



BRFSS

2001-2003 Health Outcomes for Mecklenburg County

The Behavioral Risk Factor Surveillance System (BRFSS) is a random telephone survey of state residents aged 18 and older in households with telephones. BRFSS was initially developed in the early 1980s by the Centers for Disease Control and Prevention (CDC) in collaboration with state health departments and is currently conducted in all 50 states, the District of Columbia, and three United States territories.

Through BRFSS, information is collected in a routine, standardized manner on a variety of health behaviors and preventive health practices related to the leading causes of death and disability such as cardiovascular disease, cancer, diabetes, and injuries.

The following is an overview of 2001-2003 BRFSS combined survey data for Mecklenburg County.

Behavioral Risk Factor Surveillance System (BRFSS) Mecklenburg County, 2001-2003							
	Health Care Access	Behavioral Risk Factors				Chronic Conditions	
	No Health Insurance	Smoking	Overweight/Obesity	Physically Inactive	<5 fruits & veg/day	Diabetes	High Blood Pressure
TOTAL	13.2	19.7	54.8	17.6	75.4	5.2	22.4
GENDER							
Male	16.1	22.7	58.1	17.9	78.5	4.6	19.1
Female	10.3	16.7	51.3	17.3	72.2	5.8	25.8
RACE							
White	8.1	20.3	49.1	13.2	73.1	4.6	21.5
African American	12.6	19	69.8	22.1	78.2	7.1	27.2
Other Minorities	41.6	17.1	53.2	30.3	80.3	4	13.5
AGE GROUP							
18-35	19.5	21.6	47.7	13.5	75.9	1.9	9.4
36-44	9	22	65.9	20.2	75.1	6.4	27.6
45 +	2.3	6.6	48.5	25.5	74.6	14.9	51.2
EDUCATION							
H.S. or Less	22.2	24.6	54.6	27.9	77.3	7.5	26.5
Some Post-H.S.	14	26.3	59	15.7	79.4	5.7	25.5
College Graduate	4.9	10.9	51.9	10.2	71.1	2.8	17
HOUSEHOLD INCOME							
Less than \$25,000	30.5	23.8	52.3	23.1	75.5	8.4	31.1
\$25,000-49,999	10.4	23.5	58.4	14.8	79.7	4.6	18.4
\$50,000+	2.8	16.5	56.5	9.7	73	2.3	17.1

Source: NC DHHS/State Center for Health Statistics

Prepared by Mecklenburg County Health Department, Epidemiology Program, December 2005