MECKLENBURG COUNTY HEALTH DEPARTMENT



COMMUNITY RESOURCE GUIDE

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Community Resource Guide

This guide is provided for your use by the Mecklenburg County Health Department. Its purpose is to let you know about health and well-being offered in our community by the Health Department and other agencies. This guide does not represent a complete listing of service providers in our community. If your agency would like to be included in this guide, please visit www.meckhealth.org and "send feedback".

Choose a topic below to view listing of available resources.

Abuse

Advocacy

AIDS

Clothing

Day Care - Adult & Children

Dental Resources

Drug & Alcohol Abuse

Financial Assistance

Food Assistance

Free/Low Cost Clinics

Furniture

Health

Hearing Resources

Home Based Services

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Information & Referral

Medical Supplies & Assistance

Medications

Mental Health

Pregnancy

Social Functioning

Support Groups

Teen Health

Transportation

Vision

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Community Resources <u>Abuse</u>

Child Abuse/Neglect	Address	Phone	Services
Reporting/Investigation (DSS)	Wallace H. Kuralt Centre, 301 Billingsley Road, Charlotte, N.C. 28211 P O Box 220999 Charlotte, N.C. 28222	704-336-2273	Conducts investigations, family assessments, in-home case management and administers foster care and adoption services. http://www.charmeck.org/Departments/DSS/Home.htm <a departments="" dss="" home.htm"="" href="millipse:mill</td></tr><tr><td>Counseling/Support Services (DSS)</td><td>2200 E. 7<sup>th</sup> Street
Charlotte, N.C. 28205
Mailing: P O Box 35458
Charlotte, N.C. 28235</td><td>704-376-7180</td><td>Conducts investigations, family assessments, in-home case management and administers foster care and adoption services. http://www.charmeck.org/Departments/DSS/Home.htm m
Arosa House of Family Ctr.	1030 Arosa Ave. Charlotte, N.C. 28203	704-373-1669	Residential home for teen mothers and their baby(s); offers comprehensive case management; will be opening the beginning of May 2008.
Group Home Treatment The Family Center	2200 E. 7 th Street Charlotte, N.C. 28205 Mailing: P O Box 35458 Charlotte, N.C. 28235	704-376-7180	Child/adolescent family therapy, diagnostic assessments, intensive in-home services, infant mental health, in-home family education, nurturing program, parent-child interaction therapy, school based programs, summer camp. www.thefamilycenter.net
Foster Care (DSS)	YFS location is 720 E. 4 th Street Charlotte, N.C. 28202	704-336-2273 Fax 704-336-7429	Conducts investigations, family assessments, in-home case management, and administers foster care and adoption services. http://www.charmeck.org/Departments/DSS/Home.htm m
Reporting/Investigation (DSS)	301 Billingsley Rd. Charlotte, N.C. 28211	704-336-2273	Centralized intake, monitoring unit, guardianship, adult protective services (APS), caregiver support, services to maintain independence (SMI). http://www.charmeck.org/Departments/DSS/Home.htm

Shelter for Abused Spouse Battered Women's Shelter	P O Box 220312 Charlotte, N. C. 28222	704-332-2513	30 day emergency shelter, support groups, counseling, legal clinic.
Counseling for Abused Men (New Options for Violent Action—NOVA)	3623 Latrobe Drive Suite 107 Charlotte, N.C. 28211	704-336-4344	Education classes for abusive partners and offenders of domestic violence.
Sexual Assault Charlotte Police Dept.	601 E. Trade Street Charlotte, N.C. 28202	911	Sexual assault unit investigates all sexual assaults, including but not limited to: rapes, sexual assaults, sexual battery, peeping toms, indecent exposure and some other sex related cases. http://www.charmeck.org/Departments/CMPD/Investigative+Services/Criminal+Investigations/Sexual++Assault/home.htm
Rape Crisis (Victim Assistance) United Family Services	601 E. Fifth St. Suite 400 Charlotte, N.C. 28202	704-375-9900	Crisis Intervention & Advocacy: 24-hour hotlines for victims of sexual assault; 24-hour hospital accompaniment for victims of sexual assault; Accompaniment to police interviews or meetings with district attorney; Advocacy within the criminal court system; Assistance to youth investigators in interviewing child victims; Assistance with victim compensation applications; Child abuse prevention education; Counseling for children who have been sexually abused and their families; Counseling for children who have witnessed violence; Crisis intervention and short-term counseling for victims of violent crime; Educational presentations on victimization and prevention; Grief counseling following a homicide; Post-traumatic stress debriefings for groups affected by violence; Support groups for teens and adult women who have been sexually assaulted; Training on issues of victimization and response to victims;

Tree House Children's Advocacy Center.
Domestic Violence Services: 24-hour emergency room response at Carolinas Medical Center; 24-hour emergency shelter in secure and confidential location; 24-hour hotline; Counseling for women (and their children) who have experienced intimate partner violence; Counseling for incarcerated women who have experienced intimate partner violence; Court accompaniment and assistance with filing protective orders.
Support groups: Heart to Heart Ten theatre (in partnership with The Children's Theater of Charlotte) http://www.unitedfamilyservices.org/

Community Resources Advocacy

Children	Address	Phone	Services
Council for Children	601 E. 5 th Street Suite 510 Charlotte, N.C. 28202	704-372-7961	Advocacy for children (I.E. guardian ad litem).
Generic			
United Way Info & referral Line	Dept. of Social Services 301 Billingsley Road Charlotte, N.C. 28211	704-377-1100	Provides data and referral assistance for non-profit & government resources in Mecklenburg, Cabarrus and Union Counties.
Neighborhood Services & Development Department	600 East Trade Street Charlotte, N.C. 28202	704-336-3380	Housing code enforcement, affordable housing development, job training & placement, small lending & support, neighborhood-based problem solving & community leadership development.
Disability Rights and Resources	5801 Executive Center Dr. Suite 101 Charlotte N.C. 28212	704-537-0550	Provides advocacy, training, information and peer support services to people with all disabilities so they may achieve greater independence.

Community Resources AIDS/HIV

Agency/Clinic	Address	Phone	Services
Case Management			
Bradley-Reid Corporation	715 E. 5 th Street Suite 216 Charlotte, N.C. 28202	704-333-5686	Referrals
Brother 2 Brother	740 West 5 th Street Charlotte, N.C. 28202	704-295-1555	Referrals
Meck. County Health Dept. CAP/DA	249 Billingsley Rd. Charlotte, N.C. 28211	704-336-4674	For those who have AIDS and need Case Management Services and in-home services to avoid nursing home services http://www.charmeck.org/Departments/Health+Department/Community+Health+Services/Community+Alternatives+Program/CAP+DA.htm
Meck. County Health Dept. HIV Case Management Program	249 Billingsley Rd. Charlotte, N.C. 28211	704-591-1332	HIV Case Management http://www.charmeck.org/Departments/Health+Departments/Health+Departments/Community+Health+Services/Community+Alternatives+Program/CAP-Aids.htm
Positive Possibilities	2845 Beatties Ford Rd. Charlotte, N.C. 28216	704-336-3317 or 704-336-7217	Referrals
Quality Home Care Services	3552 Beatties Ford Road Charlotte, N.C. 28216	704-394-8968	
Regional Aids Interfaith Network (RAIN)	501 N. Tryon Street Charlotte, N.C. 28202	704-372-RAIN (7246)	http://www.carolinarain.org/Page.aspx?pid=301
Rescare	4530 Park Road Charlotte, N.C. 28209	704-529-6664	
Regional Aids Consortium	7510 E. Independence Blvd Charlotte, N.C. 28227	704-531-4414	
HIV Testing and Counseling			
Lesbian & Gay Community Ctr	820 Hamilton Street Suite B11 Charlotte, N.C. 28206	704-333-0144	
Mecklenburg County Health Department	249 Billingsley Road 2845 Beatties Ford Road	704-336-6500	

Quality Home Care Services	3552 Beatties Ford Rd. Charlotte, N.C. 28216	704-394-8968	
SyphIlis Elimination Effort		704-432-TEST (8378)	Community testing sites
Medical Care			
Bethesda Health Center	133 Stetson Street Charlotte, N.C. 28262	704-596-5606	Must be uninsured. Must interview for services. Primarily Spanish.
Cascade		704-336-4844	Medical help for chemically dependent pregnant women. Treatment & support. Confidential.
Community Health Services	601 E. 5 th Street, Suite 140 Charlotte, N.C. 28202	704-375-0172 Physicians Reach Out: 704-371- 4740	Base rate services; general health. For reduced rates, ask about Physicians Reach Out.
Charlotte Community Health Center	3040 A Eastway Drive Charlotte, N.C. 28205	704-316-6561	Must be uninsured and not receiving other care. Financial criteria to be able to apply for services. Billingual staff.
CMC			All CMC clinics offer general medical services for insured individuals. For specific questions in regards to service, contact location near you. Sliding scale services available. Contact Myers Park to apply and for details.
Biddle Point	1801 Rozzelles Ferry Road Charlotte, N.C. 28208	704-446-9987	
Eastland	5516 Central Avenue Charlotte, N.C. 28212	704-446-1600	
Myers Park	1350 Kings Drive Charlotte, N.C. 28207	704-446-1668	Infectious disease specialist at this location.
Northeast - Concord	920 N. Church Street Concord, N.C. 28025	704-783-1521	Infectious disease specialist at this location.
North Park	251 Eastway Drive Charlotte, N.C. 28213	704-446-9991 Teen Health: 704-381-8336	Home of Teen Health Connection for ages 11-21.
Charlotte Volunteers in Medicine Clinic	1330 Spring Street Charlotte, N.C. 28206	704-350-1300	Must live in 28206 zip code to be eligible ande have no current insurance, including Medicare and Medicaid. Located in the Greenville Recreation Center Mondays and Thursdays 9am-4pm.
C. W. Williams Health Center	Uptown Office	704-393-7720	No free services. All services offered on a sliding scale

	1918 Randolph Road Suite 670 Charlotte, N.C. 28207 West Office 3333 Wilkinson Blvd. Charlotte, N.C. 28208		based on client screening process. Must make appointments. Accepts insurance as well as Medicare and Medicaid. http://www.cwwilliams.org/Home.html
Florence Crittenton Services	1300 Blythe Blvd. Charlotte, N.C. 28203	704-372-4663	Residential and maternity home for adolescents and women.
Lake Norman Free Clinic	121 N. Old Statesville Rd. Huntersville, N.C. 28078	704-947-1350	Must live in the area and have proof of address. Appointments needed. Billingual staff.
Matthews Volunteers in Medical Health Clinic	113 Ames Street Matthews, N.C. 28105	704-841-8882	Patients cannot have health insurance. General medical only. Billingual staff.
Mecklenburg County Health Department	Northwest 2845 Beatties Ford Rd. Charlotte, N.C. 28216 Southeast 249 Billingsley Road Charlotte, N.C. 28211	704-336-6500	
Early Intervention Clinic	Northwest Health Dept. 2845 Beatties Ford Rd. Charlotte, N.C. 28216	704-432-4227	For newly diagnosed HIV+ individuals. Physical evaluations, cd-4 and viral load count. No Fee. Appointment only. Monday & Tuesday 8am-5pm.
Rosedale Infectious Diseases	103 Commerce Center Dr. Huntersville, N.C. 28078	704-948-8582	With or without insurance.
Support Groups			
Brother 2 Brother	740 W. 5 th Street Charlotte, N.C. 28202	704-295-1555	
Lesbian & Gay Community Ctr.	820 Hamilton St. Suite B11 Charlotte, N.C. 28206	704-333-0144	
Regional AIDS Interfaith	501 N. Tryon Street	704-372-7246	
Network (RAIN)	Charlotte, N.C. 28202	RAIN	
Support Works		704-331-9500	Helps in finding and forming support groups

Community Resources Clothing

Agency/Clinic	Address	Phone	Services
Crisis Assistance Ministry	500 Spratt Street	704-371-3001	"Free Store" provides good, quality clothes, household
	Charlotte, N.C. 28206		items, furniture and appliances free of charge.
Goodwill Industries	2901-A Freedom Drive	704-372-3434	Donated clothing and household items are available at
	1909 Sardis Road, North	704-841-8600	minimal cost.
Salvation Army	6301 South Blvd.	704-552-2925	Donated clothing and household items are available at
	1011 Central Avenue	704-332-1171	minimal cost.

<u>Community Resources</u> <u>Day Care - Adult & Children</u>

Agency/Clinic	Address	Phone	Services
Adult			
Family Outreach & Counseling Center	700 Parkwood Ave. Charlotte, N.C. 28205	704-509-9917	Counseling services.
Adult Care and Share	6709 Idlewild Road Charlotte, N.C. 28212	704-567-2700	Adult day health care.
Child			
Child Care Search	Offices in Union, Cabarrus, and Mecklenburg Counties	Union: 704-238-8800 Cab: 704-786-1024 Meck: 704-348-2181	Provide free referrals for child care to child care centers, family child care homes, preschools, school-age child care, head start programs, summer camps. http://www.childcareresourcesinc.org/about/kindergarten.aspx
Child Care Resources	4601 Park Road Suite 500 Charlotte, N.C. 28209	704-376-6697	Child care.
Mental Retardation			
Association for Retarded Citizens Gaston County	200 E. Franklin Blvd. Gastonia, N.C. 28052	704-861-1036	Services: advocacy services; family support; quarterly workshops. Programs: Aktion Clubs; SibShops; Noah's Arc; FASD committee. www.gastoncountyarc.org
Association for Retarded Citizens Mecklenburg County	4108 Park Road Suite 409 Charlotte, N.C. 28209	704-332-4535	Services: advocacy services; family support; quarterly workshops. Programs: Aktion Clubs; SibShops; Noah's Arc; FASD committee. www.arcmeck.org
Center for Human Development (Carlton G. Watkins Center)	3500 Ellington Street Charlotte, N.C. 28211	704-336-7130	Intake line; children 3 and under.

Agency/Clinic	Address	Phone	Services
St. Mark's Child Development Center	917 Clanton Road Charlotte, N.C. 28217	704-527-5433	Child care.
Mecklenburg Respite Services - DSS for Adults	Wallace H. Kuralt Centre 301 Billingsley Road Charlotte, N.C. 28211 Mailing: P O Box 220999 Charlotte, N.C. 28222	704-353-1500	Provides personal care, home management, and respite services to elderly and disabled adults who are unable to perform these tasks. http://www.charmeck.org/Departments/DSS/Services+for+Seniors+and+the+Disabled/Home.htm
Cerebral Palsy			
United Cerebral Palsy Development Center	716 Marsh Road Charlotte, N.C. 28209	704-522-9912	Services: individual and community support; child and family services; mental health services; supported employment training; durable medical equipment; information and referrals. http://nc.easterseals.com/site/PageServer?pagename=NCDR_homepage

Community Resources Dental

Agency/Clinic	Address	Phone	Services
Carolinas Medical Center Dentistry	1000 Blythe Boulevard Charlotte, N.C. 28203	704-355-2165	- Emergency/limited care appointments only-Oral surgery. Sees ages 14 and up.
Carolinas Mobile Dentistry	1000 Blythe Boulevard Charlotte, N.C. 28203	704-355-5317	-General Dentistry/Nursing Home -Accepts Medicaid.
Charlotte Dental Society	1112 Harding Place Charlotte, N.C. 28204	704-376-6555	-Keep an updated pre-recorded list of dentists who accept Medicaid. -Medical/Dental Referral Line-(704)376- 0847. -Give 3 names of dentists in zip code. -Call for information 9:00am-1:00pm.
Crest Dental Health Education		1-800-543-2108	-Provides web-based information on oral care and downloadable program materials designed for first graders. http://pgschoolprograms.com
Mecklenburg County Health Department Children's Dentistry Roland Estep, Practice Manager Biddle Point	1801 Rozzelles Ferry Road Charlotte, N.C. 28208	704-350-7300	-Provides dental services for any child 16 yrs or younger who lives in Mecklenburg CountyAccepts Medicaid, NC Health Choice, Private Dental Insurance, and has a
		704-350-7305	Sliding Fee ScaleCall for an appointment MonFri. 7:00am-5:30pmSpanish speaking staffBest time for nurses to call-around 2:00pm.

Drug & Alcohol Abuse Community Resources

Agency/Clinic	Address	Phone	Services
Prevention/Education Services			
Anuvia Prevention & Recovery	100 Billingsley Road	704-376-7447	www.anuvia.org
Center	Charlotte, N.C. 28211	Fax: 704-376-2172	
Bethlehem Center	2705 Baltimore Avenue	704-375-1417	www.bethlehemcenter.org
	Charlotte, N.C. 28203	Fax: 704-371-7432	
Charlotte/Mecklenburg Schools	Walton Plaza	704-343-3768	
Substance Abuse Prevention	700 E. Stonewall Suite 704	Fax: 704-343-3796	
Program	Charlotte, N.C. 28202		
Mecklenburg County Health	249 Billingsley Road	704.336-3047	
Department	Charlotte, N.C. 28211	Fax: 704-336-5733	
Prevention/Wellness Services			
Substance Abuse Prevention	1117 E. Morehead St.	704-375-3784	
Services	Charlotte, N.C. 28204	Fax: 704-333-3784	
Intervention/Assessment/			
Referral Services			
Anuvia Prevention & Recovery	100 Billingsley Road	704-376-7447	www.anuvia.org
Center	Charlotte, N.C. 28211	Fax: 704-376-2172	
Assessment & Referral	3726 Latrobe Drive	704-336-6404	
	Suite 100B	Fax: 704-336-3588	
	Charlotte, N.C. 28211		
CASCADE	5800 Executive Center Dr.	704-336-4844	
	Suite 200	Fax: 704-336-8801	
	Charlotte, N.C. 28212		
Detoxification Services			
Behavioral Health Center -	1816 Lyndhurst Avenue	704-379-5248	
Mercy Horizons	Charlotte, N.C. 28203	Fax: 704-379-5514	
Substance Abuse Services	429 Billingsley Road	704-336-3067	
Center	Charlotte, N.C. 28211	Fax: 704-336-5105	
Treatment Services			
Anuvia Prevention & Recovery	100 Billingsley Road	704-376-7447	www.anuvia.org

Center	Charlotte, N.C. 28211	Fax: 704-376-2172	
Behavioral Health Center -	1816 Lyndhurst Avenue	704-446-0391	Intensive outpatient services
Mercy Horizons	Charlotte, N.C. 28203	Fax: 704-379-5583	'
CASCADE	5800 Executive Center Dr.	704-336-4844	
	Charlotte, N.C. 28212	Fax: 704-336-8801	
Dilworth Center for Chemical	2240 Park Road	704-372-6969	www.dilworthcenter.org
Dependency	Charlotte, N.C. 28203	Fax: 704-335-0176	
McLeod Addictive Disease	145 Remount Road	704-332-9001	www.mcleodcenter.com
Center	Charlotte, N.C. 28203	Fax: 704-332-0124	
New Beginnings	1508 Cleveland Avenue	704-334-6574	www.newbeginningscounselingcenter.com
	Charlotte, N.C. 28203		
Serenity Counseling Services	1409 E. Boulevard	704-338-1155	
	Charlotte, N.C. 28203	Fax: 704-342-1917	
Southeast Addiction Institute &	5601 Executive Center Dr.	704-561-0920	<u>www.sailcharlotte.com</u>
Learning Center, Inc. (SAIL)	Suite 101	Fax: 704-561-0851	
	Charlotte, N.C. 28212		
S.T.E.P. Drug Treatment Court	832 E. 4 th Street	704-686-0150	www.nccourts.org/County/Mecklenburg/Courts/D
	Suite 4351	Fax: 704-686-0172	RUG.asp
	Charlotte, N.C. 28202		
Substance Abuse Education &	945 N. College Street	704-347-0278	Combines 3 mos. of intensive outpatient treatment
Recovery (SABER)	Charlotte, N.C. 28206		followed by 6 mos. of aftercare with guarantee of
			free housing as long as person is drug/alcohol free.
			www.urbanministrycenter.org
	400 Billi	704.007.0077	
Substance Abuse Services Ctr.	429 Billingsley Road	704-336-3067	
Dalah ilitatian Dalaman	Charlotte, N.C. 28211	Fax: 704-336-5105	
Rehabilitation Programs			
Charlotte Rescue Mission	907 West 1 st Street	704-334-4635	Men's recovery program
Rebound	Charlotte, N.C. 28202	Fax: 704-333-7285	http://www.charlotterescuemission.org/rebound
			mens.php
Charlotte Rescue Mission	1814 Euclid Avenue	704-332-3999	Women's recovery program
Dove's Nest	Charlotte, N.C. 28203	Fax: 704-332-3699	http://www.charlotterescuemission.org/dovesnes
			t.php
Salvation Army Adult	1023 Central Avenue	704-332-1171	http://www.charlottearc.org/
Rehabilitation Center	Charlotte, N.C. 28204	Fax: 704-332-3345	

Residential Aftercare			
Hope Haven	3815 N. Tryon Street Charlotte, N.C. 28206	704-372-8809 Fax: 704-376-0113	www.hopehaveninc.org
Uptown Shelter of Charlotte	1210 N. Tryon Street Charlotte, N.C. 28206	704-334-3187 Fax: 704-334-1545	www.uptownshelter.org
Self-Help/Support Groups			
Alcoholics Anonymous	1427 South Boulevard Suite 106 Charlotte, N.C. 28203	704-332-4387	http://www.charlotteaa.org/
Al-Anon Family Groups of N.C.	1409 E. Blvd. Suite 110 Charlotte, N.C. 28203	704-333-9523	
Co-Dependents Anonymous		704-559-8045	
Narcotics Anonymous		704-379-0440 Helpline: 704-366-8980	http://www.charlotte-na.org/helplines.htm
Nar-Anon		704-542-3613	

Community Resources Financial Assistance

Financial Assistance	Address	Phone	Services
Non-medical Ongoing			
Child support Enforcement - 26 th Judicial District - Self Service Center	500 West Trade Street Charlotte, N.C. 28202	704-686-0210	Location of absent parents; establishment of paternity for illegitimate children; establishment of legal child support obligations; collection of child support payments; enforcements of child support obligations http://www.aoc.state.nc.us/www/public/courts/meck/disk01/index.html
Department of Social Services	301 Billingsley Road Charlotte, N.C. 28211	704-336-4809	Economic Services Division (EDS) provides financial, medical, and food assistance. Programs: Work first cash assistance; work first employment services; food stamps; Medicaid; refugee assistance; energy assistance program; managed care of Medicaid recipients. http://www.charmeck.org/Departments/DSS/Home.htm
Employment Security Commission	7140 Forest Point Blvd. #A Charlotte, N.C. 28217	704-566-2870	Individual Services: on-line employment information and filing; search job openings, register for work; research labor market; career planning, etc. http://www.ncesc.com/
Social Security Administration	5800 Executive Ctr. Dr. Suite 300 Charlotte, N.C. 28212	1-800-772-1213	Medicaid; Medicare; Disability; SSI http://www.socialsecurity.gov
Medical			
Department of Social Service Family/Children Medicaid	301 Billingsley Road Charlotte, N.C. 28211	704-336-3150	http://www.charmeck.org/Departments/DSS/Home.htm
Social Security Administration	5800 Executive Ctr. Dr. Suite 300 Charlotte, N. C. 28212	1-800-772-1213	Medicaid; Medicare; Disability; SSI http://www.socialsecurity.gov

Financial Assistance	Address	Phone	Services
Non-Medical			
Charlotte Area Fund	901 North Tryon St. Charlotte, N.C. 28206 Mailing: P O Box 34188 Charlotte, N.C. 28234	704-372-3010	Offers four main programs to provide low-income citizens to become more self-sufficient. These programs include: Self Sufficiency program; weatherization assistance program; specialized seniors program; nutrition assistance program. www.charlotteareafund.org
Crisis Assistance Ministries	500-A Spratt Street Charlotte, N.C. 28206	704-371-3000	Programs: Emergency financial assistance; free store; economic self-sufficiency. http://crisisassistance.org/
Emergency Assistance-AFDC	500-A Spratt Street Charlotte, N.C. 28206	704-371-3000	Programs: Emergency financial assistance; free store; economic self-sufficiency. http://crisisassistance.org/
Good Fellows Club	700 Parkwood Avenue Charlotte, N.C. 28205	704-333-5040	Good Fellows provides emergency assistance to families in need throughout the year. http://goodfellowsclub.org
Salvation Army	534 Spratt Street Charlotte, N.C. 28206	704-334-4731	Homeless shelter; childcare services; parenting and computer classes; substance abuse treatment; case management; transportation to community agencies; thrift store. www.salvationarmycharlotte.org
Energy Assistance			
Community Link	601 E. 5 th St. Suite 220 Charlotte, N.C. 28237 Mailing: P O Box 37265 Charlotte, N.C. 28202	704-943-9490	Assessment and referrals; rental/supportive housing programs; tenant education; housing resource developments; housing needs assessment; housing placement; in-home follow up services . http://communitylink-nc.org/
Low Income Energy Assistance - DSS	301 Billingsley Road Charlotte, N.C. 28211	704-336-3000	The Low Income Energy Assistance Program (LIEAP) provides for a one-time cash payment to help eligible households to pay a portion of their heating bills. Some food stamp recipient households are automatically eligible based on information found in the food stamp system during a computer data match completed on September 30. Any resident of

			Mecklenburg County (including food stamp households that are not automatically eligible) can apply for the program during the mandatory application taking period the first two weeks of November. The LIEAP checks are mailed to the recipients on January 31. http://www.charmeck.org/Departments/DSS/Home.htm
Crisis Assistance Ministries	500-A Spratt Street Charlotte, N.C. 28206	704-371-3000	The Emergency Financial Assistance Program services individuals and families in financial distress by preventing eviction and utility loss with payments made directly to utility companies and landlords. http://crisisassistance.org/
Low Income Energy Assistance AFDC	500-A Spratt Street Charlotte, N.C. 28206	704-371-3000	Programs: Emergency financial assistance; free store; economic self-sufficiency http://crisisassistance.org/
Good Fellows	700 Parkwood Avenue Charlotte, N.C. 28205	704-333-5040	Good Fellows provides emergency assistance to families in need throughout the year. http://goodfellowsclub.org
Salvation Army	534 Spratt Street Charlotte, N.C. 28206	704-334-4731	Homeless shelter; childcare services; parenting and computer classes; substance abuse treatment; case management; transportation to community agencies; thrift store. www.salvationarmycharlotte.org
Mortgage Counseling	Address	Phone	Services
United Family Services	601 E. 5 th Street Suite 400 Charlotte, N.C. 28202	704-332-9034 Fax 704-373-1604	Budgeting and money management education and planning; debit management program; mortgage delinquency/loss mitigation/default resolution; pre/post rental counseling; pre-purchase homeownership counseling; rental delinquency; reverse mortgage counseling. www.unitedfamilyservices.com
Children			
Department of Social Service Community Health Services	301 Billingsley Road Charlotte, N.C. 28211	704-336-3150	http://www.charmeck.org/Departments/DSS/Home.htm
Leukemia Society and Lymphoma Society	5950 Fairview Road Suite 250	704-998-5012 Fax 704-998-5010	The society's Patient Financial Aid Program offers financial reimbursement for some medications,

	Charlotte, N.C. 28210		transportation and procedures for those in need. The Society's Co-Pay Assistance Program offers financial support towards the cost of insurance co- payments and/or insurance premium costs for prescription drugs. Patients must qualify both medically and financially for this program. www.leukemia-lymphoma.org
Attendant Care Assistance			
Disability Rights and Resources (formerly Programs for Accessible Living)	5801 Executive Center Dr. Suite 101 Charlotte, N.C. 28212	704-537-0550	Center for independent living for people with disabilities; provide information and referrals for community resources and services; offer independent living skills training; advocacy; peer advocates - mentoring by people with disabilities living in the community. www.disability-rights.org
Attendant Care Assistance	Address	Phone	Services
Child Care (financial assistance) Child Care Subsidy Meck. Co. Dept. of Social	4601 Park Road Suite 500 Charlotte, N.C. 28209	704-348-2181 704-376-6697	Subsidies help low-income families pay for quality child care which allows them to work or attend school. The program is administered through Child
Services & Child Care Resources, Inc. Adult Day Care (financial	301 Billingsley Road	704-336-4809	Care Resources Inc. Financial assistance through DSS is available to any

Community Resources Food Assistance

Food Assistance	Address	Phone	Services
Food Stamps			
Department of Social Services	301 Billingsley Rd Charlotte, N.C. 28211 3205 Freedom Drive Charlotte, N.C. 28208	704-336-3150	Application for Food stamps, assistance obtaining food. www.charmeck.org/Departments/DSS
Food Banks			
Second Harvest Food Bank	500-B Spratt St Charlotte, N.C. 28206	704-376-1785	Provides a regional distribution warehouse that supplies food & grocery items to charitable agencies.
Food Pantries (Emergency)			
Matthews Community HELP Center	119 N. Ames Street Matthews, N.C. 28105 P O Box 91 Matthews, N.C. 28106	704-847-8383 Fax: 704-847-1621	Provides programs and services that will meet life's basic needs and referrals. www.matthewshelpcenter.org
Loaves and Fishes	P O Box 11234 Charlotte, N.C. 28220	704-523-4333	Provides proceries and support to people in crisis. 14 pantries, use web address for locations. www.loavesandfishes.org
Food Assistance (Emergency)			
Crisis Assistance Ministry	500-A Spratt St Charlotte, N.C. 28206	704-371-3000	Clothes, furnishings, financial assistance, food. www.crisisassistance.org
Soup Kitchens			
ST. Peter's Soup Kitchen @ Urban Ministry	945 N. College St Charlotte, N.C. 28206	704-347-0278	Serves a hot lunch 365 days year from 11:15am- 12:15pm. No questions asked. http://www.urbanministrycenter.org/services-a-programs/soup-kitchen
Dilworth Soup Kitchen @ First Christian Church	1200 E. Boulevard Charlotte, N.C. 28203	704-334-3771	Lunch served Monday and Wednesday from 11:30am to 12:30pm. Open to all.
Home Delivered Meals for the Elderly	Address	Phone	Services
Friendship Trays	2401-A Distribution St. Charlotte, N.C. 28203	704-333-9229	Delivers lunch to elderly, handicapped and convalescing people.

			www.friendshiptrays.org
Senior Nutrition Program	301 Billingsley Road Charlotte, N.C. 28211	704-336-3150	Provides congregate, supplemental, and home- delivered meals to older adults. www.charmeck.org/Departments/DSS
Home Delivered Meals for the			
Handicapped			
Friendship Trays	2401-A Distribution St.	704-333-9229	Delivers lunch to elderly, handicapped and
	Charlotte, N.C. 28203		convalescing people.
			www.friendshiptrays.org

<u>Community Resources</u> <u>Free/Low Cost Health Service Referrals (for Mecklenburg County Only)</u>

FREE CLINICS:	Address	Phone	Services
Bethesda Health Center	133 Stepson Charlotte, N.C. 28262	(704) 596-5606	Primary Care. All Ages. Primarily Hispanic population.
Carolinas Medical Center Outpatient Clinics	Myers Park North Park Biddle Point	704-446-1600 704-446-9991 704-446-9987	Low income residents, sliding scale fee.
Charlotte Community Health Clinic	3040 A Eastway Dr. Charlotte, N.C. 28205 (Eastway Crossing)	704-316-6561	Primary care, acute episodic, & chronic disease. BY APPOINTMENT ONLY. Financial screening required. Ages 19 and above. M-W 9-5, Thurs. 1-8.
Charlotte Volunteers In Medicine Clinic	1315 Beatties Ford Road Charlotte, N.C. 28216	704-350-1300	Primary Care, Lab services, access to dentistry, free/low-cost RX's; By APPOINTMENT ONLY; men must live in Meck. Co.; Women must live in zip codes:28205,28206,28208,28212,28216,28217; M-Th 9am-4:30pm, Fri 9am-2pm; Ages 18-64; MUST BRING Paystub/picture id/ss card. www.cvimnc.org
Community Health Services	601 E. 5 th Street Charlotte, N.C. 28202	704-375-0172	Non-emergency apts only. Monday -Friday, 8am-5pm. Walk-ins are accepted. Fee schedule applies. http://www.chs-nc.org/index.html
Free Clinic of Our Towns Davidson - (Serves N. Mecklenburg & S. Iredell residents which includes: Cornelius, Davidson, Huntersville, Mooresville).	Ada Jenkins Center 212 Gamble Street, Davidson, N.C. 28036	704-896-0471	Volunteer ED, Primary Care, Thursdays 6pm-8pm. Registration begins @ 5:00pm on a first come/first serve basis. Can only see 30-35 people a session. http://www.adajenkins.org/services/health/medicalClinic.cfm

Free Clinic of Our Towns Lake Norman Free Clinic - (Serves Residents of Mooresville, Huntersville, Davidson, Cornelius or within 10 miles of clinic).	14230 Hunters Rd. Huntersville, N.C. 28031	704-947-6858	Primary Care, Orthopedics, Podiatry, Women's clinic, Diabetic counseling, nutrition classes, physical therapy. Monday: urgent care 11am-2pm & 5:30pm-8:00pm, Wednesday: chronic care 10:30am-2:00pm.Translators for Spanish speaking pt's. Must have a financial interview prior to seeing physician. Financial interviews are conducted on: Mon-Fr 10am-2pm and Wed from 5pm-8pm. See website for items needed to spring. (**hours will be chaning 3/2010, see website). www.LKNFreeClinic.org
Matthews Free Medical Clinic (Serves Mecklenburg & Union county residents).	113 Ames Street Matthews, N.C. 28105	704-841-8882	BY APPOINTMENT ONLY Mon-Fri 8am-2pm. Well pt. care, chronic disease treatment, gyn exams. Financial Screening Required; Complete screening form found on website. Bring to scheduled appt. www.Matthewshealthclinic.org
MedAssist of Mecklenburg	5516 Central Avenue Charlotte, N.C. 28212	704-536-1790	Medication assistance.Referral Required.Financial Screening Required. http://www.medassist.org/
Physician' ReachOut	Community Health Services 601 E. 5 th Street Suite 140 Charlotte, N.C. 28202	704-375-0172	Appointments made to see physicians in general practices. (Sponsored by Mecklenburg County Medical Society). Financial Screening Required. For un and under-insured. Have to be resident of Meck. Co. for 6 mos., \$20.00 admin. Fee/cash or money order.*4 week process. http://www.chs-nc.org/index.html
Presbyterian Hospital Community Care Cruiser	Various locations	704-384-3031	Screenings, primary care, prenatal care, immunizations, educations, disease diagnosis, asthma treatment, STD testing, pregnancy tests, community referrals, no appointment necessary. Ages 0-17 (*minors require consent for certain services r/t stds/other communicable diseases such as with immunizations, pregnancy, alcohol or substance abuse and behavioral health). For un and underinsured. www.presbyterian.org/cruiser

Shelter Medical Clinic (Salvation Army's Shelter for Homeless Women/Children)	534 Spratt Street Charlotte, N.C. 28206	704-334-0000	Primary Care for Salvation Army Residents Only. 3pm to 7 pm. http://www.shelterhealthservices.org/index.php
CW Williams Community Health Center	3333 Wilkinson Blvd. or 1918 Randolph Rd. Suite 670	704-393-7720	BCBS, Cigna, Medicare; Medicaid, sliding scale fee; BY APPOINTMENT ONLY; *May use translation line for language barriers. http://www.cwwilliams.org/CWWilliams/Home.html

Community Resources Furniture

Agency/Clinic	Address	Phone	Services
Furniture and Appliance Store (Crisis Assistance Ministry)	339-C West Tremont Ave. Charlotte, N.C. 28203	704-371-3001 ext. 125	Helps families maintain their dignity by providing furniture and appliances free of charge. These savings allow people to spend their money on other basic essentials. All items in the store are free. To shop in the store, you will need a referral (and a Furniture Referral Form) from a social worker or your congregation. Shoppers must provide their own means of pick-up. Shopping hours: Monday to Friday, 1pm - 4pm. http://www.crisisassistance.org/index.php?src=ge_ndocs&ref=Furniture_Appliance_Store&category=Main
Goodwill	2901 A Freedom Dr. 1909 Sardis Road North	704-372-3434 704-841-8600	Over 15 locations in Charlotte, with more than 20 stores in surrounding Mecklenburg County. www.goodwillsp.org
Salvation Army	6301 South Blvd. 1011 Central Avenue	704-552-2925 704-332-1171	Thrift store www.salvationarmycharlotte.org

Community Resources Health

Mental Health	Address	Phone	Services
CMC Randolph	501 Billingsley Rd Charlotte, N.C. 28211	704-358-2810	Crisis stabilization for adults, adolescents and children. The only dedicated psychiatric emergency department in the region staffed by board-certified physicians 24 hours-a-day, 7 days-a-week. Adult inpatient services; separate inpatient units for adolescents (13-17 years old) and children (5-12 years old); accredited school program; 24 hour call center provides confidential screenings, referrals and information; bilingual therapists and interpreters available. Medicaid, Medicare and most insurance plans accepted; sliding fees available for Mecklenburg County residents; ropes course/sports court; extensive outpatient continuum. http://www.carolinashealthcare.org/services/behavioral/centers/Randolph.cfm
Physician's Appointments	501 Billingsley Rd 28211	704-444-2400	See above
Emergency Services	501 Billingsley Rd 28211	704-444-2400	See above
Outpatient Services	501 Billingsley Rd 28211	704-444-2400	See above
Prevention/Education	501 Billingsley Rd 28211	704-444-2400	See above
Continuing Care Division	501 Billingsley Rd 28211	704-444-2400	Case management; community support programs (achievers/confidence clubs); geriatric inhome/community support for clients in rest/nursing homes; day treatment/partial hospitalization; medication clinic; special substance abuse services; volunteer friends; homeless outreach; crisis stabilization; employment (transitional/full-time).
Chronic Illness	Address	Phone	Services
American Cancer Society	6000 Fairview Rd Suite 200 Charlotte, N.C. 28210	704-552-6147	Publication/professional education; supplies provided; cancer support groups; transportation. www.cancer.org

American Heart Association	222 S. Church St Suite 303 Charlotte, N.C. 28202	704-374-0632	Public education/awareness; CPR training; blood pressure screenings; professional education; school/work site programs; research funds. www.americanheart.org
American Lung Association of North Carolina	8300 Health Park Suite 316 Raleigh, N.C. 27615	919-832-8326	Smoking cessation; public/professional education; Better Breathing Club; support group for parents of asthmatic children. www.lungnc.org
Community Health Services	601 E. 5 th Street Charlotte, N.C. 28202	704-375-0172	Diabetes services; Central Carolina Liver Association; emergency medication services; occupational health services; Parkinson Support Group; senior health services.
Arthritis Patient Services	500 E. Morehead Street Suite 320 Charlotte, N.C. 28202	704-331-4878	Support groups; interact sessions; private and group psychological counseling; range of motion classes; water therapy sessions; recreational therapy; individual medical education; pre-operative education; civic and professional programs. www.arthritisservices.org

Community Resources Hearing

Agency/Clinic	Address	Phone	Services
Audiology Dept./CMS	401 E. 9 th Street Charlotte, NC 28202	980-343-5455/Office 980-343-5229/Fax	Screens Pre-K, Kindergarten, and First Grades (all students), including autistic, Bright Beginnings, and any other EC students. Screens new students since last screening (K-12). Screens students on the known loss list @ schools.
Carolina Children's Communicative Disorders Program (CCCDP)	5501 Fortunes Ridge Drive Suite A Durham, NC 27713	919-419-1449	A program that provides services and devices for NC children with hearing impairments and other communication disorders in families who do not have financial resources (Cochlear implants). Contact program for more information. *Geared towards families that have a financial assistance need.
Catherine M. Leister and Associates, Inc.	11121 Carmel Commons Blvd., Suite 440 Charlotte, NC 28226	704-541-3737	Language development, articulation, fluency, auditory processing, individual and group therapy. Direct payment as services are rendered (client files for insurance). www.terrifictalkers.com
Center for Acquisition of Spoken Language Through Listening Enrichment (CASTLE)	5501 Fortunes Ridge Drive, Suite A Durham, NC 27713	919-419-1449	CASTLE parenting training program provides comprehensive services to families with children who are deaf and hard of hearing. Program linked up with CCCDP. Contact program for more information. *Geared towards families that have a financial assistance need.

Community Resources Home Based Services

Agency/Clinic	Address	Phone	Services
Personal Touch Care Team	5019 Nations Crossing Rd. Charlotte, N.C. 28217	704-523-8515	In-home aid services.
Charlotte Care Service	310 East Boulevard Suite 7 Charlotte, N.C. 28203	704-335-0501	Sitter agency for children and adults. www.charlottecare-grandmothers.com
Elderly Health Care Services	6336 Providence Road Charlotte, N.C. 28226	704-364-0513	Consultation resource for the elderly; no fee.
Rest Care	4530 Park Road Charlotte, N.C. 28209	704-559-8125	In-home aid agency; CAN and care giving. www.rescare.com
Charlotte Medical Clinic	1001 Blythe Boulevard Suite 500 Charlotte, N.C. 28203	704-355-5100	Services: adults only; dermatology specialists see both adult and pediatric; routine exams and physicals; preventive medicine and screening; treatment of major and minor illnesses; minor surgical procedures; in office x-rays and lab work. www.charlottemedical.com

Community Resources Housing/Shelter

Agency/Clinic	Address	Phone	Services
Housing			
Charlotte Housing Authority	1301 South Boulevard Charlotte, N.C. 28203	704-336-5183	Mixed income housing; Section 8 voucher program; assisted (low income) housing; real estate properties; client services; assessment and coordination of programs. http://www.cha-nc.org/
Family Housing Services			
Habitat for Humanity	3815 Latrobe Drive Charlotte, N.C. 28211	704-376-2054	Habitat Charlotte builds affordable homes for low- income families currently living in inadequate housing. http://www.habitatcharlotte.org/
Disability Rights and Resources (formerly Program for Accessible Living)	5801 Executive Center Drive Suite 101 Charlotte, N.C. 28212	704-537-0550	Fair housing www.disability-rights.org
Senior Centers (senior housing information program)	2225 Tyvola Road Charlotte, N.C. 28210	704-522-6222	www.cmseniorcenters.org/links.htm
Emergency Shelter			
Charlotte Emergency Housing	P O Box 9373 Charlotte, N.C. 28299	704-335-5488	Resident programs; on-site child care; case management; nursing services; family counseling and life skills; training for residents; transitional services for up to one year after residency ends. www.charlotteemergencyhousing.org
Salvation Army - Center of Hope (women and children)	534 Spratt Street Charlotte, N.C. 28217 Offices:	704-348-2560	200 beds; child-care services; parenting and computer classes; substance abuse treatment; case management; transportation to community
	4335 Stuart Andrew Blvd. Suite 120 Charlotte, N.C.	704-716-2769	agencies. http://salvationarmycharlotte.org/
Uptown Shelter for Men	Tryon Street Campus 1210 North Tryon St. Charlotte, N.C. 28206	704-334-3187 704-333-2608	Provides emergency shelter, meals, clothing and comprehensive services including substance abuse counseling and job and housing assistance to

	Statesville Avenue Campus 3410 Statesville Avenue Charlotte, N.C. 28202		homeless men. www.mensshelterofcharlotte.org
The Relatives (for youth)	1100 East Blvd. Charlotte, N.C. 28203	704-377-0602	Co-ed, 9 bed emergency shelter serving runaway, homeless and other youth in crisis ages 7-17. Youth may reside at the shelter for up to 14 days, or they may receive referrals, problem-solving, and support through a walk-in appointment or the crisis hotline. 24-hour supervision, individual and family conferences, community referrals, educational activities and transportation to and from school. http://www.alexanderyouthnetwork.org/programs/relatives.html
The Salvation Army Adult Rehabilitation Center (ARC) (men)	1023 Central Avenue Charlotte, N.C. 28204	704-332-1171 800.528.0224	Provides residential housing with social, emotional, and spiritual assistance along with work, group, and individual therapy for more than 100 homeless men. Participants work a 40 hour week to sort, repair, and price items donated to the thrift stores. http://salvationarmycharlotte.org/

Community Resources Housing Repairs

Agency/Clinic	Address	Phone	Services
Community Development (city) (old city hall)	600 E. Trade Street Charlotte, N.C. 28202	704-336-2016	Community Relations (CRC); neighborhood development; code enforcement; graffiti hotline; housing services; neighborhood services. www.charmeck.org (click on neighborhoods)
Community Development (county)	700 N. Tryon Street Charlotte, N.C. 28202	704-336-5567	Mecklenburg County land and development; Mecklenburg County land use.
Disability Rights and Resources (Formerly Programs for Accessible Living)	5801 Executive Center Dr. Suite 101 Charlotte, N.C. 28212	704-537-0550	Center for independent living for people with disabilities; information and referrals for resources and services; independent living skills training; advocacy; peer advocates - mentoring people with disabilities living in the community. www.disability-rights.org
Charlotte Area Fund	901 North Tryon Street Charlotte, N.C. 28206 Mailing: P O Box 34188 Charlotte, N.C. 28234	704-372-3010	Free weatherization improvements and minor home repairs including: attic/floor insulation; door/window weather stripping/replacement; replace broken windows/caulking of cracks to help clients conserve energy costs, and allowing the access funds to be utilized in other important areas. Heating and cooling systems may also be repaired or replaced. http://charlotteareafund.org/weatherizationprogram.htm
N.C. Dept. of Health & Human Services (DHHS)	1912 Mail Service Center Raleigh, N. C. 27699	919-707-5950	Provides free information on mold growth, health effects, clean up, hiring contractors or consultants. www.epi.state.nc.us/epi/oii/mold/
U.S. Environmental Protection Agency (EPA)	1200 Pennsylvania Ave,NW Mail Code 6609J Washington, D.C. 20460	202-343-9370	Free publications, FAQ related to mold/mold remediation. www.epa.gov/mold/moldguide.html
U.S. Centers for Disease Control (CDC)	1600 Clifton Road Atlanta, Ga. 30333	800-cdc-info 800-232-4636	Free fact sheets, info on disaster clean-up & health effects of mold. www.cdc.gov/mold

Community Resources Information/Referrals

Agency/Clinic	Address	Phone	Services
Department of Social Services - Information Line	301 Billingsley Road Charlotte, N.C. 28211	704-432-1111	Telephone assistance line for anyone who calls needing information about available resources.

<u>Community Resources</u> <u>Medical Supplies, Equipment, and Assistance</u>

Agency/Clinic	Address	Phone	Services
Medical Supplies/Assistance/ Equipment			
American Cancer Society	6000 Fairvew Road Suite 200 Charlotte, N.C. 28210	704-552-6147	www.cancer.org
American Rehabilitation Vocational Division	6412 Bannington Road Charlotte, N.C. 28226	704-541-5456	Case management for workers comp; not open to the public – deal with insurance companies only. www.arionline.com
Carolinas Rehabilitation	1100 Blythe Blvd. Charlotte, NC 28203	704-355-4300	Job training and vocational rehabilitation services. http://www.carolinasrehabilitation.org/
Charlotte Epilepsy Support Group	200 Hawthorne Lane Charlotte, N.C. 28204	704-376-3158 800-642-0500	Monthly epilepsy support group hosts a helpful and friendly group. They share mutual support, medical information, and referrals to useful resources. http://www.supportworks.org/cat723.htm
Charlotte Speech and Hearing Center (Hearing Aid Loan Bank for Seniors)	210 Woodlawn Road Charlotte, N.C. 28217	704-625-9743	http://www.charlottespeechhearing.com/cshc/Home.html
Division of Services for the Blind	5855 Executive Center Drive Suite Suite 100 Charlotte, N.C. 28212	704-563-4168	Services in: training; employment; medical; technology; daily living skills. Services to: employers; community; vision resource guide; teens; age 55+; vision and hearing loss; food/vending services. http://www.dhhs.state.nc.us/dsb/
Easter Seals UCP North Carolina Belk Children's Center	716 Marsh Rd Charlotte, NC 28209		Medical rehabilitation; job training and employment; child care; adult day programs; camping and recreation.
Easter Seals UCP North Carolina	5700 Executive Center Drive, Suite 110 Charlotte, NC 28212	704-529-5195	www.easterseals.com
The Leukemia and Lymphoma Society	5950 Fairview Rd Suite 250 Charlotte, N.C. 28210	Ph- 704-998-5012 Fax- 704-998-5010	Family support groups with healthcare professionals; patient and family education; assessing home care services; end of life stage and grief counseling.

			www.leukemia-lymphoma.org
Metrolina Association for the Blind	704 Louise Avenue Charlotte, N.C. 28204	704-372-3870	Personal adjustment services; accessible Braille services; textbook search and purchase. http://mabnc.org .
Multiple Sclerosis Society	9801-1 Southern Pines Blvd. Charlotte, N.C. 28273	704-525-2955	Services: education; advocacy; information; peer support; therapeutic recreation. http://www.nationalmssociety.org/index.aspx
Muscular Dystrophy Association	5950 Fairview Road Suite 320 Charlotte, N.C. 28210	704-567-2912	MDA Clinics: ALS research and clinical centers; support groups; equipment funding; loan programs and repairs/modifications; summer camp program; MDA chat groups; MDA services for the individual, family, and community booklet. www.mda.org
Ostomy Connection of Charlotte (formerly United Ostomy Association)	Doesn't have physical address	704-331-9500 704-573-1835	Meetings; home/hospital visits; parent's group coming soon; nurse available at all meetings. http://www.supportworks.org/cat741.htm

Community Resources Medications

Agency/Clinic	Address	Phone	Services
Medications			
MedAssist of Mecklenburg	5516 Central Ave. Charlotte, N.C. 28212	704-536-1790	Assists low income, uninsured Mecklenburg County residents necessary prescription medication to maintain their health or prevent their conditions from worsening. Provides advocacy and related educational services to low income of any age. www.medassist.org
Community Health Services	601 E. 5 th Street Suite 140 Charlotte, N.C. 28202	704-375-0172	Preventive health care for children and adults with limited means. www.chs-nc.org
Department of Social Services	301 Billingsley Road Charlotte, N.C. 28211 3205 Freedom Drive Charlotte, N.C. 28208	704-336-3150	Medicaid for families/children. http://charmeck.org/Departments/DSS/Home.htm

Community Resources Behavioral Health Services For Children & Adolescents Inpatient/Outpatient

Agency/Clinic	Address	Phone	Services
Kinder-Mourn	1320 Harding Place Charlotte, N.C. 28204	704-376-2580	Individual Counseling. Support groups for grieving parents who have lost a child or spouse and for children who have lost parents. Brochures available by request. www.kindermourn.org
Alexander Youth Network	6220 Thermal Rd. Charlotte, N.C. 28222	704-366-8712	Outpatient, residential, and community-based services, ages 5–18. www.alexanderyouthnetwork.org
Access Family Services, Inc.	2633 West Blvd. Charlotte, N.C. 28208	877-521-4970 704-521-4970	Outpatient therapy, adolescent day treatment program, ages 5 – 18. www.accessfamilyservices.com
BHC - CMC – Randolph	501 Billingsley Rd. Charlotte, N.C. 28211	704-444-2400 800-418-2065	Inpatient and outpatient services. Adults (18+), Adolescents (13-17), Children (5-12). www.carolinashealthcare.org/services/behavioral/centers/Randolph.cfm
Catholic Social Services	1123 South Church St. Charlotte, N.C. 28203	704-370-3262	Services include: domestic & international adoption, burial assistance, counseling, pregnancy support, immigration, marriage preparation, Programa Esperanza (Latino outreach), refugee resettlement, youth & elder ministry. http://www.cssnc.org/
Chemical Dependency Center of Charlotte-Mecklenburg	101 Billingsley Rd. Charlotte, N.C. 28211	704-376-7447	Chemical dependency education, outpatient treatment, Spanish program, support group.
Communities in Schools	601 East 5th Street Suite, 300 Charlotte, N.C. 28202	704-335-0601	CIS is a drop out prevention program which provides a variety of services which include tutoring, counseling and mentoring programs.
Developmental Disabilities Services through Area Mental Health	3500 Ellington St. Charlotte, N.C. 28211	704-336-8214 704-336-7135	Provides services to individuals with CP, autism, traumatic brain injury, mental retardation. Also provides case management and assistance with residential, vocational, job coaching, counseling and individual living skills.

Easter Seals	5700 Executive Center Dr. Charlotte, N.C. 28212	919-783-8898 800-662-7119	Mental health services, case management, residential and housing programs, respite for children, ages 5-18. www.nc.eastersealsucp.com
Family Preservation Services of NC, Inc./Family Preservation Community Services, Inc.	4601 Park Rd. Charlotte, N.C. 28209	704-344-0491	Intensive in-home services, individual, family and group therapy, outpatient services, ages 5 – 18. www.fpscorp.com/Locations/NorthCarolina.asp
Institute for Family Centered Services	1550-A Union Rd. Gastonia, N.C. 28054	704-864-6573	Intensive in-home treatment services, family support, outpatient services, ages 5-18. www.ifcsinc.com
Mcleod Addictive Disease Center	145 Remount Rd. Charlotte, N.C. 28203	704-332-9001	Substance abuse, youth offenders, CMS alternative school on-site, Adult and adolescent (13-17 yrs). Assessments are on a walk-in basis from 8:30am to 4:00pm Monday–Friday. www.mcleodcenter.com
Narcotics Anonymous Hotline	3139 Amity Court, Suite 300 Charlotte, N.C.	704-379-0440 800-711-6375	Service and Treatment Program-24 hour help line. Individual counseling. Support groups.
NC Health Info			A web resource of local health information for North Carolinians. Access to health resources on the web. www.nchealthinfo.org
Support Works	600 East Morehead Street Charlotte, N.C. 28203	704-331-9500	Help to find and form support groups of all types and maintain a listing of more than 200 groups.Hrs: Mon-Thurs www.supportworks.org
Teen Health Connection	3541 Randolph Road Suite 206 Charlotte, N.C. 28211	704-381-8336 704-381-TEEN Fax 704-381-8832	Consultation, assessment, brief counseling and referrals for ongoing counseling. Ages 11-21 yrs. Medicaid, insurance co-payments, and sliding scale fee payments, or \$50 deposits for self-pay patients are required at time of service. www.teenhealthconnection.org
The Shelter for Battered Women		704-332-2513	Emergency shelter. Individual counseling. Support groups for women & children.
Thompson Child and Family Focus	6800 Saint Peter's Lane Matthews, N.C. 28105	704-536-0375	Residential treatment, day treatment, outpatient services, foster care and attachment issues, ages 6-12. www.thompsoncff.org

Time Out Youth	1900 The Plaza Charlote, N.C. 28205	704-344-8335	Lesbian, gay, bisexual, transgendered & questioning youth support and advocacy; Ages 13-23. www.timeoutyouth.org
United Family Services	601 E. 5 th St. Suite 400 Charlotte, N.C. 28202 9624 Bailey Road Suite 290 Cornelius, N.C. 28031	704-332-9034	Social, family and financial counseling services. Community Education, Consumer Credit Counseling and Housing Services, Family counseling. Rape Crisis 24-hr hotline 704.375.9900. Victim assistance 704.332.9034. Domestic violence 24-hr hotline 704.332.2513. Individual counseling, support groups for victims, court assistance, victims compensation assistance. www.unitedfamilyservices.org
YouthNetwork, Inc (formerly The Relatives, Inc)	1100 East Blvd. Charlotte, NC 28203	704-377-0602 -Janet Price (supervisor)	24 hour hotline, emergency shelter for young people ages 7-17. Individual and family conferences. Walk-in services, parenting classes. www.alexanderyouthnetwork.org

Community Resources Pregnancy

Agency/Clinic	Address	Phone	Services
NC Health Info			A web resource of local health information for North Carolinians. www.nchealthinfo.org
Angel House Maternity Home	2000 Newland Road Charlotte, N.C. 28216	704-392-6270 704-392-6258 fax	Structured living environment up to 6 mos. for adolescents and adults (15 yrs old +) providing safe housing, education, health care, counseling, parenting/life/social skills to promote self sufficiency. www.angelhousematernityhome.org
BELLAS (WIC Breastfeeding Line)	2845 Beatties Ford Road Charlotte, N.C. 28216	704-336-6464	Breastfeeding support services: Margaret Davis, coordinator.
CMC Biddle Point Clinic	1801 Rozzelles Ferry Rd. Charlotte, N.C. 28208	704-446-9987	Prenatal care, Spanish available. www.Carolinashealthcare.org
CMC Myers Park High Risk OB	1000 Blythe Blvd. Charlotte, N.C. 28203	704-446-1526	Prenatal care. www.Carolinashealthcare.org
CMC Main Carolinas Medical Center	1000 Blythe Blvd. Charlotte, N.C. 28203	704-355-2000	Baby Love. www.Carolinashealthcare.org
CMC Myers Park Clinic	1350 S. Kings Drive Charlotte, N.C. 28207	704-446-1545	Prenatal care/pregnancy testing; sliding scale/Medicaid. www.carolinashealthcare.org
CMC North Park Clinic	251 Eastway Drive Charlotte, N.C. 28213	704-446-9991	Hi risk ob 704-446-1526 www.carolinashealthcare.org
Florence Crittenton Services	1300 Blythe Blvd. Charlotte, N.C. 28203	704-372-4663	Pregnancy support services; 32 maternity beds. Sarah's House program where mother & child can live in facility if in DSS custody; PALS program. www.fcsnc.org
Lois's Lodge	1316 Hemlock Street Charlotte, N.C. 28203	704-376-8550	Maternity care services, 6 beds. Mom shop earn while you learn curriculum implemented by Nancy King.
Mecklenburg County Health Department Family Planning	249 Billingsley Road Charlotte, N.C. 28211 &	704-336-6500	Regular M-F, 8-5; Evening clinic Wed. at NW until 7pm; Evening clinic Thursday at SE until 7pm

Clinic	2845 Beatties Ford Rd. Charlotte, N.C. 28216		www.meckhealth.org
Meck. Co. Health Dept. Family Planning Advice Line	Glariotte, N.G. 20210	704-336-4742	www.meckhealth.org
Meck. Co. Health Dept. Maternity Care Coordination Baby Love	2845 Beatties Ford Road Charlotte, N.C. 28216	704-336-5458	Case management for pregnant women through 2 mos. post partum www.meckhealth.org
Medicaid DSS	301 Billingsley Road Charlotte, N.C. 28211	704-353-1500	Medicaid insurance, Carolina Access Managed Care www.charmeck.org/departments/dss
Mi Casa Su Casa	3601 Central Avenue Charlotte, N.C. 28205	704-536-9845	Latino Resource Center
Pregnancy Resource Center	1505 E. Fourth Street Charlotte, N.C. 28233	704-372-5981 704-716-3343 (Sp)	Free pregnancy testing/Spanish available; Karen Porter, RN contact www.prccharlotte.com
Smart Start/Intensive Home Visiting	2845 Beatties Ford Road Charlotte, N.C. 28216	704-336-5074	M-F, 8-5, no charge; any Mecklenburg County resident with first time pregnancy. www.smartstartofmeck.org
Triage Nurse CMC	North Park or Myers Park	704-446-1518	Obgyn
WIC Nutrition Meck. Co. Health Dept.	249 Billingsley Road Charlotte, N.C. 28211 & 2845 Beatties Ford Road Charlotte, N.C. 28216 & Eastland Mall	704-336-6500	Supplemental food/feeding program; must qualify. www.meckhealth.org

Community Resources Social Functioning

Agency/Clinic	Address	Phone	Services
Counseling			
Hospice	1420 E. 7 th Street	704-375-0100	Offers physical, emotional, and spiritual support including pain and symptom management. Care is provided in any home setting. www.hpccr.org
Kinder-Mourn	1320 Harding Place	704-376-2580	Addresses the special needs of grieving parents. Assists children and young people who are grieving the death of a family member or friend. www.kindermourn.org
Independent Living Skills			
Metrolina Association for the Blind	704 Louise Avenue	704-372-3870	Assists individuals who are blind and visually impaired in maintaining an independent lifestyle by providing case management, counseling, rehabilitation and transportation. www.mabnc.org
Ex-Offenders			
Energy Committed to Offenders (ECO)	P O Box 33533 904 Pecan Ave. 28233	704-374-0762	Non profit assists in improving the quality of life by restoring offender to their families, community, helping them find work and reduce recidivism. www.ecocharlotte.org
Marriage			
Counseling Center at Charlotte	328 West Carson Blvd.	704-375-9025	Provides outpatient Christian counseling concerning but not limited to health/aging, sexual, physical abuse, separation/divorce, stress management, crisis/trauma, chronic/terminal illness. http://charlottecounseling.org/
Catholic Social Services	1123 S. Church Street	704-370-6155	Offers pregnancy support, adoption, counseling, Hispanic services, immigration, youth services, family life, refugee resettlement, economic development, justice and peace education.

			www.cssnc.org
Family Outreach and Counseling	700 Parkwood Ave. Suite 304 Charlotte, N.C. 28205	704-509-9917	Offers a variety of counseling services. Leave message and will be called back.
Agency/Clinic	Address	Phone	Services
Presbyterian Samaritan Counseling Center	5203 Sharon Road	704-554-9900	Offers counseling in a wide range of issues including but not limited to adolescents, anger management, anxiety, depression, parenting, loss and grieving, blended families, marital difficulties. www.presbyteriansamaritan.org
United Family Services	601 E. 5 th St. Suite 400	704-332-9034	Offers a variety of programs and areas; counseling and education, employee assistance, crisis interventions & advocacy, domestic violence and economic independence. info@ufsclt.org
Children			
The Relatives	1100 East Blvd.	704-377-0602	Co-ed 9 bed emergency shelter that serves runaway, homeless and other youth in crisis ages 7 - 17. www.relatives.org
Youth Services Bureau	720 E. 4 th Street	704-336-2926	Conducts investigations, family assessments, in home case management and administers foster care and adoption services.
Family			
Family Outreach and Counseling	700 Parkwood Avenue	704-333-2033	See above.
Delinquency			
Problem Pregnancy			
Catholic Social Services	1123 S. Church Street	704-333-9954	See above.
Children's Home Society of NC		704-527-9923 1-800-632-1400	Offers services in: birth parent, adoption/post adoption, foster care, and home study. (Local number does not have voice mail). www.chsnc.org
Crisis Pregnancy Center	1311 E. Morehead St.	704-372-5981	Offers pregnancy testing, support, counseling,

			education, alternatives to abortion.
Planned Parenthood	4822 Albemarle Road #103	704-536-7233	Offers an array of health care services, family planning, male health, diabetes screening, immunizations, etc. and education
Agency/Clinic	Address	Phone	Services
Telephone Counseling			
Reachline	301 S. Brevard	704-336-6121	Support service for individuals contemplating suicide. Serve only local residents.
The Relatives	1100 E. Blvd.	704-377-0602	See above - 24 hour crisis line
Peer Support			
Support Works	500 E. Morehead St. Suite 222	704-331-9500	Helps people find 200 support groups in Mecklenburg County and research medical information (volunteer group).

Community Resources Support Groups

Agency/Clinic	Address	Phone	Services
AA	1427 South Boulevard Charlotte, N.C. 28203	704-332-4387	12 Step fellowship for people who wish to share their experience, strength and hope to recover from alcoholism.
Al-Anon	4800 Wedgewood Drive Charlotte, N.C. 28210	704-523-1159	12 Step fellowship of relatives and friends of alcoholics.
Community Health Services	601 E. 5 th Street Charlotte, N.C. 28202	704-375-0172	Immunizations; physical exams; health counseling; health education; referrals; tb screenings.
Compassionate Friends	221 E. Broad Street Statesville, N.C.	704-882-4503	Support, friendship and understanding for parents and siblings bereaving the death of a child.
Down's Syndrome	P O Box 34787 Charlotte, N.C. 28203	704-536-2163	Support groups for parents raising children with Down's Syndrome and small age appropriate groups for children.
Florence Crittenton	1300 Blythe Blvd. Charlotte, N.C. 28203	704-372-4663	Maternity Program (ages 10 and up), P.A.L.S. (preparation for adult living skills) program and Sarah's House (mother/child program).
Hospice & Palliative Care	1420 E. Seventh Street Charlotte, N.C. 28204	704-375-0100	http://www.hpccr.org/
Kinder-Mourn	1320 Harding Place Charlotte, N.C. 28204	704-376-2580	Individual counseling, support groups for grieving parents who have lost a child or spouse and for children who have lost parents.
LaLeche League	3501 West W. T. Harris (north location) 8300 Providence Road (south location)	704-510-8807 (Jessica @ North) 704-366-7787 (Caroline @ South)	Breast feeding education and monthly meetings.
Learning Disabilities Association	8810 Blakeney Professional Dr. Charlotte, N.C. 28277	704-542-0470	Support for children with learning disabilities and ADHD.
Lupus Foundation	1235 East Blvd. Charlotte, N.C. 28203	704-849-8271 Ext. 222	Support and educational meetings for people with lupus, their families and friends.
Multiple Sclerosis	Call for locations	704-525-2955	Support groups for people with Multiple Sclerosis.
Narcotics Anonymous	Call for locations	704-379-0440	12 Step program for recovering addicts.

Overeaters Anonymous	Call for locations	704-331-9500 Ext. 742	12 Step fellowship of individuals helping each other understand and recover from compulsive overeating.
Agency/Clinic	Address	Phone	Services
ParentVOICE	Call of locations	704-336-7128	Support group for parents of youth with significant behavioral issues, emotional or mental health problems.
Support Works	500 E. Morehead St. #222 Charlotte, N.C. 28202	704-331-9500	Providing help finding or forming support groups and researching medical information. http://www.supportworks.org/
United Ostomy Association	Visitation done while patient is hospitalized	704-573-1835 Cristale Norwood	Support groups for people who have colostomies, ileostomies or urotomies. Encouragement is provided along with info and support in order to assist patient to return to a normal state of living.
Vet Center	223 South Brevard St Charlotte, N.C. 28202	704-333-6107	Individual counseling for veterans and support groups.

Community Resources Teen Health

Agency/Clinic	Address	Phone	Services
CMC Biddlepoint	1801 Rozzelles Ferry Rd. Charlotte, N.C. 26216	704-446-9987	8:00am-5:00pm Mon-Fri; co-pay expected at time of visit; provides primary healthcare by offering physical exams, lab work, immunizations and counseling services.
CMC Eastland Eastland Family Practice	5516 Central Ave. Charlotte, N.C. 28212	704-446-1000	8:00am-5:00pm Mon-Fri; co-pay expected at time of visit; physical exams, immunizations, sports physicals.
CMC Myers Park	1350 S. Kings Dr. Charotte, N.C.	704-446-1360	8:00am-5:00pm Mon-Fri; co-pay expected at time of visit; physical exams, immunizations, sports physicals.
CMC Northpark	251 Eastway Dr. Charlotte, NC 28213	704-446-9991	8:00am-5:00pm Mon-Fri; co-pay expected at time of visit; physical exams, immunizations, sports physicals.
Center for Balanced Living	505 E. Blvd. Suite 200 Charlotte, N.C. 28203	704-378-1390	Disordered eating services. www.charlottebalance.com
Center for Disordered Eating @ Teen Health Connection	3541 Randolph Road Suite 206 Charlotte, N.C. 28211	704-381-HOPE (4673) 704-381-8336	Psychotherapy, nutrition counseling, medical services; group sessions, individual/family treatment, family meals.
Poison Control		1-800-222-1222 704-355-4000	Carolinas Poison Center www.ncpoisoncenter.org
Renfrew Center	6633 Fairview Road Charlotte, N.C. 28210	1-800-RENFREW (736-3739)	Disordered eating services. In-patient & outpatient services. www.renfrewcenter.com
Teen Health Connection	3541 Randolph Road Charlotte, NC 28211	704-381-8336	Physical exams and well care; sick care; immunizations; family planning, counseling. www.teenhealthconnection.org

Community Resources Transportation

Transportation	Address	Phone	Services
Mass Transit			
Department of Transportation (Bus Information)	545 Spratt Street Charlotte, N.C. 28206	704-336-3366	Transit/light rail info line.
Ride Share/ Van Pool			
Department of Transportation	545 Spratt Street Charlotte, N.C. 28206	704-336-7433	Transit info line.
Medical Appointments		704-336-7433	
Department of Social Services Medicaid recipients, persons 60 and over or handicapped	301 Billingsley Road Charlotte, N.C. 28211	704-336-4547	Transports Medicaid recipients to medial appointments.
American Red Cross	2425 Park Road Charlotte, N.C. 28236	704-376-1661	Transports residents of Mecklenburg and Iredell Counties free of charge. Services are for those who have no other means of transportation to remedial or preventive care appointments.
Bethlehem Center (target area—Seniors)	2705 Baltimore Avenue Charlotte, N.C. 28203	704-375-1417	Head Start Program, after school care, summer camp, senior citizen programs.
Shepherd's Center (target area—seniors)	3115 Providence Road Charlotte, N.C. 28211	704-365-1995	Computer classes, counseling about Medicare and health insurance, legal assistance (i.e. living will, etc), mini college (7 week sessions).
Blumenthal Cancer Center (cancer patients)	CMC - Main	704-355-2884	Individual and family counseling, support groups, pastoral care, educational programs, patient & family info room and patient care coordinators.

Community Resources Vision

Agency/Clinic	Address	Phone	Services
Horizon Eye Care	19900 West Catawba Ave. Cornelius, N.C. 28031	704-892-1000	Lake Norman area. Straight Medicaid only. Children any age. No HMO's. Call Lions for glasses.
Optometric Eye Care	16633 Birkdale Commons Parkway Huntersville, N.C. 28078	704-896-3311	Lake Norman area. Glasses and accessories, no contacts. Children of any age.
Dr. James B Black & Dr. Deborah A. Black	518 West John St. Matthews, N.C. 28105	704-847-9833	Matthews area. Glasses and accessories, no contacts. Accepts children 4 years and up. No longer accepts Medicaid.
Drs.Funderburke & Price Optometric	7749 Matthews Mint Hill Rd. #A Mint Hill, N.C. 28227	704-545-9797	Mint Hill area. Glasses and accessories, no contacts. Accepts children 2 years and older.
Mt.Holly Eye Clinic	612 S. Main St. Mt. Holly, N.C. 28120	704-822-0099	Mt. Holly area. Glasses and accessories. No contacts. Accepts children at any age.
Lions Services INC.	4600 N. Tryon St. #A Charlotte, N.C. 28213	704-921-1527	North Charlotte area. Glasses and accessories, no contacts. Accepts children 2 years and up. Must have social security number.
Horizon Eye Care	10520 Park Road Charlotte, N.C. 28210	704-541-6127	Pineville. Glasses through Lions Club. No contacts. Straight Medicaid only. No HMO's. Call the LIONS SVC for Glasses 704-599-4760. Accepts children any age.
Advance Eye Care	15235 John J. Delaney Dr. Suite H Charlotte, N.C. 28277	704-752-1744	SW Charlotte, Eye Exams only. Accepts children 5 and up.
Charlotte Optometry Group PA	8701 J.W. Clay Blvd. Charlotte, N.C. 28262	704-510-0816	University area. Eye exams only. Accepts children 5 years and up.
Yvonne T. Shook, Optometrist	1433 Emerywood Dr. Charlotte, N.C. 28210	704-535-2020	Archdale-Tyvola, Eye exam only. Children any age.
Horizon Eye Care	11010 David Taylor Blvd. Charlotte, N.C. 28262	704-717-0058	Straight Medicaid only; no HMO's; children any age. Call LIONS for glasses.
Charlotte Optometry Group PA	3061 N Sharon Amity Rd. #4 Charlotte, N.C. 28205	704-567-6755	Eye Exam only. Children at any age.

Reeves Eye Clinic	824 Eastway Drive	704-333-0799	Eye Exam only. Children 5 and up.
	Charlotte, N.C. 28205		
University Eye Associates	8316-E Medical Plaza Dr.	704-541-1551	Glasses and Accessories. Accepts children 3 years
	Charlotte, N.C. 28262		and up.
Advantage Vision Care	1016 South Church	704-375-3935	Glasses and accessories. Accepts children 5 years &
	Charlotte, N.C. 28203		up.
Philip Gaskins and Associates	4456 Randolph Rd.	704-365-6477	No glasses, no accessories. Eye exams only.
	Charlotte, N.C. 28211		Accepts children 5 years and up.
Charlotte Optometry Group, PA	11025 Carolina Place	704-341-7676	No glasses, no accessories. Eye exams only.
	PKWY		Children 5 years and up.
	Charlotte, N.C.		
Horizon Eye Care	7903 Providence Rd.	704-341-3220	No glasses, no accessories; glasses covered at LIONS
	Suite 150		CLUB. Straight Medicaid only. NO HMO's. Accepts
	Charlotte, N.C. 28277		children at any age.