



MECKLENBURG COUNTY
Area Mental Health, Developmental Disabilities and
Substance Abuse Services
March 28, 2011

PROVIDER HOT SHEET

⇒ **InfoShare** – The next Mecklenburg County AMH Provider InfoShare is scheduled for Wednesday, April 6, 2011, 9:00 – 11:00 in the Fellowship Hall at Covenant Presbyterian Church, 1000 E. Morehead Street in Charlotte. The program begins promptly at 9:00 AM and doors close at 9:15 AM. All contract and MOA providers are required to attend. Due to additional activities at Covenant Presbyterian, there are specific areas to park. Please see the attached [map](#).

⇒ The Fair Labor Standards Act (FLSA) sets the provisions for recordkeeping, hours worked, minimum wage, overtime pay and child labor requirements under which youth under the age of 18 may be employed.

Representatives from the US Department of Labor Wage Hour Division, Charlotte, NC Area Office will attend the April 6th Info Share to present and discuss how the Fair Labor Standards Act (FLSA) applies to community based services, residential care facilities, including group homes. The Act applies whether the agency is public or private or is operated for profit or not-for-profit.

⇒ ProviderConnect will be down for maintenance Friday, April 1st after 5pm. Please be sure to save all work and exit ProviderConnect before maintenance begins.

Direct any questions or concerns regarding ProviderConnect to Jeremy.Pollard@mecklenburgcountync.gov

⇒ **FOR CABHAs:** Mecklenburg Area Mental Health is co-hosting a meeting with Community Care Partners of Greater Mecklenburg (the local Community Care of NC affiliate) for local CABHAs on Monday, April 18, 2010 from 10:00 AM to 12:30 PM. The event will be held in the Multipurpose Room in the Carlton Watkins Center, 3500 Ellington Street, Charlotte, NC. The special guest speaker will be Dr. Michael Lancaster, Behavioral Health Program Director of Community Care of North Carolina. The agenda includes:

- “Introduction to Community Care Partners of Greater Mecklenburg “
- “Care Coordination and Behavioral Health Integration of Carolina Access II Medicaid Recipients”
- “CCNC Behavioral Health Initiative by Dr. Lancaster

Additional time will be available for questions and answers and networking. Seating is limited to 75 participants. Reservations may be made by contacting Patricia Herring at 704-336-3035.

⇒ **Quarterly Incident Report Due By Email on April 11th, 2011. Please Note: These reports will no longer be accepted by fax.** The QM11 Form can be found on the DMH website at this address: <http://www.ncdhhs.gov/mhddsas/statspublications/manualsforms/index.htm#incident>. Scroll to *Incident Response and Improvement System* and select the QM11. All Category A and B providers are required to submit this form. When completed, email the report to Nancy Cody at nancy.cody@mecklenburgcountync.gov. You will receive an email confirmation of receipt. If reports re faxed they will be returned. This could result in a late submission, which may result in lower scores on provider monitoring tools. Thank you.

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The revised *Incident Response and Reporting Manual* includes several updates and changes. Please review it prior to your next incident submission. It can be found on the Division website at the following address:

<http://www.ncdhhs.gov/mhddsas/statspublications/manualsforms/incidentmanual2-25-11.pdf>.

This manual explains the incident reporting process, expected provider response, incident categories, etc. It is not the *IRIS Technical Manual*, which describes how to use the web-based reporting system.

- ⇒ Your single point of contact for all suggestions, input, feedback, questions and concerns regarding the Hot Sheet should be directed to Jill Scott, AMH Information/Education Coordinator at Jill.Dineen-Scott@MecklenburgCountyNC.gov.

CLINICAL CORNER

- ⇒ Several weeks ago, information was presented in the Hot Sheet about the forthcoming A+Kids Program, a DMA registry to monitor the prescription of antipsychotic medication for off-label indications in children. It has now been announced that the program will begin on April 12, 2011, and will be initially be targeted to children aged 12 and under; expansion to children aged 13-17 will take place later this year.

Prescribers serving children will be receiving more information from DMA about this program, with instructions about entering monitoring information on-line. Click [here](#) to see the letter from Dr. Best, Chief Medical Officer at DMA, with specifics about the program, its purpose, and rollout to prescribers across North Carolina.

- ⇒ The Traumatic Brain Injury (TBI) training being offered by the Charlotte Rehabilitation Institute on May 23rd represents an extremely valuable resource for Mecklenburg's community of providers. TBI, on large- and small-scales, can pose significant challenges to consumers of all ages, whether as a primary or secondary diagnosis. It is important for all providers to be well-informed about TBI assessment and treatment interventions, as well as how it can exacerbate other difficulties consumers may be experiencing in the cognitive, affective, and behavioral realms. The training will also offer information to providers about resources for consumers and families who are living with the challenges posed by TBI. Click [here](#) for more information.

CONSUMER AND FAMILY ADVISORY COMMITTEE UPDATES

- ⇒ CFAC strongly encourages Providers to involve their consumers and family members to participate in the LME's Center of Excellence Review Committee and their MHDDSAS Website Review Committee described in the website below. These are great opportunities for consumers and family members to help shape assure the website is relevant to their needs, and to oversee the effectiveness of Division Contracts.

Volunteer opportunities are available at:

<http://www.ncdhhs.gov/mhddsas/consumeradvocacy/volunteer-yes.htm>

CFAC also extends the invitation again for Providers to make their consumers and family members aware of CFAC and encourage them to attend CFAC monthly meetings and consider applying for membership.

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ON THE MOVE

⇒ Monarch would like to announce the following:

- Chris Abbey, MA, LPC is the new Clinical Program Director for Monarch's Community Support Team, Walk in Clinic, Targeted Case Management, Hospital Discharge and Transition Service, and Therapeutic Transitional Housing. Chris can be reached at Chris.Abbey@Monarchnc.org or via cell phone at 980-219-4284. Ashley Jacobs, MS remains the Operations Director over this same service array and she can be reached at Ashley.Jacobs@monarchnc.org or via her cell phone at 704-560-6662.
- NaMetris Norman, MEd, NCC, P-LPC is the new Program Director for Monarch's Residential Services including apartments, condos, and group homes. NaMetris can be reached at NaMetris.Norman@monarchnc.org or on her cell phone at 704-385-1332. Melinda Pompey, BSW remains the Operations Director over this same service array and she can be reached at Melinda.Pompey@monarchnc.org or via her cell phone at 980-219-3600.
- Ben Millsap, MSW, LCSW, LCAS, CCS has been appointed the Regional Clinical Director and can be reached at Ben.Millsap@monarchnc.org or via cell phone at 704-968-7102. Kirsten Vaca, MA is the Regional Operations Director and can be reached at Kirsten.Vaca@monarchnc.org or via cell phone at 704-635-0133.

PROVIDER COUNCIL REMINDERS AND UPDATES

⇒ **Provider Council Sub-Committees** – Three standing subcommittees have been formed by the Provider Council. If you are interested or want more information, please contact the committee chairs. The four committees are:

- **Training and Development Committee** Trasha Black (Co-Chair), Genesis Project, tblack@genesisproject1.org, 704-596-0505
 - ◆ Angela R. Simmons (Co-Chair), The Right Choice MWM, 704-537-3650 x1105, angela@trcmwm.com.
 - > The next scheduled meeting is **Wednesday, April 20, 2011 at 9 AM** in the Carlton Watkins Center Multipurpose room.
- **Provider Relations Sub-Committee**
 - ◆ Kira Wilson (Co-Chair), The Arc of NC, 704-568-0112, kwilson@arcnc.org
 - ◆ Tim R. Holland (Co-chair) Person Centered Partnerships, 704-319-7609, Tim.Holland@pcpartnerships.org
 - > The next scheduled meeting is **Wednesday, April 20, 2011 at 1:30 PM** in the Carlton Watkins Center Multipurpose room.
- **Provider Outreach Sub-Committee** – The general purpose of which is to establish mechanisms for the Provider Council to connect with new providers, to provide them basic resource information and to introduce them to the Provider Council.
 - ◆ Miranda Little (Co-Chair), Family Preservation Services, Inc., 704-344-0491, MLittle@fpscorp.com
 - > The next meeting will be on **Wednesday, April 20, 2011 at 12 PM** in the Carlton Watkins Center Multipurpose room.
- **Quality Improvement Sub-Committee** - The general purpose of this committee is to collectively organize a sound quality approach to delivery of clinical service as well as general standards for quality for MH/SA/DD providers. Angela Bunting (Co-Chair), BWB Connections, 704-595-5553
 - ◆ Sonyia Richardson (Co-Chair), Another Level Counseling & Consultation, 704-548-5298
 - > The next meeting will be on **Wednesday, April 20, 2011 at 10:30 AM** in the Carlton Watkins Center Multipurpose room.

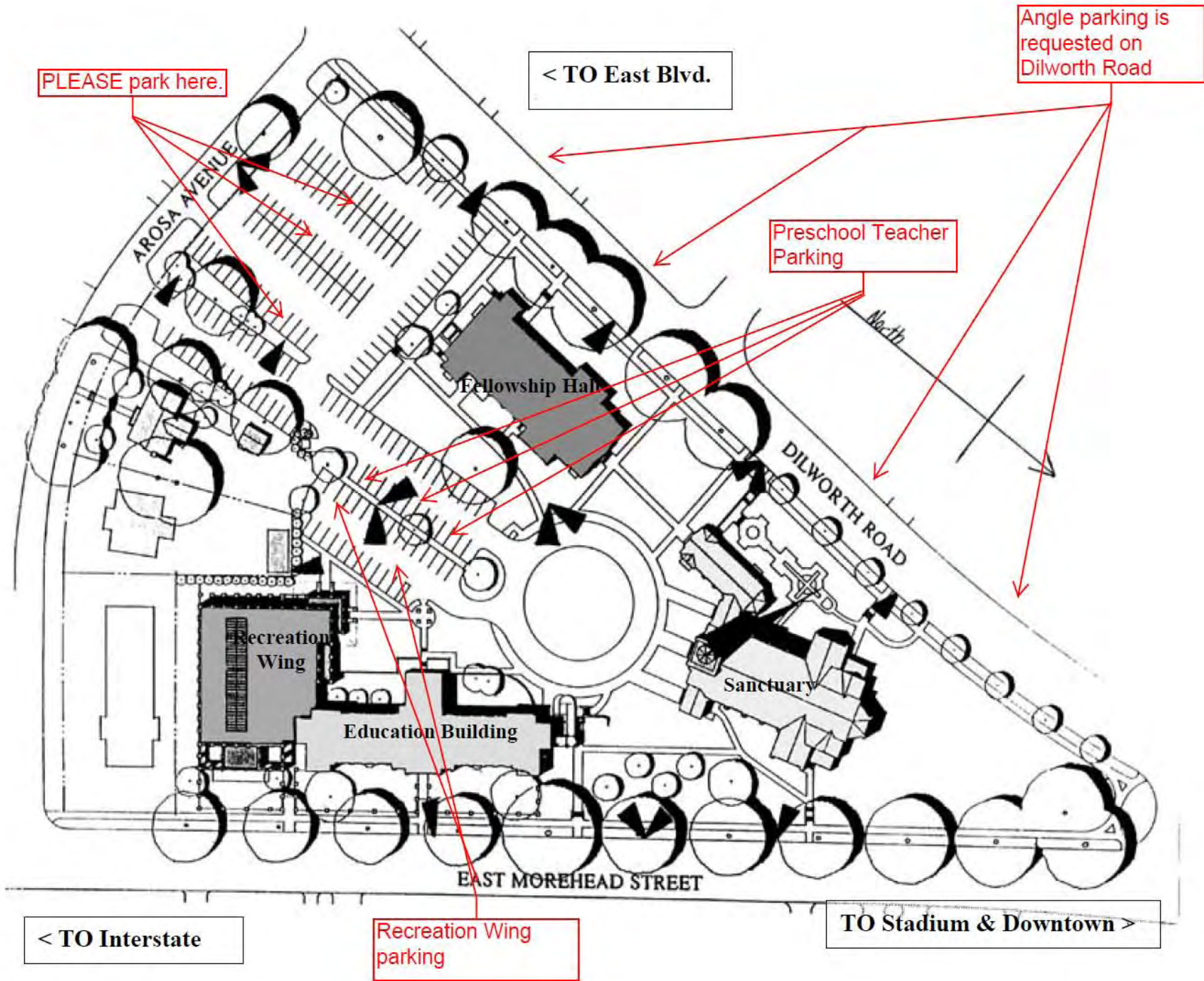
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EDUCATION AND TRAINING OPPORTUNITIES

- ⇒ **MeckCARES Training Institute** offers a full range of high-quality classroom and now [online courses](#) that meet state service definitions and requirements and will empower you to improve outcomes for youth and families.
- Learn about System of Care principles and practices
 - See how Child and Family Teams should operate
 - Gain knowledge, power and respect to strengthen families and improve lives
- Register Today! <http://charmeck.org/mecklenburg/county/MeckCARES/training/Pages/default.aspx>
- ⇒ **Mecklenburg's PROMISE Recovery and Crisis Training Calendar.** MeckPromise is offering free Wellness, Recovery & Crisis Education classes for consumers and providers at our new location 1041 Hawthorne Lane, Charlotte, NC 28205. Please feel free to drop by and see what we've got going on! For more information on our classes please call 704-625-6236 or email John Cunningham at jcunningham@meckpromise.com to request a current calendar.
- ⇒ **The Mecklenburg County Provider Council** has developed a comprehensive Training Calendar designed to serve as a one-stop location to view training events occurring in Mecklenburg County that are supported or sponsored by the provider community, the LME, AHEC or other entities. Following is a link to submit training events: <http://www.meckpromise.com/node/75>. To view training events, click on the following link: <http://www.meckpromise.com/mptc>
- ⇒ **The LME Monthly AMH Training Calendar** is posted on-line at the following link: <http://charmeck.org/mecklenburg/county/AreaMentalHealth/ForProviders/Pages/ProviderTraining.aspx>
- ⇒ **TIP – Training in Innovation and Practice** –The NC Council of Community Programs and the Administrative Services Organization, a group of providers, continue to offer training to help providers adapt to changing circumstances. For a list of currently scheduled training events and to register, go to www.nc-council.org.
- ⇒ **Mental Health Association** offers various training opportunities in collaboration with Charlotte AHEC. Please visit website <http://www.charlotteahec.org/> for more information.

WEB RESOURCES

- ⇒ [NC Division of MH/DD/SAS](#)
- ⇒ [NC Division of MH/DD/SAS Implementation Updates](#)
- ⇒ [Mecklenburg AMH](#)
- ⇒ [AMH Best Practices Committees and Schedule](#)
- ⇒ [AMH Hot Sheet Archive](#)
- ⇒ [AMH Provider Document Library](#)



PLEASE park here.

< TO East Blvd.

Angle parking is requested on Dilworth Road

Preschool Teacher Parking

Fellowship Hall

Recreation Wing

Education Building

Sanctuary

EAST MOREHEAD STREET

DILWORTH ROAD

AROSA AVENUE

< TO Interstate

Recreation Wing parking

TO Stadium & Downtown >

Charlotte, Get Your Move On!



FRIDAY, APRIL 8, 2011 • 7:30 PM
ELEVATION at BLAKENEY
8835 Blakeney Professional Drive
Charlotte, NC

**FREE
ADMISSION**

Don't miss this live community performance by InnerACTIONS with a special presentation featuring local youth dancers. InnerACTIONS uses a unique blend of film and live performance to deliver positive messages and thought provoking ideas about the pressures our youth face today.

Featuring a message of "prevention thru inspiration," InnerACTIONS is an educational outreach project whose purpose is to use performance mediums to positively impact youth in the prevention of risk behaviors.

Presented by Teen Health Connection, "Charlotte, Get Your Move On!" is a youth-focused initiative dedicated to improving the overall health and quality of life for Charlotte adolescents by empowering them to make positive behavioral decisions.



For more information visit: TeenHealthConnection.org



North Carolina Department of Health and Human Services
Division of Medical Assistance

2501 Mail Service Center • Raleigh, N. C. 27699-2501 • Tel 919-855-4100 • Fax 919-733-6608

Beverly Eaves Perdue, Governor
Lanier M. Cansler, Secretary

Craigian L. Gray, MD, MBA, JD, Director

To NC Medicaid Prescribers,

It is a pleasure for me to announce the launching of an exciting new initiative that we expect will improve the quality of care for children enrolled in the North Carolina Medicaid program. During the past year in North Carolina, almost 9,000 Medicaid recipient children ages 12 or under received at least one prescription for an antipsychotic medication. While the medications may be beneficial in some cases, they also may result in side effects of the metabolic (weight gain, elevated lipids and diabetes) and neurologic (tremors, rigidity, restlessness, and other involuntary movements) type. Many of these prescriptions were for “off label” indications (not yet approved by the Food and Drug Administration due to lack of sufficient safety and efficacy data), such as aggressive behavior. The Division of Medical Assistance, Community Care of North Carolina, and Child Psychiatrist experts from our 4 North Carolina Medical Schools have worked together to develop a novel web-based safety monitoring program that will assure routine use of adequate safety monitoring if these medications are used for off label indications. The name of this project is the A+KIDS program, which is an acronym for Anti-psychotics, KeeP It Documented for Safety.

Beginning in March 2011 providers will be contacted to alert them to this program and to help them with system registration. The program will request prescribers to go on-line and enter monitoring information. The official registry start date is April 12, 2011. The data to be collected mirrors the safety monitoring requirements as recommended by the American Academy of Child and Adolescent Psychiatrists and should be part of a routine exam. The initial rollout of the program only applies to safety monitoring information for Medicaid recipient children ages 12 and under. We expect to expand the program to children ages 13-17 by later this summer.

I would like to thank everyone in advance for their cooperation. Our goal is to be sure that the children of North Carolina who need these medications will have them prescribed and monitored according to the best evidence-based practices available.

Sincerely,

Randall Best, MD, JD
Chief Medical Officer



Dear Providers, Parents, Youth, and Community Leaders:

The Char-Meck Youth Leadership Collaborative is working to develop a youth-driven community resource leadership collaborative called WHEELS. The purpose of WHEELS would be to meet the needs of community youth with a sustainable model that could be replicated in other communities, and continues to support and drive our System of Care.

We are inviting youth between the ages of 13 and 21 to join us on April 1, 2011 to a youth forum where their voices will be heard. In a fun, interactive way we will be listening to young people's responses to questions, including "What does a youth leader mean to you?" or "What do you really need?" and give youth an opportunity to express themselves, tell the community what they need, and share with them how they can become founding members of WHEELS – a youth-driven leadership initiative. The youth forum will take place on Friday, April 1, 2011 (Teacher work day) from 12 pm -- 3 pm at Covenant Presbyterian Church in the Fellowship Hall (1000 E. Morehead Street, Charlotte NC).

We need your assistance in sharing this information with young people that you know. We are looking for young people between the ages of 13 to 21, of all socio-economic backgrounds, male and female, of differing sexual orientation, tall, short, diverse cultural backgrounds, attending public and private schools, representing a variety of faith /beliefs, and ideas that they are willing to share. We want this to be an opportunity for all young people in our community who have a desire to have their voices heard.

Below is a flyer to share with young people and parents. You can print out the attachment and forward this email on to any group/individual you believe should be involved. If you have questions, please feel free to call 704-336-3793.

Looking forward to an exciting event with our young people on April 1st!

Is Your VOICE being heard?

Who's Listening

- ★ Tired of being told what you need?
- ★ Use Your Voice - Tell the community what YOU really need.
- ★ Express yourself!
- ★ What does a youth leader mean to you???
- ★ Become a Founder Youth Leader for WHEELS - A youth-driven leadership initiative in Charlotte-Mecklenburg!
- ★ Influence how decisions are made about your future!
- ★ Help design the WHEELS LOGO!!

The 411

Friday, April 1st (It's a CMS Teacher Work Day!)

12:00 pm - 3:00pm

Covenant Presbyterian Church Fellowship Hall
1000 E. Morehead Street

Youth Ages 13 - 21

FOOD/FUN ACTIVITIES

PRIZES AND GIVEAWAYS

WHEELS IS AN INITIATIVE SPONSORED BY
CHAR-MECK YOUTH LEADERSHIP
COLLABORATIVE

RSVP CONTACT: 704-336-3793

MECKCARES.CHARMECK.ORG

**Project STAR at Carolinas Rehabilitation
is offering
Traumatic Brain Injury (TBI) 101**

**Basic Information on Traumatic Brain Injury (TBI),
the consequences of TBI, strategies to compensate for
TBI related difficulties, and brain injury resources.
Workshop is FREE and continuing education contact
hours are available**

**For: Mecklenburg County LME staff &
Service Provider Agencies**

**When: Monday, May 23, 2011
8:30am to 12:30pm**

**Where: Carlton Watkins Center
3500 Ellington Street, Charlotte, NC
Multipurpose Room**

**Presenters: Peggy Philbrick and Sally Rickard with
Project STAR at Carolinas Rehabilitation**



Please register by e-mailing:

Sally.rickard@carolinashealthcare.org

**Please include Agency Name, Attendee Name, Phone
Number and E-mail**