen Outreach Center
25895 Ongoing Th 6:00pm to 7:00pm

Aerobics: DanceOut Megamix

DanceOut involves fun, easy to follow, hot dance moves from all different styles of dance and movement, including Hip Hop, Pop, Latin, Reggae, African, Belly, Swing & Martial Arts to give you a cardio workout that feels more like a party than a workout! For more information, contact info@queencitydancing.com or 704.999.4071. Ages 18 and older - \$8

Tom Sykes Recreation Center
24660 Ongoing M 7:00pm to 8:30pm

Aerobics: DanceOut!

Making the vital connection between fitness and fun, our classes feel more like a party than a workout. We combine the best parts of dancing and fitness to deliver a high-energy, body toning and fat burning experience that leaves your whole spirit invigorated! All fitness and dance levels welcome. For more information, contact Angie@queencitydancingqueen.com or 704.526.8845 or visit QueenCityDancingQueen.com. Ages 18 and older - \$8

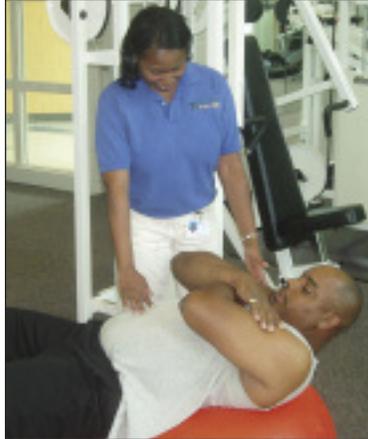
Tom Sykes Recreation Center
24666 Ongoing F 5:45pm to 7:00pm

Aerobics: N'Shape with 'N

Funky Fit is dance based aerobics that puts emphasis on fun. You will also receive fitness and nutrition tips. For more information, contact Nettie Reeves at 704.334.4848 or visit nshapewithn.com. All Ages - \$5

Tuckaseegee Recreation Center
25896 Ongoing Th 5:00pm to 6:00pm

Wallace Pruitt Recreation Center
25332 Ongoing Tu & Th 6:00pm to 7:00pm



Anusara Yoga

Anusara Yoga a life-affirming yoga weaving an uplifting philosophy with alignment principles is being offered in fun-filled classes at Lake Point Hall in Colonel Francis Beatty Park. For more information or to sign up contact Linda Oelschlaeger at 704.843.9699 or visit www.yoga.9k.com. Ages 18 and older - \$10

Colonel Francis Beatty Park
24832 Ongoing M-Tu 9:00am to 11:15am

Breakfast Burn

A complete cardio and strength training workout in just 30 minutes. Drop in between 8 am and 9 am to join in the circuit. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333. Ages 18 and older - \$3 /\$6

Bette Rae Thomas Recreation Center
25420 Ongoing M & Th 8:00am to 9:00am

Cardio Fair & More

Cardio, cardio and more cardio! This program will challenge you to improve your muscle endurance and cardiovascular endurance through a variety of aerobic workouts. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333. Ages 18 to 69 - \$4

Bette Rae Thomas Recreation Center
25389 Ongoing Th 10:00am to 11:00am

Couch Potato to 5K

You should ease into your running program gradually. In fact, this beginners' program is less of a running regimen than a walking and jogging program. The idea is to transform you from couch potato to runner, getting you running three miles (or 5K) on a regular basis in just two months. Three practices a week, you can attend one or all of the practices. This course includes registration for the Day of the Thread 5K in Concord, NC on November 5. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333. Ages 15 and older - \$40

Bette Rae Thomas Recreation Center
25495 Sep 7-Nov 2 M 12:00pm to 1:00pm
25495 Sep 7-Nov 2 W 5:30pm to 6:30pm
25495 Sep 7-Nov 2 F 8:00am to 9:00am

Dance Impact

Come relieve some stress and jam to the beat while throwing some punches, blocks & kicks. Dance Impact is an exhilarating fusion of dance & martial arts set to tone the entire body. For more info, contact info@queencitydancingqueen.com or 704.999.4071 or www.QueenCityDancingQueen.com. Ages 18 and older - \$7

Hickory Grove Recreation Center
25037 Ongoing M 7:00pm to 8:00pm

Fit 4 Life Zumba

Ongoing: Fun workouts to burn calories! Great Music! No Lines, no waiting! Large Location! For more information call 704-491-2216 or www.tiffanysfit4life.com. All Ages - \$8

Mallard Creek Recreation Center
26069 Ongoing M 5:45pm to 6:30pm

Martin Luther King School Recreation Ste
26102 Ongoing Th 6:45pm to 7:30pm

Fitness Room Orientation

By Appointment only! Program is designed for those who are new members and are interested in becoming more knowledgeable about the fitness room amenities. For more information, contact BetteRaeThomas@MecklenburgCountyNC.gov or 704.393.7333. Ages 18 • FREE •

Bette Rae Thomas Recreation Center
25386 Ongoing M 11:00am to 12:00pm
25388 Ongoing W 6:30pm to 7:30pm

Fitness: Kickboxing

Get a great cardio workout while participating in a fast paced session that combines boxing and kicking. For more information, contact Calvin.Covington@MecklenburgCountyNC.gov or 704.432.1139. Ages 18 and older - \$3

Ray's Splash Planet
26125 Ongoing Sa 9:30am to 10:15am

Fitness: Pilates

Using breathing techniques and concentration you will learn how to train your deep torso (core) muscles, improve your posture and flexibility while becoming stronger and more fit. For more information, please contact Calvin.Covington@MecklenburgCountyNC.gov or 704.432.1139. Ages 18 and older - \$3

Ray's Splash Planet
26157 Ongoing Tu & Th 7:15am to 7:45am

Fitness: Run/Walk

Ongoing: Class is for the beginner-intermediate level. Participants should have some knowledge of running. Will meet at RSP and run around the downtown area using a run/walk method. Running route will consist of 1.5 and a max of 6 miles. The program will provide post strength and stability exercises. For more information contact janisjds@aol.com. Ages 18 and older - \$3

Ray's Splash Planet
26353 Ongoing Tu & Th 5:45pm to 6:45pm

Freedom Fitness

This exercise program is designed to get you in great shape just in time for summer. The three components that this class emphasizes are aerobics, yoga, and endurance. For more information, contact instructor Terrance Massey at 704.795.8293 or NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704.432.5231. Ages 18 to 65 - \$60 /\$80

Naomi Drenan Recreation Center
25213 Ongoing M,Tu,W 6:15pm to 7:15pm

Grow Fitness

This program is designed for those who want to do total body training boot camp style. The training consists of abdominal training, cardio training and muscle toning through a boot camp style workout. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492. All Ages • FREE •

Tuckaseegee Recreation Center
25930 Ongoing M & W 12:00pm to 1:00pm

Americans With Disabilities

Mecklenburg County will comply with the Americans With Disabilities Act (ADA) which prohibits discrimination on the basis of disability. Mecklenburg County will make reasonable accommodations in all programs to enable participation by an individual with a disability who meets essential eligibility requirements. Mecklenburg County programs will be available in the most integrated setting for each individual. If any accommodations are necessary for participation in any program or service, participants are encouraged to notify staff at least one week prior to program commencement. Upon request, this information is available in an alternative format for persons with disabilities.



Visit: www.MecklenburgCountyNC.gov
Your one stop for news and information about Mecklenburg County.

Adults Programs and Activities

Jazzercise

An effective, total body conditioning program that will help you feel great, look terrific, and bring new energy to your life. Jazzercise combines the art of jazz dance with the beat of today's hottest music. For more information contact Charlene Bisiada at 704.502.3074

Ages 18 to 55 - \$45

Elon Recreation Center

25303 Ongoing M-Th 6:00pm to 7:45pm

Jazzercise

An effective, total body conditioning program that will help you feel great, look terrific, and bring new energy to your life. Jazzercise combines the art of jazz dance with the beat of today's hottest music. For information contact Pat Wilson at 704.455.1355.

Mallard Creek Recreation Center

26015 Ongoing Tu & Th 6:00pm to 7:00pm
26015 Ongoing Sa 8:30am to 9:30am

Jazzercise Body Sculpting

Ongoing: An effective, total body conditioning program that will help you feel great, look terrific, and bring new energy to your life. Classes focus on muscle toning, strength and stretching. For information contact Pat Wilson at 704.455.1355.

Mallard Creek Recreation Center

26021 Ongoing M 5:45pm to 7:30pm
26022 Ongoing Sa 9:30am to 10:30am

Latino Exercise and Nutrition

Join the fun with a dynamic, exciting and effective fitness system while burning calories. Tone the body while dancing to the sounds of Latin and International music. For more information, contact Karina.Gonzalez@carolinashealthcare.org or 704.336.8500.

Ages 18 and older • **FREE** •

Albemarle Road Recreation Center

25015 Ongoing M,W,F 10:00am to 11:00am

Laughter Yoga

Laughter Yoga is one of the best anti-stress exercises. Guru Ranjit will teach you a number of simple physical group exercises to help you 'fake it until your mind gets it.' This class meets every other Saturday, please call the instructor for the dates. For more information, contact Guru Ranjit at 704.277.6049 or rdeora@yogahealthsolutions.com

Ages 18 and older • **FREE** •

Tom Sykes Recreation Center

24968 Ongoing Sa 10:00am to 11:30am

Power Walking

Participants will enjoy intense power walking while socializing, toning and strengthening your body. For more information, contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704.432.1531.

Ages 18 and older - \$2

Arbor Glen Outreach Center

25341 Ongoing M 6:30pm to 7:30pm

Sports: Adult Badminton

Birdie anyone! The activity is open to individuals from beginners to advanced, from recreational to professionals. For more information, contact MallardCreekRecreationCenter@MecklenburgCountyNC.gov or 704.548.8234.

Ages 18 and older - \$2

Mallard Creek Recreation Center

26066 Ongoing M 6:30pm to 8:30pm

Training: Phase 1 with Jackson

Join us for a great group exercise. Learn ways to improve your health in a group setting. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 18 to 59 - \$5

Bette Rae Thomas Recreation Center

25410 Ongoing Tu & Th 9:00am to 12:00pm

Turkey Trot

Don't forget your fitness goals during the Holidays. Join us for a class that will get started on a healthy holiday season. Class will cover cardio, strength training and stretching. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov

Ages 15 and older - \$5

Bette Rae Thomas Recreation Center

25496 Nov 22 Tu 6:00pm to 7:00pm

Zumba

Let's Zumba! This Latin-dance inspired fitness class uses international rhythms and dance moves for an invigorating and exciting workout! All fitness levels welcome. Contact info@queencitydancingqueen.com or 704.999.4071 or www.QueenCityDancingQueen.com

Ages 18 and older - \$8

Hickory Grove Recreation Center

25034 Ongoing W 6:30pm to 7:30pm

Marion Diehl Recreation Center

25128 Ongoing Tu 6:00pm to 7:00pm

Naomi Drenan Recreation Center

25228 Ongoing Th 6:15pm to 7:30pm

Zumba by Michelle

Zumba combines Latin, Hip Hop and International Music with a fun and effective workout system. For more information, contact Michelle at Bunnycoop@yahoo.com.

Ages 18 to 60 - \$8

Ray's Splash Planet

26348 Ongoing M & W 6:00pm to 7:00pm

SOCIAL ACTIVITIES

It's Women Time Social Club

Join our women's club for discussions, inspirational sessions, and much more. For more information contact Sonia.Lemon@MecklenburgCountyNC.gov or 704.399.4492

All Ages • **FREE** •

Tuckasegee Recreation Center

25942 Ongoing Tu 6:00pm to 8:00pm

Technology Battle

From newbies to the elite gamers, you are encouraged to participate in this first ever senior technology battle. C'mon and see who gets 'owned.' Program consists of playing video games. For information, contact MLKRecreationSite@MecklenburgCountyNC.gov or 704.432.2924.

Ages 18 and older • **FREE** •

Martin Luther King School Recreation Site

25544 Ongoing Tu-Th 6:30pm to 7:30pm

Thomasboro Adult Card Night

Adults (18-up) coming together to socialize and play games of Spades and Bidwhiz Call 704-399-3911 for more info.

Ages 18 to 99 • **FREE** •

Thomasboro School Recreation Site

26376 Ongoing Tu 6:00pm to 7:00pm

Ultimate Couponing

Learn how to coupon and learn how couponing can be an effective way to save money for families on any budget. For more information, contact IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.353.1241.

Ages 18 and older • **FREE** •

Ivory Baker Recreation Center

26723 Oct 25-26 Tu & W 6:00pm to 7:30pm

FITNESS CENTER

Adult Admission Fees

Monthly, Annual and "RAY" passes available with bank draft.

Mallard Creek

Daily admission:
\$4 county / \$6 non-county

Tuckasegee, West Charlotte, Southview and Bette Rae Thomas

Daily admission:
\$3 county / \$5 non-county

Ray's Splash Planet

Daily admission:
\$8 county / \$11 non-county
Fitness Center Only

Mecklenburg County Aquatic Center

Daily admission:
\$5 county / \$8 non-county
Includes hot tub and pool.

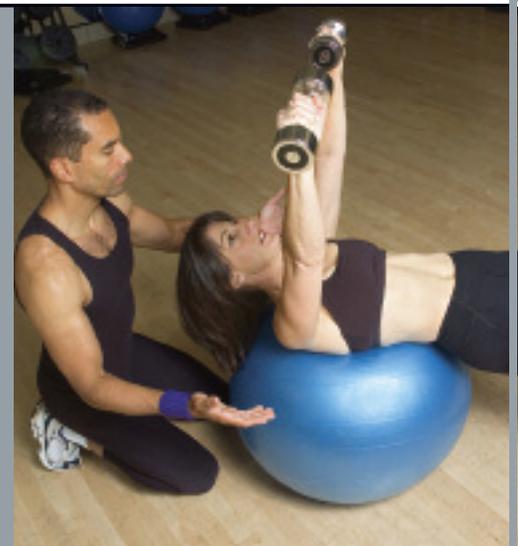
Get Going Get Fit

Bring this coupon for a **FREE** First Time Visit!*

Visit and join a fitness center today and start your journey to a healthier, more fit you! Each of our facilities offers cardiovascular, weight resistance, and free weight equipment at a great value. Our enthusiastic fitness staff is available to help get you started.

Free fitness assessment and orientation for all members.

*Coupon expires November 30, 2011





Ray's Basketball Marathon

Breaking the Record

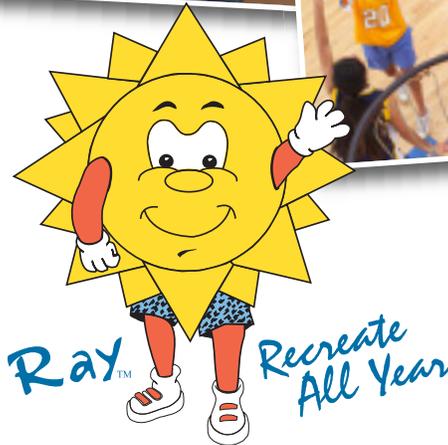
For Kids

December 15-20
(120 hours of Basketball)

Grady Cole Center
310 N. Kings Drive
For more information call 704.432.4805 or email
RaysBasketballMarathon@MecklenburgCountyNC.gov
www.parkandrec.com

**Fundraiser for Youth Programs Attempting to
Break the Guinness World Record
for the Longest Basketball Game
(Current Record is 107 Hours)**

- Accepting Individual and Team Registrations for all Ages
- Multiple Levels of Sponsorship Opportunities
- Volunteers Needed



Mecklenburg County
Park and Recreation
*The Natural Place
To Be...*



PARTNERS
for PARKS



CULTURAL ARTS

Art Classes in Charlotte

Ongoing: Art classes implementing a variety of techniques for all ages. Materials included in cost. For more information, contact Tina Penn at 704.779.7697 or www.artclassesincharlotte.com
Ages 5 and older - \$45

Hickory Grove Recreation Center

| | | | |
|-------|--------------|----|------------------|
| 25040 | Sep 1-Sep 29 | Th | 5:30pm to 7:30pm |
| 25041 | Oct 6-Oct 27 | Th | 5:30pm to 7:30pm |
| 25042 | Nov 3-Nov 17 | Th | 5:30pm to 7:30pm |

Dance: Praise Dance

Ongoing: Learn the basics of praise dance and participate in a recital at the end of this fun program. Separate classes for children, adults and seniors are offered at the recreation center. For more information, contact

TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

All Ages • **FREE** •

Tuckaseegee Recreation Center

| | | | |
|-------|--------------|----|------------------|
| 25924 | Sep 1-Sep 22 | Th | 6:00pm to 8:00pm |
| 25925 | Oct 6-Oct 27 | Th | 6:00pm to 8:00pm |
| 25926 | Nov 3-Nov 24 | Th | 6:00pm to 8:00pm |

Music: Piano Lessons

Ongoing: By appointment. Piano lessons available for all ages and skill levels. For more information, contact Amouel Brackett at amouel@aol.com or 704.965.1235.

Ages 5 and older - \$18

Tom Sykes Recreation Center

| | | | |
|-------|---------|-------|------------------|
| 24694 | Ongoing | M, Tu | 5:00pm to 8:00pm |
|-------|---------|-------|------------------|

FITNESS AND WELLNESS

Martial Arts: Karate

Ongoing: Students will learn self-confidence, discipline, and physical fitness through lessons from a certified black belt martial arts instructor. For more information, contact Sensei John Denver at 980.722.9381.

All Ages • **FREE** •

Tuckaseegee Recreation Center

| | | | |
|-------|--------------|----|-------------------|
| 25939 | Sep 3-Sep 24 | Sa | 10:00am to 1:00pm |
| 25940 | Oct 1-Oct 22 | Sa | 10:00am to 1:00pm |
| 25941 | Nov 5-Nov 26 | Sa | 10:00am to 1:00pm |

Martial Arts: Tora Ha Kempo

Ongoing: Learn safety awareness and self-defense through Martial Arts in a fun, structured and disciplined environment. For more information, contact Kevin Hinson at 704.533.2994.

Ages 6 and older - \$5

Mallard Creek Recreation Center

| | | | |
|-------|---------|---|------------------|
| 26042 | Ongoing | M | 5:30pm to 9:00pm |
|-------|---------|---|------------------|

Marion Diehl Recreation Center

| | | | |
|-------|---------|---|------------------|
| 25122 | Ongoing | W | 6:30pm to 9:30pm |
|-------|---------|---|------------------|

William R Davie Park

| | | | |
|-------|---------|----|------------------|
| 24829 | Ongoing | Th | 6:30pm to 8:15pm |
|-------|---------|----|------------------|

MLK Fit City Walkers

A walking club for all ages to promote fitness lifestyles in the community. The public is invited to walk around the track and log in their miles weekly. For more information, contact MLKRecreationSite@MecklenburgCountyNC.gov or 704.432.2924

Ages 1 and older • **FREE** •

Martin Luther King School Recreation Ste

| | | | |
|-------|---------|---------|------------------|
| 25546 | Ongoing | Tu & Th | 6:00pm to 7:30pm |
|-------|---------|---------|------------------|

HOLIDAY ACTIVITIES

Halloween Carnival

Enjoy games, treats and all around fun with a costume contest, art, games and more. Participants must pre register. For more information, contact IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.432.4580.

Ages 4 to 12 - \$2

Ivory Baker Recreation Center

| | | | |
|-------|--------|----|------------------|
| 25436 | Oct 27 | Th | 6:00pm to 8:00pm |
|-------|--------|----|------------------|

Haunted Hallway

Enjoy a fun and interactive alternative to a traditional haunted house. There will also be games and prizes! For more information, contact

BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 5 to 100 - \$2

Bette Rae Thomas Recreation Center

| | | | |
|-------|--------|---|------------------|
| 25392 | Oct 31 | M | 6:00pm to 8:00pm |
|-------|--------|---|------------------|

Nature: Creepy Crawly Critter Celebration!

Celebrate all that's creepy and crawly on Halloween Eve! Most creatures in our world are not warm and fuzzy, but that doesn't make them any less lovable. Come see for yourself how these creatures play an important role in our environment. Live animals, costume contest, marshmallow roast, and trick or treating included. FREE hot chocolate!

All Ages • **FREE** •

Reedy Creek Nature Center

| | | | |
|-------|--------|---|------------------|
| 26786 | Oct 28 | F | 6:00pm to 9:00pm |
|-------|--------|---|------------------|

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on E-parks at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed.

COME to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on page 5.

Phone and web registration requires payment with Visa or MasterCard only.

Family Programs and Activities

Thanksgiving Shootout

Join us the day before Thanksgiving to determine who is the best shooter! Prizes will be given to the winner of each age group. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333. Ages 6 to 18 - \$2

Bette Rae Thomas Recreation Center

25454 Nov 23 W 12:00pm to 2:00pm

SOCIAL ACTIVITIES

Community Yard Sale

Reduce your clutter. Rent a space and help someone find their treasures. Join us for our community yard sale. We supply the tables you supply the goods.

IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.432.4580.

Ages 18 and older - \$5

Ivory Baker Recreation Center

25423 Sep 17 Sa 7:00am to 11:00am

Family Game Night

Program provides games, fun and fellowship for the entire family. For more information, contact HickoryGroveRecreationCenter@MecklenburgCountyNC.gov or 704.432.4811.

Ages 10 and older • **FREE** •

Hickory Grove Recreation Center

25637 Sep 12 M 6:00pm to 7:00pm

25638 Oct 10 M 6:00pm to 7:00pm

25639 Nov 14 M 6:00pm to 7:00pm

Recreation Center Open House

Community Center will be holding an open houses for the public to know that Park and Recreation is in their community and there are programs to participate in.

Ages 6 to 99 • **FREE** •

Sugaw Creek Recreation Center

26698 Sep 1 Th 4:00pm to 8:00pm

SPECIAL EVENTS

Fall Festival at Naomi Drenan

Celebrate the 5th annual Fall Festival with contests, prizes, games, and a special guest. For more information, contact

NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704.432.5231.

Ages 4 to 16 • **FREE** •

Naomi Drenan Recreation Center

25197 Oct 28 F 5:00pm to 8:00pm

Thomasboro Community Yard Sale

Time to clean out the attic and come get involved with the area Thomasboro Community. For more info, call 704-399-3911.

All Ages • **FREE** •

Thomasboro School Recreation Site

26371 Sep 17 Sa 10:00am to 2:00pm



The First Tee: For Golf and Life

The First Tee of Charlotte partners with Mecklenburg County Park and Recreation to offer golf instruction and mentoring of life skills to youth, ages 5-18. The First Tee has more than 200 chapters worldwide, and operates a Golf Learning Academy at Park and Recreation's Revolution Golf Course, 2661 Barringer Drive. This program reaches out to youth who otherwise might not learn the game. The First Tee stresses nine core values of honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy and judgment. For more information call 704.348.2515 or visit: www.thefirstteecharlotte.org.





ATHLETICS

4 on 4 Senior Basketball

Participants compete in intense half court games in a controlled timed environment. Trash will be talked and bragging rights will be earned. For more information, contact MarionDiehlRecreationCenter@MecklenburgCountyNC.gov or 704.432.0237.

Ages 50+ - \$1

| | | | |
|-------|---------|-------|------------------|
| 25147 | Ongoing | M & W | 3:00pm to 5:00pm |
| 25148 | Ongoing | Th | 6:00pm to 7:00pm |

Basketball: Senior Women's League

Ongoing: Join this women's league, specifically for those 55 and better, in advance of the Charlotte Mecklenburg Senior Games. Coaches and volunteers are needed. For more information, contact Betty Davis at 704.588.1264 or Jean Grayson at 704.545.7880.

Ages 55 and older - \$31

Tom Sykes Recreation Center

| | | | |
|-------|---------|---|------------------|
| 24703 | Ongoing | M | 6:00pm to 7:00pm |
|-------|---------|---|------------------|

Cheerleaders: Silver Fox

Senior Cheerleading is alive and running full speed ahead as they represent Charlotte-Mecklenburg Senior Games throughout North Carolina. For More Information, contact WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775

Ages 55 and older • **FREE** •

Wallace Pruitt Recreation Center

| | | | |
|-------|---------|--------|-------------------|
| 25484 | Ongoing | Tu & W | 12:30pm to 2:00pm |
|-------|---------|--------|-------------------|

CULTURAL ARTS

Arts: Oil Painting

Ongoing: This program is a self paced oil painting social activity for all levels. New painters are always welcome. Participants will need to bring their own supplies. For more information, contact AlbemarleRecreationCenter@MecklenburgCountyNC.gov or 704.567.1941.

Ages 50 and older • **FREE** •

Albemarle Road Recreation Center

| | | | |
|-------|---------|----|--------------------|
| 24993 | Ongoing | Th | 10:00am to 11:00am |
|-------|---------|----|--------------------|

Senior Arts & Crafts

Show your creative side while fellowshiping with other crafters. This program is a combination of staying fit and active as well as being creative.

Naomi Drenan Recreation Center

| | | | |
|-------|---------|-------|--------------------|
| 25269 | Ongoing | M & W | 10:00am to 11:30am |
|-------|---------|-------|--------------------|

Bette Rae Thomas Recreation Center

| | | | |
|-------|---------|---|--------------------|
| 25449 | Ongoing | W | 10:30am to 11:30am |
|-------|---------|---|--------------------|

EDUCATIONAL PROGRAMS

Computers: Senior Computer Class

Ongoing: Beginners learn computer advanced techniques...For more information, contact IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.432.4580.

Ages 55 and older • **FREE** •

Ivory Baker Recreation Center

Computers: Senior Computer Class-Basic

| | | | |
|-------|---------|----|------------------|
| 25379 | Ongoing | Th | 1:00pm to 2:00pm |
|-------|---------|----|------------------|

Computers: Senior Computer Class-Advanced

| | | | |
|-------|---------|----|------------------|
| 25382 | Ongoing | Tu | 1:00pm to 2:30pm |
|-------|---------|----|------------------|

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on E Parks at www.parkandrec.com and use the course code number.

CALL 311 (704.336.7600) or the number listed.

COME to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs 4, 5, 26 & 27.

Phone and web registration requires payment with Visa or MasterCard only.

Senior Programs and Activities

FITNESS AND WELLNESS

A.B.L.E. All Bodies Like Exercise

Ongoing: Self paced chair exercise class for low impact exercise, stretching and conditioning. For more information, contact
 AlbemarleRecreationCenter@MecklenburgCountyNC.gov or 704.567.1941.

Ages 50 and older • **FREE** •

Albemarle Road Recreation Center

24990 Ongoing M-F 10:00am to 11:00am

Aerobics: N'Chair Aerobics

Take your seat for N'Chair Aerobics, these exercises can increase your strength, balance and vitality all while sitting down. For more information, contact
 WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775.

Ages 50 and older • **FREE** •

Wallace Pruitt Recreation Center

25239 Ongoing M,W,F 10:30am to 11:30am

Badminton Open Play/ Seniors & Adults

Badminton is a great way to stay active and keep your competitive spirit alive for Seniors & Adults. Your serve! For more information, contact
 MarionDiehlRecreationCenter@MecklenburgCountyNC.gov or 704.432.0237.

Ages 18+

Marion Diehl Recreation Center

25115 Ongoing Sa 12:00pm to 2:00pm

25116 Ongoing W 5:00pm to 7:00pm

Feeling Fine After 59

This program encourages seniors 60 and older to become more active and develop better health habits through education and exercise. Participants also benefit from the onsite senior fitness consultant provided in partnership with the Mecklenburg County Senior Center. For more information, contact
 BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 59 and older • **FREE** •

Bette Rae Thomas Recreation Center

25489 Ongoing M-F 9:00am to 2:00pm

Light & Lively

Designed to maintain cardiovascular fitness, improve strength, flexibility, balance, coordination, and activities of daily life. For more information, contact
 MallardCreekRecreationCenter@MecklenburgCountyNC.gov or 704.548.8234.

Ages 55+ - \$3

Mallard Creek Recreation Center

26030 Ongoing M,W,F 9:00am to 10:00am

Rhythm & Grooves

Got a passion for line and cultural dancing? Come out and move your feet and dance to the beat. For more information, contact
 WestCharlotteRecreationCenter@MecklenburgCountyNC.gov or 704.393.1560.

Ages 55 and older • **FREE** •

West Charlotte Recreation Center

26003 Ongoing F 11:00am to 11:30am

Senior Basketball

Enjoy Senior Basketball while socializing. For more information contact,
 TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

All Ages • **FREE** •

Tuckaseegee Recreation Center

25945 Ongoing M & W 2:00pm to 5:00pm

Senior Fitness Activity

Designed to get seniors moving with light resistance training which can help manage arthritis and improve movement. For more information, contact
 BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.393.7333.

Ages 55 and older - \$2

Bette Rae Thomas Recreation Center

25366 Ongoing Th 10:45am to 11:15am

Senior Fitness Club

Engage in low-impact exercise and chart your progress to better physical and mental health.
 Ages 55 and older - \$2

Bette Rae Thomas Recreation Center

25400 Ongoing M-F 8:30am to 9:30am

Marion Diehl Recreation Center

25125 Ongoing M & W 9:00am to 10:00am

Southview Recreation Center

25245 Ongoing M-F 10:00am to 11:00am

West Charlotte Recreation Center

25994 Ongoing W&F 9:00am to 11:00am

Senior Sports 360

Encourage alternate cardio exercise with seniors. To provide senior citizens with fun structured sporting activities and interact with their peers. For more information, contact
 IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.353.1241.

Ages 55 and older • **FREE** •

Ivory Baker Recreation Center

26718 Sep 12 M 1:00pm to 2:00pm

Senior: Fitness

Ongoing: Join participants in improving overall health and wellness with chair exercises.

Ages 55+ • **FREE** •

Sugaw Creek Recreation Center

27062 Sep 7 W 11:00am to 12:00pm

27063 Oct 6 Th 11:00am to 12:00pm

West Charlotte Recreation Center

26009 Ongoing W 11:00am to 11:30am

Training: Active Adult Yoga

The class will help to increase strength, flexibility and balance while relieving soreness, stiffness and reducing stress. All skill levels welcome. For more information, contact Ann Mason at 704.542.8952.

Ages 55 and over - \$5

Elon Recreation Center

25064 Ongoing Tu, W & F 10:00am to 11:30am

HOLIDAY ACTIVITIES

Active Adults Halloween Costume Potluck

Participants will dress in their best Halloween costume and bring a pot luck dish to celebrate with their peers. For More information, contact
 ElonRecreationCenter@MecklenburgCountyNC.gov or 704.540.2426

Ages 55+ • **FREE** •

Elon Recreation Center

25315 Oct 25 Tu 11:30am to 1:00pm

SOCIAL ACTIVITIES

Bingo: Senior Bingo

Come play one of America's favorite games. Fun, friendship and bingo. For more information, contact
 IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.432.4580.

Ages 55+ • **FREE** •

Ivory Baker Recreation Center

25426 Ongoing W 2:00pm to 3:00pm

Club: District 8 Golden Angels

Club provides seniors with leadership, leisure, and social activities. For more information contact
 WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775.

Ages 55 and older • **FREE** •

Wallace Pruitt Recreation Center

25587 Sep 7 W 11:30am to 12:30pm

25588 Oct 5 W 11:30am to 12:30pm

25589 Nov 2 W 11:30am to 12:30pm

Club: District 8 Senior Rockers

Club provides seniors with leadership, leisure, and social activities. For more information, contact
 IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.432.4580.

Ages 55 and older • **FREE** •

Ivory Baker Recreation Center

25429 Sep 16 F 10:30am to 12:00pm

25430 Oct 21 F 10:30am to 12:00pm

25431 Nov 18 F 10:30am to 12:00pm

Coffee and Cards

Members of the Active Adults Club will during the week to participate in various card games ranging from bridge to pinochle. The program will focus on fellowship and socialization of the participants. For more information, contact

ElonRecreationCenter@MecklenburgCountyNC.gov or 704.540.2426.

Ages 50+ • **FREE** •

Elon Recreation Center

25278 Ongoing F 1:00pm to 5:00pm

25279 Ongoing W 10:00am to 1:00pm



Senior Programs and Activities

Golden Hearts Club

Meeting with seasonal celebrations and the opportunity to socialize. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

Ages 55 and older - \$2

Tuckaseegee Recreation Center

| | | | |
|-------|-------|----|--------------------|
| 25927 | Sep 1 | Th | 11:00am to 12:30pm |
| 25928 | Oct 6 | Th | 11:00am to 12:30pm |
| 25929 | Nov 3 | Th | 11:00am to 12:30pm |

Leisure and Learn

Enjoy seminars with dynamic keynote speakers, workshops, lunch and fun while meeting new friends and learning something new. Transportation provided to WR Davie from Mallard Creek, Albemarle Road, Shamrock Sr. Center & Ivory Baker. For information contact MeckSeniors@MecklenburgCountyNC.gov or 704.353.1237.

Ages 50 to 95 - \$5

Elon Recreation Center

| | | | |
|-------|--------|----|-------------------|
| 25313 | Oct 13 | Th | 10:00am to 2:00pm |
| 27064 | Oct 27 | Th | 10:00am to 2:00pm |

William R Davie Park

| | | | |
|-------|--------|----|------------------|
| 27256 | Sep 8 | Th | 9:30am to 2:00pm |
| 27253 | Oct 20 | Th | 9:30am to 2:00pm |
| 27257 | Nov 10 | Th | 9:30am to 2:00pm |

Lunch Bunch

Enjoy socializing and making new friends while tasting new cuisines. For information, contact

TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

All Ages - \$1

Tuckaseegee Recreation Center

| | | | |
|-------|--------|----|-------------------|
| 25936 | Sep 8 | Th | 11:00am to 2:30pm |
| 25937 | Oct 13 | Th | 11:00am to 2:30pm |
| 25938 | Nov 10 | Th | 11:00am to 2:30pm |

Metrolina Duplicate Bridge Club

Ongoing: Join your peers, play or learn to play bridge with other experienced players.

Ages 40 and older • **FREE** •

Berewick Recreation Center

| | | | |
|-------|---------|---|------------------|
| 25158 | Ongoing | M | 1:00pm to 3:30pm |
|-------|---------|---|------------------|

Ivory Baker Recreation Center

| | | | |
|-------|---------|----|-------------------|
| 25437 | Ongoing | Tu | 4:30pm to 7:45pm |
| 25437 | Ongoing | Th | 11:00am to 2:00pm |

Oldies Pocketbook Exhibit

Provide a window into the past through the viewing of older pocketbooks. Bringing generations of women together for an interesting afternoon. For more information, contact

IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or 704.353.1241.

Ages 55 and older • **FREE** •

Ivory Baker Recreation Center

| | | | |
|-------|-------|----|-------------------|
| 26717 | Oct 8 | Sa | 10:00am to 1:00pm |
|-------|-------|----|-------------------|



Senior Bingo

This program is specifically for those who enjoy friendly competition. Once every week we're hosting 'Bingo' mornings to get people out and about. For more information, contact

NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704.432.5231.

Ages 55 and older • **FREE** •

Naomi Drenan Recreation Center

| | | | |
|-------|---------|----|-------------------|
| 25272 | Ongoing | Tu | 11:30am to 1:30pm |
|-------|---------|----|-------------------|

Senior Social Club

We're not old, we're just wise for our age! Socialize with others in a relaxed atmosphere while engaging in a variety of fun activities such as games, crafting, trips, educational learning, fitness & much more. For more information, contact

TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 55 and older - \$2

Tom Sykes Recreation Center

| | | | |
|-------|--------|----|--------------------|
| 25322 | Sep 8 | Th | 10:30am to 12:00pm |
| 25323 | Sep 22 | Th | 10:30am to 12:00pm |
| 25324 | Oct 13 | Th | 10:30am to 12:00pm |
| 25325 | Nov 10 | Th | 10:30am to 12:00pm |

See Charlotte!

Seniors enjoy smiling faces and great places in Charlotte. Come journey with us as we See Charlotte! For more information contact

TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

Ages 55 and older - \$1

Tuckaseegee Recreation Center

| | | | |
|-------|--------|----|------------------|
| 25948 | Sep 15 | Th | 9:30am to 3:30pm |
| 25949 | Oct 20 | Th | 9:30am to 3:30pm |
| 25950 | Nov 17 | Th | 9:30am to 3:30pm |

Bridge

Social interaction within the senior population throughout the Charlotte area. All are welcome to come and enjoy themselves in a quiet, yet competitive atmosphere that promotes the card game known as Bridge.

Ages 55 and older • **FREE** •

Hickory Grove Recreation Center

| | | | |
|-------|--------|----|-------------------|
| 25619 | Sep 17 | Sa | 11:00am to 1:00pm |
| 25621 | Oct 15 | Sa | 11:00am to 1:00pm |
| 25622 | Nov 19 | Sa | 11:00am to 1:00pm |

Mallard Creek Recreation Center

| | | | |
|-------|---------|-----|-------------------|
| 26054 | Ongoing | M,W | 10:00am to 2:00pm |
|-------|---------|-----|-------------------|

SeniorFest

Seniors will gain valuable information on safety, how to remain healthy, and medical programs will be offered. ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704.432.1533.

Ages 55 and older • **FREE** •

Arbor Glen Outreach Center

| | | | |
|-------|-------|---|-------------------|
| 25378 | Oct 7 | F | 10:00am to 1:00pm |
|-------|-------|---|-------------------|

Young at Heart Senior Club

Participants will have the opportunity to travel to see various events: plays, craft shows, health fairs, concerts and workshops. For information contact SugawCreekRecreationCenter@MecklenburgCountyNC.gov or 704.596.0107.

Ages 50 and older • **FREE** •

Sugaw Creek Recreation Center

| | | | |
|-------|--------|----|-------------------|
| 26626 | Sep 15 | Th | 10:00am to 2:00pm |
| 26627 | Nov 3 | Th | 10:00am to 1:00pm |
| 26628 | Nov 17 | Th | 10:00am to 2:00pm |
| 26629 | Sep 1 | Th | 10:00am to 2:00pm |

Senior Programs and Activities



Join us as we travel across the state for exciting day trips. For more information contact MeckSenior@MecklenburgCountyNC.gov or 704.432.4580. Ages 55 + Picking up from Mallard Creek and Marion Diehl Recreation Centers

NC Apple Festival

Premier Family Festival for over 60 years with Freshly Picked Apples, Arts & Crafts, Festival Food and FREE Entertainment at the Historic Courthouse on Hendersonville's Beautiful Main Street. Start with Breakfast and plan the rest of your day. Brochures will be emailed to registrants prior to departure. Meals on your own.

24288 Sep 2 F 8:00am to 5:00pm
Cost: \$27 Registration Deadline: Aug 18



Railroad History Ride, Laura's Tea Room & Fairfield Museum

We will visit Laura's Tea Room & The Thomas Company to pick-up our delicious boxed lunches, then depart on a one hour chartered ride in a piece of history, and tour the Fairfield County Museum. Lunch & Tea are included.

24293 Oct 11 Tu 8:00am to 6:00pm
Cost: \$39 Registration Deadline: Sept 17

Ride the Carolina to the State Fair

Take the train to The State Fair. We will ride the Carolina to Raleigh, NC to visit the State Fair on Senior Day. Breakfast Sandwiches, Music and Fun will be provided at the State Fair. Lunch on your own.

26648 Oct 18 Tu 5:45am to 7:00pm
Cost: \$57 Registration Deadline: Oct 4

Fall Foliage, Craft Fair & Biltmore Village

Since 1948 the Civic Center in Asheville, NC comes alive with fine traditional and contemporary crafts for the Craft Fair of the Southern Highlands. Over 200 craftspeople fill the two levels of the center selling their works of clay, fiber, glass, leather, metal, mixed media, natural materials, paper, wood and jewelry. Biltmore Village, built in the late 1890's at the entrance to George Vanderbilt's Biltmore Estate in Asheville, North Carolina, the historic village is truly one of the South's most unique touring and shopping environments. Tour continue up the Blue Ridge Parkway with breathtaking views, rolling ridges and fertile valleys. Lunch is on your own.

24289 Oct 21 F 6:00am to 6:00pm
Cost: \$37 Registration Deadline: Oct 10

Biltmore House Christmas Tour

Enjoy a self-guided tour of the largest private home in America built by George Vanderbilt in the 1800's. This magnificent 250 room French Renaissance- style chateau- includes 65 fireplaces, 34 bedrooms, an indoor pool and a bowling alley. This beauty is elegantly decorated for the Christmas Holiday. Lunch on Your Own at Golden Corral. Time permitting a stop at the Farmers Market!

24294 Nov 29 Tu 6:00am to 7:00pm
Cost: \$66 Registration Deadline: Nov 15

Holiday Market Excursion

We will tour Replacements, LTD in Greensboro, NC with Fine China, Silver and more from the Past and Present. Then we will visit the New Tanger Outlet for lunch and shopping; after we will end our day at the Hospice Year Round Flea Market. Come get everything you need for the holidays. Lunch on your own.

24295 Nov 22 Tu 8:00am to 7:00pm
Cost: \$27 Registration Deadline: Nov 8

Dinner Barn Theater: Groovin'

Get your old school Groove on at The Barn. Join us for this high energy musical review of many of the chart topping hit songs of the 60's and the 70's. A great night of entertainment for the entire family. Featuring The Barn Band!

24296 Nov 1 Tu 10:00am to 6:30pm
Cost: 66 Registration Deadline: Oct 18



Dinner & Tour of Castle McCullough

Following the discovery of gold in North Carolina, in 1832 Charles McCullough came to Jamestown and built a gold refinery. He brought with him the architecture of England and the latest technological development, the steam engine. This beautiful creation comes to life with the holiday season shown throughout. Dinner is included.

24290 Dec 13 Tu 3:00pm to 10:00pm
Cost: \$47 Registration Deadline: Nov 29

Special Dress Rehearsal Program for Senior Adults!

North Carolina Dance Theatre invites Mecklenburg County Senior Adults to the Dress Rehearsal of ***Innovative Works*** on Wednesday, November 2, 2011. This fully costumed and staged dance production will feature new works in a new venue.

When:

Wednesday
November 2, 2011
3:30-5:30 PM

Where:

NC Dance Theatre
701 North Tryon Street
Charlotte, NC 28202

Cost: \$12 per person



To reserve seats:

Use Course Code #27176

- Register online at parkandrec.com
- Call 311
- Call Park & Rec at: 704.432.4580 or E-mail:

MeckSeniors@MecklenburgCountyNC.gov

Experience North Carolina Dance Theatre in an all new way at the 200-seat, 701 North Tryon Theater at the Company's home in Uptown Charlotte. This intimate theater is the perfect venue for *Innovative Works*, giving audience members an up close and personal view of the dancers' athleticism and passion. Feel the intensity of the movement as dancers perform new ballets by Charlotte-based choreographers Mark Diamond, David Ingram, and Sasha Janes with an existing work by Dance Theatre's internationally acclaimed Resident Choreographer, Dwight Rhoden.



For additional program information, contact:

North Carolina Dance Theatre Education and Outreach Dept.
704.372.0101 or aberry@ncdance.org

Photos: Jeff Cravotta

Top Photo: Pete Walker

Bottom Photo: Traci Gilchrest & David Ingram



Swim Lessons: Mecklenburg County Aquatic Center

Session Dates:

| | M/W 9/26-10/21 | M/W 10/24-11/18 No class 10/31 | M/W 11/21-12/16 No class 11/23, 11/24, 11/25 | Saturday 9/24-10/22 | Saturday 10/29-11/19 |
|---------------|-------------------|--------------------------------------|---|------------------------|-------------------------|
| Public | \$80 | \$70 | \$70 | \$50 | \$40 |
| Member | \$64 | \$56 | \$56 | \$40 | \$32 |

PUDDLE DUCKS Ages 6 mon - 2 yrs Introductory Level

A parent and child program that introduces the child to the aquatic environment. Fun and water adjustment are emphasized.

| | | | | | |
|----------|-------------------------|--|--|-------|-------|
| Saturday | 10:00 a.m. - 10:30 a.m. | | | 25674 | 25676 |
| Saturday | 10:30 a.m. - 11:00 a.m. | | | 25675 | 25677 |

SAND DOLLAR Ages 3-5 Beginner Level

No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

| | | | | | | |
|----------|-------------------------|-------|-------|-------|-------|-------|
| Weekday | 5:00 p.m. - 5:30 p.m. | 25678 | 25686 | 25749 | | |
| Weekday | 6:00 p.m. - 6:30 p.m. | 25679 | 25687 | 25750 | | |
| Weekday | 6:30 p.m. - 7:00 p.m. | 25680 | 25688 | 25751 | | |
| Weekday | 7:00 p.m. - 7:30 p.m. | 25681 | 25689 | 25752 | | |
| Saturday | 9:00 a.m. - 9:30 a.m. | | | | 25682 | 25690 |
| Saturday | 9:30 a.m. - 10:00 a.m. | | | | 25683 | 25691 |
| Saturday | 10:00 a.m. - 10:30 a.m. | | | | 25684 | 25692 |
| Saturday | 10:30 a.m. - 11:00 a.m. | | | | 25685 | 25693 |

SEAL Ages 3-5 Advanced Level

Must be able to swim 10 feet independently to enroll.

Students will learn rotary breathing on front and over arm recovery on front and back.

| | | | | | | |
|----------|-------------------------|-------|-------|-------|-------|-------|
| Weekday | 5:30 p.m. - 6:00 p.m. | 25696 | 25698 | 25753 | | |
| Saturday | 11:00 a.m. - 11:30 a.m. | | | | 25697 | 25699 |

OTTER Ages 6-12 Beginner Level

No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

| | | | | | | |
|----------|-------------------------|-------|-------|-------|-------|-------|
| Weekday | 5:30 p.m. - 6:15 p.m. | 25663 | 25667 | 25754 | | |
| Weekday | 7:00 p.m. - 7:45 p.m. | 25664 | 25668 | 25755 | | |
| Saturday | 9:00 a.m. - 9:45 a.m. | | | | 25665 | 25669 |
| Saturday | 10:30 a.m. - 11:15 a.m. | | | | 25666 | 25670 |

MANATEE Ages 6-12 Advanced Level

Must be able to swim 25 yards using over arm recovery to enroll. Students will improve over arm recovery, rotary breathing on front, flutter kick, and backstroke.

| | | | | | | |
|----------|------------------------|-------|-------|-------|-------|-------|
| Weekday | 6:15 p.m. - 7:00 p.m. | 25657 | 25659 | 25756 | | |
| Saturday | 9:45 a.m. - 10:30 a.m. | | | | 25658 | 25660 |

TEEN/ADULT BEGINNER Ages 13+ Beginner Level

No entry skills required. The class for the soon-to-be swimmer.

Students learn front float and glide, back float and glide and total submersion.

| | | | | | | |
|----------|-----------------------|-------|-------|-------|-------|-------|
| Weekday | 6:15 p.m. - 7:00 p.m. | 25700 | 25702 | 25757 | | |
| Saturday | 9:00 a.m. - 9:45 a.m. | | | | 25701 | 25703 |

TEEN/ADULT INTERMEDIATE Ages 13+ Intermediate Level

Students will improve their freestyle and backstroke in order to swim distances, get some exercise or just have fun.

| | | | | | | |
|---------|-----------------------|-------|-------|-------|--|--|
| Weekday | 7:00 p.m. - 7:45 p.m. | 25704 | 25758 | 25759 | | |
|---------|-----------------------|-------|-------|-------|--|--|



800 East Martin Luther King Jr. Blvd.
Charlotte, NC 28202
704.336.DIVE (3483)

www.parkandrec.com/aquatics

Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Eparks at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed.

COME to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs 4, 5, 26 & 27.

Phone and web registration requires payment with Visa or MasterCard only.

For more information, visit www.parkandrec.com/aquatics or call the facility where the activity is listed.



Water Fitness Programs: Mecklenburg County Aquatic Center

Session Dates:

9/26 - 10/21 10/24 - 11/18 11/21 - 12/16

No class 10/31

No class 11/23, 24, 25

| Session | Category | 9/26 - 10/21 | 10/24 - 11/18 | 11/21 - 12/16 |
|-----------------|----------|--------------|---------------|---------------|
| Mon & Wed & Fri | Public | \$48 | \$44 | \$36 |
| | Member | \$36 | \$33 | \$27 |
| Tues & Thurs | Public | \$32 | \$32 | \$28 |
| | Member | \$24 | \$24 | \$21 |



800 East Martin Luther King Jr. Blvd.
Charlotte, NC 28202
704.336.DIVE (3483)

www.parkandrec.com/aquatics

HYDROMANIA

Moderate-High Intensity SHALLOW WATER.

All-over body toning and cardiovascular workout. Since each participant works at their own pace, this class is great for the beginner to the most advanced fitness level.

| | | | | |
|-----------------|-----------------------|-------|-------|-------|
| Mon & Wed & Fri | 5:30 p.m. - 6:30 p.m. | 25722 | 25723 | 25760 |
| Tues & Thurs | 6:00 p.m. - 7:00 p.m. | 25724 | 25725 | 25761 |

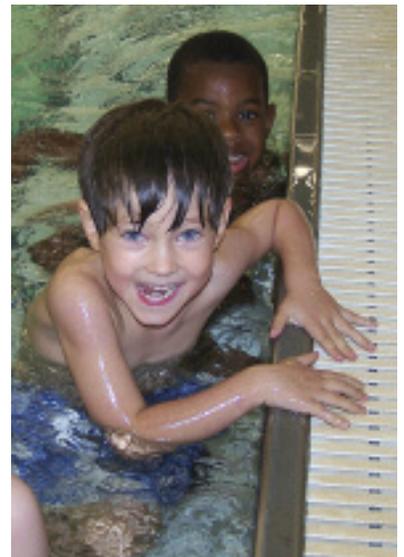


DEEP WATER FITNESS

Moderate-High Intensity DEEP WATER.

No swimming skills required, float belts are worn. All-over toning and cardiovascular program held in deep water with float belts. A great upper body workout.

| | | | | |
|-----------------|-----------------------|-------|-------|-------|
| Mon & Wed & Fri | 5:30 a.m. - 6:15 a.m. | 25718 | 25764 | 25765 |
| | Member | \$36 | \$33 | \$27 |
| | Public | \$27 | \$25 | \$20 |



EASY DOES IT

Beginner-Moderate Intensity SHALLOW WATER.

A low-level, low-impact exercise class. Activities include water walking, aerobic exercise to build cardiovascular endurance and range-of-motion classes.

| | | | | |
|-----------------|-------------------------|-------|-------|-------|
| Mon & Wed & Fri | 11:00 a.m. - 12:00 p.m. | 25720 | 25766 | 25767 |
|-----------------|-------------------------|-------|-------|-------|



ARTHRITIS FOUNDATION

Beginner Intensity SHALLOW WATER.

Gentle stretches and range-of-motion exercises keep tender joints mobile. The buoyancy of the water assists movements, while the resistance strengthens muscles that support joints. A physician's release is required to participate.

| | | | | |
|--------------|-------------------------|-------|-------|-------|
| Tues & Thurs | 11:00 a.m. - 12:00 p.m. | 25716 | 25768 | 25769 |
|--------------|-------------------------|-------|-------|-------|

LIQUID FUSION

Moderate Intensity SHALLOW WATER

A fast pace water exercise class with vigorous toning moves to start you on your day. No swimming skills required as this class is held in shallow water.

| | | | | |
|-----------------|-----------------------|-------|-------|-------|
| Mon & Wed & Fri | 6:30 a.m. - 7:00 a.m. | 25726 | 25762 | 25763 |
|-----------------|-----------------------|-------|-------|-------|

For more information, visit
www.parkandrec.com/aquatics
or call the facility where the activity is listed.

Swim Lessons: Ray's Splash Planet

Session Dates:

| | Weekday 9/12 - 9/28 | Weekday 10/24 - 11/9 | Weekday 11/28 - 12/14 | Saturday 9/10 - 10/1 | Saturday 10/22 - 11/12 | Saturday 12/3 - 12/17 |
|--------|------------------------|-------------------------|--------------------------|-------------------------|---------------------------|--------------------------|
| Public | \$60 | \$60 | \$60 | \$40 | \$40 | \$30 |
| Member | \$48 | \$48 | \$48 | \$32 | \$32 | \$24 |

SAND DOLLAR Ages 3-5 Beginner Level

No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

| | | | | | | |
|----------|-----------------------|-------|-------|-------|-------|-------|
| M/W | 5:30 p.m. - 6:00 p.m. | 26379 | 26380 | 26381 | | |
| Saturday | 9:15 a.m. - 9:45 a.m. | | | | 26382 | 26383 |
| | | | | | | 26384 |

STARFISH Ages 3-5 Intermediate Level

Students learn front and back glide, arm and leg movement and are introduced to swimming independently. Students must be able to float independently.

| | | | | | | |
|----------|------------------------|-------|-------|-------|-------|-------|
| M/W | 6:00 p.m. - 6:30 p.m. | 26835 | 26387 | 26389 | | |
| Saturday | 9:45 a.m. - 10:15 a.m. | | | | 26386 | 26388 |
| | | | | | | 26390 |

OTTER Ages 6-12 Beginner Level

No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

| | | | | | | |
|----------|------------------------|-------|-------|-------|-------|-------|
| M/W | 5:30 p.m. - 6:15 p.m. | 26391 | 26393 | 26394 | | |
| Saturday | 9:15 a.m. - 10:00 a.m. | | | | 26392 | 26395 |
| | | | | | | 26396 |

WALRUS Ages 6-12 Intermediate Level

Students will learn front and back glide with recovery. Combined arm and leg movement on front and back is introduced.

| | | | | | | |
|----------|-------------------------|-------|-------|-------|-------|-------|
| M/W | 6:15 p.m. - 7:00 p.m. | 26397 | 26398 | 26399 | | |
| Saturday | 10:00 a.m. - 10:45 a.m. | | | | 26400 | 26401 |
| | | | | | | 26402 |

Fitness Programs: Ray's Splash Planet

Senior Water Aerobics

Seniors (55+) Come join this FREE aquatic class designed especially for seniors. Enter our pool by using the easy sloping beach entry and enjoy gentle aerobic movements in our warm water. This is a low level, low-impact, water movement class. No swimming skills are required. Contact Pat Daly at 704-432-1141 for more information.

Monday and Wednesday
4:30-5:30pm
Cost is FREE



215 N. Sycamore St.
Charlotte, NC 28202
704.432.4RAY (4729)

www.raysplashplanet.com

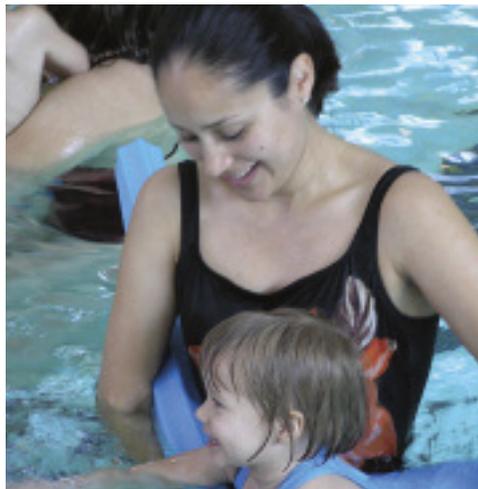
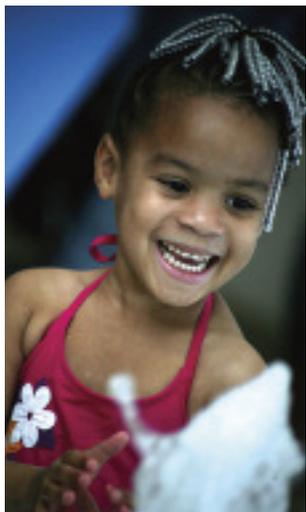
Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Epark at www.parkandrec.com and use the course code number. **CALL** 311 (704.336.7600) or the number listed. **COME** to the location where the program is offered.

Recreation & Nature Center addresses and phone numbers listed on pgs 4, 5, 26 & 27.

Phone and web registration requires payment with Visa or MasterCard only.



Swim Lessons: Marion Diehl Pool

Marion Diehl Pool

Session Dates:

| | Weekday 9/12 - 10/13 | Weekday 10/17 - 11/17 | Saturday 9/17 - 10/15 | Saturday 10/22 - 11/19 |
|----------------------|-----------------------------|-----------------------------|----------------------------|----------------------------|
| Public Member | \$100 \$80 | \$100 \$80 | \$50 \$40 | \$50 \$40 |

PUDDLE DUCKS Ages 6 mon - 2 yrs Introductory Level
A parent and child program that introduces the child to the aquatic environment. Fun and water adjustment are emphasized.

| | | | | |
|----------|-------------------------|--|-------|-------|
| Saturday | 10:00 a.m. - 10:30 a.m. | | 25798 | 25800 |
| Saturday | 10:30 a.m. - 11:00 a.m. | | 25799 | 25801 |

SAND DOLLAR Ages 3-5 Beginner Level
No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

| | | | | |
|----------|-------------------------|-------|-------|-------|
| M/W | 5:30 p.m. - 6:00 p.m. | 25802 | 25811 | |
| T/Th | 5:30 p.m. - 6:00 p.m. | 25805 | 25814 | |
| M/W | 6:00 p.m. - 6:30 p.m. | 25803 | 25812 | |
| T/Th | 6:00 p.m. - 6:30 p.m. | 25806 | 25815 | |
| M/W | 6:30 p.m. - 7:00 p.m. | 25804 | 25813 | |
| T/Th | 6:30 p.m. - 7:00 p.m. | 25807 | 25816 | |
| Saturday | 9:00 a.m. - 9:30 a.m. | | 25808 | 25817 |
| Saturday | 9:30 a.m. - 10:00 a.m. | | 25809 | 25818 |
| Saturday | 10:00 a.m. - 10:30 a.m. | | 25810 | 25819 |

SEAL Ages 3-5 Advanced Level
Must be able to swim 10 feet independently to enroll. Students will learn rotary breathing on front and over arm recovery on front and back.

| | | | | |
|----------|------------------------|--|-------|-------|
| Saturday | 9:30 a.m. - 10:00 a.m. | | 25820 | 25821 |
|----------|------------------------|--|-------|-------|

OTTER Ages 6-12 Beginner Level
No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

| | | | | |
|----------|-------------------------|-------|-------|-------|
| T/Th | 4:45 p.m. - 5:30 p.m. | 25788 | 25792 | |
| Saturday | 10:30 a.m. - 11:15 a.m. | | 25789 | 25793 |
| Saturday | 11:15 a.m. - 12:00 p.m. | | 25790 | 25794 |

MANATEE Ages 6-12 Advanced Level
Must be able to swim 25 yards using over arm recovery to enroll. Students will improve over arm recovery, rotary breathing on front, flutter kick, and backstroke.

| | | | | |
|----------|-----------------------|-------|-------|-------|
| T/Th | 5:30 p.m. - 6:15 p.m. | 25777 | 25780 | |
| M/W | 6:15 p.m. - 7:00 p.m. | 25778 | 25781 | |
| Saturday | 8:45 a.m. - 9:30 a.m. | | 25779 | 25782 |

MARLIN Ages 6-12 Expert Level
Must be able to swim freestyle and backstroke for 25 yards to enroll. Students will improve current strokes and are introduced to breaststroke, butterfly and flip turns.

| | | | | |
|----------|-------------------------|-------|-------|-------|
| M/W | 5:30 p.m. - 6:15 p.m. | 25783 | 25785 | |
| T/Th | 6:15 p.m. - 7:00 p.m. | 25860 | 25861 | |
| Saturday | 11:00 a.m. - 11:45 a.m. | | 25784 | 25786 |

TEEN/ADULT BEGINNER Ages 13+ Beginner Level
No entry skills required. The class for the soon-to-be swimmer. Students learn front float and glide, back float and glide and total submersion.

| | | | | |
|----------|-----------------------|-------|-------|-------|
| M/W | 7:00 p.m. - 7:45 p.m. | 25822 | 25825 | |
| Saturday | 8:15 a.m. - 9:00 a.m. | | 25823 | 25826 |

TEEN/ADULT INTERMEDIATE Ages 13+ Intermediate Level
Students will improve their freestyle and backstroke in order to swim distances, get some exercise or just have fun.

| | | | | |
|----------|-------------------------|--|-------|-------|
| Saturday | 11:45 a.m. - 12:30 p.m. | | 25865 | 25867 |
|----------|-------------------------|--|-------|-------|

Water Fitness Programs: Marion Diehl Pool

Session Dates:

Fees: Mon & Wed & Fri

Fees: Tues & Thurs

9/12 - 10/14

\$30

\$20

10/17 - 11/18

\$30

\$20

HYDROMANIA

Moderate-High Intensity SHALLOW WATER.

All-over body toning and cardiovascular workout. Since each participant works at their own pace, this class is great for the beginner to the most advanced fitness level.

| | | | |
|-----------------|-----------------------|-------|-------|
| Mon & Wed & Fri | 7:30 a.m. - 8:30 a.m. | 25852 | 25853 |
| Mon & Wed & Fri | 8:30 a.m. - 9:30 a.m. | 25854 | 25855 |
| Tues & Thurs | 8:00 a.m. - 9:00 a.m. | 25856 | 25857 |
| Tues & Thurs | 7:00 p.m. - 8:00 p.m. | 25858 | 25859 |

DEEP WATER FITNESS

Moderate-High Intensity DEEP WATER.

No swimming skills required, float belts are worn. All-over toning and cardiovascular program held in deep water with float belts. A great upper body workout.

| | | | |
|-----------------|-------------------------|-------|-------|
| Mon & Wed & Fri | 7:15 a.m. - 8:15 a.m. | 25830 | 25832 |
| Mon & Wed & Fri | 8:15 a.m. - 9:15 a.m. | 25831 | 25833 |
| Tues & Thurs | 9:00 a.m. - 10:00 a.m. | 25836 | 25837 |
| Tues & Thurs | 10:00 a.m. - 11:00 a.m. | 25838 | 25839 |
| Tues & Thurs | 1:00 p.m. - 2:00 p.m. | 25840 | 25841 |
| Tues & Thurs | 7:00 p.m. - 8:00 p.m. | 25842 | 25843 |

EASY DOES IT

Beginner-Moderate Intensity SHALLOW WATER.

A low-level, low-impact exercise class. Activities include water walking, aerobic exercise to build cardiovascular endurance and range-of-motion classes.

| | | | |
|--------------|-------------------------|-------|-------|
| Tues & Thurs | 10:00 a.m. - 11:00 a.m. | 25844 | 25845 |
| Tues & Thurs | 1:00 p.m. - 2:00 p.m. | 25846 | 25847 |
| Tues & Thurs | 2:00 p.m. - 3:00 p.m. | 25848 | 25849 |
| Tues & Thurs | 3:00 p.m. - 4:00 p.m. | 25850 | 25851 |

ARTHRITIS FOUNDATION

Beginner Intensity SHALLOW WATER.

Gentle stretches and range-of-motion exercises keep tender joints mobile. The buoyancy of the water assists movements, while the resistance strengthens muscles that support joints. A physician's release is required to participate.

| | | | |
|--------------|------------------------|-------|-------|
| Tues & Thurs | 9:15 a.m. - 10:00 a.m. | 25828 | 25829 |
| | | \$24 | \$24 |

For more information, visit

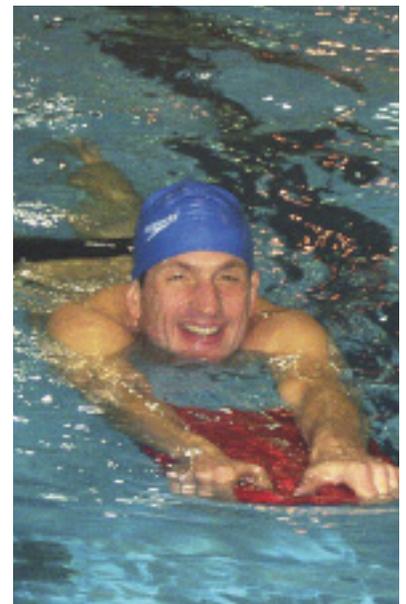
www.parkandrec.com/aquatics

or call the facility where the activity is listed.

Marion Diehl Pool

2219 Tyvola Road
Charlotte, NC 28210
704.432.0237

www.parkandrec.com/aquatics



Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

CLICK on Epark at www.parkandrec.com and use the course code number.
CALL 311 (704.336.7600) or the number listed.

COME to the location where the program is offered.

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Phone and web registration requires payment with Visa or MasterCard only.



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704-336-2020
mecklenburgcountync.gov

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