



MECKLENBURG COUNTY
Area Mental Health, Developmental Disabilities and
Substance Abuse Services
September 03, 2010

PROVIDER HOT SHEET

⇒ **InfoShare** – The next Mecklenburg County AMH Provider InfoShare is scheduled for Wednesday, October 6, 2010, 9:00 – 11:00 in the Fellowship Hall at Covenant Presbyterian Church, 1000 E. Morehead Street in Charlotte. The program begins promptly at 9:00 AM and doors close at 9:15 AM. All contract and MOA providers are required to attend.

⇒ **Staffing Requirement Reminder for Intensive In-Home and Community Support Team Services**

Staffing Requirements for Intensive In-Home Services

Effective July 1, 2010 the following staffing must be in place:

- This service model is delivered by a team comprised of **one full-time** equivalent(FTE) team leader and at least two additional **full-time equivalent** (FTE) positions as follows;
 - A full-time FTE team leader who is a Licensed Professional or Provisionally Licensed staff (**Provisionally Licensed staff must be fully licensed within 30 months of hire date**).
 - And – One FTE Qualified Professional (may be filled by no more than two individuals).
 - And- one FTE Qualified Professional or Associate Professional (may be filled by no more than two individuals).
- **No IIH Team member who is actively fulfilling an IIH Team role may contribute to the staffing ratio required for another service during that time. When fulfilling the responsibilities of IIH services, the staff member shall be fully available to respond in the community.**
- The team-to-family ratio shall not exceed 1:8 for each IIH team.

Staffing Requirement for Community Support Team Services

Effective July 1, 2010 the following staffing must be in place:

- This service model is delivered by a team comprised of **one full-time** equivalent(FTE) team leader and at least two additional **full-time equivalent** (FTE) positions as follows;
 - A full-time FTE team leader who is a Licensed Professional or Provisionally Licensed staff (**Provisionally Licensed staff must be fully licensed within 30 months of hire date**).
 - And – One FTE Qualified Professional (may be filled by no more than two individuals).
 - And- one FTE Qualified Professional or Associate Professional (may be filled by no more than two individuals).
- The CST maintains a maximum caseload of 45 individuals per team. The recipient-to-staff ratio is no more than 15:1. The team caseload will be determined by the level of acuity and the needs of the individuals served.

⇒ **This week's Incident Response Improvement System (IRIS) Tip for Success:**

When reporting a restrictive intervention, complete the first page of the Restrictive Intervention Section. IRIS will respond in one of two ways. It will:

- note that based on your answers, no additional information is required or
- remind you to complete the Abuse/Neglect section of the Incident Report, if appropriate. ***If you receive this response, you must also click on the "Evaluate Response" button and complete all tabs across the top.*** These tabs request additional details about the intervention.

For more information about entering restrictive interventions into IRIS, please see pages 20-24 of your **IRIS Technical Manual** (available on the Division of MH/DD/SAS website).

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Additional IRIS Training Offered:

- **IRIS Training for New Users** is available for those who have not attended any previous IRIS training. Sessions will be provided on Sept 14th, Oct 12th, and Nov 9th from 9:00-11:00 AM.
- **IRIS Troubleshooting for All Users** will provide on-hands assistance to new users as well as those seeking additional experience with IRIS. These open sessions will be held from 11:00-12:00 PM in the Computer Lab at the Watkins Center following each New User session (*listed above*).

To register, please email Nancy Cody at nancy.cody@mecklenburgcountync.gov . Include the class requested, the participant's name, the agency's name, and the session date. You will receive confirmation by email. All sessions will be held at the Carlton Watkins Center, 3500 Ellington Street, Charlotte, NC 28211.

New User sessions will be located in the Cedar Room and Troubleshooting sessions will be located in the Computer Lab.

Space is limited and REGISTRATION is REQUIRED. Please do not send unregistered staff to the training. Limit 2 staff per agency. Thank you.

PROVIDER COUNCIL REMINDERS AND UPDATES

- ⇒ **Provider Council Minutes** for the Executive Board, General Membership and Committees are published and available on-line at the following website:
<http://charmeck.org/MECKLENBURG/COUNTY/AREAMENTALHEALTH/FORPROVIDERS/Pages/MPCouncil.aspx>
- ⇒ **Provider Council Sub-Committees** – Three standing subcommittees have been formed by the Provider Council. If you are interested or want more information, please contact the committee chairs. The three committees are:
 - **Training and Development Committee** Trasha Black (Co-Chair), Genesis Project, tblack@genesisproject1.org, 704-596-0505
 - ◆ Angela R. Simmons (Co-Chair), The Right Choice MWM, 704-537-3650 x1105, angela@trcmwm.com.
> The next scheduled meeting is **Wednesday, September 15, 2010 at 9 AM** in the Carlton Watkins Center Multipurpose room.
 - **Provider Relations Sub-Committee**
 - ◆ Kira Wilson (Co-Chair), The Arc of NC, 704-568-0112, kwilson@arcnc.org
 - ◆ Tim R. Holland (Co-chair) Person Centered Partnerships, 704-319-7609, Tim.Holland@pcpartnerships.org
>The Provider Relations Committee will meet on **Wednesday, September 15, 2010 at 12:00 PM** to 1:30 PM in the Carlton Watkins Center Multipurpose room.
 - **Provider Outreach Sub-Committee** – The Provider Outreach Committee is a new sub-committee, the general purpose of which is to establish mechanisms for the Provider Council to connect with new providers, to provide them basic resource information and to introduce them to the Provider Council.
 - ◆ Frankie Tack (Co-Chair), Anuvia Prevention and Recovery Center, Inc., 704-927-8789, frankie.tack@anuvia.org.
 - ◆ Miranda Little (Co-Chair), Family Preservation, Inc., 704-344-0491, MIittle@fpscorp.com
>The next meeting will be on **Wednesday, September 15, 2010 at 1:30 PM** in the Carlton Watkins Center Multipurpose Room.

EDUCATION AND TRAINING OPPORTUNITIES

- ⇒ **Mecklenburg's PROMISE Recovery and Crisis Training Calendar.** Please feel free to print and post at your locations or pass it on to anyone you feel would benefit from our trainings. To register, go to www.meckpromise.com. If you have any questions or concerns, please feel free to contact us at (704) 525-4398, ext. 207. <http://www.meckpromise.com/node/43>

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- ⇒ **The Mecklenburg County Provider Council** has developed a comprehensive Training Calendar designed to serve as a one-stop location to view training events occurring in Mecklenburg County that are supported or sponsored by the provider community, the LME, AHEC or other entities. Following is a link to submit training events: <http://www.meckpromise.com/node/75>. To view training events, click on the following link: <http://www.meckpromise.com/mptc>
 - ⇒ **The LME Monthly AMH Training Calendar** is posted on-line at the following link: <http://charmeck.org/mecklenburg/county/AreaMentalHealth/ForProviders/Pages/ProviderTraining.aspx>
 - ⇒ **TIP – Training in Innovation and Practice** –The NC Council of Community Programs and the Administrative Services Organization, a group of providers, continue to offer training to help providers adapt to changing circumstances. For a list of currently scheduled training events and to register, go to www.nc-council.org.
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WEB RESOURCES

- ◆ **NC DIVISION OF MH/DD/SAS:** <http://www.ncdhhs.gov/mhddsas/>
- ◆ **MECKLENBURG AMH:** <http://mecklink.charmeck.org>
- ◆ **AMH BEST PRACTICES COMMITTEES AND SCHEDULE:**
<http://charmeck.org/mecklenburg/county/AreaMentalHealth/ForProviders/Pages/BestPracticeTeams.aspx>
- ◆ **HOT SHEET ARCHIVE:**
<http://charmeck.org/MECKLENBURG/COUNTY/AREAMENTALHEALTH/FORPROVIDERS/Pages/HotSheets.aspx>



MECKLENBURG COUNTY

Area Mental Health, Developmental Disabilities and Substance Abuse Services

Sam Billings Center

Provider Relations and Support

429 Billingsley Rd., Charlotte, NC 28211-1098

Date: August 27, 2010

To: Interested Providers

Re: REQUEST FOR INFORMATION (RFI) FOR OPERATION RECOVERY (OR)

Mecklenburg County Area MH/DD/SAS Services (AMH) Local Management Entity (LME) would like to identify a service provider for Operation Recovery (OR). This RFI is specifically to identify a provider or consortium of providers to develop and provide a network of treatment and support services for Veterans who have experienced trauma and with co-occurring substance abuse or Traumatic Brain Injury (TBI)

SERVICES AND PROVIDER REQUIREMENTS

Services and staffing are to be developed and provided in accordance to the specific requirements of the NC Division of Medical Assistance (Medicaid,) Integrated Payment and Reimbursement System (IPRS funded). North Carolina requires compliance with the Americans with Disabilities Act (ADA) for all providers, thus all AMH sites must meet the standards for both personnel employed and individuals served, including making reasonable accommodations when requested. All providers for this population must be trained in the evidenced based models of Seeking Safety or Cognitive Processing Therapy. All outpatient services must be provided by fully licensed professionals who have the knowledge, skills and abilities required for this population.

PROGRAM DEFINITION

The program definition for OR encompasses two purposes: 1) to implement an infrastructure building program at the state level to provide project oversight and expand trauma-integrated jail diversion programming with a priority to veterans statewide, and 2) to create a model pilot program with a priority to Veterans that will create a comprehensive, trauma integrated jail diversion and support system to address the unmet needs of individuals involved in or likely to become involved in the criminal justice system with trauma spectrum disorders, co-occurring substance abuse, and traumatic brain injury. This pilot program will provide a model that can be replicated for larger scale dissemination across the state.

FUNDING

Providers of this population should have the capacity to bill for Medicaid services and be willing to enroll as a provider of TRICARE insurance. Providers selected to serve this

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Responsible for the Provision of Mental Health, Developmental Disabilities, and Substance Abuse Services

OR RFI

population will be provided assistance with the enrollment process for TRICARE insurance. Current IPRS contract providers with the LME must serve non-Medicaid consumers in this population within the maximum amount of their contract agreement. There is no start up funding for this RFI. Services will be provided in accordance with approved Medicaid and State Service Definitions and will be billed and paid at the current Medicaid Rate. Training will be provided in the evidence based practice models of Seeking Safety and/or Cognitive Processing Therapy to all providers selected to serve this population.

PROGRAM DESCRIPTION

Operation Recovery will expand and enhance Mecklenburg County's existing Recovery Solutions (RS) jail diversion continuum, targeting veterans/military personnel as an underserved population with special needs that present opportunities and challenges to services providers, law enforcement, and the justice system. The OR program is intended to develop, implement, and test a trauma-informed, veteran-specific jail diversion program for evidence-based services and provide a prototype for replication and statewide expansion.

PROGRAM OBJECTIVES

The objective of Operation Recovery is to intercept individuals with trauma-related disorders, co-occurring substance abuse or traumatic brain injury (TBI) with a priority to Veterans. Basic objectives also include:

1. Increasing capacity to identify the target population with combined veteran status, trauma spectrum disorders, and traumatic brain injury at key entry points into the criminal justice, mental health, substance abuse, and veterans support systems
2. Diverting trauma impacted veterans from incarceration to evidence-based models of treatment and supports specific to their needs.
3. Increasing mental health and substance abuse providers' capacity to provide evidence-based trauma interventions and culturally competent support to Veterans and their families.
4. Increasing capacity of police and corrections officers to recognize posttraumatic stress and TBI, identify Veterans, de-escalate crises and divert to appropriate treatment.
5. Developing local trauma-informed, Veteran specific peer support services
6. Increasing the capacity of TBI program to identify Veterans and trauma survivors and to coordinate services within the criminal justice, veteran services, mental health, and substance abuse arenas.

REQUEST FOR INFORMATION AND PROPOSED PLAN

Interested providers should submit a plan in response to this RFI and in accordance with the following instructions.

REVIEW CRITERIA

Proposals will be scored according to review criteria described at the end of this document.

PROPOSALS MUST INCLUDE THE FOLLOWING ELEMENTS:

- A. A two page application form (attached).
- B. A description of the agency's/practice's guiding principles, vision and mission.

OR RFI

- C. A description of the agency's/practice's experience with the populations and related services.
- D. A description of proposed services and service delivery strategies.
- E. Proposed outcome goals and tracking
- F. Qualifications (resume or curriculum vitae) of the person(s) in the organization who will have primary responsibility for service implementation and supervision.
- G. Credentials and experience of staff that will provide services.
- H. Time-line for start up and implementation of services
- I. Proposed start-up budget
- J. Proposed operational budget
- K. Budget Narrative
- L. Audited Financial Statement.

- **Please prepare eight (8) copies of your plan and submit them in soft binders.**
- **Proposals, not including attachments, must be no longer than 8 pages, double-spaced using a 12 pt. font.**
- **All pages must be numbered**
- **Each section must be tabbed and labeled by the letter of the proposal elements indicated above;**
- **A Mandatory Information Session is scheduled for September 16, 2010 at 3:00 PM at Sam Billings Center, 429 Billingsley Rd. in Charlotte. Please RSVP to Tracy Klucina at the email listed below.**

TIMELINE AND CONTACT INFORMATION:

- Proposed plans must be received no later than the end of the business day (5:00.p.m.) on **October 1, 2010** and sent to:

Tracy L. Klucina, Program Manager Telephone # 704-591-2026
3430 Wheatley Ave
Charlotte, NC, 28205 Tracy.Klucina@mecklenburgcountync.gov

- A team of AMH staff and consumers/family members will review the proposals. Final recommendations will go before the Consumer & Family Advisory Committee (CFAC) for approval at their November meeting (usually 3rd Thursday of each month).

Please contact me by email or phone if you have any questions or need additional information.
Sincerely Yours,

Tracy Klucina, MHR, LCAS, CCS
Program Manager
Operation Recovery

PROVIDER APPLICATION

RFI Review Criteria
August 2010

Following are review criteria for scoring of proposals submitted. Each proposal will be read and scored using these criteria.

Criterion 1: Experience and Capability (20 Points)

1. The proposal lists verifiable experience with projects or contracts (most recent five years) that exemplify direct provision of services for the population to be served. (5 points)
2. Program implementation track record - the proposal offers evidence of prior success at implementing these types of services for the specific target population(s). (5 points)
3. The proposal describes and demonstrates a commitment to quality of services utilizing evidence based model(s) to include Seeking Safety and Cognitive Processing Therapy with fidelity to the model(s). (5 points)
4. The proposal demonstrates a commitment to developing a continuum of services to include individuals with trauma-related disorders, co-occurring substance abuse, and TBI with a priority to veterans. (5 points)

Criterion 2: Technical Approach (10 Points)

1. The proposal contains the required elements. (5 points)
2. Proposal demonstrates an understanding and adherence to services provided utilizing evidence based practices. (5 points)

Criterion 3: Program Implementation and Management (20 Points)

1. The proposal demonstrates a commitment to developing capacity and specifies a plan to accomplish this goal. (5 points)
2. The proposal includes a commitment to program evaluation and describes outcome measures and an outcome tracking system. (5 points)
3. The proposal describes a commitment to inclusion of consumers and family members in all aspects of program policy management. (5 Points)
4. The proposal includes a commitment to building and developing relationships in the community consisting of relevant stakeholders. (5 points)

Criterion 4: Staffing, Supervision and Training (20 Points)

1. The proposal describes services provided by well-qualified, well-trained and appropriately supervised staff with required qualifications. (10 points)
2. The proposal describes how staff will be trained and supervised. (10 points)

Criterion 5: Budgetary Plan (30 Points)

1. The proposed expense budget is commensurate with the level of effort needed to provide the services outlined in the proposal. (7 points)
2. The proposed revenue budget is commensurate with the level of income that is needed to provide the services outlined in the proposal. (7 points)
3. The proposed expense budget is consistent with current budget allocations and requests no additional funds from Mecklenburg AMH. (6 points)
4. The agency's audit and/or financial statement(s) exhibit financial stability. (10 points)

PROVIDER APPLICATION

Contact Information

Provider Name: _____

Office Address: (Street) _____

City _____ State _____ ZIP _____ - _____ County _____

Telephone: Office- _____ Office Hours: _____

Fax- _____ Office Manager: _____

Mobile - _____ Pager- _____

Recommended Primary Contact: _____

Primary Contact E-mail Address: _____

Executive Director (if applicable): (Name) _____ (Title) _____

Clinical/Medical Director (if applicable): _____

2. Authority: List name of person(s) who has authority to negotiate a contract with Mecklenburg County MH/DD/SAS. _____

3. Provider Legal Entity Type:

C-Corporation

General Partnership

Cooperative

S-Corporation

Sole Proprietorship

Not for Profit

Limited Liability Corporation

Limited Liability Partnership

4. Provider Federal Tax ID #: _____

5. Ownership: List the name(s) and SSN# for individuals who own at least 5% interest in the business.

Name	Social Security Number	Percentage ownership

6. Is your agency/practice staffed and equipped to serve:

Physically Handicapped? Yes No

Deaf/Hard of Hearing? Yes No

Blind/Visually Impaired? Yes No

Behaviorally Disruptive? Yes No

Sexually Aggressive? Yes No

Foreign Languages? (Specify) _____

PROVIDER APPLICATION

- | | Yes | No |
|--|--------------------------|--------------------------|
| 7. Insurance coverage and Professional Liability | | |
| A) Have you ever had a claim against you?
If “Yes”, please list the name and amounts of the insurance and disposition. | <input type="checkbox"/> | <input type="checkbox"/> |
| B) Are there any current, unsettled claims? | <input type="checkbox"/> | <input type="checkbox"/> |
| C) Have you ever had a policy cancelled? | <input type="checkbox"/> | <input type="checkbox"/> |
| D) Has there ever been any action or investigation against you or any owner or qualified professional in your agency/practice relating to: | | |
| 1) license? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2) certification? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3) registration? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4) privileges? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5) billing practices? | <input type="checkbox"/> | <input type="checkbox"/> |
| E) Have you or any owners ever been convicted of a crime, including, but not limited to, crimes involving children, fraud, or narcotics other than minor traffic violations?
If “Yes”, please list charge, disposition and dates. | <input type="checkbox"/> | <input type="checkbox"/> |
| F) Have any adverse actions been filed against you by | | |
| 1) Medicaid? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2) Medicare? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3) Other Insurance? | <input type="checkbox"/> | <input type="checkbox"/> |
| G) Have you or has anyone in your company/practice who has an ownership, managerial or clinical role ever been sanctioned by any professional organization or government agency? | <input type="checkbox"/> | <input type="checkbox"/> |
| H) Have you ever had a contract cancelled by another Area Program in North Carolina or similar entity in another state? | <input type="checkbox"/> | <input type="checkbox"/> |

If you answered “yes” to any of the above questions, please explain in an attachment.

- 8) Please list all relevant contracts your agency/practice currently has or has had for the past three (3) years other than contracts with AMHA. (If you have not had relevant contracts, please list agencies that are familiar with your organization’s business and professional practices.)**

Please include for each:

- A. Agency/LME Name
- B. Contact name
- C. Phone number
- D. Email address
- E. What services are/were provided?
- F. Beginning and ending dates.
- G. Dollar amount of contract.



Mecklenburg Provider Council

Family Therapy that Works!

Facilitators:

Kok-Mun Ng, Ph.D., LPC, NCC

Paul R. Peluso, Ph.D.



Session 1: October 22, 23, and 24.

Session 2: November 5, 6, and 7.

Location: Holiday Inn University

Cost: \$120.00 plus \$10 for CEU documentation.

Total Training Hours: 24.

REGISTRATION: Register online: www.genesisproject1.org (Registration fees will be payable via Paypal) Training is limited to 50 persons per session.

The training fee is nonrefundable and cannot be applied to a future training.

Register early, space is limited.



Kok-Mun Ng, Ph.D., LPC, NCC, is an Associate Professor in the Department of Counseling at the University of North Carolina at Charlotte, North Carolina. His research and clinical interests include marriage and family, attachment, psychological assessment, well-being, emotional intelligence, counselor education and supervision, and multicultural and cross-cultural counseling issues. His publications include articles in state, national, and international journals and book chapters. He recently co-edited *Attachment: Expanding the Cultural Connections* with Dr. Phyllis Erdman. Dr. Ng currently serves as a member of the NBCC-International Advisory Council. He served on the Board of Directors of NBCC from 2006 to 2009. He frequently conducts mental health counseling and related training workshops and presentations in state, nationally, and internationally settings.



Paul R. Peluso, Ph.D. is an Associate Professor and doctoral program coordinator at Florida Atlantic University. He is the co-author of *Couples Therapy: Integrating Theory, Research, & Practice* (Love Publishing) and *Principles of Counseling and Psychotherapy: Learning the Essential Domains and Nonlinear Thinking of Master Practitioners* (Routledge Publishing), and the forthcoming book *Changing Aging, Changing Family Therapy*. In addition, he is the editor of the book *Infidelity: A Practitioner's Guide to Working with Couples in Crisis* (Routledge Publishing). He is a licensed marriage and family therapist (FL), and an AAMFT Approved Supervisor. Dr. Peluso is the author of over 25 articles and chapters related to family therapy, couples counseling, and Adlerian Theory.

For more information on this "Family Therapy that Works" training, please contact, Dr. Trasha Black, PhD, LPC, NCC, Clinical Director at Genesis Project 1, Inc. (704.596.0505)

[tblack@genesisproject1.org]

Family Therapy that Works!

Family Therapy That Works! A Training on Two Empirically Based Family Therapy Approaches for Practitioners

In an age of accountability, payers and consumers of all forms of mental health services are requiring practitioners to adopt practices and approaches that have shown empirical evidence of being effective and efficacious. The field of family therapy has not been immune to this trend, and, in many cases, has embraced it. This has led to some of the most exciting and innovative approaches to family therapy being developed. Specifically, Brief-Strategic Family Therapy (BSFT) and Multi-Dimensional Family Therapy (MDFT). Each of these approaches embodies both the historical roots of family systems theory and the cutting edge of family interventions. In this multi-day, multi-modal training, participants will be introduced to, and immersed in, each of these approaches, and their application to helping couples and families with a wide variety of presenting concerns.

Topics to be Covered:

Review of General Systems Theory and Historical Family Systems Approaches

Review of Efficacy and Effectiveness Research of Family Therapy

Brief Strategic Family Systems Theory

Origins

Definition of Key Structures

Treatment Strategy

Techniques

In-Depth Case Discussion and Treatment Planning

Video Presentation

Role-Play

Research-Based & Outcome Measures

Multi-Dimensional Family Systems Theory

Origins

Definition of Key Structures

Treatment Strategy

Techniques

In-Depth Case Discussion and Treatment Planning

Video Presentation

Role-Play

Research-Based & Outcome Measures

Trends in Family Therapy and Practice of BSFT & MDFT

Clinical Competencies

Multicultural issues

Client Participation in Treatment Outcomes

Emerging Issues



In addition to the 3 days of training (7 hours each, total 21 hours), participants will be required to read material prior to training and complete a quiz within a week after the training (equaling 3 hours). The trainers will provide the training material to participants in CDs

WALK TO PREVENT SUICIDE

2010
OUT OF THE
DARKNESS
COMMUNITY
WALKS

OCTOBER 9, 2010

Charlotte Police and Fire Academy
Registration @ 9:00 am
Contact 704-488-9552 for more information

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COMMUNITY WALKS

American Foundation for Suicide Prevention



American Foundation
for Suicide Prevention

Special Education

Training

Empowerment

Program



STEP trains parents, professionals and volunteers by empowering them to advocate for children with disabilities so they can secure the educational services and accommodations they need to succeed in school

Come Learn!

Our training is open to parents, family members, social workers, potential volunteer advocates, and anyone interested in learning more about special education nuts and bolts. We will cover:

- An overview of IDEA (Individuals with Disabilities Education Act)
- The legal process in North Carolina and your rights under state law
- Effective advocacy strategies
- How to navigate an IEP meeting (Individual Education Program)

Sign Up!

When: Wednesday, September 15th
6:00pm – 8:30pm

Where: Family Preservation Services of NC, Inc
4601 Park Road, Suite 400
Charlotte, NC 28209

Contact: Please RSVP to
Family Preservation Services
rmills@fpscorp.com

704.344.0491





presents

Legislative & Candidates Reception

An opportunity to meet with candidates and constituents from Mecklenburg County to discuss the importance of mental health services & delivery

Thursday, September 23

6:30 – 8:30 P.M. @ The Duke Mansion, 400 Hermitage Rd

This event is designed to increase awareness about the stigma related to mental illnesses, promote understanding of the importance of mental health services, and encourage citizens to become better engaged in the election process. Election Day is November 2.

This event is free and open to the public, however space is limited and reservations are required. (Reservations are on a first come basis.) To reserve your space today, email: mha@mhacentralcarolinas.org or call 704-365-3454 and leave a message for Kathryn. Carpooling to this event is strongly encouraged.

Please visit our website to learn more about promoting mental wellness through advocacy, education and prevention:
<http://www.mhacentralcarolinas.org>

MHA is a proud member of the United Way of Central Carolinas.

**Mental Health Association of Central Carolinas
(MHA)**

**3701 Latrobe Drive, Suite 140
Charlotte, NC 28211
Phone (704) 365-3454
www.mhacentralcarolinas.org**